

GIVER Miramichi

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Fall 2018



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Cover Photo: The Corn Maze at Fletcher's Farm, photo by John Fletcher

Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Our collaborative mindset is contagious. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and video links about what's up, what's new, what's happening. Keep it clean, keep it positive, and we'll promote it.

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JAKE STEWART

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Re-Elect

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Team Higgs can do much better for a greater New Brunswick. It is important for our children, our economy, our environment and our future.



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(Sisson Brook Mining and Pellet Plant).

YES TO LETTING THE PROFESSIONALS MAKE THE DECISIONS

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YES TO INVESTING IN SENIORS CARE AND HOME CARE WORKERS

by making their work a career, not a job.



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- EDUCATION - putting classroom teachers back in charge of education
- ENVIRONMENT - support green behavior to create jobs and protect the environment
- ECONOMY - No new taxes allowing families to keep more \$

Real Experience
Real Results

What's Happening in Miramichi

Add Your Events on www.MightyMiramichi.com

Sept 22: Atlantic Salmon Museum's 2018 Hall of Fame Dinner and Induction Ceremony - Inductees are: Emery Patrick Brophy of Blackville, Kenneth Joseph Gray of Pabineau Falls (Bathurst), Carl Francis Manderville Sr. (Posthumously) of Bryenton, David Percy Savage of Lower Newcastle, and James H.C. Walker (Posthumously) of Victoria, BC and formerly of Newcastle, NB. It will be held on at the Doaktown Curling Club, 29 Prospect Street. Tickets are \$75 each. To reserve, contact the Atlantic Salmon Museum at 506-365-7787 or email museum@nbnet.nb.ca.

Sept 23: Miramichi Valley High School (MVHS) Fall Market September 23, October 21 and November 18 from 12:00 PM NOON to 4:00 PM. Tables are \$20.00 each or Spaces \$10.00 if you bring your own table. Spaces for each are limited. Contact Sandra Bruce at 1-506-773-0914 for more information.

Sept 25: New Brunswick Genealogical Society (NBGS) Miramichi Meeting The first meeting of the new season begins at 6:15 pm at the Chatham Public Library conference room to get reacquainted and to catch up on news and events. An excellent time for visitors, guests and new members to meet the rest of the group, have a snack and dive into a conversation. We hope this season will be interesting as we collect information on folks from the past and share it through the meetings, the newsletters, our events and the Generations Magazines. Our meetings are on the 4th Tuesday evening of each month with the exception of December, June, July and August.

Sept 25: Seniors' Card Parties (Auction 45's) We're open again for another season of Auction 45's at Seamen's Hospital. Come along for cards on Tuesday afternoons at 1pm to 3pm. Play your winning hands with us. Everyone welcome.

Sept 26: Seamen's Hospital Apple Pie Day "Take it and bake it" apple pies for sale - \$8 each. To order call Seamen's Hospital answering machine at 778-2349. Leave your name, phone number and the time of day you can come pick up your order. We're only going to make 50 pies so call right away!

Sept 26: Friends of Seamen's Hospital Craft Group The program has resumed and new members are welcome! We are interested in sewing and quilting but welcome all craft

projects. We meet on Wednesdays at Seamen's Hospital, 12 Vye Street in Douglastown Miramichi, (just across from Saint Samuel's Roman Catholic Church) at 9:30 am to about 3 pm. Bring ideas, bring your lunch, bring your project, and bring a friend. Come to visit. Learn, share or teach. \$3.00 per week.

Sept 29: Annual Autism Walk and Family Fun Day The walk starts at 11 am at the Waterfront Green. It is a chance for all who are affected with Autism Spectrum Disorder to come out for a fun family day, and for the public to support the autism community. Pledge sheets are available at www.autismmiramichi.com. There will be a free jumping castle, free balloon animals by balloon artists, face painting, BBQ, all day music and a Fall photo booth. See details page 13.

Sept 29: APEGNB Pumpkin Fling at Waterford Green

Beginning at 12 pm noon for the APEGNB Pumpkin Fling. For more information, contact toll free at 1-888-458-8083 or visit www.apegnb.com

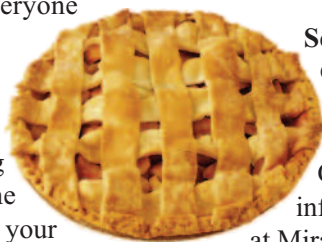
Sept 29 - 30: ADRA Team Race - Final Points Meet - Pro Tree at Miramichi Dragway Park beginning at 10 am. For more information, visit the Miramichi Dragway Park's website or Facebook page or call 1-506-624-7989.

Sept 29: BestKind: A Newfoundland Comedy Tour This Newfoundland comedy trio is taking over the stage at the Vogue Theatre. Doors open at 7 show starts at 8PM. Tickets just \$30 and available at Creative Grounds Café or online at www.bestkindcomedytour.com. Open to 18+

Sept 30: Néguaac Provincial Pumpkin Festival Beginning at 10 am. For more information, contact the Village Office at 1-506-776-3950.

Sept 30: Annual Miramichi CIBC Run For The Cure Registration commences at 11 am, with Opening ceremonies 12:15 pm. Warm up at 12:45 pm and The Run starts at 1 pm at the Kinsmen Centre, 100 Newcastle Boulevard. For more information, contact event coordinator, Judy Gallant at MiramichiRun@ccscloud.org

Sept 30: Annual Fall Supper From 1:30 pm to 5:30 pm, come out to the Nativity of the Blessed Virgin Mary Roman Catholic Church Annual Fall Supper, at 306 Water Street, Miramichi (Chatham Head). Hot



Turkey and All The Trimmings. \$12. Adults, \$13. Take Outs and children 12 and under \$6.00.

Oct 5 – 6: Battle of the Corporations and Gamblers Race and High School T and T at Miramichi Dragway Park

Beginning at 10 am. For more information. Call 1-506-624-7989. Visit www.miramichidragwaypark.com, or find them on Facebook.

Oct. 6: 2nd Annual Community Family Wellness Day To be held at Blackville School on Saturday, from 11am until 2pm. Hosted by the Blackville Mango Health & Wellness Committee, this event is FREE of charge and all are welcome. Come and learn the benefits of essential oils, how to compost, how to meditate and release anger or guilt, learn about Reiki and different wellness groups and programs in the area and so much more! Visit wellness.villageofblackville.com for updates



Oct 6: Harvest Pancake Breakfast and Bake Sale at Darlene's Country Cottage Enjoy a pancakes & sausage breakfast from 9am to 2pm. Choice of Blueberry, Apple or Pumpkin pancakes, includes tea & coffee for \$12. Also home-made bread, donuts, pies, pickles & preserves for sale. Visit

www.DarlenesCountryCottage.com or find us on Facebook. 186 Barnettville Rd, Blackville. Tel: 506-843-7878.

Oct 13: Change Miramichi 2nd Annual Food Truck FEASTival Join us on Waterford Green, 12pm - 1am to feast on a variety of scrumptious food truck offerings. This years event will feature a variety of food trucks, a vendors market, children's activities, and a sheltered eating area. Stick around for an evening of dancing to the tunes of Old School and Fireworks! Food trucks will be operating for the duration of the event! Free Admission! For more information check out our Facebook for updates. Vendors call 622-6565.

Oct 14: Saint Andrew's Annual Fall Supper From 2 to 6 pm on Sunday, come out to the Saint Andrew's Roman Catholic Church Annual Fall Supper, at 4464 Water Street, Miramichi (Loggieville).

Oct 19 – 20: Halloween Carnevil at the Central New Brunswick Woodsmen's Museum

From 7:30pm to 9:00pm, 6342 Route 8 Highway in Boiestown (Upper Miramichi). Dare to enter the Creepy Carnevil. Follow the twists and turns to discover what terror awaits you. Keep an eye out for the Freak Show. Enter through the Gift Shop Entrance! Come rain or shine! Admission: 17+ - \$10, Youth 12 to 16 yrs - \$5, Family (2 adults & 2 children -12 to 16 yrs) - \$20. A proof of age must be presented with I.D. This is a High Scare event. Children 11 and under will not be allowed through. However, a supervised craft area will be provided. Come dressed for the weather as it might

be cold! For more info visit www.woodsmensmuseum.com or call call (506) 369-7214.

Oct 21: Saint Mary's Annual Fall Supper From 1:30 to 5:30 pm on Sunday, October 21st, come out to the Saint Mary's Roman Catholic Church Annual Fall Supper, at 360 Newcastle Boulevard, Miramichi (Newcastle).



Oct 21: St. Raphael's Fall Supper

Turkey and all the trimmings, dessert, tea & coffee, 3:00pm - 6:00pm Adults \$12, Children under 12 \$6, Takeouts \$12.50. St. Raphael's Catholic Church in Blackville.

Oct 25: A presentation by Kevin Hines, a Suicide Survivor, Story Teller Activist and Film Maker beginning at 7pm. Free Admission. Come be inspired and listen to the man who survived the Golden Gate Bridge Jump. In partnership with the Canadian Mental Health Association – New Brunswick Chapter and presented by the Miramichi Community Suicide Prevention Committee, James M. Hill Memorial High School Theatre, 128 Henderson Street.

Oct 27: 3rd Annual Breast Cancer Survivor Wellness Day Theme: "Stand Strong & Follow the Sun" 9 am to 3 pm

To all returning students, teachers, educational assistants, administration and staff, I extend my very best wishes for a safe and happy school year.

Je souhaite une formidable année scolaire aux élèves, aux enseignants et aux autres membres du personnel.

Pat Finnigan

Member of Parliament / Député
Miramichi Grand Lake



50 Chemin Airport Drive, PO Box/CP 338, Miramichi, NB E1N 3A7
506-778-8448 | 1-800-567-5564 | 506-778-8150 (fax) | Pat.Finnigan@parl.gc.ca

at the Ledges Inn in Doaktown. This event is open to all Breast Cancer Survivors. Lunch will be provided by Chef Luc. It promises to be a day of pampering, education and great company. Keynote speaker is Trudy Walsh from Ageless Grace. Please pre-register by calling Lisa Lovelace at 506-365-6100.

Oct 28: Saint Bridget's Annual Fall Supper

From 2 to 6 pm on Sunday, October 14th, come out to the Saint Bridget's Roman Catholic Church Annual Fall Supper, at 12 Saint Bridget's Crescent, Renous.

Oct 28: Saint Samuel's Annual Fall Supper

From 2 to 6 pm on Sunday, October 14th, come out to the Saint Samuel's Roman Catholic Church Annual Fall Supper, at 36 Saint Samuel's Street, Miramichi (Douglastown).

Nov 3: Christmas Craft Sale at the Seamen's' Hospital

Hosted by (Miramichi Heritage Inc.) at the newly renovated Seaman's Hospital from 9:30 am to 3 pm. There will be many splendid craft items which will interest you. Pop in for some early Christmas shopping and wonderful inspirations. Join in the Christmas fun! Refreshments available. Wheelchair accessible entrance. 12 Vye Street, (Douglastown) Miramichi. See you there!

Nov 4: Arlene Joan (Case) Donaher **PINK Memorial 5K**

Run Registration at the Lindon Recreation Centre, 487 King George Highway, from 8 – 8:45am. Run begins at 9am. All MRR Races are \$7, with the exception of kids, as they run for FREE. Contact Brian Richard at 1-506-622-7280 or email scorbord@mac.com for more information visit: www.miramichiriverrunners.com

Nov 4: Annual Fall Supper, Bellefond

Come out to the Pariosse L'Ascension Roman Catholic Church Annual Fall Supper, at 1913 Beaverbrook Road, Beaverbrook - Bellefond, from 1:30 to 5:30 pm.

Nov 4: Saint Peter and Paul Roman Catholic Church Annual Fall Supper

- from 2 to 6pm at 88 Bartibog Church Rd, Bartibog Bridge.

Nov 15– 18: 4th Annual Home for the Holidays

This fundraiser for Hospice Miramichi features a craft and bake

sale, draws, refreshments and the opportunity to bid on beautifully decorated holiday trees. The Angel's Remembered tree lighting will be held at 7 pm, Nov. 15th. This is the fourth year for this event and if history repeats itself it will be sure to put you in the holiday spirit.

Nov 17: Annual Downtowns Christmas Craft Sale and Tea

Room Hosted by the Miramichi Folksong festival, 10am to 2pm, Beaverbrook Kin Centre 100 Newcastle Blvd. Call Susan at 622-1780 or e-mail susanbutler@xplornet.com to book a table.

Nov 18: Poutine, Fricot, Pâtés and Dessert Supper

From 4 pm to 6 pm on Sunday come out to the Poutine, Fricot, Pâtés and Dessert Supper, at The Nativity of the Blessed Virgin Mary Roman Catholic Church 306 Water Street, Miramichi (Chatham Head). \$12. Per person.

Nov 24: Miramichi Kinsmen 20th Annual Big Buck Night

Tickets only \$40.00 for your chance to win a 2018 Yamaha ATV and bragging rights on that big deer.

Nov 24: 20th Annual Gerry Cormier Christmas

To Remember Concert Beginning at 7pm at Saint Mary's Roman Catholic Church 360 Newcastle Blvd in Newcastle. Admission Free will offering for various charities for Christmas.







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- Stress relief and distraction from pain
- Comfort and calming
- Improved self-confidence and esteem



Therapy Dogs routinely offer comfort and companionship in senior residences and care facilities. In hospitals, they provide relief and distraction for patients awaiting treatments.

There are programs such as "Paws 4 Stories" which help children learn to read, and in some communities Therapy Dogs work with youth at risk and children with special needs.

University campus visits are very popular, helping to relieve stress during exam periods. In special cases, Therapy Dogs can be found working with police and fire departments, social workers and psychologists during times of crisis.

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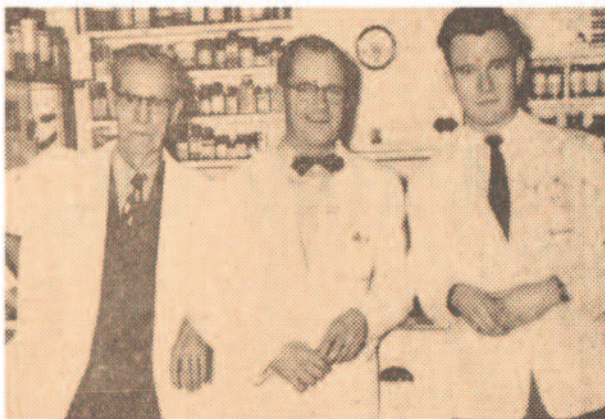
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CM Dickison & Sons, a well-known pharmacy throughout the Miramichi, was founded by Charles M Dickison in February 1921, after he operating another pharmacy since March 1910 with a business partner. In 1921 he had associated with his three sons, Albert, Roy and Charles D, all certified drug clerks. From 1921 to 1954 the business was carried on in the MacMillian Block, Ellen Street. On October 21, 1954 they moved into their spacious new store on Henry Street one of the most up to date pharmacies in the province.



Dickison's Then

In 1924 the Dickison Drug Store at Doaktown was opened by Albert Dickison as manager until his death in 1953. Roy Dickison was with his father and brother in the Newcastle business until his sudden death in 1942. In 1953 a third generation joined the staff, Robert Dickison graduated from Maritime College of Pharmacy, affiliated with Dalhousie University. In 1953 Charles M Dickison retired after 67 years in active business and he passed away in April of the same year.



Three Generations - CM Dickison, CD Dickison, R Dickison

March 1967 brought a change in ownership to CM Dickison & Sons on Henry Street. Charles D Dickison, son of the founder of the firm, who has been associated with the store for 45 years sold the business to Jack Manderville and Frank Dickson. Both men have been members of the staff for 18 years, Jack as book keeper and Frank as certified drug clerk. CD Dickison remained at the store as a registered druggist. The business continued without change under the same name and with the same staff.

1987 brought another change in ownership to CM Dickison & Sons. Stan Knowles purchased the business from Jack Manderville and Frank Dickson. Stan Knowles graduated from Dalhousie University in 1974 with his Bachelor of Pharmacy. Stan joined the staff at CM Dickison in 1976. The business continued without change under the same name and with the same staff.

In 1988 Stan Knowles and his wife Jean opened a new pharmacy in Blackville. In 1994 Stan & Jean purchased Dickison's Drug Store in Doaktown, from Ian Dickison, son of



Jack Manderville and Frank Dickson

the late Albert Dickison. Renovations were completed to the Blackville location in 2001 and new store was built in Doaktown in 2005.

In 1994 fire gutted the Newcastle location on Henry Street. The fire was on April 1, 1994, Good Friday. A reporter with ATV first spotted the smoke coming from the top floor of the pharmacy. He notified the pharmacy and the upstairs tenants. Everyone safely evacuated the building. When the pharmacy staff was told their building was on fire it was 10 minutes before the top floor was engulfed in flames. The staff put everything in the safe, the backup tapes and computer discs. All the computer files were saved and the business was reopened the next day at the Wandlyn Inn. The estimated loss of the building and the stock was \$1.3 million. The store was rebuilt and opened in 1995.



1994 Fire



Scott, Jean, Stan, Jeff Knowles (missing Colleen)
Reopening Henry Street 1995

In 2003 the next generation joined the staff of CM Dickison. Scott Knowles, Stan & Jean's son, graduated from Dalhousie University in 2007 and joined his father as a staff pharmacist. Scott was an active member of the staff and the community up to his sudden death in September 2011.

Katrina Donovan joined the store in 2010 as a professional accountant, business manager, and minority shareholder. Katrina's first job was at the Blackville store in 1991 as a student.

The Bathurst location was opened in September 2015.

2017 saw another change in ownership of the stores. Brian St Coeur and Katrina Donovan purchased the businesses from the Knowles family. Stan Knowles remains on staff at the Henry Street location to provide guidance. The business will continue without change under the same name and with the same staff.



Scott & Stan

Brian St Coeur has worked at the store since 2006, and became a full time pharmacist in 2012.



Katrina, Brian & Stan

Although the ownership of the stores have changed several times since 1921 the store has continued to be a strong supporter of the community and dedicated to being the best community pharmacy. The customers and staff remain the most important part of the store. This philosophy has been passed down through the generation from 1921 to today.

Four locations to serve your pharmacy needs!

135 Henry St., Miramichi West
Tel: (506) 622-3511

75 Main St., Blackville
Tel: (506) 843-6444

341 Main St., Doaktown
Tel: (506) 365-7824

325 Vanier Blvd, Bathurst
Tel: (506) 545-6666



City Hall **UPDATES**

ENGINEERING DEPARTMENT

- **Station wharf** – demolition is complete and the Pier construction is underway.
- **Princess Street** reconstruction underway and has been extended to Howard Street.
- **Route 117 (Wellington Street) Loggieville** - Construction is scheduled to be completed by October 31.
- **Asphalt Paving program** underway and is scheduled to be completed by October 15.
- **Changes will be coming to Sunnyside Avenue** – in October the street will be closed permanently from the tracks to Chipman Street to allow the construction of a new retention pond in the area.
- **Ritchie wharf** – Boardwalk replacement and electrical upgrades are underway.

COMMUNITY WELLNESS & RECREATION

September 17th - Youth Floor Hockey at Lindon Recreation Center. Opportunity for youth to get active and make new friends. Mondays and Wednesdays, 5:30-6:30pm ages 9-12, and 6:30-7:30pm ages 13-17. \$3.00 user fee in effect.

September 21st - Golden Hawk Youth Night begins for another season. Open for youth grade 5-12 on Fridays from 6-9pm. Youth have access to the gym, pool and youth room. Be sure to check out our monthly special events throughout the season. \$3.00 user fee in effect

September 21st - Use it or Lose It. This program is an opportunity for individuals 55 and over to try activities that are offered throughout the community. Activities could include fitness classes, yoga, seminars, art, presentations etc. Join us on Friday mornings at the Golden Hawk Recreation Center from 9am-12noon. \$3.00 user fee in effect or senior seasonal pass.

September 27th - Girls on The Move. A fun 10 week non-competitive fitness program for girls grades 3-8. Thursdays from 6-7:30pm at the Golden Hawk Recreation Center. \$3.00 user fee in effect.

Community Wellness & Recreation and Mango Program are teaming up to offer a **FREE "Beginner 30min Walking Program"**. Walks will take place on:
Tuesdays at 6:30pm at Strawberry Marsh (meeting behind Mazda). Start date: September 11.
Thursdays at 6:30pm around Retirement Miramichi (meeting at Golden Hawk). Start date: September 13.
Open to men and women of all ages and fitness levels. Join at any time. For more information or to register please call Mango office at 627-7564 or e-mail: Mango@HorizonNB.ca

For more information contact Miramichi Community Wellness and Recreation at 623-2300.

PUBLIC WORKS

- Grass cutting on shoulders is on-going
- Asphalt patching is on-going until the end of September
- The last date to have Water and Sewer service installed is OCT 30.
- Tree trimming will be carried out in various area's throughout the City where necessary, for safety of motorists and Pedestrians.
- Please exercise caution in construction zones, obey signs to keep our work crews and pedestrians safe.

Autism Walk and Family Day

Autism Resources Miramichi

The Annual Pumpkin Fling will be hosted September 29th, 2018 at Waterfront Green Miramichi East. Once again Autism Resources Miramichi will be joining in on the Pumpkin Fling celebration. It is Autism Resources Miramichi Inc.'s good fortune to be invited to be part of this wonderful community event. We are so very honored!

We are also hosting our Annual Autism Walk and Family Fun Day in partnership with APEGNB Pumpkin Fling organizers. We urge you to come out from 9:30 am to 12:00 pm for our special fun filled activities. The walk starts at 11am at Waterfront Green in Chatham. Families, friends and community are invited to participate in the walk. It is a chance for all who are affected with Autism Spectrum Disorder to come out for a fun family day. It is also a day for the public to support the autism community. This is an important fundraiser for the center, and we are asking our community to support us by pledging a donation. Pledge sheets are available at www.autismmiramichi.com

The children are sure to be excited to play on the free jumping castle or get a free animal balloon from the balloon artist. In addition we will have free face painting. Enjoy a day of music, and when the tummy is empty, wander over to our



BBQ for a hamburger or hotdog.

Adam Barry will be available to take pictures at the fall photo booth. Adam's photos are simply beautiful. These prints make treasured gifts for parents, grandparents and loved ones.

The APEGN pumpkin fling is from 12:00 pm to 3:00 pm. The pumpkin fling is to be enjoyed by all ages. Come out and cheer on the participants!

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Homecoming: A Road Less Travelled - Book Review

by James M. Fisher

Miramichi author Wayne Curtis has a new collection of short stories entitled *Homecoming: A Road Less Travelled* (2017, Pottersfield Press).

The bulk of the stories centre around two couples, Sean O'Reilly and Amy Black, and Floyd Harris and his wife Beverley. With the exception of Beverly (who is from Massachusetts), all the principal characters in the stories are from the Miramichi. Their lives begin either on the farm or as in the case of Sean and Amy, an orphanage in Bradford (aka Newcastle).

There is a definite progression to each story, although it is not always chronological in order of events.

Reading a Wayne Curtis short story (or one of his many novels, for that matter) is a singular experience, one to be relished and not quickly dispensed with. The beauty of the short story format is the economy of any elaboration and how the author can make us envision places and characters in as few words as possible. While Mr Curtis is not a stark, "bare bones" style of writer, the wordage is sufficient for the ideas and thoughts to be conveyed in a comprehensive manner. Mr Curtis is an unquestionably masculine writer in the manner of David Adams Richards, but with a more resolute, nostalgic outlook on life and events.

These stories are from a time when downtown Newcastle was a bustling place, for it was the main shopping district of

the Miramichi in those days before the advent of local malls and highway driving to big box store and Costco. Travel was primarily by bus or train between the scattered communities

for those not able to afford a car (or cars). "It [the train] was the link to fulfilling my dreams" says young Jack in "The Train"

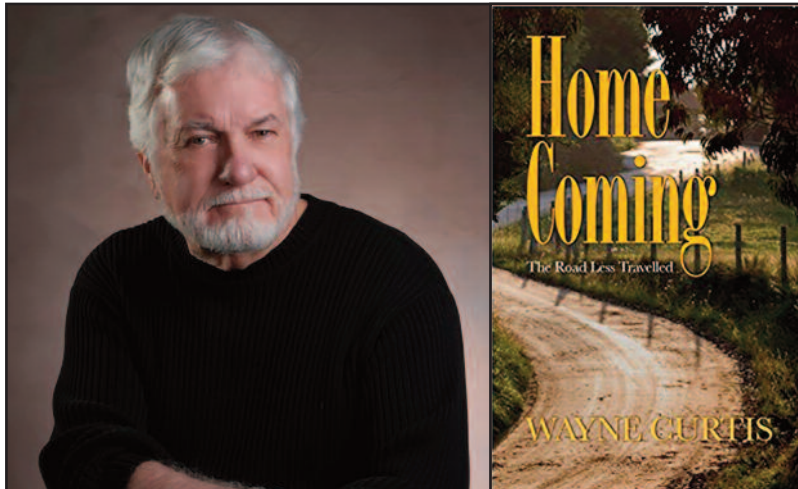
Conclusion

These stories will likely be best appreciated by Miramichiers, but they have a timeless appeal as well, for relationships have not really changed from an internal perspective, only the

external forces have evolved, and all the old ones (money, mental illness, employment) are all still there too.

Homecoming may well be the best work to date of Mr Curtis, at least in this reviewer's estimation. Perhaps due to his age (he is in his mid-70's now) he has a more soulful and deeper intensity behind his thoughts. At any rate, *Homecoming* represents the best in the short story format from one of Canada's most underrated writers.

James M. Fisher is a Miramichi resident who enjoys reading and reviewing books both local and international. You can read more book reviews and author interviews on his site, www.miramichireader.ca





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Electronic Screen Syndrome: The Learning and Behavioral Side Effects on Children

by Brett Gallant, *Adaptive Office Solutions*

The unnaturally stimulating nature of a electronic screens — irrespective of the content — has ill effects in children and can present in many forms; namely mood, cognition, and behavior. The root of these symptoms appears to be linked to repeated stress on the nervous system, making self-regulation and stress management less efficient.

What's the result? Disorganized, disobedient, or oppositional thinking, over-excitement, delayed maturity, anti-social behavior, low frustration tolerance, poor short-term memory, dramatic mood swings, outbursts, tantrums, erratic behavior, addiction, and, eventually, sleep disturbances.

The lion-share of symptoms are completely preventable. How? With an “electronic fast.” This is a four week period wherein all electronic media is off-limits. Odd recommendation, coming from an IT guy, but I've had personal experience with this experiment, and it works!

So which devices have a no-go rule during the electronic fast? TV's, computers, tablets, gaming consoles, e-readers, etc. Limit smart phones to calls and non-conversational texts. Some children can tolerate moderation after a fast, while others seem to relapse immediately if re-exposed.

How much electronic use can be reintroduced? The American Academy of Pediatrics recommends no more than 1-2 hours daily. But, how can you be sure (without being a helicopter parent) that they're adhering to the rules?

There's a nifty little gadget called Circle with Disney, a \$99 device that can monitor your family's online habits; seeing just how much Facebook, Minecraft, or YouTube they get access to in a day. Available online, it hooks up to your Wi-Fi router and monitors the activity of every device connected to your home network.

Limiting electronic stimulation has proven to: reduce aggression, create better/balanced moods, increase agreeability, improve grades, led to better social skills, promote healthy sleep patterns, and... produce happier, more relaxed parents.

What will your kids do with all that free time? Go back to basics, with: board games, crafts, cooking, gardening, building models, reading, drawing/painting, playing outside, take a walk or hike, go swimming, go to the library, visit local attractions, etc.

The more engaged your children are in non-electronic stimulation the less they will suffer the ill effects of Electronic Screen Syndrome. It's time to take back control



and set limits on activities that are proven to damage healthy emotional, intellectual and personal growth.

Do yourself a favour, and just say, “That's enough for today.” In the end, they'll thank you for it.

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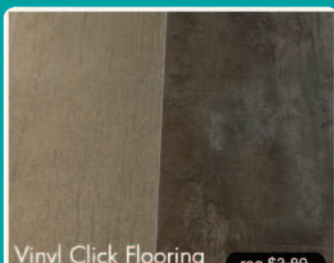


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Miramichi Shrine Club Update

By Dave Bucklow

This past July, the Miramichi Shrine Club hosted its annual Sterling Manderville Memorial Golf Classic. Sterling Manderville is the one who started this golf tournament. He loved the Shriners and being a part of the help and support provided to the children. As an avid golfer, he saw the possibilities for this Golf Tournament to be a good fund raiser for our Children and Hospitals.

Our volunteers were busy running around the golf course, making sure everyone was looked after, as we had lots of top level tourist from out of town and from across the border who attended. The sky opened up at the half way mark, so I'm sure everyone got a good soaking, including myself! But amazingly it did not dampen anyone's enthusiasm. Everyone had a great time on the course, trying hard for one of the "5 Special Hole in One" holes with cash prizes sponsored by RBC.

All teams had access to



Above: Presentation of cheque for \$1000 by Krista Chase of RBC to Miramichi Shrine Club.

Below: Teams showed up, rain or shine, to participate in the Sterling Manderville Memorial Golf Classic



Golf Carts, so no one had to walk, except to the refreshment Cart. The Day ended with a fabulous Chicken dinner, provided by the Golf Club Chef and staff, followed by the prize awards, a crazy auction, a silent auction. For us hard working Nobles, a \$1000 cheque was presented from RBC by Krista Chase, who was also on the course for the whole day, getting wet too, keeping keen eye on the "\$10,000 Hole in One" hole.

A special announcement was also made. As we are still morning the passing of Noble & Ambassador Ken Manderville, brother of Sterling Manderville, our tournament, going forward, will be re-named "The Sterling & Ken Manderville Golf Classic", so both Brothers/ Nobles, will be remembered.

The winning ticket has been drawn for our top prize. The Polaris 4x4 goes to Ayden Muir of Grove Hill, NB. Ticket # 555





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Dining, Theatre and Entertainment

Oct 6 and 20: Seamen's Hospital Dances

Dances are from 8:30 pm to 11:30 pm, at the Seamen's Hospital, 12 Vye Street in Douglastown. \$ 8/ person at the door. No Bar but canteen is available. Everyone welcome!

Oct. 6th: - Live music by "Last Call"

October 20 - Live music with Donna, Tyrone & Friends

Oct 15: Tribute to The Legends of Country Music, by

Country Blend at Saint Andrew's United Church, 188 Wellington Street, Sunday at 7pm. Featuring the music of Dolly, Patsy, Loretta, Kitty, Jeannie, Jim Reeves, Hank Williams Sr., Johnny Cash, Statler Bros., and Willie Nelson. Tickets are \$15 each available at the Church Office, 506-773-9932, Scott's Pharmasave, Dickson's Pharmasave, or by calling Don Walls at 506-773-6885.

Oct 20: The Tennessee Two - Johnny Cash

Come out to the Vogue Theatre from 8 to 10 pm to see the Tennessee Two (comprised of Mario Dube and Luc Leblanc) brings you an intimate evening of all your favorites from Johnny Cash. Bilingual Event/Événement bilingue.

Oct 27: Halloween Dinner Theatre

Come out to The Nativity of the Blessed Virgin Mary Roman Catholic Church, 306 Water Street for a Halloween Dinner Theatre – Roast Beef will be served. For further information, contact Johannes "John" Bosma at 1-506-773-5174.

Nov 4: Dinner Theatre and Song

Featuring plays by Johannes "John" Bosma, songs and plays of Remembrance, a dramatic presentation of In Flander's Fields and two plays about World War II, *The Choice*, and *The Letter*. - based on true events about the last Canadian vessel to be sunk in World War II. The plays are directed by Chris Matheson. Tickets are \$35 each by reservation, call Susan 622-1780 or email

susanbutler@plornet.com. Sponsored by the Miramichi Folksong Festival. Supper is at 5pm.

Nov 14: A Tribute to Hank Williams

Featuring Ryan Cook at the Vogue Theatre from 7:30 pm to 9:15 pm. Along with bandmates the Drifting Cowboys, this two-act feature performance includes 22 songs from the man hailed by many as the greatest country music singer and songwriter of all time. Ryan Cook and company re-animate the sounds of Don Helms' haunting steel guitar, Jerry Rivers' fiddle arrangements, and the yodeling of the lovesick boy from Georgiana, Luke the Drifter himself: Hank Williams.

Nov 17: Fiddle Doo

The Miramichi Fiddlers will be holding a Fiddle Doo at the newly renovated Seaman's Hospital (Miramichi Heritage Inc.) at 12 Vye Street in Douglastown. Come and join us for a lively musical presentation beginning at 2 pm, followed by a pot luck supper.

A great place to eat, grab a drink or meet up with friends.



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Meet a Librarian: Dana Horrocks

by James M. Fisher, The Miramichi Reader

Dana Horrocks is the Newcastle Public Library's new Director and since a librarian is practically every book lover's favourite person, I thought it would be interesting to get to know one better. Dana gladly agreed to be interviewed by The Miramichi Reader.

First, give us a little background. You've only been in the Miramichi a short time, so we would like to know more not only about you but about the road you chose to be where you are now.

I was born and raised a few minutes walk from the beach in Surrey, BC. Thanks to my adventurous parents I was lucky enough to spend three years of my childhood living in Brunei, a small Muslim country in Southeast Asia. Upon graduating the only undergraduate program which interested me was called Renaissance College (a Bachelor's Degree in Interdisciplinary Leadership Studies) which would take me to far away Fredericton. I enjoyed my time there, playing varsity soccer and pursuing courses in creative writing and economics. After graduating I bounced back and forth between coasts- doing an internship at 826 Boston (a non-profit after-school creative writing program for kids), working at Vancouver Kidsbooks (one of Canada's largest independent children's bookstores) and teaching English for a year in Kedgwick (as part of the Odyssey Program.) It was through these pursuits that I discovered the idea of librarianship and so from a snowy Kedgwick, NB I applied to UBC's Master of Library and Information Studies program, and was thrilled to get in. I focused my courses on



Dana Horrocks, Library Director at Newcastle Public Library, Miramichi.

public library service and working with children, youth and families. After graduating I worked as an On-Call Librarian at the Vancouver Public Library for two years before securing a permanent position. I worked at a busy, urban branch for another 2 years before following my partner back across the country to the Miramichi- where lo and behold there was a job opening for a new librarian!

Favourite book(s) or one that you like to revisit from time to time: As a teenager I would re-read all the Harry Potter books before the next one would come out, as an annual ritual, however these days I very rarely return to something I've already read. The one exception would be poetry – I have a

small collection of poetry books which I will revisit when the mood strikes. I certainly have favourite kinds of books, books that feel like a treat, and they are picture books and graphic novels. Books to be savoured!

Can you recall at what point you decided (or thought about) becoming a librarian? Is librarian even the correct term these days? Obviously, it all started with a book. I don't know how I heard about it but I read *This Book Is Overdue!: How Librarians and Cybrarians Can Save Us All* by Marilyn Johnson while I was living in Kedgwick and was blown away. Here was a career where you could advocate for and be part of an organization that upholds the most democratic of values, like access to information and protection of privacy, AND be surrounded by readers and

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reading all day long. I could combine my love of children's literature, supporting literacy and the public policy and leadership I studied at Renaissance College. As soon as I came across the idea of being a librarian, it was so embarrassingly obvious I had no other choice, and I certainly haven't looked back since.

The term librarian is correct, however as libraries across the country employ paraprofessionals to do work which used to be a librarian's

bread and butter people are starting to question what makes a librarian unique and valuable. This is a good thing! We are being challenged to be both current and responsive to our communities, as well as deeply rooted in the values of our organizations and profession. Of course, there are a slough of other names that we have given ourselves to highlight the work we do like information professional, storytime ninja, or Punk Rock Book Jockey!

When you travel, do you visit libraries, perhaps to get ideas? Absolutely – anytime I am in a new town I make every effort to check out the local library and/or bookstore. My partner is usually a good sport, hiding out in the Sci-Fi/Fantasy section while I chat up local staff and take pictures.

Any advice for someone considering Library Science as a career? What are some possible employers available to those who do? Go for it! It's a varied field, you can work in public or academic libraries or for any organization that requires a collection of resources to be managed. I know of people working in hospitals, art galleries, energy companies and not too long ago Beyoncé put out a call for a librarian – so the sky is truly the limit. It is about a core set of skills and values, where you put these into practice is up to you.



Newcastle Public Library

If there is a book that someone feels should be in the NBPLS catalogue, what can they do?

Absolutely, head on over to our website (www.gnb.ca/publiclibraries), click on the Collections tab at the top, then scroll down to find "Have a Question?", use the dropdown menu to select "Make a suggestion for purchase", click SUBMIT and a form will open for you to fill out and submit.

What do you like about living and working in the Miramichi? There are so many things which I love about living here – the quick access to beautiful trails (for dog-walking and skiing!), the lack of traffic and general chaos of the city and the friendly and welcoming people I have had the pleasure of meeting, to name a few. Plus, this summer it felt like there was something going on every single weekend. We enjoyed the food at Ribfest, the tunes at Rock'n'Roll Fest as well as getting out on the river in our canoe. Now, I am looking forward to another beautiful Miramichi fall and cozy nights for reading!

Visit the Newcastle Public Library Facebook page for regular updates on programs and activities they have planned.



James M. Fisher is a Miramichi resident who enjoys reading and reviewing books both local and international. You can read more book reviews and author interviews on his site, www.miramichireader.ca



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Building a Corn Maze Business

A Dream Come True for the Fletcher Family by John Fletcher



The idea to build a Corn Maze in Nelson (Miramichi) was planted in my head close to a decade ago. I had seen a maze online and was fascinated by the idea. However, the seed laid dormant as my wife and me - like many other Miramichi'ers- moved away from home in pursuit of employment. We had moved a lot over the years, and we finally settled - we thought- in Fort McMurray, Alberta in 2014.

On May 4th, 2016 our lives changed forever. Natalie and I, and our two children, Kellan and Kylie, were part of the city-wide evacuation in Fort McMurray due to the dangerous forest fires. As hectic as it was, it was the beginning of a new journey for the Fletcher family. While we were in Miramichi waiting for the green light to go back to Fort McMurray we had some time to reevaluate our living situation. Natalie and I had been away from the river since we graduated high school in 2003 and had always longed for the day we could "come home" for good. We tied up some loose ends out west and put a plan in action to

relocate to the Mighty Miramichi. The Fletchers' were finally coming home.

The Corn Maze,
in a way, was the
proverbial
"handing of the
torch" from one
generation to
the next.

Once our feet were rooted back in Miramichi, I started seriously thinking about creating a Corn Maze business. The seed that laid dormant for all those years began to come to life. I embarked on a mission to know everything there was to know about operating a corn maze attraction. I read books, listened to podcasts, watched hours upon hours of videos on youtube and consulted with some of the first corn maze business owners in North America. My thirst for knowledge was unquenchable.

Entrepreneurialism, agriculture, and ecotourism run in my blood. My grandfather Benedict (Benny) Fletcher use to pedal fresh vegetables door-to-door in Nelson (Miramichi). My father and grandfather operated a Christmas Tree U-Pick in Nelson when I was in elementary, and my father and mother have been running Fletcher's Sleigh Rides for over two decades. The Corn Maze, in a way, was the proverbial "handing of the torch"

from one generation to the next.

When choosing a theme and design for our maze for our inaugural year, we wanted to do something to give back to the region that gave us so much growing up. We chose the Miramichi City Logo and "Discover Miramichi" as our design; however, we didn't stop there. **Our in-maze scavenger hunt**, which has 18 checkpoints, features write-ups and skill testing questions about Miramichi festivals, events, tourist attractions and historic sites. We wanted to showcase the great things there is to do and be part of here on the Miramichi.

Our kids maze takes approximately 20 minutes to complete. We also have a fun park that has a hay bale pyramid with two giant tunnel slides, tetherball stations, a corn box (think sandbox but with corn), tireland, a small toddler hay bale maze and we offer wagon rides that take you around the property and through part of the cornfield.

To say that our family is excited about this new venture would be a gross understatement. Being able to settle in Miramichi, continuing to grow our family (adding Khloe in May 2018), and opening a business that offers an experiential and educational experience for all ages is indeed a dream come true.

For more information call 506-627-1929 or 506-210-3467, visit the website at www.fletchersfarm5.com, email fletchersfarmfive@gmail.com, or find Fletcher's Farm on Facebook. Located at 99 Rasche St (Gerald King Softball Field Parking) in Nelson.



See cover photo of this magazine for an aerial view of the corn maze design.

Navigate your way through our five acre corn maze trying to complete the Miramichi themed scavenger hunt. Then head over to the farm park, climb the hay bale pyramid, roam through the hay bale maze, play in the corn box or go for a wagon ride.



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NIGHT MAZE

Dates: September 14, 15, 21, 22, 28 29

October 5, 6, 12, 13

Time: 7pm-9pm (last ticket sold at 8pm)

Prices: Same as regular maze above

* Customers under 10 years of age must be accompanied by a parent/guardian* NOTE: Bring Your Own Flashlight!



HAUNTED MAZE

Dates: October 19, 20, 26, 27, 28

Time: 7pm-9pm

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Angels Remembered Tree Lighting

And Other Ways to Support Hospice Miramichi Programs.

As Hospice Miramichi is a charitable organization we need to fundraise in order to offset the costs of delivering our free programs to the most vulnerable members of our community. These individuals are experiencing the effects of progressive life limiting illnesses and as a result tend to isolate themselves in their homes. Volunteers with **Hospice Miramichi's Outreach and Day Hospice Programs** are able to show the individual that even though they are ill, they still matter and can make a difference in their community.

One such fundraising event is our yearly **"Angels Remembered Campaign"** beginning in September. For a minimum donation of \$2 given in honour of a loved one, an "angel" is included in our tree lighting ceremony. For a \$10 donation you can take home an angel handcrafted by volunteers. The purpose of the angel campaign is twofold. Not only does the campaign raise funds for Hospice Miramichi but also the individual who is making the donation has the opportunity to honour their loved one which is an important part of the healing process.

The **Angels Remembered tree lighting will be on November 15th** at 7 pm at 14 Howard St. during the **"Home For The Holidays"** fundraiser from November 15th -18th . This is the fourth year for this event and if history repeats itself it will be sure to put you in the holiday spirit. There will be draws, a craft and bake sale, refreshments and the opportunity to bid on beautifully decorated holiday trees.

At the time of this publication Hospice Miramichi will be in the process of constructing a **six bed Residential Hospice Facility on the Gordon Rd.** This facility will provide 24 hour care delivered by palliative trained professional staff to individuals with a life expectancy of 3 months or less who for whatever reason are unable to remain at home to receive their end of life care but do not want to go to the hospital. Even though the provincial government has committed funding to offset the expenses associated with direct patient care Hospice Miramichi will still need to fundraise to cover the expenses associated with programming and non-patient related costs.



The Annual Home For the Holidays Fundraiser will be Nov. 15-18, with the Angels Remembered tree lighting at 7pm on Nov. 15. Come out and see all the beautifully decorated Christmas trees!

If you are unable to attend the above fundraisers consider becoming an **"Everlasting Donor"** with an automatic monthly donation of your choice. Donations can be made through canadahelps.org. Or drop by the office at 14 Howard St. or call 773-7607 for a preauthorized debit form. If we could guarantee 200 Everlasting Donors at \$10-\$20 a month we could support the activities of the Day Hospice Program. We also accept monetary donations at Funeral Homes.

Although we don't like to think about our end of life we need to decide in advance what we see our future health care looking like and where we receive that care. Residential Hospice is your facility. We will help you live to your fullest until you are no longer able to do so. Will you help us?

Volunteers will be at Beaubear Coop on Sept 20-21, the Chatham Farmer's Market on Sept 22, and Giant Tiger on Sept. 28-29 accepting donations for Angels Remembered.



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Submissions

If you have photos, stories, tips or tidbits to share we always welcome your submissions. Send submissions to submit@mightymiramichi.com. For photos please send high resolution jpg's (not resized for email) and remember to include your name for the photo credit and the location where the photo was taken or description of the subject matter. The deadline for submissions to the Christmas Issue is November 7th, 2018



Barn in Napan, by Sharon Stewart



Eagle in Blackville, by Chrissy Dolan

Chrissy Dolan



Photo by Cathy Martin



CVMartin/08/22/17

Background photo by Cathy Martin



Pileated Woodpeckers, by Bernie Gouchi



Saint Michael's Basilica by Bonnie Coughlan



Photo by Emma O'Connor



Lucie and Maisie Thebeault celebrating their special day at Escuminac Beach



Gordon's Wharf, by Bonnie Coughlan

BB

Here We Grow Again!



Trevors Nissan has expanded into a new location to house its ever growing inventory. The dealership is in a state of the art new building and was one of the first Nissan dealers in NB to adapt this new open concept design. The 16,000 sq feet facility offers a contemporary new showroom, and an expanded service centre. Wade Trevors, Dealer Principal and Manager Scott Walsh, remind customers that Nissan has Canada's most comprehensive truck warranty with 5 years / 160000 KM bumper to bumper coverage. www.trevorsnissan.com



The Trevors Group has expanded once again by introducing a new auto dealership to Miramichi. **Trevors Mitsubishi** opened its doors this summer, in July, to much anticipation. General Manager, Martin Arseneau, is happy to be offering the Mitsubishi brand to Miramichiers. "It's a brand that people have been inquiring about for awhile. Mitsubishi has good quality vehicles and they offer a 10-year warranty. And the new dealership brings more jobs to Miramichi." Located beside Trevors Nissan at 1621 King George Hwy. www.trevors-mitsubishi.ca



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www.Trevors-Mitsubishi.ca





The Salvation Army Miramichi Needs YOUR Help this Christmas!

OPPORTUNITIES TO GIVE:

CHRISTMAS HAMPER REGISTRATION

SPONSOR A FAMILY - Provide food and/or toys and gifts for Christmas. Families will be assigned to sponsors on or after Nov 16. Call early to register your family, group, church or workplace.

CHRISTMAS KETTLE CAMPAIGN Nov 19 – Dec 24
GIVE THE GIFT OF YOUR TIME - various shifts Monday through Saturdays at several city locations. Call Kettle Coordinator TRACY at 626-2927 to volunteer.

MAKE A DONATION - clothing, knitted items, food, gift card for teens, toys or monetary donations can be made at The Salvation Army Family Service Office at address below. Make cheques payable to "The Salvation Army CRC".

FILL A SUNSHINE BAG - for men and women – **NEW FULL-SIZE, UNOPENED, UNUSED** toiletries – soap, shampoo, deodorant, razors, toothpaste, toothbrushes. Cellophane bag and suggested list are available at office.

Mon Oct 29 & Tues Oct 30 10:00am – 2:00pm upstairs at Family Service Office. (Singles, couples, families living in Newcastle, Douglastown, Lower Newcastle, Derby, Millerton, Sunny Corner, Halcomb, C.I. Road, Chatham Head, Nelson areas) **MUST PROVIDE:** Photo I.D. (Adults), Medicare and **PROOF OF INCOME** for every member in the household. **Late Registration Thurs, Nov. 1 10am – 12noon ONLY**

The Salvation Army Community Resource Centre,
231 Pleasant St. Miramichi, E1V 1Y6

www.MiramichiSalvationArmy.ca

CALL 622-7826



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Green Fair



Join us to learn what happens to your garbage and recyclables once it leaves the curb. Discover how to reduce the waste you produce, alternative products that are environmentally friendly and more! Over 20 local organizations and exhibitors from across the province will be onsite to answer questions.

LOCATION: Miramichi Agricultural Exhibition, 24 Church Street, Miramichi
DATE: October 17th, 2018
TIME: 3:00pm to 7:00 pm
COST: **FREE ADMISSION! Door Prizes!**

Need a ride? We've got you covered! Reduce your carbon footprint by hitching a FREE ride on the Miramichi City Transit. Contact the Greater Miramichi Regional Service Commission - Solid Waste Services to reserve your FREE ticket.
While Quantities Last.



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