

GIVER

Miramichi

FREE!

March/April 2016

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INSIDE!

- **Spring Events and Easter Services** throughout the region
- **JMH Student/Athletes of the Year**
- **Following up with soldiers** who received Christmas Shoe Boxes
- **Gardening Tips, Poetry, Blueberry Muffins, and MORE!**

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Soup's On Again in the Greater Blackville Region!

Soup's On is a Greater Blackville Resource Centre (GBRC) project that offers free meals and community spirit throughout the greater Blackville area. Various organizations and churches in the area take part by hosting a free community luncheon.

"We are seeing 60 to 100 people in our community taking part in the Soup's On program each week," says GBRC Founder & President, Rev. Albertine LeBlanc. "Soup's On has proven to be a very positive experience for the people of our community. About 85% of participants are senior citizens. It has encouraged many of our seniors and shut-ins to come out to enjoy a meal and socialize."

Albertine says they are excited to have three new groups participating this year, including the students at Blackville High School.

"I am excited, impressed and inspired by the level of community support," she says. "This started out with everyone serving simple soup & sandwich meals, and now the groups are getting more creative, planning larger meals, and some even provide entertainment."

Valerie Stewart has been participating as a volunteer with the St. Agnes Anglican church since the project began three years ago. The volunteers from her congregation look forward to putting the meal on and have a lot of fun laughing and talking as they cook and serve the food.

"The first year we did it, we were expecting 50 people and 80 turned out, now we are prepared!" she says. "The winter can be depressing for some people, so it is great to have these luncheons available for people to get out of the house. It really is a great benefit for the community." Valerie also attends as many luncheons as she can around the community.

"Even if I don't have anyone to go with, I still go alone, because you know there will always be someone there who



Above: A recent Soup's On was well attended at the Knights of Columbus Hall in Quarryville.



Left: The young and young at heart attend Soup's On at St. Raphael's Catholic Church in Blackville. Pictured are Louis Grady who recently celebrated her 90th birthday with Isabella Joy Burns and her great grandmother Doreen Burns in the background

you know and can sit with," she says. "I often see people that I haven't connected with in years and it's great to have the chance to see them again." Their luncheon on March 15th

will have a St. Patrick's Day theme. Volunteers will be wearing green and serving ham and scallop with cake for dessert.

The lunches are free, however donations are accepted at the door which go back into the Soup's On fund. Other support has been received from a small Community Inclusion Network grant and a donation from Dr. Tiffany Keenan.

Upcoming Dates for Soup's On 2016

- March 15: St. Agnes' Anglican Church, Gray Rapids
- March 22: St. Andrew's United Church Women, Blackville
- March 29: Catholic Women's League, White Rapids
- April 5: Miramichi Fellowship Centre, Blackville
- April 12: Blackville School Culinary Arts Class, Blackville School
- April 19: Holy Trinity Anglican Church Women, Blackville

Cover Photo: Spring Hyacinths by Stacy Underhill

Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Our collaborative mindset is contagious. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and video links about what's up, what's new, what's happening. Keep it clean, keep it positive, and we'll promote it.

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Looking for a Camp Director!

Camp Sheldrake is hiring a Camp Director to organize camp activities and manage the day to day operations.

Go to www.campsheldrake.ca for more information or apply to Camp Sheldrake Inc. P.O. Box 4, Miramichi, E1V 3M2 or by email to campshel@xplornet.ca

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Community

JOIN US FOR A **Princess Party**
Saturday, March 19th, 2016
Beaverbrook Kin Centre (100 Newcastle Blvd.)
Two Time Slots Available!
10:00am-11:30am or 1:00pm-2:30pm

Cost: \$10 per child (Tickets must be purchased in advanced and are available at Beaubear Co-op and Sobeys in Douglastown.)

Photos available to be taken with a princess for an additional cost of \$5 (paid at the door).

All proceeds go towards the Girl Guides trip to Guiding Mosaic 2016 in Alberta.



Add yours online  www.MightyMiramichi.com/classifieds

What's Going On?

Find More Events
www.mightymiramichi.com

March 13: St. Mary's Annual Irish Dessert Concert

St. Mary's Annual Dessert Concert, Sunday March 15th, 2pm at St. Mary's parish centre, 360 Newcastle Blvd. Music hosted by Susan Butler featuring Nelson Doyle Irish Dancers, Jack Wilson, Jimmy Lawlor, St. Mary's Folk Choir, Lynn Doyle, Gerald Doiron. Donna Hubbard, Dawn Patterson, Mary and Susan Butler. Tickets are \$15 adults, \$10 students.

March 16: WOMEN Celebrates International Women's Day

Celebrate International Women's Day with the Women of Miramichi Entrepreneurial Network. (WOMEN). Join us at the Rodd Miramichi at 6:30pm for yummy treats and inspirational guest speakers. \$5 for members and \$10 for non members.

March 16: Hot Turkey Dinner 5-6pm at the United Church Centre, 556 King George Hwy. Only 120 tickets will be sold, available at the church office for \$12.50. Take outs available.

March 17: Corned Beef & Cabbage, Royal Canadian Legion Branch #3. Come out and celebrate the luck of the Irish with a delicious feed of Corn Beef & Cabbage. Meals will be served from 11:30 till 6:00 at a cost of \$14/person; take-outs are \$14.50. Tel: 506-773-7433

March 17: St. Patrick's Day Supper, St. Patrick's Church in Nelson will be having their annual Scallop Potato & Ham Supper on Thursday March 17 starting @ 5:00 p.m. Cost: adults \$10.00, children \$5.00 & take-outs \$10.50. Tel: 506-622-5733

March 19: St. Paddy's Irish Stew at 2pm with darts and crib at the Royal Canadian Legion, Branch #23 in Doaktown. By donation.

March 19: 4th Annual MS Yard Sale/Bake Sale

Our first fundraiser of the year for the MS Walk. There will be lots of yard sale items, a jewellery table, Easter Baskets and baked goods. To be held at Dr. Losier Middle School Cafeteria, 124 Henderson St. Miramichi, from 9am-1pm. Admission \$1 with chance to win a door prize. Donations appreciated! To drop off donations call 622-0952, or email joandewland04@hotmail.com.



March 20: DOUBLE L PRODUCTIONS presents the play

'JULIAN' by J. Janda on Fri. & Sat. March 18th & 19th at 7:30 pm and Sun. Mar. 20th at 2:00 pm at The Rodd Miramichi. The play, based on the life of Julian of Norwich, England features DIANE DONOVAN and is directed by Lloyd E. Cameron. Mystic, writer and spiritual guide, Julian is the first-known Englishwoman whose written work survives. Tickets \$15, available at Scott's Pharmasave & Brookdale Flower Shop, Inc. or call 773-5101.

March 26: Karaoke at the Atlantic Salmon Museum, Doaktown

To raise funds for the Guatemala Girls, local area nurses who will be travelling again this year to villages in Guatemala and providing nursing care to nearly 3000 villagers. Karaoke from 9pm to

midnight. Admission \$5. Come on out and sing your favorite tune!

March 28: Miramichi Skating Club Ice Show: Under the Big Top

At the Miramichi Civic Centre, 487 King George Hwy from 2-4pm. Advanced Tickets available at the Civic Centre, on Monday's and Wednesday's from 5:15-6:30 for a cost of \$5. Tickets at the door- \$7. Children under 6 years of age are free.

April 22: NWE Pro Wrestling Presents Anarchy!

Bring a non perishable food item for the Miramichi Food Bank and receive \$2 off door ticket prices! Miramichi Kin Centre (100 Newcastle BLVD) \$15 Adults, \$10 Children (12 & Under). Superstars in action include: NWE Heavyweight Champion Ryan Heath, 2015 RTD Briefcase Holder Kurtis Isiac Real, Preston Carter w/ Buff Malley, NWE Elite Champion El Fuego Dragon, Forest Cullen, Sidewalk Sam & Homeless Bob Plus many more!

April 23: Spaghetti Dinner, Silent Auction & Dance

Dinner at 5pm at the Doaktown Legion with silent auction and dance to follow. \$15 for a full course dinner, including dessert and local music. Take-out orders will also be available for pick up. This is a fundraiser for the Guatemala Girls, local area nurses who will be travelling again this year to villages in Guatemala and providing nursing care to nearly 3000 villagers.

April 24: Knights of Columbus Breakfast At Sutton Rd. In Nelson from 8am-1pm. Eggs, Bacon, Pan Fries, Coffee, Tea And Juice. \$6/Adult, \$4/Children Under 12 Years Of Age. For Take Out Call 622-1010. Contact About Event pineausp@live.com Family Rate: \$15 (a father & mother and 2 or more children).

April 29: Science Day. The Miramichi Salmon Association in partnership with the Miramichi Watershed Management Committee host the Annual Science Day. Discussions with NB's leading scientists about climate change, warm water threats, spruce budworm, herbicide use, plus program updates from DFO and MSA. At the Central NB Woodmen's Museum from 10am-3pm. Admission is free with complementary lunch. Please register at 622-4000 or by e-mail at kate@miramichisalmon.ca

April 30: Spring Fling Yard Sale/Market

9am to 1pm at the Doaktown Elementary School Gym, presented by the Friends of the Doaktown Community Park. Tired of having too much stuff around and worried about planning a yard sale with unpredictable weather? Been busy crafting over the winter? Want to promote your business? Only \$10/table or space. Call Susan Gaston at 365-7895.



Miramichi Dragway to Host a NHRA National Open in 2016!

National Hot Rod Association (NHRA) officials have announced that Miramichi Dragway has joined the NHRA Member Track Network as part of Division 1, the Northeast Division.

Over the last several years, facility owner Rodolphe Savoie has shown his commitment to the sport of drag racing time and time again, and with the help of local supporters, has turned Miramichi Dragway into a top notch drag racing facility. The fact that NHRA has come on board as sanctioning body is further proof that Miramichi Dragway is capable of hosting world class events, and with that, have been awarded a National Open in 2016.

"This is a huge boost for our facility. Local racers have known for a long time that Miramichi is a great facility, and with this announcement, the rest of North America will too," says Facility Manager Marc Comeau.

Sportsman racers will now have the opportunity to win a Wally, drag racing's most prestigious trophy, and perhaps just as importantly, receive a coveted grade point required to attend one of NHRA's National events ... and it can be done right in their own backyard here in



Eastern Canada.

"We feel very fortunate to host events like the Downeast Nationals, ADRA Racing, the Atlantic Pro Tree Series, The All-Out Race, The Fall Brawl and the Atlantic Canadian Stock/Superstock tour at our facility, and now with the addition of a National Open, we have all built something to be proud of," says Rodolphe. "Many of our local racers have already enjoyed great success on the North American stage. I believe that many more of our local racers are just as capable of such success, and now they will all have the chance to show their skills."

The NHRA National Open will be held July 29 and 30, 2016. More information and details yet to come.

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By composting you can reduce your organic waste (kitchen and yard waste) up to 40% or more! Compost year round indoors with a vermicomposter (worms not included). A Green Cone Digester will eliminate leftover food and other kitchen waste that cannot be composted.

Organic Waste Reduction Containers are available at the GMRSC - Solid Waste Service office located at 505 Old King George Hwy., Miramichi. Units are sold at cost price (currently sold at a reduced promotional price).

Contact us for additional information on how to reduce your organic waste.

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At the Library

on the 4th Saturday of every month for some good old fashioned board game fun. Light refreshments. March 26, April 23, & May 28

Storytime is designed for children ages 2-5 but is often enjoyed by children of any age. This is a free drop-in program that is offered at 10:30 most Friday mornings and the first Saturday of every month. March 18, April 1, 2, 8, 15, 22, and 29, May 6, 7, 13, 20, and 27.

Colour Me Calm Adult Colouring Take a break from your busy life and drop by for some adult colouring! All supplies as well as drinks & a light snack will be provided. Tuesday April 5, & May 3 at 6pm

Lego Drop-in Love Lego? Come play, create, and make friends! We supply the Lego, you bring your imagination! All

ages welcome! Saturday March 19, April 16, & May 21

The Chatham Library is at 24 King Street Miramichi. Tel: 506-773-6274. email: chathmpl@gnb.ca. Find us on Facebook.

Newcastle Library

Come and color your stress away with us at the **Adult Coloring Program** This event takes place every last Tuesday of the month @ 6:00. Look forward to special cupcakes each visit.

Family Feud (Games day) every second Saturday of the month. We have a large variety of games that are sure to please every age group.

Lego in the Library -The last Saturday of every month. An afternoon of fun building imaginations one block at a time. FREE program for kids of

all ages 2:00-5:00.

Family Matinee-Every 1st Tuesday of the month at 6pm. Free tickets and treats for the whole family.

Story Time - We invite children from age 3-5 to travel with us through the alphabet with stories, crafts and games. This free program is on Fridays from 10:30-11:30. drop-in's welcome

Toddler Time - Come join us for a morning of interaction, learning and fun. In partnership with the Read-To-Me, this program is offered for 8 weeks twice yearly. Toddler ages 1-3 years.

The Newcastle Library is at 100 Fountain Head Lane, Miramichi, Tel: 506-623-2450 email: npublib@gnb.ca. Find us on Facebook.

Chatham Public Library

Popcorn & PJs the third Tuesday of every month. Movies start at 6pm and popcorn & drinks will be provided. March 15: Hotel Transylvania 2, April 19: Goosebumps, May 17: The Good Dinosaur

Games at the Library Drop by the library at 1:30pm

Songs of Freedom with Measha Bruggergosman.

Sunday March 20, 2pm

Once yearly, the New Brunswick Youth Orchestra (NBYO) does a special guest artist fundraising concert somewhere in the province. This year is extra special, and its right here in Miramichi.

The special guest artist is New Brunswicker, and internationally acclaimed Measha Bruggergosman. She is described as 'a singer of rare gifts and artistic intensity' and has performed with some of the top orchestras in the world. Many viewers enjoyed her as a judge for the inaugural season of Canada's Got Talent. In Miramichi, Measha will perform, with the NBYO, 'Songs of Freedom', a powerful selection of spirituals, music that emerged from Africa out of the slave trade to America.

The concert will be at James M. Hill High School, 128 Henderson St, Miramichi, Sunday March 20 at 2pm. Tickets \$28.50 Adults, \$20 Students. For tickets contact Big Brothers Big Sisters/Boys & Girls Club, 506-778-2444



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Freeze Winter with Some Great Photo Tips

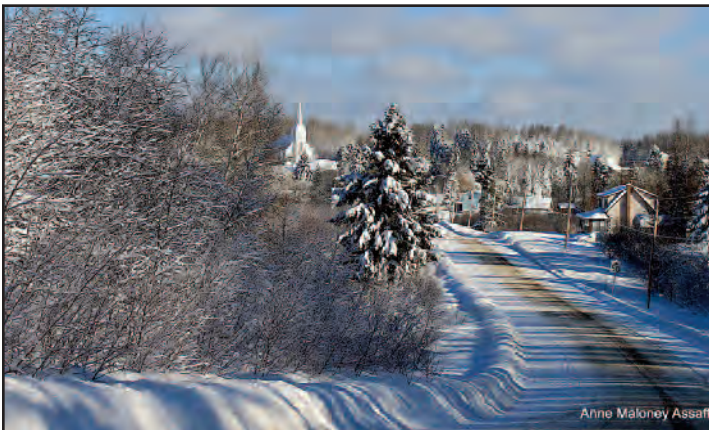
By Phil Riebel and Anne Assaff

The Miramichi Nature Photo Group meets monthly to discuss nature photography ideas and techniques.

Winter photography was the theme of the inaugural meeting of the Miramichi Nature Photo Group. At the monthly meetings, various techniques and ideas are discussed in an informal atmosphere for those of all skill levels with an interest in nature photography.

A few of the topics discussed last meeting included:

- Over-expose snowy scenes to get a more dramatic white effect
- Think ... analyze ... then shoot
- To capture more landscape try shooting panoramas by stitching your photos together using the correct software
- Shoot black and white to capture dramatic textures, lights and shadow effects



Get out early in the morning after a fresh snowfall to capture great landscapes – good composition and framing is key. Barnaby River after a fresh snow. (Anne Maloney Assaff)



Winter can produce eerie landscapes with dramatic contrast. Creaghan's Gulch, French Fort Cove (Peter Gadd)

The club meets on the fourth Monday of the month in the Douglastown Sobey's Community Meeting Room from 6:30 to 8:30 pm. All are welcome. For more information, contact Phil Riebel at 625-7304 or philriebel@gmail.com.

Upcoming topics will include more winter photo tips, bird photography, landscapes, macro photography and much more, including field trips.



Photography can bring out the artist in you. "Holding On" (Ken Walker)

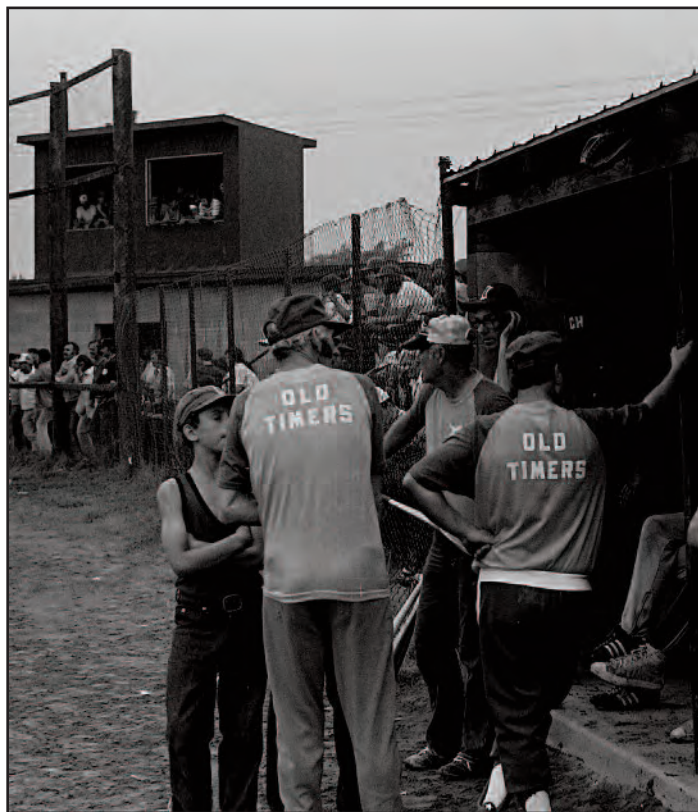


Use macro photography to bring out details and aim for a black background without distractions. Minus 20 window frost (Phil Riebel)

Buy a Ticket to support the Chatham Old Timers and you could Win a Trip!

This year marks the 40th Anniversary of the Chatham Head Old Timers and to commemorate such a milestone there are a lot of great things planned for the July 23rd - August 1 event. This year there will be daily BBQ's, a children's pageant, a family picture day, Fireworks for everyone to enjoy and of course lots of Baseball.

To help offset the cost associated with a fireworks display for the entire city to enjoy, The Chatham Head Old Timers Association is hosting **The First Annual Great Escape Draw April 23, 2016**. Purchase a \$100 ticket for the chance to win trips to destinations including Mexico, Las Vegas, Ireland, Costa Rica, Jamaica, The 40th Anniversary of the Toronto Blue Jays, A Montreal Canadians Hockey Game and so much more. Limited Tickets can be purchased through members of the Chatham Head Old Timers or by contacting Tara Drisdelle at 506-625-0678



Chase the Ace Changes

In order to accommodate the busy schedule of our Chase the Ace participants, Hospice Miramichi have implemented the following changes:

Tickets will continue to be sold on site each Sunday at Northumberland Square between the hours of 1pm-2:45pm. In addition tickets will be made available for pre-purchase at the Hospice office on 14 Howard St. (behind St. Michaels Basilica) in Chatham from 12pm-4pm Monday to Thursday or at the Hospice Shoppe 1737 Water St between the hours of 10am-4:30pm, Monday to Friday.

The individual or their designate will need to be present at Northumberland Square at 3pm with their ticket to be



eligible for the draw. Tickets are \$2 each; 3 for \$5; 10 for \$10

Funds raised for this event will be used in the operational expenses associated with the Day Hospice Program and the Hospice Outreach Program whose mandate is to provide support services and respite for

individuals in our community and their families who are living with progressive life limiting and life threatening illnesses.

Pat Finnigan



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Miramichi - Bathurst

Making Video Games Right Here in Miramichi

By Clyde Blakely, Senior 3D artist

When I was a kid, I used to play video games all the time. I would dream about how awesome it would be to make one, completely oblivious to the fact that video games take a tremendous amount of work. But I wasn't the only one dreaming about working with a team to create something special to entertain and delight others.

Curtis Carey started in television animation. He worked at a studio in Halifax where he met Mike White. Curtis and Mike became comrades in the animation trenches, steadily making their way up the ladder until one day they parted. Shortly after leaving, Mike tracked Curtis down as he knew that Curtis could apply what he had learned animating to the similar field of game development. Curtis jumped at the opportunity as he too had always dreamed to work on video games. As time passed, it became obvious to Curtis and Mike that having their own company would make the most sense. So in 2012, Mike founded Eggroll Digital Studios here in NB.

Moving forward a little bit, I had lost my job in animation, and freelance work wasn't cutting it. While pondering my existence as an artist one morning, my wife handed me the local paper and told me to read this article about a game studio that had opened up in Miramichi. When I did, I recognized Curtis' picture and his name as we had met briefly before. I jumped in the car and went to say hi to this person I met briefly and who was doing the work I'd always wanted to do. Ah, the look on Mike's face as a strange, 6'4" person beat on his door yelling, "Curtis!" Okay, so it wasn't quite that dramatic. Though, the look was still priceless.

After chatting with Mike, he told me he needed a programmer too. It just so happened I knew of such a person; Brent Kilbasco. I did the introductions and bam! There were no personality conflicts. Our merry little band of game

developers marched on, creating and developing, programming and planning. At one point though we realized we could no longer keep up with ourselves and agreed help was needed. That's where Shelby Christie, an artist I had taught at the local college, came in to the equation. On the programming end, Brent knew of one programmer, Guillaume St-Martin, who would fit the bill. Now we had our strong core team, each one of us with our strengths and



weaknesses to balance each other out.

It had been two years since the day I first walked into the office and though we had put out a number of small games on our own, we needed a larger company to help us launch our flagship product, "Dragon Fighters - Dungeon Wars." With Big Viking Games assisting us on developing and publishing the game, we launched "Dragon Fighters - Dungeon Wars" in the US on February 11th, 2016, in both the App Store and on Google Play. So far we've had over 60,000 downloads in the US alone and fantastic response to the games playability and fun factor, thanks to the input from early adopters. We are all very proud of our product and super grateful to have a wonderful company like Big Viking Games backing us up. It is our hope that everyone tries this game, enjoys it, and has a sense of pride when telling others that it was made in Miramichi.



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THE FOOTSTOOL IN THE LIBRARY

Little ones with books in hand, returning what they got,
Put them in a pile, for the owner, they were taught,
Shhh, shhh, the teacher says, in here, books can be found,
But you are in a library, where you don't make a sound.

The books are stacked, the shelf is high, my arm is just too small,
But I can find just what I want, the footstool makes me tall.
There's only just the two of them, but one is all I need,
I look till I can find a book, the one that I can read.

Books are on display for me, I have a look at three,
But on the footstool, I step up, and more I seem to see,
Up so high I must watch out, don't reach my arm too far,
Oh I am just exploring, at the letters B - E - R.

It's fun up on the footstool, the higher I can be,
So many that I see up here, I call my friend "Come see",
Berenstain Bears, a lot of them, I can't make up my mind,
I'll pass you some to look at, and maybe one we'll find.

Just put them on the table, the owner doesn't mind
What we do not seem to want, we'll just leave them behind,
Leave them on the table, don't return them to the shelf,
For the owner said she'd file them, she'd do it by herself.

E-BER BERENSTAIN BEARS

—Elizabeth McGrath, School Library Worker

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Easter Services

Anglican Parish of Derby & Blackville

March 21 - Holy Monday

Eucharist with Passion Gospel, 7pm, St. Peter's, Millerton

March 22 - Holy Tuesday

Eucharist with Passion Gospel, 7pm, St. Agnes', Gray Rapids

March 23 - Holy Wednesday

Eucharist with Passion Gospel, 7pm, Holy Trinity, Blackville

March 24 - Maundy Thursday

8pm, Holy Trinity, Blackville

March 25 - Good Friday

9am: Morning Prayer & Devotions

St. Agnes', Gray Rapids

12 noon: Good Friday Liturgy with St. John's Passion Gospel, Solemn Incessions, Veneration of the Cross & Communion from Reserved Sacrament. Holy Trinity, Blackville

3pm: Great Litany & Evening Prayer, St. Peter's, Millerton

7pm: Stations of the Cross and Compline by Candlelight. Holy Trinity, Blackville

March 27 - Easter Sunday

7am: Sunrise Service, St. Peter's Millerton followed by Parish Easter Breakfast

10am: St. Agnes', Gray Rapids

11:30am: Holy Trinity, Blackville

Boom Road Penecostal Church

March 25th - Good Friday Breakfast/Communion at 9:30am

March 27 - Easter Sunday

11am: Easter Sunday Drama "After the Apple... Easter!"
Water Baptism Service

7pm: Evangelistic Service

Calvary Baptist Church

March 27 - Easter Choir Cantata 7pm

Upper Blackville United Baptist

March 20 - Palm Sunday

11am: "The Palms of Easter"

7pm: Evening Worship

March 25 - Good Friday

11am "Calvary Road"

March 27 - Easter Sunday

7:30am: "Jesus' Burial and Resurrection"

10am: "Words of the Risen Saviour"

7pm: Evening Worship

St. Michael's Basilica

March 24 - Holy Thursday 8pm

March 25 - Good Friday 3pm

March 26 - Holy Saturday Easter Vigil 9pm

March 27 - Easter Sunday (Family Mass) 10:30am

There will be no 5:30 pm Mass

The Glory of Easter Cantata

The Villagers Chorus presents an evening of Glory Hallelujah with works by Bach, Handel, Wilhousky and John W Peterson at Saint James & Saint John United Church, March 30 at 7:30pm. And also at Saint Michael's Basilica Sunday April 3 at 7:30pm. Free-will offering with proceeds to the host church. Light refreshments will follow the performances.



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Celtic Spring Fling Dinner and Performance

Sunday April 17th,

Beaverbrook Kin Centre - 100 Newcastle Blvd

Dinner at 4pm

This is a fundraiser for the Echoes of New Brunswick Dance Troupe who have been invited to performance on the Disney stage in December 2016.

Featuring - the Echoes of New Brunswick Dance Troupe.
Special Guests - Jim Morrison, Patrica Murray and Susan Butler.

Tickets by reservation only - \$35 adults, \$17 children
Call for tickets, Suzanne McEachern 622-1246

There will also be a silent auction. A full dinner will be served with dessert and tea & coffee. Menu caters to special diets.

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Ask A Farmer

Locally owned and locally operated since 1982, the folks at Miramichi Feeds know what they're talking about when it comes to any kind of farming. Whether you're raising chickens or planting vegetables, they have everything to see you through your project, start to finish. If you have a question to "Ask a Farmer" email it to submit@mightymiramichi.com with "Ask a Farmer" in the subject line. This month we are eager to start planting!

"Beets and carrots never grow right for me, they are always too small or bunched together."

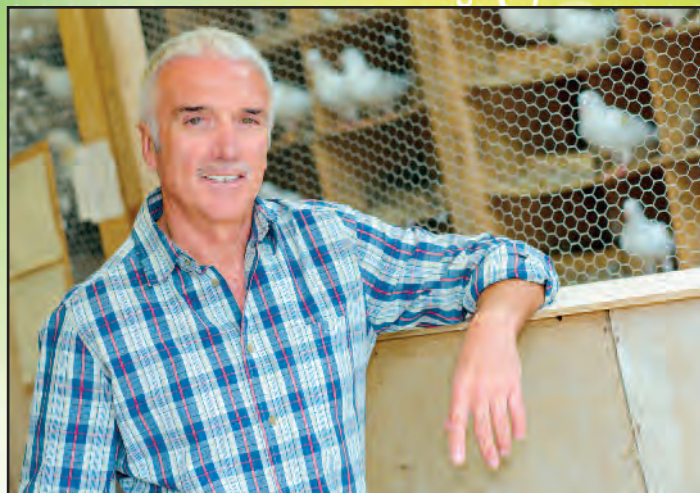
The best way to grow beets and carrots is to buy a pre-seeded tape. Seed tapes are especially useful for small light seeds that need to be sown thinly. The seeds are pre-sown onto a biodegradable fabric, and are evenly spaced to prevent the need for thinning. The main problem people have with growing carrots and beets is that they plant the seeds too deep and too close together.

Another technique for carrot seed is you can put them in a salt or pepper shaker, shake on the ground and then pat them down. You don't even need to cover them in soil, just pat them down in the earth so they don't blow away. Be sure to thin them out when they start to grow — important or they'll choke each other out.



Gardening Tips

- Get your lawn ready by raking up dead leaves, twigs and other debris. When the grass turns green apply a slow release nitrogen fertilizer.
- Start plants like green peppers in the house 8-10 weeks before last spring frost date.
- Lay tomato plants on their side and cover with soil, leaving a little bit of the leafy top uncovered. All the fine hairs on the stem will turn into roots, and the end of the plant will turn up toward the sun.
- If you want to enjoy more yellow beans, plant a new batch every couple of weeks so you'll always have new ones ready to harvest.



Order Chickens and Turkeys before April for May delivery.

Miramichi Feeds sell everything you need to raise chickens from the time he walks until he's in the freezer. This includes the chicks and everything needed to rear them: the feed, waterer, chicken wire to make the coop, egg cartons, and freezer bags. See their website www.miramichifeeds.ca for pricing and ordering details.

Vegetable Seeds

Buy your seeds early for greatest selection and variety. New varieties tend to sell out quickly, last year the cucamelon and lemon cucumbers were popular new varieties. Miramichi Feeds carry fresh seeds each year, everything from small packets to 5kg bags of yellow beans. The germination rate of seeds drops every year and depends on the storage conditions. Always be sure to store unused seeds in a cool, dry environment. If seeds are being sold in a discount bin, be sure to check the expiration dates. Miramichi Feeds carry vegetable plants, vegetable seeds, fertilizer, lime, potato bags, starter trays, everything you need for a successful garden.



Order from the Halifax Seed Catalogue.

Anything Halifax Seed sells you can order directly through Miramichi Feeds. If they don't have it in stock they'll order it in for you with no shipping fee and no minimum order required.

For all your farming needs visit Miramichi Feeds at 145 Dan Cripps Street in the Chatham Industrial Park or online at www.miramichifeeds.ca.



The Other Side

In our city there's a river
On its course flows deep and wide
It has caused a great division
With silent enemies on the other side

The beautiful river we admire
That we gaze on with such pride
We have always loved the river
But not those on the other side

Politically we've been united
With contempt we cannot hide
Because the enemy is lurking
Over on the other side

Did you hear there's a factory coming?
In what location someone cried
"I" will not be voting for it
It may be built on the other side

And the old boys join together
With this mentality deep inside
From the grave we hear voices
Not to mingle with the other side

Oh! That mind set can we change it
Turn your footsteps take a stride
Find a friend, you'll be warm and welcome
Over on the other side

Let us therefore join together
In to future let us slide
We will be Miramichi united
With our friends on the other side

By Bernard (Bunny) Dempsey



Miramichi Marketplace

Find more online www.MightyMiramichi.com/marketplace

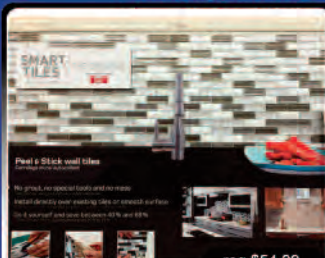


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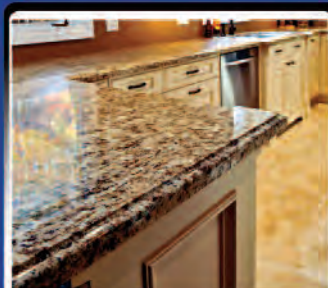
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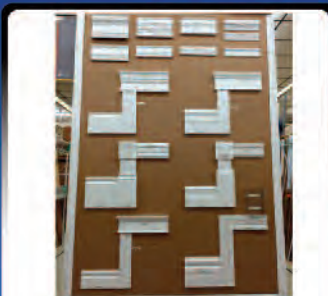
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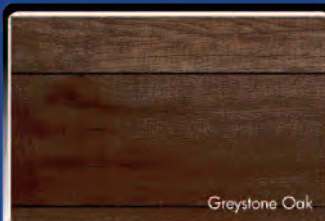


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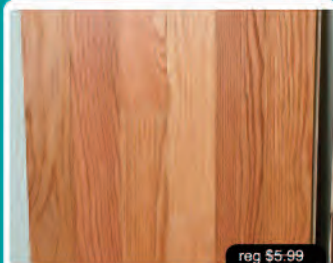
\$1.79
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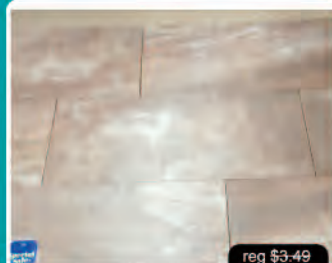
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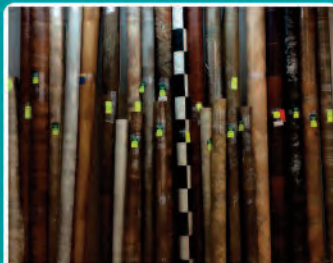
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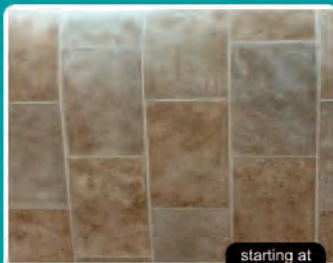
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To promote your business to the entire Miramichi Region through the Giver Miramichi magazine, your own website, or online advertising, **contact Janice** at (506) 625-4949 or janice@mightymiramichi.com and **Sonny** at (506) 625-6396 or sonny@mcgmedia.net.

Dining & Entertainment

Live Music Coming to the River

Inspired by a recent trip to Africa this is one concert you won't want to miss. On Sunday March 20th the Miramichi is in for a rare treat when **Measha Brueggergosman** performs with the **New Brunswick Youth Orchestra** and her renowned pianist, **Aaron Davis** at James M Hill beginning at 2 pm. Tickets are \$28.50 for adults and \$20 for students and are available in Miramichi at the Big Brothers Big Sisters/Boys & Girls Club (778-2444) and Brookdale Flowershop (622-3424).

The Downtown Live Music series kicks off its first season at the Goodie Shop Lounge on Saturday March 26th with rockers **Kill Chicago** and special guests **The DiBiases**. Presented in partnership with Gig & Groove Magazine and Marquee Moon Productions, doors will open at 8 pm with the show at 10 pm. Tickets are \$10 in advance or \$12.50 at the door and are available at The Goodie Shop Restaurant, Mill Cove coffee, Vince's Opry Music Store, N&J Convenience and Ben's Lunch Room.

Looking ahead there's a Full Moon Minglewood Rising at the Riverside Entertainment Centre (REC) in Douglastown on Saturday April 23rd when the legendary **Matt Minglewood** returns with long time friend and fellow musician, **Sam Moon**. This will be a performance you do not want to miss! Tickets are on sale now at the REC! Seats are \$40 and standing is \$30. Doors open at 8 pm. The show starts at 9 pm. For information call 773-3771.

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It's not that I can't say no, I just think it's important not to!

By Veronique Arsenault

What's the first image you think of when I say volunteer ... it was probably the same picture I used to have, a very kind, retired person, filling their days helping their local church, a friend in need or the area hospital. I can admit when I was

in my teens, the word volunteer never really conjured up anything exciting. Don't get me wrong I knew it was a good thing to do but not really something I WANTED to do. I started volunteering at a young age, I had no choice really, my parents taught me very well that it was expected and a way to be kind to my fellow human being. I taught catechism, was a lector at church and visited the occasional relative in the nursing home. Boy oh boy I wish I knew then what I know now!

As I matured, some days more mature than others, I started to get a better idea of what volunteering really meant. Living in Ottawa for many years gave me the opportunity to see some incredible festivals, events and fundraisers. All of these fantastic things organized by volunteers. I started to get a little more involved, helped out a few hours here and there at an occasional charity fundraiser, but living in a city the size of Ottawa, you don't really feel the impact of being a volunteer. That all changed for me over the Christmas holidays in 2005. I was having a difficult year, although my career was taking off, I was struggling to find something meaningful in my personal life. I came home to the Miramichi to visit my ever supportive family.

Each year the City of Miramichi chooses an outstanding

volunteer or two to honour. The criteria are quite extensive, not the least of which is the volunteer must have been volunteering for 15 years or more and had a significant impact on the community. That particular year, my Aunt Judy was to be honoured at the City of Miramichi's New Year Levee. I was proud of her, of course, but had no real sense of what that award meant. My mum and the rest of my family bundled up; set out in the cold and snow and off to the Courthouse we went to see the ceremony.

That particular snowy day changed my life. I listened as Judy spoke about how honoured she was to receive this award. What struck me though, were the feelings she described about what volunteering meant to her. What it had given her in her life, not what she had given but what volunteering had given her. Judy had been volunteering for more than 20 years in our community and she planned on doing it for another 20 at least. What I saw and heard that day was the real impact of volunteering on a community, organization or a person in need. I looked at Mum and said, "I want to feel that way." Mum looked at me in that way that mums do and said, "Well then, do something about it!" I moved home to Miramichi six months later to do just that.

The rest as they say is history. People often say to me, do you ever say no? I do, but I try not to, not because I can't say no, but because I want to be involved. I have had some incredible once in a lifetime experiences because I volunteer. I have been part of some of the areas largest festivals, the Olympic Torch Relay and organizations that truly improve the daily lives of people in this community like the Rotary Club of Chatham or the Schizophrenia Society of New Brunswick, just to name a few. Of course there are days I would rather not attend another meeting or plan to plan but I forget all about that once I get going. The people I have met, the events I have been a part of and happiness that I see in others every day is what keeps me involved. Volunteering has given me friends, social connections, business networking opportunities, lifelong learning and a



feeling of being a part of an incredible community that I couldn't have gotten any other way. In addition, in a small way, a true feeling of having given back to my fellow humans.

There are thousands of volunteers in our area that keep our City going. Thousands of volunteers that no one knows about because they go about doing great things for the sake of doing them and not for the recognition that may come. These volunteers work, plan, organize, worry and donate their time for people they won't ever see or know. We are not unique in that respect. There are thousands of volunteers in hundreds of communities across the country doing the exact same thing. It is my hope to shine a different light on volunteering, give some much deserved recognition to those volunteers out there and to change that image in your head. I have gotten to work with volunteers of all ages, in organizations that do so much for our community. Volunteering is something I WANT to do because I love it and because I can. I try to live every day the way my grandmother Marjorie taught me, "To whom much is given, much is expected!"



Free Income Tax Clinic

Volunteer Miramichi will be assisting with Income Tax Returns by holding a clinic for seniors, students & low income **FREE OF CHARGE!**

When: Tuesdays ONLY. Our clinic will start on Tuesday March 8th and run every Tuesday until April 5th

Where: 133 Newcastle Blvd. (around the Square)

Time: 9am - 3pm

To Qualify you must have income as follows:

- Single person under \$30,000
- Couple under \$40,000
- One adult and one child under \$35,000
- for each child your income can increase by \$2,500

If you are bringing taxes in for someone you need to bring a signed letter from them giving you permission to file their taxes. For more information call Kim @ 622-6565



Beaverbrook House Seeks Summer Volunteers

The Beaverbrook Historic House Commission at 518 King George Highway in Newcastle is looking for active seniors to Volunteer their services and time to the Lord Beaverbrook House this summer.

If you like meeting people from near and far, showing off a historic home, and telling the story of one of Miramichi's principal characters, they would like to meet with you.

Volunteers are needed from June 13th to July 2nd, and again from August 29th to September 17th. You pick the weeks or days that you can volunteer, and they will arrange a schedule around those dates.

This may seem a bit early to be looking for volunteers for the summer, but they need to set up the scheduling as we have all heard that this summer the Miramichi area will be alive with guests.



If you are interested, or need more information, please call Shirley D. Brown at 773 8003 or email lclaws@nbnet.nb.ca.

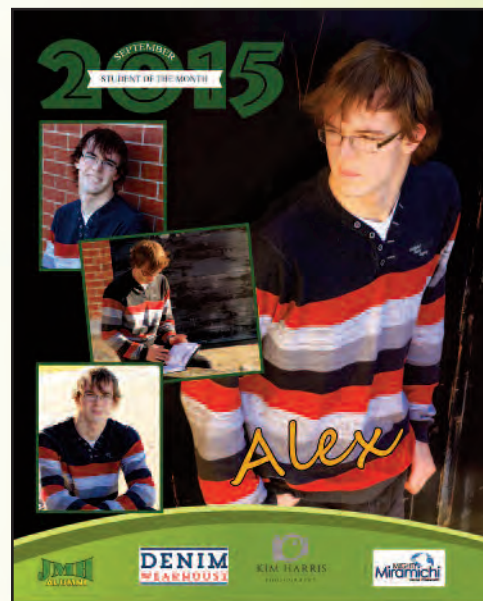
James M Hill Students & Athletes of the Year

The James M. Hill Student and Athlete of the month is an initiative by the JMH Alumni Association, Kim Harris Photography and the JMH Student Council to showcase the talented young leaders at JMH High School. Every month the teachers and coaching staff from JMH choose one outstanding student and athlete to become the Student and Athlete of the month. The students also suggest people who they feel are deserving of the awards.

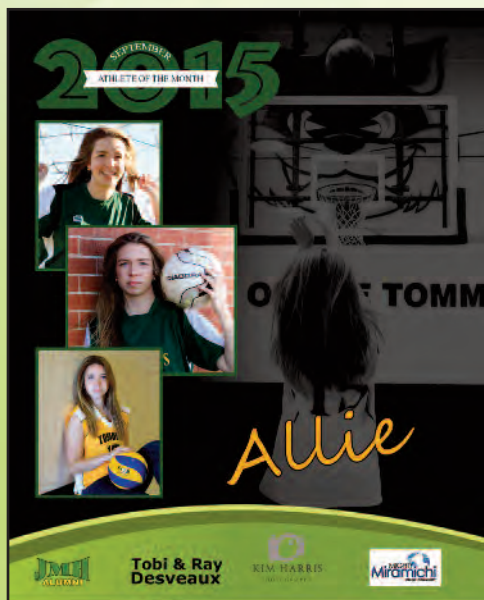
Kim Harris donates her time to photograph the students each month and designs the posters. "Being a former Tommy myself I was excited to see this project come to life," says Kim. "Meeting with these students and athletes each month is a lot of fun. River signs does a wonderful job of the printing and the posters are displayed in the school for a full month, and it is a great way to let the students know their hard work is appreciated and that it is not going unnoticed."

The JMH Alumni Association thanks Kim Harris Photography, Denim Wearhouse, Mighty Miramichi, Tobi & Ray Desveaux and the students and staff at JMH for making this project so successful. Look for the next issue of *Giv'er Miramichi*, for more student profiles.

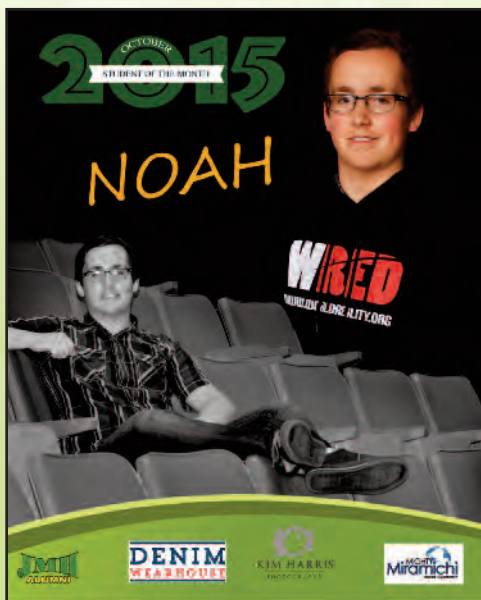
If you would like to show your support and become a sponsor for next years project, please contact Sarah Mott Russell sarahandjames@bellaliant.net or Kim Harris kimharrisphoto@gmail.com for more information.



Alex Stockli: I have never seen such a strong motivation and dedication for learning at the start of a school year than I have from Alex. In-between his course work and extra curricular activities Alex is teaching himself chemistry, physics and computer science concepts that we usually don't have a chance to cover in class. Alex is a leading member of the Science and Tabletop Clubs and is heavily involved with the Yearbook Committee, on the sales side, taking photos, and spending hours giving his creativity to the project.



Allie Gorman: Allie Gorman has been dubbed "super woman" by her teammates this season. In her position as sweeper, she is one of the last lines of defense and rarely allows the opposition through to the keeper. Allie is the definition of a quiet leader, leading her team by example. She never misses a practice or game, is one of the most coachable athlete's I've ever worked with. In seven years, I have never seen Allie in a bad mood, say a bad word, or stop playing hard.



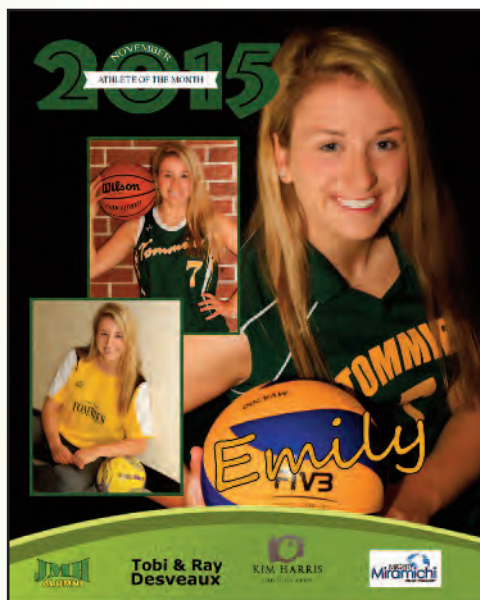
Noah Manuel: Noah is the President of Interact this year. He headed up the organization of Trick or Eat which brought in over 3000 items for the Food Bank. Noah also has been organizing getting Christmas gifts to Africa for the children at the orphanage, and raising funds to sponsor a family at Christmas. He has been very busy with these all while being in drama, working part-time at Jean Coutu, and being a great student.



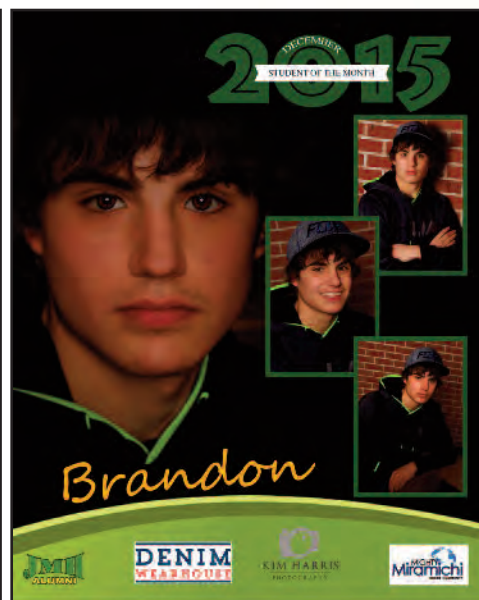
Lauren Green: Lauren was the backbone of the Field Hockey team all season and led her team to a Provincial Silver Medal. In her position as a midfielder, she was the key player on and off the field. She continually motivated and encouraged her teammates to do their best. She worked 110% and led us to the provincial finals where she left everything on the field. She is a captain with a great deal of passion for her sport and leads by example. She was named MVP of the Provincial finals.



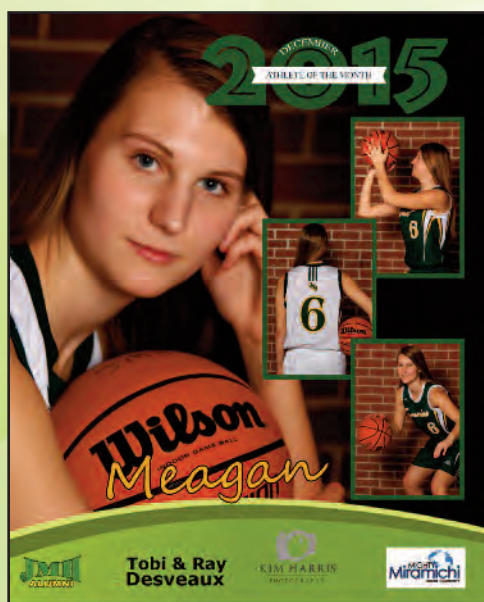
Kristen Trevors: Kristen displays a maturity and professionalism that make her a true pleasure to work with. She is diligent in producing quality work, values instruction and manages her time efficiently and wisely. Always eager to assist fellow students, she is a great team player. Kristen oversees stage operations as the drama club's crew chief. She recognizes fellow students' strengths and works with them to develop skills, such as painting a backdrop, arranging props, troubleshooting technical problems or communicating effectively.



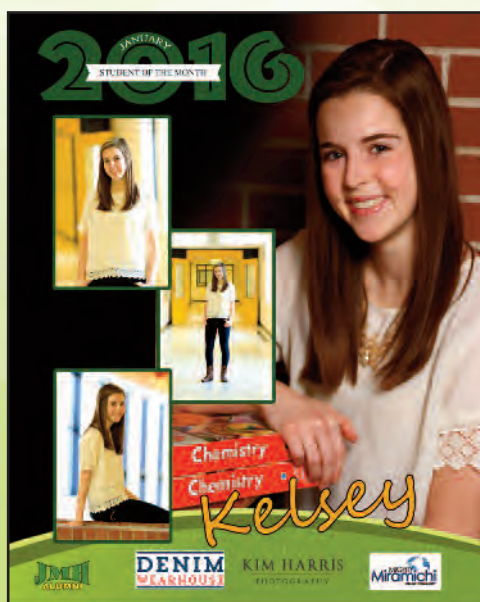
Emily Fitzpatrick: As the captain of the girls varsity basketball team, Emily leads in scoring at 15 ppg and minutes played. She is a good role model for the younger players by never missing practice and always having a positive attitude on the court. In November the team played in two tournaments and Emily received two player of the game awards and one tournament All-Star award. Emily has excellent marks and is also on the student council as cheer rep. She does this while also holding down a part-time job.



Brandon Sampson-DesRoches: Brandon sets a great example for his peers by being on time, paying attention, finishing assignments before they are due, and being respectful. In his English 113 class, he goes out of his way to engage classmates. He has gotten to know their interests and strengths. During the Christmas Homeroom challenge, this awareness helped him to bring the group together to complete some of the challenges. Brandon leads by example, and helps to knit the class together into a non-threatening, positive environment.



Meagan MacDiarmid: Meagan is one of the top defenders on the varsity girls basketball team and is well respected by her coaches and teammates. She is one of the key starters and leaders on the floor. In December, she was chosen player of the game in two separate tournaments. This year she has had to work extra hard to come back from a very serious injury. Despite this Meagan came to every practice and game and cheered on her teammates. Meagan is a top student with a high 90% average and a model student behaviour wise as well.



Kelsey Gill: Kelsey is consistently upbeat, diligent, thoughtful, and extremely reliable as a student and classmate. When Kelsey realized part of her English 122 mark would be determined by Speaking and Listening skills she knew this hadn't traditionally been her strength, so she purposely drove herself to improve. As a result, the whole class has benefited from the way she articulates questions, feedback, and insight, culminating when she received the highest mark on her final exam.



Zach Gosse: Zach has been a top player and leader since the season began. His coaches have been extremely pleased with his attitude and work ethic, but January was his best month so far. After a tough start to the season, he was the top player in the team's first league win. He followed that up by being their best player in a successful Halifax tournament, and capped the month with a six-goal effort against Shippagan, an extremely rare feat. Zach's leadership and performance make him January's Top Athlete.

This Old Thing

In our December issue we published a photo of an item that even Bernie Colepaugh of the Miramichi Folklore Park in Renous didn't recognize. We received many ideas from readers, which we sent to Bernie to find out if he thought anyone might have correctly identified the item.

Kim Curtis, Jim Travis, Rick Miller and Bill Donald thought it was a homemade rug beater and Ken Weatherby agreed. "(It's) an apparatus for beating carpets and rugs (especially over a clothes line). The metal spring on the end made it easier on the fabric because of its flexibility," Ken wrote.

Katria Hartwick and Larry Paysen thought it was a mop handle. Katria claimed to have one the very same but wasn't able to send us a photo. Vince Guyader agreed that it was a mop handle and said, "There should be a pin in the centre

of the day, the idea of a ragmop type of handle makes sense. Mixing wine fruits, a tool for calf deliveries, rug beater, etc., all make sense and could probably be used for those purposes. As I sometimes tell people buying weird and wonderful stuff—it's yours now. Call it and do with it what you want!"

January/ February Old Thing

More recently in our last issue we published a photo of another old thing but this time Bernie knew exactly what it was! Did you?



Several readers including Esma Brennan, Edward Gilks, Peter MacGregor and Drew Dolan thought it was a Rock Maul used for breaking large rocks.

Frank Fitzgerald said, "Don't know if it was intended for this use or not but kept one in my truck for breaking down tires."

Louis Allain thought it was a Rail and Cable cutter.

Elvina (Howe) Sobey wrote, "This item looks like a wedge my father used when splitting stubborn larger pieces of firewood."

June O'Shea said it was "a stone sledge hammer for hammering railroad spikes into a creosote soaked tie."

Was anybody correct? Bernie said, "This is a sledge hammer with what looks like a dull axe on the back. You then realize its 'blade' is wide and rounded. This was a wagon wheel maker's tool. The rounded blade was used thin or stretch the metal rim on the outside of the wheel if it was too tight to go on. It would be heated and hammered and lengthened until it fit the wheel."

Bernie has another Old Thing for you this issue. Do you know what this is? If you think you know what it is we invite you to email your best guess to submit@mightymiramichi.com Include "This Old Thing" in the subject line.

Next issue we'll publish the correct answer from Bernie and let you know if you were right!



Do you know what this old thing is? Send in your guesses!



There were lots of guesses, but nobody knows for sure what this old thing is!

close to the spring to release the spring."

But Justin Dutcher had a different idea. "Looks like a mash spoon for mixing wine or mash for moonshine it stirs twice or three times as much as a regular spoon. Just an idea," he wrote.

Dennis Somers Jr. Claimed it was a Bull Nose Ring Puller and Jamie Keenan thought it could be a rope railing for a sailboat.

Brian Little wasn't 100% certain, but thought it looked like it was used to remove clay from either cart wheels or the horses legs.

Glen R. Renfrew had an interesting idea. "I believe the item is used to facilitate the delivery of a calf. The loop is hooked over the calves' foot and is used to pull the calf out. It is the right size and length."

We sent Bernie all the reader responses and asked what he thought.

"Well, that's quite the variety of guesses! And that makes two for the bull nose ring puller!" Bernie said. "I really do not know for sure what it is. There is no maker's name on it so I have no provenance at all. The look of it and the manufactured, slim red handle makes me think it's from the sixties. As it is similar to the handles of plastic fibre brooms

Dining Room Measurement Tips

By Lauren Walls

Sometimes following the rules can be pretty boring ... especially when it comes to Interior Design! However, when we're talking about practicality and function there are a few rules that should always be followed, measurement rules to be exact.

Here are a few of those important rules! First you have to ask yourself which Dining Table will work best?

There are so many design considerations that should be made! To narrow it down though, a great place to start is with the size. A dining table should have at least 32-36" of space between the back of the chair and the wall or server behind it. This is unless the space behind the chair will be used as a pathway in which case there should be between 42-48" to allow room for traffic flow!

Now, when it comes to choosing the perfect rug for your Dining Room—the rug that will pull it all together—always remember to choose something that measures at least 24-30" wider and longer than your table. That way when you pull out your chair it won't catch on the edge of the rug. Also, it will give the room a very visually appealing and grounded look!

Next, let's talk lighting. There's really nothing like a perfectly positioned light fixture above a dining table. The relationship between the chandelier or pendant and the table is a very crucial element to the overall look of a dining space. To be sure your space is as put-together and lovely as can



be, just follow the following rules:

1. The Light Fixture should be at least 1/3 the width of the table and no larger than 2/3 the width with at least 12" in the difference to be sure no one bumps their head when they sit or stand up!

2. Be sure there is about 30-34" of space between the bottom of the light fixture and the table top. We want everyone to be able to see each other without a chandelier getting in the way! If you have high ceilings you can add a few extra inches of height.

Finally when it comes to your Dining Chairs, the seat height should be 12" lower than the height of the table. The standard height for a Dining Table is 30" which means the seat of the chair should be 18" high for maximum comfort.

When you're deciding how many chairs will be suitable for a Dining Table, be sure to give between 24-28" of table space to each person. Also, you've got to keep the location of the table legs/ base in mind. You don't want anyone bumping their knees. Comfort is key!



Lauren Walls was born and raised in Miramichi. She completed her degree in Interior Design at the Centre for Arts and Technology in Fredericton. She took six months off to explore and become inspired by Europe and has returned home to join the team at Renaud's BrandSource. Lauren enjoys using her skills and training to beautify any space. For a consultation call her at 773-9408 or email laurenwalls.decor@gmail.com. Follow her on Instagram @lauren.decor.

The **Miramichi SPCA** is currently in need of bleach, Whiskas Dry Meaty Selections cat food, and cat treats.

For more ways you can help please visit our website at www.spcamiramichi.com or stop by the shelter at 128 Dan Cripps St., Miramichi East.



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Operation Christmas Shoe Box Update

Last Fall, we published an article about Brenda Daigle and the annual campaign she organizes to send shoe boxes filled with Christmas treats to our Canadian Armed Forces serving overseas. The 2015 program was a great success thanks to the generosity of Miramichiers who donated items and volunteered to help package and ship the shoe boxes. We have since received an update from Brenda:

“Every year, I line up all of the shoe boxes on the Friday night before inspection day which is the following Saturday. I had a special visit from a dear friend and veteran, Dave Bucklow, on Friday evening. Veteran Bucklow has helped to finance the shoe box campaign for many years, along with other very generous Miramichiers. These funds help to pay for the necessary parcel wrap, bubble wrap, and any missing items for each shoe box. On Saturday morning, my



The soldiers' Christmas tree in the Congo proudly displaying the Red Friday photo from 2015, also pictured below.

faithful volunteers included Linda Matchett, Kelly Matchett, Elizabeth Kelly, Betty DeMerchant, and Shannen Somers.

“Linda, Kelly, and Betty have been with me from the beginning, eight years ago, while Elizabeth and Shannen are new recruits. The parcels were shared between two locations: one designation was in Egypt, while the other location was in the eastern Provinces of the Congo, where Canada is part of a UN Force of approximately 17,500 troops. This is the largest UN Peacekeeping Mission in the World and has been for approx 15 years.

“One of our helpers I refer to as Santa Len was posted to CFB Chatham many years ago and is married to a lady from Boisetown.

Santa Len sent a picture of him with some Canadian Soldiers as they participated in the Foire de Noel, a



fundraiser to resurface two basketball courts for local youth in Congo. He shared that they looked like a rag tag bunch, as they had just won the pull in the tug of war contest, winning the trophy, remaining undefeated.”

Santa Len wrote in an email: “Thank you for your message, and everything you, NBCC and the good ol’ Miramichi have done for us. This has been a very hectic week, as the Force has been very busy reacting to an attack by a large armed group; we lost many citizens and soldiers of the Congo, as well as one of our Malawian Peacekeepers ... All of the Canadian Troops here in Goma (7 in Goma, 2 in Kinshasa), will be in Mission throughout the Christmas Period. So Miramichi’s thoughts and packages will be shared among all the Canadians that we can find and invite into our home, to share our Christmas with. Thank you again, and I wish you and yours all the best for a very Merry Christmas.”

Brenda was very excited that every shoe box had a Giv’er Miramichi Magazine inside for our Canadian Soldier’s reading pleasure!

She also received a message from Santa McGraw (son of local Veteran and Peacekeeper, Meleme McGraw) sharing appreciation from his soldiers deployed in Egypt. Santa McGraw wrote, “I am proud to assist you in this program and to coordinate the delivery of the Christmas Shoe Boxes to Canadian soldiers serving on this op. Thank-you for supporting the troops who are deployed.”

Local teacher, Marie-Louise Squire, from Dr. Losier Middle School has added Operation Christmas Shoe Box to her curriculum every year for the past six years. Marie-Louise wrote: “Just got back to work today and we had received a card addressed to the students from the troops as well as another card from a Mcpl J. Boker. I can hardly wait to show the students the card. They are really nice. on the front it says Multinational Force and Observers. Good for a social studies lesson. Anyway always a pleasure to work with you.”

Operation Christmas Shoe Box is a wonderful way to give back! Keep it in mind as the holidays approach in 2016.



Above: Soldiers in the Congo receiving their Shoe Boxes.

From Santa Len Seymour: “From your Soldiers in the Congo, Merry Christmas and all the best for a terrific 2016. Thank you Brenda Daigle for treating us to these parcels from Canada. The guys send a special thank you to everyone, and especially Ms. Sullivan’s Grade Two Class from Nelson Rural School for the extra special Christmas Cards. Thank you all, from the guys in the Congo.”



Canadian soldiers participating in the Foire de Noel, a fundraiser to resurface two basketball courts for local youth in the Congo.



Above: Brenda Daigle and Veteran Dave Bucklow, a supporter of the shoe box campaign.

Right: Santa Srgt Clifford McGraw who delivered boxes to his soldiers deployed in Egypt. He is the son of Meleme McGraw, a Veteran and Peacekeeper living in Miramichi.

Submissions

If you have photos, stories, tips or tidbits to share we always welcome your submissions. Send submissions to submit@mightymiramichi.com. For photos please send high resolution jpg's (not resized for email) and remember to include your name for the photo credit and the location where the photo was taken or description of the subject matter.



Photo by Fernand Maltais of an ermine in his yard.

Ermine are also called stoat, short-tailed weasel, or Bonaparte weasel. The species is called ermine especially during its winter white colour phase. The animal's pelt was used historically in royal robes in Europe. In summer the ermine is brown, with a whitish throat, chest, and belly. In colder climates the winter coat is white, except for the black tail tip. In moderately cold climates the fur becomes only partly white. *Source Encyclopedia Britannica*



photo by Alana Carson

AlCarson

Here We Grow Again!



Miramichi Chrysler, expanding to serve you better. In May 2015 demolition crews tore down the front of the Miramichi Chrysler building to make way for the construction of a new showroom. You've no doubt seen the completed renovations by now, but we just want to acknowledge the fantastic job that was done. Management and staff at Miramichi Chrysler should be very proud of the beautiful new and expanded showroom and to be part of this business which has been serving Miramichi since 1977. Also visit them online at www.miramichichrysler.com where you can view their line-up of new and used inventory.



A&W Restaurant in Miramichi is sporting a fresh new look after recent renovations. They're proud to have high standards when it comes to their food and also in how the restaurant looks. A&W is the first and only national burger restaurant in Canada to serve beef raised without the use of hormones or steroids and chicken raised without the use of antibiotics. They're also proud to serve organic, Fairtrade coffee blended by Master Roaster Van Houtte. Open daily 7:00 am - 10:00 pm. Located at 102 Douglastown Blvd., Miramichi. Tel: 506-778-2225



Blueberry Oatmeal Muffins

This muffin recipe was submitted by Darlene Jardine of Barnettville. "Blueberries are one of my favourite ingredients to cook with and I love making blueberry pie, jam and muffins. I pick blueberries every summer and freeze them so I always have some on hand."

Yield: 10 to 12 muffins

Ingredients:

1 cup flour
1 tsp baking powder
½ tsp baking soda
½ tsp salt
¾ cup packed brown sugar
1 egg
¼ cup melted butter or margarine
1 cup buttermilk
1 cup oatmeal
1 cup blueberries (fresh or frozen)



- Combine oats and buttermilk in a medium mixing bowl and let stand.
- Combine the first five dry ingredients in a large mixing bowl, stir well.
- Add the eggs and melted margarine to the oat mixture and mix well. Add the wet mixture to the dry ingredients stirring just until moistened. Do not over-mix!
- Gently fold in the blueberries.
- Line or grease 10 to 12 muffin cups and fill 2/3 full with the mixture.
- Bake at 375 F (190 C) for 20 to 25 minutes until the top springs back when lightly touched.

Tip: Buttermilk Substitute

You can sour regular milk to use in place of buttermilk. Put 1 tbsp of lemon juice in a 1 cup measuring cup. Add milk to make 1 cup. Let stand for 5 min, then stir and use in recipe.

Tip: Folding Technique

When a recipe calls for folding in an ingredient it is to prevent the batter from becoming over mixed which can result in a tough muffin. To fold, sprinkle the blueberries over the batter. Next, cut down through the centre of the batter with a rubber spatula. Draw the spatula across the bottom and up the side of the bowl, folding the batter over the blueberries. Give the bowl a quarter turn and do it again. Repeat just until the blueberries are distributed through the batter.



Darlene has had a passion for cooking her whole life. She has worked in the restaurant industry for many years including owning her own restaurant, Darlene's Tea House in Blackville. She currently has renovated the Tea House into a rustic cottage getaway, for rent to guests in the summer. In her spare time she cooks for the local Meals on Wheels and volunteers at the Greater Blackville Resource Centre. She may be reached at 843-7878.





A WEEKEND OF FOOD, ENTERTAINMENT AND FRIENDLY COMPETITION TAKES PLACE ON THE WATERFRONT IN MIRAMICHI. CHAMPION RIBBERS OFFER UP SAVORY BARBECUED RIBS, TALENTED LOCAL PERFORMERS PROVIDE MUSICAL ENTERTAINMENT AND TEAMS COMPETE IN THE ROTARY ATLANTIC WASHER TOSS CHAMPIONSHIP AND THE HUMAN FOOSBALL TOURNAMENT. THERE ARE CHILDREN'S AND FAMILY ACTIVITIES, FIRE FIGHTERS GAMES AND AN OPEN AIR INTERFAITH SERVICE

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