

GIV'ER ^{Spring} Miramichi

FREE!
Spring 2017

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INSIDE!

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Business

Sterling Manderville Memorial Annual Golf Classic

The Miramichi Shrine Facts & Figures Unit is once again hosting the Sterling Manderville Memorial Annual Golf Classic at the Miramichi Golf Club.

Sterling Manderville is the one who started this fun tournament. He loved the Shriners, and loved being a part of the help and support provided to the children. As an avid golfer, he saw the possibilities for this Golf Tournament to be a good fund raiser for our Children and Hospitals.

Unfortunately, Sterling is not with us anymore, but his memory lives on in the name of this tournament, and the chairmanship was taken over by Noble Don McCoombs, so we hope to be able to continue this Tournament each year. This year's tournament will be held on July 7th, 2017.

This will be our 7th year holding this Golf Classic, helping to support our Shriners Hospitals for Children, all 22 of them, and especially our New Canadian Shriners Hospital in Montreal, plus the Shriners Clinic right here in Bathurst, at the Chaleur Regional Hospital.

All of our efforts are only made possible with the support of the public, as the cost for all our services come from the Shriners Office, without any government support of any kind. So public support for all our endeavours in helping sick children through out our network is what makes the Shriners Hospitals For Children the Worlds Greatest Philanthropic organization.

We can all be proud of this great accomplishment.

A great new addition to our fundraising this year has been put together by our Miramichi Facts & Figures Unit... it's a "4-Wheeler Draw" on a Polaris Sportsman 450 H.O. Tickets are \$10 each and can be found on sale at many locations around the river: GoToInsurance.ca, Stevens, Wilson & Lockerbie Inc.; RTE 118 Convenience; Renous Convenience; Right Way Convenience; Papa Joe's; NAPA; Ace Leasing; Eastern Tile & Carpet; Patterson's Trailers; Right Choice Auto Parts; Tozer Insurance or from any Shriner you may know.



Presentation and Prize Awards at the After Game Supper where a scrumptious meal was served by the Golf Club .(2015 Golf Tournament)

L to R: Noble Ken Manderville, President Miramichi Facts & Figures Unit; MC for the evening Noble John Stevens, Treasurer Facts & Figures Unit; Noble Don McCoombs, VP Facts & Figures Unit; Noble Darryll Stothart PP; Hospital Rep. Noble Blaine Brooks CR.

Cover Photos: Blue Flag Iris by Cathy Martin, Butterfly by Billy Joe Duffy.

Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Our collaborative mindset is contagious. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and video links about what's up, what's new, what's happening. Keep it clean, keep it positive, and we'll promote it .

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Events

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Roman Catholic Church will be held at the Chatham Head Recreation & Community Centre starting at 1pm. Tel: 506-622-1865

May 6th Annual Yard and Bake Sale at Saint Andrew's United Church from 7am to 12pm. Donations can start to be dropped off on May 1st. Please NO clothing, TV's, Computers or Accessories. Hot Dogs, Muffins, Tea, Coffee and Pop. 188 Wellington Street, Chatham

May 11th Country Music Jamboree at Normandy # 78 Branch Legion

All ages are welcome to attend an evening filled with great Local Music and Special Guests. Admission is \$6 per person. Canteen will be open with Chips, Bars, Pop, Water, Tea, Coffee and Hot Dogs *This event takes place in the Upstairs Legion Hall and the Bar is not Open upstairs*. View our page on Facebook.

May 12th Mayor's Prayer Breakfast The 10th Annual Mayor's Prayer Breakfast will be from 7- 9am, with guest speaker Mike Reinders, President of Maple Reinders Group, Ontario. He will speak about how he tries to live out his faith in all his activities. Rodd Miramichi River Hotel, Ticket \$15 each available at City Hall, Black Eagle Construction and local churches.

May 12th Lucien & Jimmy the Janitor Full of Beans Tour Lucien and Jimmy are back with their explosive new comedy. Find the event on Facebook. Show starts at 7:30pm at James M. Hill Memorial High School.

May 13th Mother's Day Tea Mother's Day Tea from 12 – 2pm at Saint Andrew's United Church, 188 Wellington Street, Chatham. Tickets \$10/person.

May 13th All Things Ladies for Autism Resources Miramichi Come and enjoy a night out with good food, shopping, music and socializing with your girlfriends! Approximately 20 vendors! 6:30pm-10:30pm at the Riverside Entertainment Center Inc. Tickets \$20. Tel: 622-8137. www.autismmiramichi.com

May 13th Special Olympics - Spring Tea & Fashion Show Join us from 1pm to 3:30pm at the Beaverbrook Kin Centre, 100 Newcastle Boulevard. Sponsored by Special Olympics, Miramichi Chapter. Tickets \$15 each, on sale at Brookdale Flower Shop and

Apr 28th - 30th Canada's Forgotten Father

Peter Mitchell, a lawyer, businessman, and politician from Newcastle, was numbered among the Fathers of Confederation, and involved in the early governance of our country. This performance will travel the province, beginning at the Théâtre Gilles Laplante – Carrefour Beausoleil starting at 7pm. Tel: 506-624-4485.

Apr 29th Just Us at Miramichi Folklore Park in Renous

Just Us from Miramichi will be on stage with their take on favourite country and classic rock. Music at 8pm, admission \$6. Located at 46 Memory Lane and off Exit 139 in Renous. Tel: 506-625-3544.

Apr 29th Great Escape Draw Dance

Music by Short Sweet Ride starting at 8pm at the Chatham Head Recreation and Community Center. Tel: 506-622-1865

Apr 29th Spring Fashion Show beginning at 7pm on at the North and South Esk Regional High School (NSER), 40 Northwest Road in Sunny Corner. Special Prizes and Refreshments! Fashions by Peek-a-Boutique and Town Square Boutique. Tickets are available by contacting Heidi Whipple-Ryder at 506-627-0599.

Apr 29th 1st Annual Chibang Fundraiser for the Miramichi Emergency Centre for Women A Celebration for Women featuring live entertainment, silent auction, door prizes and a grand prize (Dinner Ring)! Tickets \$50, sold at; Goodie Shop Restaurant, Downtown Beauty Salon, or by calling MECW at 506-622-8865. Starts at 8pm at the Riverside Entertainment Center Inc.

Apr 30th Isabella Imperatori Fundraising Concert

A fundraiser for Saint Michael's Basilica Capital Campaign at 7pm at the Vogue Theatre. Tickets \$20. See pg. 14 for details.

May 3rd McHappy Day to Support Autism Resources Miramichi Beginning at 8am at McDonald's in Miramichi, a percentage from the day will be donated to Autism Resources Miramichi.

May 6th Quilt Bingo for The Nativity of the Blessed Virgin Mary



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May 19th - 21st Metepenagiag Annual Trout Derby

Pre-register at Metepenagiag Heritage Park. Catch & Release. Tel: 506-836-6111.



May 21st Lobster Supper at the Baie Sainte Anne Fire Hall starting at 4pm. Serving: 2 Lobster, Potato Salad, Coleslaw, Roll, Dessert, Tea/Coffee \$15/ person. Contact Robert Martin at 506-228-4842.

May 21st Where Dreams Begin 5th Annual Dance Recital

Our dancers aged 2 to adult will be performing dance styles such as Point Ballet, Jazz, Lyrical, Hip Hop, Contemporary, and Musical Theater. Tickets \$15 are available at the door, Carrefour Beausoleil. Two recitals: 12pm to 3pm and 6pm to 9pm. Find Chastity Poirier's Dance Palace on Facebook for details.

May 25th For The Love Of It Book Launch

The launch of Susan Butler's new book will be held at 7pm at the Beaverbrook Kin Centre, 100 Newcastle Boulevard. Open to the Public, Refreshments will be served and books will be on sale. Tel: 506-622-1780.

May 26th - 28th Miramichi Rotary RibFest

Champion ribbers offer up savoury barbecued ribs at this weekend of food, entertainment and friendly competition. Hosted by the Rotary Club of Newcastle, it takes place on the waterfront in Miramichi. Human Foosball Tournament, music, Children and Family Activities, and more! www.rotaryribfestmiramichi.ca

May 26th - 28th 2017 Miramichi Striper Cup

Atlantic Canada's Premier Bass Tournament! Check out: www.miramichistripercup.ca for more information.

May 27th Miramichi East Playground Committee Fundraising Gala Join us for a Buffet Dinner, Live Entertainment and Chinese-Style Auction at the Riverside Entertainment Center starting at 6pm. Tickets \$40 or buy a table of eight for \$300. Free bottle of wine with the purchase of a table. Tickets available at the Riverside Entertainment Centre, Ian Baillie Primary School Office, Saint Andrews School Office or by contacting Kelly Moore-Dennis at mepc2017@gmail.com. All proceeds from this event go to our Playground Fund.

May 27th - 28th 1st Points Meet at Miramichi Dragway Park

Visit our website: www.miramichidragwaypark.com or call 506-624-7989.

May 28th 2017 Walk for Alzheimer's Miramichi

The 2017 Walk for Alzheimer's Miramichi will take place at James M. Hill Memorial High School from 12pm to 4pm. Tel: 506-773-7093, email: bmccormack@alzheimernb.ca or visit www.walkforalzheimer.ca.



May 28th Ivan Hicks and The Sussex Avenue Fiddlers

Playing at 2pm at the Théâtre Gilles Laplante - Carrefour Beausoleil. Includes Miramichi Guests: Jim Lawlor, James Morrison and Susan Butler. Advance tickets \$20, at the door \$25. On sale at Brookdale Flower Shop, Kingston's Car Wash and Carrefour Beausoleil. Tel: 506-622-1780.

June 4th Gospel Concert at 7pm Saint Andrew's United Church, 188 Wellington Street. Admission is a Free Will Offering and a reception will follow. Proceeds to Community Kitchen Suppers.

Organic Waste Reduction Workshops

May 2nd: Miramichi Kin Centre, 100 Newcastle Blvd., 6:30pm

May 4th: Barryville Golden Age Club, 1850 Route 11, 6:30pm

May 9th: Atlantic Salmon Museum, 263 Main Street, Doaktown, 6:30pm

May 11th: Upper Miramichi Community, 6094 Route 8, Boiestown, 6:30pm

May 18th: Burnt Church Seniors Hall, 419 Burnt Church Rd, 6:30pm

May 23rd: Baie Ste-Anne School Theater, 5362, route 117, 6:30pm

May 24th: Blackville Municipal Office, 12 South Bartholomew Rd., 6:30pm

May 30th: St-Wilfred Golden Age Club, 1270 Route 450, 6:30pm



Note: If you would like a workshop in your region, contact the Greater Miramichi Regional Service Commission - Solid Waste Services. A minimum of 10 registered participants required. Workshops are intended for residents served by the Greater Miramichi Regional Service Commission. For more information call 506-778-6646.



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CITY HALL UPDATES

PUBLIC WORKS

Pot Hole Season is Here ► Public Works will begin repairs to pot holes in early May. Contact Public Works at 623-2020 to report a pot hole

Ice Storm Spring Clean-up ► Public Works is committed to an additional brush pick-up in the spring when weather permits. Check miramichi.org for confirmation of date to-be-determined.

MIRAMICHI POLICE DEPARTMENT

Open House ► as part of National Police Week, and “open house” will take place on Wednesday, May 10th from 1:30 – 4:30 at 1820 Water Street. Please join us!

Seniors Police Academy ► Police Academy is back! The program is limited to 12 Seniors and is held on Wednesday mornings each week for six weeks, beginning May 3rd, 2017. Those interested must contact the Chief's office at 623-2125 and leave name and contact information.



ENGINEERING DEPARTMENT

Street Resurfacing Program Approved ►

Watch out for our crews! We will be investing 2.4 million dollars of work including parts of:
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East Point Rd., Amy Street,
Water St. East, Dalton Ave.,
Morrison Lane, Range Rd
and Nowlanville Rd.

ECONOMIC DEVELOPMENT & TOURISM

Striper Cup is Coming! May 26th – 28th ►

Register a Team, Family or fly solo! Registration is now being accepted at miramichistripercup.ca Up to \$60,000 in prizes to be won. Check out all the action on the water front, including the Rotary Rib Fest.



COMMUNITY WELLNESS & RECREATION

Upcoming Events ► Seniors Swim, Monday – Thursday, 10:30 – 12 noon at Golden Hawk Pool, \$3.00/person or Seniors pass (available to purchase at Golden Hawk)

Easter Bunny Hop ► Wednesday April 12th 5:00 pm – 7:00 pm, free admission;
Seniors Auction 45 card tournament ► April 24th at Linden Recreation Center beginning at 1:00 p.m.
no partner required, cost is \$5.00/person

Questions or Concerns about City Programs and Services?
Contact Us: **Phone:** 623-2200 **Website:** www.miramichi.org

Household Tips and Hints

By Anthony McLean

With a month into the season of Spring, I like to check out tips and hints to use around my home. I found these ones to be worth sharing with readers. Each of them are simple and easy to make with ingredients that can be found in your home! Check them out, be innovative and have fun while doing it on your own, or with family or friends ... and save money!

Do you have dangling power cords around your home that could be hazardous? I have a safe and reliable solution to remedy this in one step! Take a paper towel, plastic wrap, wax paper or foil wrap core and push your cord or bar through to keep them covered and protect your children or pets from harm's way!



Did you know that vodka can be used for things other than a drink?

Flower Preserver - Spray flower stems with a 2:1 ratio mix of vodka and sugar. Repeat every few days.

Laundry Freshener - Fill a small spray bottle with vodka and lightly



spray clothes. The vodka smell goes away when the clothes dry completely. The vodka helps to remove any unwanted odours.

Stain Remover - Vodka effectively gets rid of ink, grass and lipstick stains. Dab stain with vodka and rub the stain away. Add the stained garment to the laundry afterwards for a more thorough clean.

Don't burn fingers with a short match or lighter! With matches or lighters, light candles or grills with a dry spaghetti noodle. It is a lot safer and simple.

Cleaning floors with peppermint tea!

I never thought one of my favourite hot beverages/ flavoured teas could be used to clean hardwood floors. Here's the recipe:

Steep 6 peppermint tea bags into a quart of water. Add one-quarter cup of white vinegar. Add 10 drops of tea tree oil as a disinfectant. Store in a spray bottle, and spritz your mop and clean.

This mixture, because of the

vinegar and the essential oils, will keep for a long time, under your sink.

Never blow balloons up again!

All you need is: Baking Soda, Vinegar, Plastic Bottle, Balloons, 2 Funnels

1. Using a funnel pour vinegar into your bottle. You only need to fill about 1/3 of the bottle.
2. Using another (dry) funnel pour baking soda into your balloon. Fill the balloon about 1/2 way.
3. Cover the top of the bottle with your balloon. Make sure you don't let the baking soda spill into the bottle prematurely.
4. When ready, lift your balloon and let the baking soda fall into the vinegar.
5. Watch as the mixture fizzes, bubbles and expands your balloon!
7. Repeat! Believe me, your kids will want to do this more than once.



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Spring Birds at Miramichi Marsh

Miramichi Marsh (Miramichi Nature Trail) – Located near “Retirement Miramichi” features approximately 2 kilometres of easy to walk trails that wind around three ponds and skirt an extensive marsh area. The trails offer an excellent opportunity to view a wide variety of birds that enjoy a fresh water habitat. There is also a nearby good mix of wooded and open areas that support a diversity of songbirds. Members of the Miramichi Naturalists’ Club have recorded in excess of 100 bird species either inhabiting this area in the summer of using it as a stopping off point during migration. May through July are perhaps the best months to visit as the area is very active through the breeding season. As many as eight

duck species raise their young in these ponds and marshlands in addition to Pied-billed Grebes, Sora, Tree Swallows and Eastern Kingbirds and of course Canada Geese. King fishers, Northern Harriers and Merlins also make frequent visits.



Photos taken at Miramichi Marsh, May 2016
by Peter Gadd.

Above: Eastern Kingbird
Left: Common Yellowthroat
Below: Canada Geese



Miramichiers Who Giv'er! Meet Lloyd Cameron

by Anthony McLean

Recently I had the privilege of interviewing another Miramichier who knows how to Giv'er! Each of the people I have interviewed so far for this regular feature have affected me in some way. After I conducted this interview, I paused and reflected on our conversation. He definitely represents the kind of man that I aspire to be. I felt at ease talking to him. He was calming, witty, genuine, and I am proud to have him as a friend. When I asked him what the word “giv'er” means to him, he replied “Participation, giving back, contributing and sharing your gifts and talents to enhance others and the community around you.” And throughout his lifetime on the Miramichi, he has certainly done that. We met at the Creative Grounds Cafe in Chatham and this was my conversation with Lloyd Cameron.

AM: What was your childhood like?

LC: I grew up in Loggieville on a little farm in a family of nine (five girls and four boys). Four were born before the Second World War and five after, so it was like two families with such a large age gap between each group of siblings. I am the middle in the second family. It was a fun idealized childhood, not like today, as young people don't utilize the creative outlet of playing outside, rather spending a lot of time indoors with video games. We did a lot of exploring in the woods, went swimming in the summertime almost everyday, either at Tyrrell's Point or over the bank at Kingston's shore, played a lot of cricket and baseball and did farming chores. My family had chickens, cows, horses and pigs. We always had a large garden, and in the autumn we did haying. Our house was situated among five other farms that in most cases had an individual of the same age, which gave us about four or five playmates in the neighbourhood.



Anthony McLean (left) sits down to interview Lloyd Cameron, a man who has left a lasting impression on him.

AM: Where did you attend school?

LC: I graduated from Chatham High School in 1968, and then went on to Teacher's College in Fredericton, and then to UNB Fredericton for my Bachelor of Arts and Bachelor of Education. In the summertime while I was going to University, I worked on the Survey Crew for the Department of Highways and was a caretaker of the Pine Grove Cemetery, using a “push” mower and not a “sit-on” mower. I taught at Chatham Junior High School for 16 years, which later became Dr. Losier Jr. High, with one year out in Donnelly, Alberta teaching Reading and Resource to Grades 1 to 3 and then James M. Hill Memorial High School for 17 years, from where I retired. I worked for 33 years in the Education system.

AM: What did you enjoy most during your career?

LC: I taught Language Arts at the Middle School, English Literature and Theatre Arts at the High School level as well as being the English Department Head. Overall, I thoroughly loved teaching, interacting with the students, and exposing them to different themes and concepts in all genres of literature and introducing them to the wonderful world of reading. As well, I enjoyed my involvement with theatre and drama, which is a passion of mine.

AM: What motivated you to create Double L Productions?

LC: I have been passionately involved with theatre since High School. I directed one-act plays, of which I took to the Provincial Drama Festivals for 31 years in a row. I was involved in, directed and produced plays for the Miramichi Choral Society. I also had been an actor in the Miramichi Players, the Loggie House Players and other adult drama groups. After I retired, I missed being actively involved in theatre, so I decided to form my own company. Double L Productions was founded in September 2006, right here in the Miramichi. My first production was held at the Beaverbrook Kin Centre and it was the musical comedy Nunsense. Others include: Godspell, Blithe Spirit, Love Letters, Julian, The Fantasticks, Love, Loss & What I Wore, Mary's Wedding, and most recent was Waiting For The Parade. As well, I was an Assistant Director with Sam Crowell for his play On The Wind. It is difficult to say which would be my favorite, as each production provided a personal level of satisfaction with its creation and development of characters. The greatest satisfaction comes from working with the amazing talented individuals who act as the characters to bring my vision to life.

AM: Besides Double L Productions, do you do any volunteering in or around the community? Do you have any other hobbies and interests?

LC: Yes, I enjoy photography, kayaking, music, anything to do with the Arts, movies and I am an avid reader—BIG TIME! I am on the Board of Directors for the W.S. Loggie Cultural Centre, serving as treasurer, Chairperson on the



Lloyd Cameron with the cast of the play *Mary's Wedding*.

Board of the Vogue Group, treasurer of the Miramichi Liberal Association, and am an active member of Saint Andrew's United Church, Wellington Street, having just finished a three year term as Chair of the Council. As well, I assist behind the scenes with other various organizations in the area. I received recognition for Community Volunteerism from the Province of New Brunswick on Canada Day one year, and was recently inducted into the James M. Hill Wall of Fame by the James M. High School Alumni Association, which was a tremendous and humbling honour.

AM: Is there anything you'd like to add?

LC: I would like to say thanks for the continuous support the community has shown Double L Productions since its founding and also to the individuals who have donated their time and energy both on and behind the scenes of each production, which is very much appreciated.

Anyone interested in being involved in theatre, whether it be acting, being a stage hand, constructing sets, or working on the production crew, can contact Lloyd at lloydecameron@yahoo.ca or call him at 506-773-5101.

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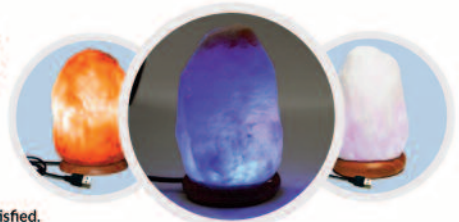


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Kale Chips Recipe

Kale chips make a light, crispy snack that is packed with vitamins and anti-oxidants. This summer add some kale to your garden so you can make this tasty treat yourself.

Ingredients

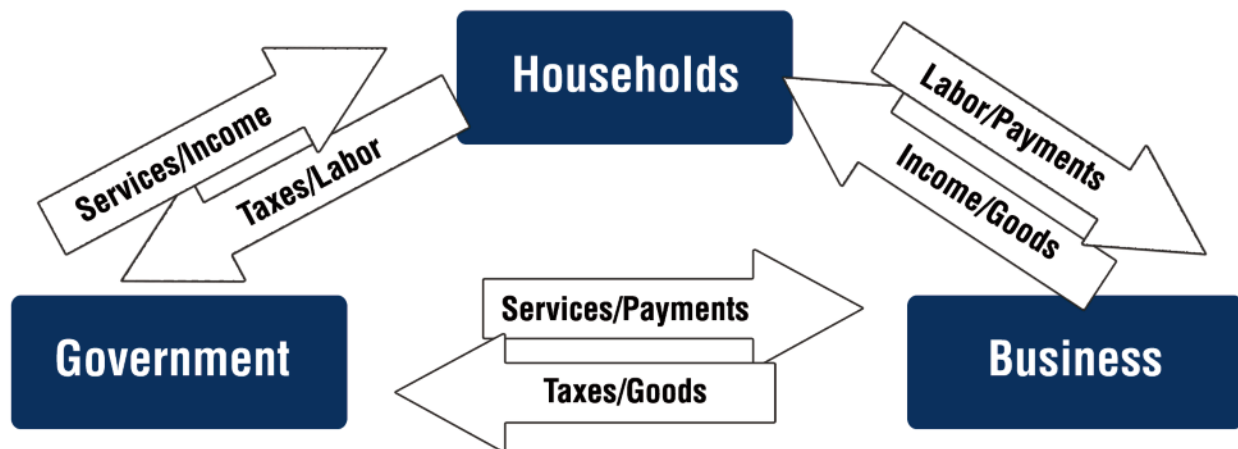
- Fresh Kale Leaves
- 1 to 2 Tblsp olive oil depending on how many you are making
- salt and spices to season (optional)

Directions

1. The key to making crispy kale chips without burning them is to go **"low and slow"** with the baking. Pre-heat oven to 300F and line a baking sheet with parchment paper.
2. Thoroughly **wash and dry** the kale leaves. You don't want any water left on them or they'll end up soggy. Press them between paper towels, shake them, air dry them and leave them on the counter for awhile to until you're sure they are dry.
3. **Separate the leaves** from the stems. You can use a knife or an easy way is to hold the stem between your fingers and slide the other hand up the stem to remove the leaves. Tear them into bite sizes pieces.
4. Place the kale leaves in a big bowl and **drizzle with olive oil**. Using your hands massage the oil into the leaves so they are all lightly coated.
5. Add salt and whatever other **seasoning** you like, or leave them bare. Some people use chili powder or garlic and others like cinnamon! Be cautious with the salt! The kale will shrink up and the flavours will condense.
6. Spread the kale onto the baking sheet in a single layer - don't overcrowd the kale! **Bake for 25 minutes**. Rotate the pan halfway through. They will shrink up and brown slightly. Smaller pieces will cook faster so check on them before the time is up and remove any that are already cooked. Let cool for 3 minutes and enjoy immediately.



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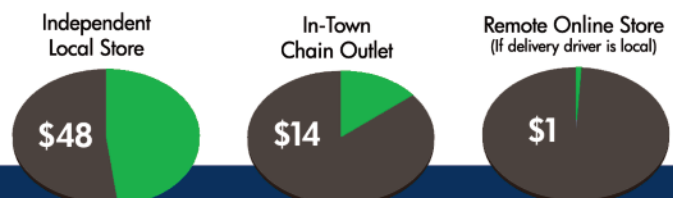
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Provincial Rally Day for Girl Guides of Canada

On May 13th join Sparks, Brownies, Guides, Pathfinders and Rangers for **Fun and Adventures in the Outdoors**. This event is being held at French Fort Cove, one of three places across NB & PEI. The public is invited to come from 9am to 4pm and see what girls gain from being in this great organization. You can bring your girls to learn more about Guiding and stay with them while they get a chance to participate in some of the events with other girls. There will be a PR table with people to answer your questions about Girl Guides. Starting the first of April you will be able to sign up your girls to try out Girl Guides for free until the end of June.



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of Canada
Guides
du Canada

Some of the activities that the girls will be doing are:

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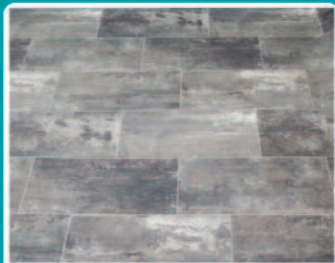
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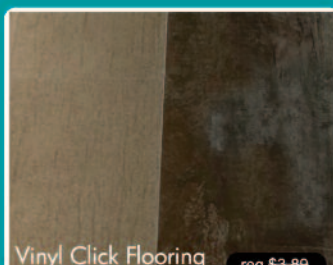
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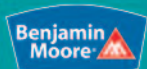


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Isabella in Concert

A Fundraiser for Saint Michael's Basilica, April 30th

By Rick Daley

The Saint Michael's Basilica Capital Fundraising Campaign will be hosting a fundraising concert on April 30th at 7 pm. The feature performer will be Isabella Imperatori. Better known by her stage name, Isabella, is a native of France where she has sang professionally for 15 years before relocating to Canada 17 years ago. She now resides in Rogersville, NB with her husband and their 12 year old daughter.



purpose of raising one million dollars over a five year period to strengthen the financial and structural future of the basilica. To date, the campaign has raised \$510,000 thanks to the generosity of many current and former parishioners along with a few interested citizens who have no direct affiliation with the parish.

The fundraising concert takes places Sunday, April 30th at the Vogue Theatre in Chatham.

Isabella is the Coordinator for the Community Inclusion Network of Northumberland County where she works to reduce poverty and promote social and economic inclusion among our local communities. Outside her working career, singing has remained an integral part of her life where she has thrilled audiences throughout France and her adoptive nation of Canada. Her assortment of music ranges from American and French musical Standards, Jazz, Pop Music, Motown Compositions mingled with some Rhythm & Blues.

Isabella is an experienced entertainer and has performed in front of Miramichi audiences in the past. Her amazing talent and incredible voice have won the hearts of all previous listeners. Her charm and insatiable appetite to entertain is sure not to disappoint.

The Saint Michael's Basilica Capital Fundraising Campaign officially kicked off in June 2012 for the primary

and doors open at 6 pm. Tickets are \$20 per person and tickets will be sold at the door. Advance tickets are available at the St. Michael's parish office in Chatham (778-5150), Brookdale Flower Shop at 488 King George Highway in Newcastle, Family Convenience Store at 231 Wellington Street in Chatham, Creative Grounds Café at 55 Cunard Street in Chatham, Pronature on Highway 11, Esso Service Station in Rogersville and from committee members.

The Saint Michael's Basilica Capital Fundraising Campaign Committee invites the people of Miramichi to a quality performance. Come and experience the beautiful music of Isabella as she will treat you to a fabulous night of entertainment.






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Dining & Entertainment



There is no shortage of live entertainment happening on the Miramichi this spring.

The **JMH Drama Club** presents the musical *Beauty and the Beast* on **Friday, April 28th** at 7 pm, **Saturday April 29th** at 7 pm, **Sunday April 30th** at 2 pm and 7 pm, and **Monday May 1st** at 7 pm. Advanced tickets are available for \$10 at the Chatham and Newcastle Jean Coutu and admission is \$15 at the door on the production dates.

On **Saturday May 6th** at 7 pm the Vogue Theatre in Chatham welcomes **Roxy & The Underground Soul Sound** and **Jacob Strang & The High Class Hussies** on Tickets are \$15 and are on sale now online at EventBrite.com and locally at Mill Cove Coffee.

Lucien & Jimmy the Janitor's Full of Beans Tour takes over the Miramichi on **Friday, May 12th** at 7:30 pm at the James M. Hill Memorial High School. Tickets are \$25 and available online at hubcappromotions.ca/on-tour or locally at Family Convenience in Chatham and Dickison's Pharmasave in Newcastle.

Save the date! The annual **Miramichi Timberwolves Spring Fling** event starts at 8 pm on **Saturday, May 13th**, at the Miramichi Civic Centre.

This summer O' Donaghue's Pub presents an **Artist Showcase Series with Host Terry Whalen** every **Thursday starting June 8th**. Terry Whalen will open each show at 7 pm followed by a headliner at 8 pm who will perform two sets. This series is a continuation of the former Whalen's Barn series, providing world class entertainment every week. Some of the upcoming performers include singer songwriter Rick Tiger from Nashville, Jaclyn Reinhart from Fredericton, Ethan Ash from the UK, Darren Arseneault from Nova Scotia, Keith Hallett from Fredericton and many more.

Steve Poltz returns to Miramichi at the Rodd in Chatham for an intimate performance on **Tuesday, June 13th** at 7 pm. Tickets are \$25 each.

Visit the MightyMiramichi.com Events calendar online to discover even more live entertainment events coming up.

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Vimy Ridge Never Leaves You

by Judy Bowman

Arrive at Vimy Ridge before the sun rises to 8 am. Arrive while the birds are breaking the silent dawn with song. Arrive while mist still lingers and swirls in the shell craters.

Stand. Face the monument. Be still. Listen. Feel the powerful sense of presence in this sacred place, a presence that is waiting and aware.

Is it the spirits of the 100,000 French casualties who died on their attempts to take the seven kilometre ridge? Have they united with the dead from our own four Canadian divisions? One hundred years ago, our troops succeeded where the larger French and British offensives failed but at great cost of life: 3598 killed and 7000 wounded.

Perhaps the dream by Walter Alward, sculptor of the Vimy Monument speaks to this presence. In an interview in 1921, he said he was inspired by a dream.

“When things were at their blackest in France, I went to sleep one night after dreaming of the muck and misery over there ... my spirit was like a thing tormented ... I dreamed I was in a great battlefield. I saw our men going in by the thousands and being mowed down by the sickles of death ... Suffering beyond endurance at the sight, I turned my eyes and found myself looking down an avenue of poplars. Suddenly through the avenue I saw thousands marching to the aid of our armies. They were the dead. They rose in masses, filed silently by and entered the fight to aid the



living. So vivid was this impression that when I awoke it stayed with me for months. Without the dead we were helpless. So I have tried to show this monument to Canada's fallen, what we owed them and would forever owe them.”

You can walk through several trenches lined in neat stone, long clean of the muck, blood and bodies. On your way to the monument, you can mark the shell craters lined with grass and wild flowers. They are behind a wire barrier; many of the fields are still alive with unexploded ordnance.

Even at a distance the monument is massive, and overwhelming in beauty and significance on arrival.

It marks the 11,285 Canadian soldiers who have no known graves. Thousands make pilgrimage yearly. Read the names.

Marvel at the figures vision of Alward. Stand beside the figure of “Canada Mourning her Sons” as she looks down on the Douai Plains 145 metres below. The monument was placed here where the Canadians captured the highest point of the ridge in a frontal bayonet charge against machine gun positions.

Think of what this place means to Canadians, to the descendants of the soldiers, to you. Spend time.

When you leave Vimy, you will discover that Vimy Ridge will never leave you.



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Acts of Caring at The Learning Centre Pre-school

The Learning Centre Pre-school in Miramichi has a unique approach to teaching students about their well-loved community and how to give back to those who are in need. The teachers believe in the power of kindness and that children can greatly benefit from the art of philanthropy. The owner and operator of The Learning Centre Pre-school, Joyce Arbeau states that students learn a great deal about the act of charity and giving back to the community.

"We teach our children how to approach society from a very young age. If we can instill the knowledge and pride that they have the ability to actually change the world, anything is possible!"

Over the years, the Learning Centre Pre-school has held numerous events, including a very special fundraiser in which the students wrote poems "from the heart". The poems were turned into a book called Heartsongs For Haiti and they were sold throughout the community to raise money for the Haiti crisis. The poetry books received national attention from UNICEF and students were published in their monthly newsletter along with special recognition from the director himself. The books were even brought to Haiti for elementary schools to enjoy in their classrooms.

One of the Learning Centre's biggest recipients each year is the Miramichi SPCA.

"Kids love animals and are able to sympathize with their



Students from the Learning Centre Pre-school with their teachers, Mrs. Joyce Arbeau, Ms. Cindi Green Nd, Mrs. Tanya MacPherson.

misfortunes. It is important that they learn the importance of an amazing organization like the SPCA," says Arbeau.

Each year, they hold a "Christmas Masterpiece Theatre" in which the students create a work of art. Parents are then invited to a formal concert of Christmas music and have the opportunity to purchase some delightful masterpieces. Once funds are received, they ask the SPCA what their greatest needs are. Last year, the money completely funded a surgery for a Saint Bernard, who was later adopted. This year, they were able to have three cats spayed/ neutered along with several boxes of

food and items in need.

However, they also believe that the act of giving back doesn't have to involve fundraising or copious amounts of money. It can be felt in the small acts of kindness, like the yearly Christmas mural they create for the Douglastown Post Office, the collection of food for the local food bank, or the items sent to the soldiers overseas. Sometimes just a little note, picture or song to a senior can go a long way!

"We are creating a future of generous, kind little souls. Imagine the strength of character that comes from helping your community at such a young age!"

Arbeau says that these acts of caring show the students that no matter how small you are, there is always something you can do to change the world.

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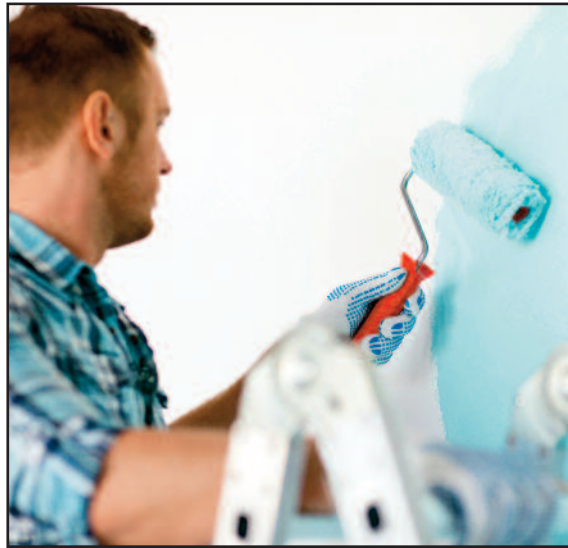
Renovations are around the corner!

As soon as the snow melts, we start to think about that list of “must do” home projects that we started over the winter. And sometimes small things turn into a partial or full-scale renovation. Here is my process for a peaceful, organized renovation:

PLAN! Think of this as the map with directions for your project.

The plan is much more than a list and a quick phone call to a contractor. If you work with a designer or decorator at this stage, before meeting with a contractor, you will end up with a better result. This is not to say your contractor doesn't know what he is doing, he does! But a design professional will spend time on the fine detail decisions and selections. They will take your hopes and goals, transfer them to paper and ultimately bring them to life. If you choose to go on your own, be sure to have a single, unified plan to present to the contractor. The easier and the more detailed this is, the more accurate quote a contractor will be able to give you, saving you time and money.

PREPARE! Think of this as your daytimer or calendar for your project. Preparation is more than just cleaning out the space. Create a “work-back schedule”, which is a schedule you create starting with the date you would like to be done and working backwards. This is a detailed schedule of order dates, contractor dates, arrival dates, basically every major and minor benchmark of the project. Start with a vague calendar to ensure what you want is possible. For example, say it's a kitchen you want to be complete by July 1st, yet when you create your work-back schedule it is May 1st.



Kitchens take at least 6-8 weeks not including demolition, electrical, flooring, space preparation or the tiles and counter-tops. Talk to your suppliers, cabinet makers and all the trades involved to start with the general lead times and work times needed. From there create the schedule and fill in the blanks for more specific details. You cannot get good, cheap and fast. You are better off doing it right the first time.

PROCEED! Think of this like putting your car in drive, it's time to put the wheels in motion for your project.

It's time to execute but that doesn't mean you won't still have paperwork to do. The first steps will include awarding your contractor the job, obtaining permits and having initial meetings with your designer and contractor together. If you need materials,

furniture or lighting, ordering that will be the next step. Allow for order times in your work-back schedule. It is better to have all the “order” items waiting in the schedule queue rather than holding up the project trying to find it.

Clients ask, how did you do it on TV? How did it come together smoothly and look beautiful? Truthfully the preparation took months, but it was worth it. Remember, be reasonable, be firm, but be friendly! Happy Renovation Season.

Jamie Alexander is an award-winning designer, home decor writer and TV personality that has been named one of the “Top 10 designers in Canada”. Hailing originally from Moncton, Jamie maintains clients across the country and can be found from time to time working in the design studio with Julie & Joanne at Decor Haute Look in the scenic town of Neguac. For more information please visit: www.decorhautelook.com | 506.776.0200 | Twitter @JamieLAlexander | Instagram: @JamieAlexanderDesign



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Harkins Grad '67 Reunion

The Harkins Academy High School Class of 1967 celebrates its 50 year reunion this summer with three days of activities. On Friday June 30th, former graduates will tour Harkins 3-4 pm. A Meet and Greet follows 7-10 pm at the Kin Centre. Ev Gray will DJ music of the 60s and there will be a photobooth, finger food and contests. Admission is \$10. At 8 pm, former teachers and invited guests will be introduced. There will also be an "In Memoriam" to students no longer with us.

On Saturday July 1st, a book launch for John Bosma begins at the Miramichi Golf & Country Club at 10:30 am. Five dollars off each book sale will go to a Harkins Grad '67 scholarship for one 2017 MVHS Graduate who was a former Harkins student. Lunch will be available at Mulligans Pub.

Former graduates who purchase tickets in advance from a committee member will get a Boat Ride on the Max Aitken for \$10 and a seat at a reserved '67 Grad Table at the Rock n' Roll Festival Dance that night for \$15.

On Sunday July 2nd the Riverside Entertainment Centre in Douglastown will host a Grad '67 Brunch. The committee needs to know if you plan to attend in order to make reservations. Contact an organizer: Janice Roy, Brian Richards, Carmel Hambrook, Elwin Hubbard, Marion Fitzpatrick, Ernie Maltby, Donnie O'Neill and John Bosma.

Quilt Raffle Winners

The Friends of Seaman's Hospital Craft Group are pleased to announce the winners of their Maple Leaf Quilt. Winners Sandra and Eloi Hebert of St. Simone drove to Miramichi for a visit and to pick up their quilt. All proceeds from the Raffle went towards Miramichi Heritage Inc. (Seaman's Hospital) Renovation Fund.



Photo L to R: Eloi and Sandra Hebert, Judy Vautour and Christel Pond of Friends of Seaman's Hospital Group. - Submitted by J. Vautour

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A logo for UniClean Solutions Inc. featuring a green leaf with a white house icon inside.
A colorful illustration of a woman with brown hair, wearing a red shirt and a pink apron, standing in a kitchen. She has her arms outstretched. The kitchen is filled with various cleaning supplies, including a blue bottle, a green bottle, a yellow sponge, and a broom. There are also some bags of laundry on the floor.

Searching for Sutherlands

by Richard Sutherland, an 'undocumented' Miramichi Sutherland

My 2nd great grandfather, Robert Sutherland (1809-1870) married Elizabeth Thain on 10 July 1838 in Ludlow Parish, New Brunswick. I have evidence (photos of the Ludlow Parish Tax Rolls) suggesting that Robert met Elizabeth in 1837 while both Sutherlands and Thains were working at the lumber camp in Boiestown on the Miramichi. In addition, my 1st great grandfather, Jairus Copperthwaite Sutherland (really his name) was born on 22 Nov 1842, probably in Durham Bridge when Robert, Elizabeth and two infant daughters were leaving Boiestown after the downturn in the lumber industry on the Miramichi in the early 1840's.

Finally, I believe that my Robert was the youngest son of the George Sutherland, who was one of first settlers of this branch of the Miramichi as described by William Mackinnon in this excellent book, *Over the Portage: Early History of the Upper Miramichi*.

I have been unable to document the connection of my Robert to the aforementioned George and am looking for male Miramichi Sutherlands willing to submit a Y-DNA sample to prove our kinship. I'd pay for the cost of this testing. To contact Richard email him at richard.sutherland48@gmail.com.

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Yoshy's Skaters - \$20

Jim Reid - \$20

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Chris Gibson 1 - \$20

Congratulations to this year's winners and thank you to all the participants. Money raised to be used in Rotary projects.

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World Tai Chi and Qi Gong Day

by Dave Bucklow

On Saturday morning, April 29th, from 9:30-10:30am at Ritchie Wharf the Miramichi Tai Chi club will be giving a public demonstration of this amazing Oriental Art that is being referred to as **Moving Medicine**, and everyone is invited to attend. The activity will be followed by brunch at the Goodie Shop.

Tai Chi stretches and tones the body in a cumulative way that is so gentle as to be perhaps the lowest impact exercise there is, and yet surprisingly burns nearly as many calories as downhill skiing.

A recent review in the Canadian Medical Association Journal aims to provide an "Easy to use – How to Guide" for health professionals to prescribe exercise for specific chronic diseases. Tai Chi & Qi Gong will be one of the main exercises



Last years demonstration by the Miramichi Tai Chi Club, led by Dave Bucklow

that can be recommended for many of today's ailments, as so many studies are being undertaken around the world today proving that the practice of Tai Chi & Qi Gong is indeed Moving Medicine. Many of these studies can be seen on the "Science Daily" website, and a library of medical study information can be found on the World Tai Chi Day website.

Evidence indicates that Tai Chi may boost the immune system, slow the aging process and reduce the incidence of

anxiety, depression, fatigue, and general mood disturbances.

If this article has sparked your interest, come to our 16th annual public demonstration at Ritchie Wharf on Saturday April 29th. For more information on the Miramichi Tai Chi Club visit www.taichidave.ca.



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This Old Thing

In our last issue Bernie Colepaugh of the Miramichi Folklore Park in Renous sent a photo of an old thing and asked our readers if they could identify it.



A tool used when making wooden dowels.

We received quite a few responses. Esma Brennan thought it was an item used for making dowels and said there would also be a crank of some kind attached. Ken St.Germain agreed that it was a carpenter's dowelling tool that

attaches to a brace and bit tool and allows one to make dowels or spindles of different sizes. And Linda Bremner's husband, David concurred that this was a furniture makers tool for making dowel rods for chair backs.

Graham McLaughlin said it was a carpenter's tool that makes a design in wood perhaps on a piece of crown moulding. Bill Walker suggested it was a Hollow Auger. June Gallant suggested the item was an old lathe used for either wood or metal. Jim Travis called it a Wheelwrights' Hollow Auger and said it was used to shape tenons on wheel spokes but was also used by chairmakers and ladder makers etc. for tenon shaping.

Jimmie Crawford wrote: "68 years ago I saw a tool like this at work by a Blacksmith named Jack Colford in Blackville. He called it a spoke beveler. It was used to make spokes for wooden wagon wheels, different size holes. He would pat the spoke in a wooden vice and

What is this Old Thing?



turn it with a brace used for boring holes with different size bits. It was also used to bevel wooden chair rungs."

Thanks for all the responses! Bernie says, "This is a tool used in a brace (as in brace and bits) for turning down the ends of wooden dowels for chair rungs, wagon wheels, etc."

You knew it! This month Bernie sent another photo ... Do you know what this is? Email your ideas to submit@mightymiramichi.com. Include "This Old Thing" in the subject line. Next issue we'll publish the correct answer from Bernie!

Nearly 37 years ago a young woman from India and her husband chose to settle in our region. Her husband, a physician, opened his medical practice and rented an office, he hired staff and he went to work. Throughout the years they bought a house, had their children and raised them here as Miramichiers.

Fast forward to 2007 and that lovely woman from India, Mrs. Rambha Pershad, purchased a business—there are few in the region who haven't had a fantastic meal at the Fundyline. In that business she employs between 12 and 14 local members of the community. She pays property taxes and has returned hundreds of thousands of dollars back into our community in direct and indirect economic spin off.

That is the most basic impact of immigration but the true impact of what someone like Rambha means to our community cannot be measured. She volunteers countless hours to causes and organizations. The Schizophrenia Society of NB as the Vice President, Rotary Club of Chatham and the Miramichi Chamber of Commerce, just to name a few. She spends time with those needing guidance and support. She shares her culture and customs with our school children and community members. In short, she is an integral member of our region and without her there would be a void. That is the true measure of immigration, we would be sorely lacking without her and are lucky as a community to have been chosen by her.

There are countless stories like Rambha's although she herself is one of a kind. In the coming months we will look forward to telling some of those stories from our region.

Immigration can and will be a way forward for our City and our region and we'll be lucky to both share our unique beautiful way of life here and to learn a little about others.



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Here We Grow Again!



THE YOGA BLOCK is opening this month in the former Remax building at 829-1 King George Hwy Miramichi. Owned by Nutritionist and Yogi, Vanessa McEvoy, THE YOGA BLOCK takes a traditional approach to yoga and offers a calm retreat to students' hectic lives. The studio offers a selection of classes, including warm or unheated meditation, gentle yin and restorative classes, beginner's yoga, power yoga, YogaTone, Yoga for Seniors, pre-natal, mommy and baby and so much more! If you're looking to meditate, move your body or to find stillness in a tranquil and private space, THE YOGA BLOCK has what you need. www.theyogablockmiramichi.com



Doaktown residents were very happy this winter to welcome hockey back into their community! A new arena, **Prospect Place**, features a heated observation/conference room and can seat 350 for ice events. The arena is available to rent for events year round (without ice) and recently hosted the 1st Annual Fishing and Outdoor Expo. The **Grand Opening** to celebrate the new facility will be held on Saturday May 6th, 2pm-6pm. There will be Door prizes (including one hour free ice rental and four free public skate passes), tours of the facility, local entertainment, free coffee, tea, and cake and the canteen will be open. 22 Prospect Street, Doaktown. Tel: 506-365-0685

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Submissions

If you have photos, stories, tips or tidbits to share we always welcome your submissions. Send submissions to submit@mightymiramichi.com. For photos please send high resolution jpg's (not resized for email) and remember to include your name for the photo credit and the location where the photo was taken or description of the subject matter.



Elaine Gray fishing on the Sevogle River



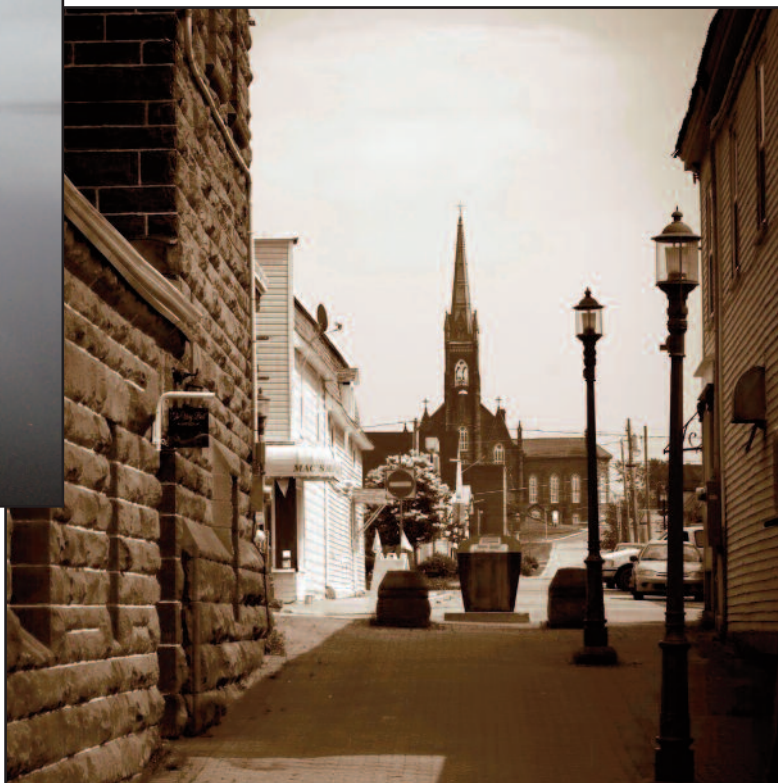
This eagle was hanging out by the golf course when Cathy Martin took his picture.



Kate Holmes captured this photo of Beaubears Island in the mist.



Friends of Seaman's Hospital is a **quilting and crafts group** that meets each Wednesday 9:30 am to 2:30 pm. No membership is required, only an interest in various kinds of crafting. Come visit or join us at Seaman's Hospital, 12 Vye Street, Douglastown (across from St. Samuel's Church)



Looking up the street to St. Michael's Basilica from Waterfront Green. Photo by Carrie Fleiger.

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Organic Waste Reduction Containers are available at the GMRSC - Solid Waste Services office located at 505 Old King George Hwy., Miramichi.

Units are sold at cost price (currently sold at a reduced promotional price).



Contact us for additional information on how to reduce your organic waste or attend any of our upcoming composting workshops throughout the month of May.