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Grand Prize: July 31

Getyour

**Tickets** 



# **10 PRIZES**

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Draw: May 12



# BONUS DRAWS

100 Prizes

Draw: July 31

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MIRAMICHI



# **RELAY** Miramichi **Relay for Life -** June 8th

The Miramichi Relay For Life organizing committee invites you to be part of the 18th

Miramichi Relay For Life on Saturday, June 8, 2019. This year marks a change in venue for the Relay with all activities taking place at the **Queen Elizabeth Park/Town Square** and Kin Centre locations. The event will run from 5 pm – 11 pm.

The Survivor Dinner, Survivor Victory Lap, Hair Donation Ceremony, and Luminary Ceremony will all be part

of this year's event. These highlights will be complemented by other popular activities including face-painting, a fundraiser BBQ, and a host of local musical talent.

Relay for Life is a noncompetitive relay and participants will take turns walking, running or strolling around the Square. Join us for a night of music, fun and friendship to help beat cancer.



The Survivors Victory Lap is always an emotional part of the Relay for Life. Survivors are invited to walk a lap together to acknowledge and celebrate their courage in living with cancer. Survivors are also recognized at a meal sponsored by the Atlantic Superstore (Chatham) prior to the Victory Lap.

After dusk, the **Luminary Ceremony** takes place. Candles lining the outside of Queen Elizabeth Park, will be lit in honour of cancer survivors or in memory of loved ones who have lost the battle with cancer. Luminaries can be

purchased prior to the event from a relay participant, or at the following locations: Miramichi Medical Supplies, Brookdale Flower Shop, Miramichi Meats (Nordin), Earl's Meat Shop (Exmoor), Saint Andrew's United Church (Chatham), or by calling Helen Mullin at 622-1243. Luminary purchases can also be made throughout the day at the Relay for Life event.

The Canadian Cancer

Society Relay For Life is a nationwide event that brings communities together to celebrate survivors, honour those we've lost and commit to raising funds to fight all types of cancer. With nearly 1 in 2 Canadians expected to be diagnosed with cancer in their lifetime, we all have a reason to take action. Relay For Life brings people of all ages together to raise funds to help Canada's brightest researchers discover breakthroughs that could save lives, and ensure vital support services are available so that no one will have to face cancer alone. The participation of every person, team and community helps us work towards a world where no one has to fear cancer.

Cancer changes everything. So can you.

## Register as a Team or Individual

The committee is currently registering teams, individual participants, and Survivors for the Relay. Teams can consist of family members, friends, or co-workers. Once a team is formed, the Team Captain will be supplied with all the information and necessary materials to facilitate participation in the Relay, and fundraising for the Canadian Cancer Society. The Registration Fee is \$15 per person – there is no fee for Survivors.

To register a team or for further team information, please contact Don Lynch at 773-3282 or Shannon Daley at 773-5528. Teams can register in-person with Don or Shannon, or on-line at www.relayforlife.ca

**Cover Photo:** Boats on the water by Ritchie Wharf during the Striper Cup, photo by Jeff Pendlebury. *Photo inset: Susan Daigle of St. Charles NB with the "bad boy" she caught by Strawberry Marsh.* 

Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Our collaborative mindset is contagious. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and video links about what's up, what's new, what's happening. Keep it clean, keep it positive, and we'll promote it.

**Submissions:** email to submit@mightymiramichi.com **Advertising:** sales@mightymiramichi.com **Tel:** 506-352-7668

Twitter: @mightymiramichi

Facebook: www.Facebook.com/mightymiramichi

Web: www.GiverMiramichi.com

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# Sales & Service



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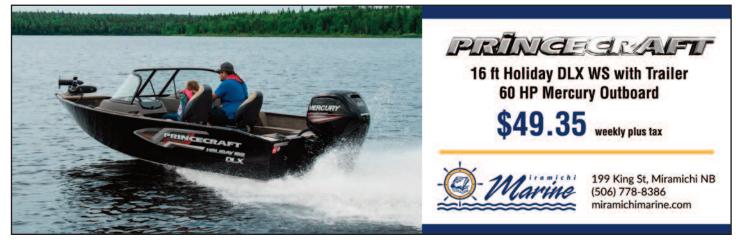


If you are ready to release fears, regrets, resentments and beliefs that do not serve you, then ThetaHealing is for you. See me at the Miramichi Wellness Expo April 20th at Rodd Miramichi and try a mini-session.

> Stacy Underhill, Certified ThetaHealer® www.stacyunderhill.com



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## April 1st to 30th: I Am Mi'kmaq (Ni'n na Mi'gmaw)

Pauline Young of Pauline Young Art is pleased to announce her new Art Exhibition at the Galerie Artcadienne, at the Carrefour Communitaire Beausoleil, 300 Beaverbrook Road, Miramichi. For info visit: www.facebook.com/pyoungART

**April 2nd-30th: Soups On In Blackville** Soup's On is a Greater Blackville Resource Centre project that offers free meals and community spirit to the greater Blackville area every Tuesday in April, hosted by various groups. For dates & locations visit www.blackvilleresource.com or call 843-9024.

## April 5th & 12th: Stations of the Cross Presentations

Come out to The Holy Trinity Anglican Church, located at 298 Main Street, in Blackville, beginning at 11:30 am for this presentation. For more information, contact the church at 506-843-6022 or visit www.crosspurposes.ca.

April 7th: 2019 Miramichi Tartan Day Dinner and Concert Enjoy a evening of toe tapping entertainment along with a cranberry chicken dinner and delectable desserts. This event is hosted by Susan Butler, and features: Miramichi Fiddlers, Jo Ann Lynch, Jimmy Lawlor, Ian Craig, Dawn Patterson and The Villagers. Tickets are \$35 / person by reservation only. Contact Susan Butler at 506-622-1780 or email susanbutler@xplornet.com. Supper begins at 5 pm at Miramichi Beaverbrook Kinsmen Centre, located at 100 Newcastle Boulevard. www.miramichifolksongfestival.com for more info.

# April 12th – 14th: Saint James and Saint John United Church Drama Troupe Presents "The Mapleton Die-Nasty"

A humorous and light-hearted comedy of four sisters who have gathered to hear the reading of the will of their deceased wealthy parents. The doors open at 6:30 pm and showtime is at 7 pm at the United Church Centre, 556 King George Highway. Tickets are \$15 each and are available at the church, Breatheasy Services, Park Place Gifts and Décor or at Brookdale's.

## Easter bunny Portrait Schedule Kim Harris Photography

**April 13th**: Nelson Community Hall, 12-2pm and 3-5pm **April 14th**: Miramichi Exhibition, 10-12pm and 1-3:30pm **April 20th**: Co-op In Nelson, Portraits 12-2pm and 3-5pm (Easter egg hunt starts at 11am)

Prices: Instant Prints \$10, digital images \$15

# **Find More Events**

www.mightymiramichi.com

April 15th: Greater Miramichi Senior Auction 45's Championships 1-4pm at the Lindon Recreation Centre. Admission \$5/person. No partner required. 10 Games auction 45's, 1st prize \$50, 2nd prize \$30, 3rd prize \$20. Open to everyone 55 years & older.

## **April 17th: Easter Bunny Hop**

Photos with the Easter Bunny, jumping castles, balloon animals, games, colouring, healthy treats and a free draw to win a bicycle! At the Golden Hawk gym, 5pm-7pm. Free admission.



# April 19th & 21st: Little Southwest Baptist Church, Sillikers

Join us for our Good Friday Service at 10:30 a.m. and our Easter Sunday Celebration Service on April 21st at 10:30 a.m. Special music at both services.

Everyone welcome!

# April 19th: Station of the Cross at Saint Michaels the Archangel Basilica Roman Catholic Church

The disciples of Saint Michaels the Archangel Basilica Roman Catholic Church invite you to join them in their walk with Jesus through His death and resurrection, on Good Friday. Music at 6:30 pm with Stations at 7:30 pm. A generous donation would be appreciated for the admission! Located at 10 Howard Street, in Chatham. Find the event on Facebook or call 506-778-5150.



April 20th: Miramichi's 2nd Annual Wellness Expo We are back and better than ever, this year at Rodd Miramichi with all the tools, products and services you need to live a healthier life! Promoting overall health and wellness for your mind, body and spirit, come check out this amazing event with guest speakers, exhibitors and an amazing door prize! Open 9am to 5pm. Admission is free for ages 0-17, Adults: \$3. www.miramichiwellness.com

April 26th - 28th: Tall & True: The Ships of Beaubears Island! To commemorate the 175th Anniversary of the Beaubears Island shipyards most productive year, 1844, the Beaubears Island Players will bring history to life on stage with five stories based around ships built on the island. Showtimes are at 7pm and will be at the Miramichi Beaverbrook Kin Centre, 100 Newcastle Blvd. See details on page 14.

April 27th: Comedian James Mullinger Returns to the Vogue Theatre James Mullinger's brand new tour show *Almost Canadian* hits the Vogue Theatre at 8pm. This special show features brand new material as well as classic routines including Maritime Directions. Book now for this show, it will sell out! Tickets are \$20 and can be purchased at Creative Grounds Café,

55 Cunard St or online at www.thevoguemiramichi.com.

May 1st-26th: Miramichi Striper Cup This year's event will expand our top cash prizes and include some awesome prizes from our corporate sponsors. The City of Miramichi welcomes all anglers to this showcase of Fishing Striped bass on the Great Miramichi river. "Catching is more fun than fishing". www.miramichistripercup.ca

May 4th: John Dupuis - Vienna Pianist at Saint Mary's Roman Catholic Church Vienna-based pianist John Dupuis returns to Miramichi with a programme of great music by Beethoven, Chopin, Debussy, Schubert, and the contemporary Canadian composers Gallant and Louie. See pg. 11 for details!

## May 9th: Miramichi Worldwide Cold Plate Take-out

Ham, salads, roll and dessert for \$12. Pick up at Saint Andrew's United Church, 188 Wellington Street, Chatham between 11 am – 12 pm Noon. Delivery available. To order call Bev Jarvis Campbell at 773-5459 (leave message) before May 6th. Proceeds go towards upcoming trip to Guatemala.

## May 10th: Horizon Health Harmonies for Haiti

This fundraiser features musical performances by local physicians and medical staff in support of Haiti Village Health, founded by Dr. Tiffany Keenan. At Carrefour Beausoleil auditorium, 7pm. See page 8 for details.

May 12th: Happy Mother's Day!

## May 13th: Senior Spring Fling

Wear your spring attire and join us at the Lindon Recreation Center from 1-3pm with Last Call playing. Admission \$3/person.

May 14th: An Evening with Steve Poltz at the Vogue Theatre Shine on, Oh Canada! Doors open at 7 pm and the show starts at 8 PM. Ticket are \$25 in advance and are available at Creative Grounds Café, 55 Cunard St or online at EventBrite.

May 18: Third Annual Spring Fashion Show Sponsored by the Miramichi Chapter Special Olympics. Join us at 1pm at Beaverbrook Kin Centre, 100 Newcastle Blvd. Tickets \$15, on sale at Brookdale Flower Shop, Country Floral and Kingston's Car wash. For info call Beth, 506 -773-9981

May 21st: Île Beaubears Island Interpretive Centre Opens For 2019 Season The Île Beaubears Island Interpretive Centre officially opens its 2019 season on this date! Be sure to visit www.beaubearsisland.com and their Facebook page to see what's instore!

## May 24-26th: Rotary Ribfest on the Miramichi

Ribfest is a professional BBQ competition hosted by the Rotary Club of Newcastle and a weekend full of great food, music, a rib eating contest, human foosball competition, vendor's market, children's activities and more. Details on pg. 10.

June 1st: Miramichi Timberwolves Dinner and Auction The Miramichi Timberwolves will be bringing in another wellknown former professional hockey player for their flagship fundraiser of the year. Retired NHL centreman Doug Gilmour will be the guest speaker at the 2nd annual dinner and auction at the Miramichi Civic Centre. The event begins at 5pm and features a meet & greet, cash bar, silent and live auction, door prizes and games.



Tickets for sale at the Kingston's Petro Canada Gas Bars in Chatham, Douglastown and Newcastle.

June 2nd: Annual Gospel Fundraising Concert Hosted by Susan Butler and sponsored by the 62nd Miramichi Folksong Festival, 7pm at the St. Andrew's United Church in support of their summer community kitchen. Admission, free will offering.

## June 15th Kickoff Cèilidh

The Scottish Heritage Association of NB – Miramichi Chapter and Wilsons Point Historic Site are kicking off the season with Frantically Atlantic. Michelle Daigle and Don Rigley, nominees of the 2018 Music NB Awards in the category of traditional/roots artist of the year, have a broad repertoire of East Coast style, Folk, Celtic, Light Classical and Acadian tunes and songs. Free admission. Limited seating. For info visit Miramichi Scottish Heritage on Facebook. Beginning at 7 pm at the Wilsons Point Historic Site located at the Enclosure in Derby Junction, 8 Enclosure Road.

## June 16th: Happy Father's Day!

June 21st and 22nd - Rogersville Country Music Festival This year's festival lineup includes: Charlie Major, Paul Dwayne & Together Again (Reunion), Brian Mallery, Gerald Delhunty, Countryside, Andy Bast, Kevin Chase, Rik Reese, Lisa Richard, Debbie Myers, Jessica McLaughlin, Transistor and Short Sweet Ride. www.rogersvillebluegrass.com/country-festival.html



June 28th – 30th: First Annual Thomas Dunn Memorial Slow-Pitch Tournament. This event will be held during the Canada Day long weekend this summer! The three-day tournament will take place at Centennial Field in Blackville. The tournament committee has issued a challenge to the following groups and teams to participate in this event: Blackville School Grade 9 class, Blackville School teachers, Blackville

School Grad Class, Miramichi Twins Baseball (Thomas' team) and the Renous Renegades Hockey team. More information will be posted as it becomes available. For the latest updates, and to participate, find the event on Facebook.

## June 27-30th: Rock 'n Roll Festival

The festival celebrates its 25th Anniversary this year with the Golden Oldie Car Show, concerts, street dance, fireworks and much more. Get your poodle skirts and leather jackets ready because we're gonna rock the summer! www.rocknrollfestival.com

# City Hall UPDATES

# POLICE DEPARTMENT

## 2019 Seniors Police Academy

Open to Seniors within the City of Miramichi who are 65 years of age and older, beginning April 30th and ending June 4, 2019. This 6-week program will be held each Tuesday morning. Only 12 seats are available. If interested please contact Cindy Stewart, Executive Assistant to Chief of Police at 623-2125.



**PUBLIC WORKS DEPARTMENT** is now operating under summer hours Monday to Friday 7:30 am to 4:00 pm and can be reached @ 623-2020. For emergencies after hours contact 623-2241.

- Damages due to snow removal operation will be reviewed and completed once snow is melted and weather permits.
- Pot hole repair will begin as soon as asphalt plants are in operation. Repairs will be completed on priority basis.
- Complete inspection of all street signs will be carried out and repaired.
- Streets and sidewalks sweeping will begin when weather remains above freezing and will continue until
  completed.
- Spring clean-up/leaf pick-up dates will be announced soon on local radio stations, and local newspaper.

# **ECONOMIC DEVELOPMENT & TOURISM**

The 2019 Miramichi Striper Cup will take place for Individual and Youth Division's May 1st - May 24th, Team Division is May 25th - 26th. Once again, Miramichi Marine, Princecraft and Mercury Marine are giving away two (2) boats. Currently registrations are available on-line at <a href="https://www.miramichistripercup.ca">www.miramichistripercup.ca</a> and beginning May 1st you can register in person at the Eco-Center, 21 Cove Road.

# **COMMUNITY WELLNESS & RECREATION**

A reminder to the public that recreation maintenance crews will be working throughout April/May on getting our outdoor facilities, parks and trails ready for the public to enjoy. Our outdoor facilities officially open Victoria Day weekend. We appreciate the public's patience during this time.

Coming Soon! Our 2019 Summer Program Guide. For more information on upcoming programs and events, Visit us at <a href="https://www.miramichi.org">www.miramichi.org</a> and click on the "What's new and Upcoming" under Recreation and don't forget to like us on Facebook "Miramichi Community Wellness & Recreation".



**Questions or Concerns about City Programs and Services?** 

Contact Us: Phone: 623-2200 Website: www.miramichi.org





# MAY 24TH - 26TH

- A weekend of savory food by award-winning ribbers. starting at 11am daily
- Vendors market on site
- Full entertainment line-up of local Miramichi Talent.
- Join us for our Hot Tent party on Friday headliner Sonny and the Jets at 9:30pm and Saturday with Crossover at 9:30pm

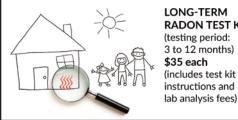


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# Horizon Health Harmonies for Haiti

Haiti Village Health's annual Horizon Health Harmonies for Haiti will be held on Friday, May 10th at 7pm at Carrefour Beausoleil auditorium. The evening features musical performances by local physicians and medical staff, fine wine, hors d'oeuvres, silent auction, raffle auction, photo booth, and more. Tickets are \$20 in advance, \$25 at the door and are available at Town Hill Jewellery,

Miramichi Medical Supplies, Brookdale Flower Shop, Dr. Hudson's office, or by calling 627-2729. All proceeds support Haiti Village Health (HVH).

Haiti Village Health, founded by local physician, Dr. Tiffany Keenan in 2006, is a non-profit group that operates outreach services in Haiti. Recently they moved their clinic from Bod me Limbe, which is now serviced by Care 2 Communities, to another area of Haiti that is severely underserviced in Cap

Haitien. Dr. Pierre Roosevelt, HVH Medical Director, operates mobile clinics in the Cap Haitien region and works with the Cap Haitien Health Network which is comprised of over 30 organizations working in the northern zone of Haiti. Together with the Ministry of Health the network directs services to areas in greatest need.

Obtaining funds to keep the outreach services operational

continues to be an ongoing challenge so we are hopeful that the fundraiser in May will be a great success and we hope that you will continue to support Haiti Village Health through this transition.

All donations to Haiti Village Health will continue to support our physician, Dr. Roosevelt, who is now working to provide essential healthcare at our new clinic in Cap Haitien.

Visit Haiti Village Health's Facebook page or contact us at 627-2729.



Dr. Tiffany Keenan with child in Haiti



# Rotary Ribfest on the Miramichi: May 24-26th

The Rotary Club of Newcastle is gearing up for their annual RibFest, the weekend of May 24-26th. The event takes place in the downtown parking area in front of the Newcastle library Running concurrently will be the city sponsored "Striper Cup" fishing competition, so the waterfront will be turned into a beehive of activity.

Ribfest is a professional **BBQ competition** and will

feature four ribbers from Ontario: Crabby's BBQ Shack, Texas Rangers, Billy Bones BBQ and Fat Boys BBQ, along with Tater King French fries.

Besides food, the weekend will be full of entertainment, including a rib eating contest, human foosball competition, vendor's market, children's activities, musical entertainment, and a multi-faith church service. Rumour has it last year's winner of the rib-eating competition, local wrestler "Homeless Bob" will be back to defend his title. Sign-up will start soon and remember to skip breakfast that morning.



Singers, dancers, and bands will be taking to the stage all weekend long. Friday night features **Sonny and the Jets**, from 9:30 to 12:30 inside the **heated tent**. On Saturday night the band **Crossover** will entertain us from 9:30 to 12:30. Admission is free.

Children's activities on Saturday will be under the direction of The Point Church. Past events have seen jumping

castles, mazes, dancing, and lots of smiles. For a detailed list of activities visit the RibFest website closer to the event.

**Sunday activities** will start with an open-air church service at 11 am, hosted by The Point Church. The service is open to people of all denominations, faiths, and walks of life. Seating will be provided along with uplifting music!

For more information on the Rotary RibFest, check out **www.RotaryRibFestMiramichi.ca**. Remember to Like the "Rotary Club of Newcastle" on Facebook and follow us on Twitter @RotaryFest – see you Downtown!



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# Concert with Vienna Pianist, John Dupuis

Vienna-based pianist John Dupuis returns to Miramichi with a programme of great music by Beethoven, Chopin, Debussy, Schubert, and the contemporary Canadian composers Gallant and Louie.

The concert is **Saturday, May 4th,** 7:30 pm at the Saint Mary's Roman Catholic Church, 360 Newcastle Boulevard. Doors open at 7 pm. There will be a postperformance reception with the artist.



Born and raised in Newcastle, Mr. Dupuis holds Piano Performance degrees from McGill University in Montreal and the University of British Columbia in Vancouver. After receiving his Master of Music degree, he undertook further studies with some of Canada's most eminent pianists, as well as internationally acclaimed American and European artists.

His many years as a Senior Piano Examiner of the Royal Conservatory of Music and member of the Canadian Music Festival Adjudicators' Association took him to most regions of Canada to examine, adjudicate or give workshops.

John Dupuis has appeared in concert as a soloist and in collaboration with orchestras, chamber ensembles, and singers in North America, Europe, and Asia. Germany's Südwest Presse described his Chopin playing as "brilliant" and his interpretation of Schubert's "Der Wanderer" Fantasie was lauded by Blüthner Piano as "one of the best".

From 2009 to 2011, Mr. Dupuis performed a series of concerts for Blüthner, the programs of which included the late piano works of Franz Schubert. He also gave a number of master classes during the same series and was awarded the title "Master Class Artist".

**Tickets** \$25 adults/\$15 for students, on sale at Brookdale Flower Shop, Kingston's Car wash, St. Mary's parish office Any remaining tickets will be sold at the door for \$25 General / \$15 Student. Advance tickets on EventBrite for \$23.

# Exploring Mi'kmaq Culture at Gretna Green School The Next 150 Challenge By Margaret H. Chase

Anglophone North School District has challenged all schools to become champions of change and reconciliation, thus incorporating an indigenous perspective in the District.

The first 150 challenge was celebrating Canada's first 150 years. Now we are embarking into the next 150 challenge, to make it even better. Our purpose in this project is to motivate students in grades 1-8 to take on the challenge.

Gretna Green School is promoting acts of reconciliation by infusing Mi'kmaq culture into our library, classrooms and teaching practices. In our library, we are thankful for our recent visitor, a Mi'kmaq Elder, Donna Augustine (Turtle Woman) for presenting ways of the Mi'kmaq culture. The children circled around the "campfire", sang songs, played percussion instruments (gratitude for Karen Clark's provisions), danced, and displayed handmade items in a makeshift longhouse/wigwam.

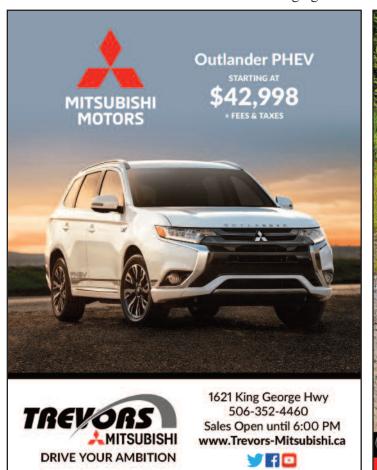
As each class toured the displays in their wigwam/longhouse, they made a commitment by signing their names on a poster made by the **Library Creative Design Team**. The commitment is that our students want to be caring towards friends and people of our community by learning languages and ceremonies/traditions to understand cultural differences and enhance sense of belonging for all



Mi'kmaq Elder Donna Augustine visited the school and spoke to the children about Mi'kmaq culture.

cultures as we learn to become world class citizens.

In preparation for our special guest's arrival, Gretna Green's Learning Library Leaders did research. **The Horticultural Team** learned about The Four Sacred Medicines, what they look and smell like, where they grow and their medicinal use.





Our teachers learned how to make sacred drums and some songs and dances to chant. We plan to invite an indigenous elder to smudge those drums before we use them in our harmony circle. We also performed a cultures celebration on stage at our end of month assembly, where students dressed to represent indigenous cultures from all over the world to the tune of "Celebration - Playing for Change" (Check it out on YouTube)

The Student Engineer Team built a tepee in the library for this occasion that included streamers of the four main colours (red, yellow, black, white), handprints (similar to a real tepee in Eel Ground) that state "Racism, Stop it!" Our students love to read quietly in the tepee during library period. A hand-made origami moon lights up the tepee corner where autographs of people who play a key role in helping us to become world class citizens is displayed.

A poster displayed in the library reminds to keep working on **the keys to lifelong happiness**, which are:

- sense of self
- sense of community
- sense of spirituality
- sense of purpose
- sense of humour

This will enhance our journey to becoming world class citizens.



Students signed their names to indicate their committment to change and understanding cultural differences.

May 23rd - Heart Garden at our grand Heart Garden gathering of the year, we will plant hearts in our school/community garden at dusk, with candlelight and music to commemorate the lives of every child, especially the ones who went through the residential school experience.





# Tall & True - a 5-part Theatrical Production.

The "Beaubears Island Players" have really done it this time. The **informal community theatre troupe**, assembled by the Friends of Beaubears Island, has brought history to life on the stage since 2014, but they've never done anything quite like this. In their pursuit to help raise funds to extend the employment of area students interpreting the past on Beaubears Island, they plan to present not one, but **five stories**, in one funfilled performance.

Tall & True is an original script, a five-part theatrical production charting the course of six Beaubears Island vessels and what became of them after leaving Miramichi. The performance will hit the stage at the Beaverbrook Kin Centre from April 26-28.

The Lovell's Last Battle tells the story of a ship built on the Island in 1797, which sailed the seas armed with twelve six-pound cannons. This tale of action in the midst of the War of the 2nd Coalition against Napoleon, sees the faithful crew of Nabby, Sterling, and Silas try to protect the mysterious Louisa, a stowaway, all the while trying to defend themselves against four approaching enemy vessels.

Lament of Beaufort Castle takes place in 1828, when an intrepid Captain, Peter Jackson, sets off to Africa, and eventually faces down a perilous storm off the coast of Nigeria. A tale of drama in the age of sail, a fellow Captain, John Arden Clegg, and his daughter, Constance, offer their support to the young man facing seemingly impossible odds.

An UnStandard Voyage takes it's name from a ship built at the Joseph Russell shipyard in 1848. It tells the story of four Irish migrants and their 1852 voyage from London to Adelaide. Mary Dennison, a farming magnate, is hoping to begin a lucrative business in Oceania, while keeping the Captain on a short tether during the voyage. Jane Green meanwhile, is looking forward to a reunion with her husband, and trying to secure work for herself. Finally, sisters Nora and Margaret Fogarty are just looking to steer clear of trouble, though trouble seems to have a way of finding them.

Horns to Hold One's Halo is an interesting exploration of how people can be remembered in vastly different ways. Capt. George Pottinger, who skippered both the Equator, and the Ocean Bride, was a Shetland fisherman who had risen quickly through the ranks of the merchant marine. Florida socialite Susannah Guthry was certainly impressed by him. Olive, a domestic retainer, thinks there's something about him people aren't talking about. Businessman, Henry Milvain, thought him to be one of the outstanding merchant captains of his time, but a Sailor who served under Capt. Pottinger tells a different story.

The Sea Mew-tiny closes the performance with retelling of an 1869 insurrection aboard the titular ship, on the way to New Zealand. Capt Harness has lost control of the reins of his ship to Mr. Van Haigh, and though passengers like Miss Bell, her ill brother, and Dr. Ward are very concerned, the only thing bothering crewmen Tom and Bill is the definite lack of rum aboard. This romp is sure to be a rib-tickling affair.

The production promises a great many interesting facts, stories thought to have been forgotten, and is certainly an event that you'll long remember. Even better, your attendance helps local students spend more time at work in our area, educating others about our past and two sites of national historic significance. For further details, contact 622-8526, or info@beaubearsisland.ca.

# Come see Amanda and Franky for all your **SIGII** painting needs.



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### 330-1320 Cals/serving, serves 2

**EXPIRES: MAY 31, 2019** 

"Calories displayed are for items withour toppings or sauces. May not be combined with any other offers. Please present original coupon.



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**EXPIRES: MAY 31, 2019** 

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Sonny@MCGMedia.net

- Websites
- Mighty Banner Ads
- Miramichi Marketplace
- Giv'er Magazine Ads
- River Guide Ads



# Thank You! - from Rotary Club of Newcastle

Since the charter of the club in 1943, members of the Rotary Club of Newcastle have dedicated time and effort to fundraising and volunteer activities in support of community projects and international endeavours - this past year was no exception!

To highlight just a few, we have made donations to our local 315 Newcastle Cadets, provided curling stones to the Miramichi Curling Club for their "Little Rocks" program, provided some new football helmets to the Miramichi Minor Football Association, donated to the 2018 Acadian Games held in Miramichi, and helped to purchase trees for the **Natoaganeg Community Food Centre** for their fruit orchard. We have donated to Sistema Miramichi, whose mission is to inspire children and youth to achieve their full potential through learning and performing orchestral music, raised funds scholarships awarded bursaries to local high school students and raised awareness of polio by collecting funds to eradicate the virus worldwide. We supported the Rwanda **2020 trip** for Anglophone North School District, sent one student to Ottawa for Adventures in Citizenship, and one student to Belgium for a youth exchange (welcoming another from Spain).

Our biggest donations this year were in support of building the **King Street School soccer field house** and the purchase of a **Gamma Lymphatic Probe**, in support of the Miramichi Regional Hospital Foundation. We are pleased with these projects and the wide effect each will have on our community.



We do all this through various fundraisers, including the **Purse Auction** and **Rotary RibFest**, but also the **Scott Knowles Hockey Pool**, **Purple Pinkies**, **Pizza for Polio**, and an **online Facebook auction**. Our members participated in the Chambers of Commerce curling bonspiel, Team Up to Clean Up, and the sale of 75 maple trees to beautify our community. Meetings saw a wide variety of interesting speakers bringing us information about their events, causes, and community happenings.

Thank you to all the Rotarians, Friends of Rotary and most importantly to the Miramichi community and local businesses. Without the generosity of our amazing community of sponsors and donors our goals would never be met. Did we mention the club also turned 75 years old in 2018!

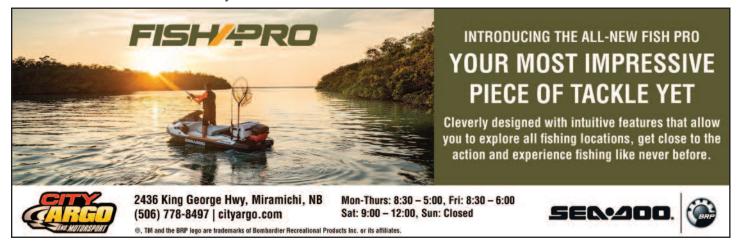
Our Rotary members are in full swing planning this year's **2019 Newcastle Rotary Ribfest** which will be held the weekend of May 24 – 26, If you are interested in volunteering, entertaining, becoming a vendor or becoming a sponsor please email us at newcastlerotary@gmail.com.

Also we are excited to begin planning our 2019 Newcastle Rotary Purse Auction that will be held in late October. So keep checking our Newcastle Rotary Facebook page for updates.

Finally, we ask you to please invite friends and family to like our Facebook page, ww.facebook.com/newcastlerotary.

Service clubs depend on the support driven by getting information out to the public, and ours is no exception.

Thank you for your support!



# Mary's Tips & Tricks for Your Hair

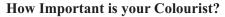
By Mary Mitchell, Studio M Hair

## Lets Talk about Colour!

I have spent many years in the beauty industry working with colour teams, colour companies, teaching colour, helping to develop and launch colour lines, and studying with chemists to understand colour.

Colour is a powerful tool that is limitless. Colour allows us to express ourselves. It brings out creativity and personality and creates emotion. Colour makes us happy and is just plain fun!

Colours are so versatile, they can be classy, mysterious, edgy, dramatic, minimal, provocative, strong, rebellious, sophisticated and more!



Your colourist is the most important person to help you look at colour from a fresh perspective and to build communication to put the plan in place for your unique colour. Your colour should enhance and showcase your cut, bringing it to the next dimension by giving your cut-colour a creative balanced illusion of shape, texture, length, lightness-darkness, movement and shine. Colour will also enhance your face and complexion by using current placement techniques like balance of dark — medium - light colours, seamless and natural looking fade outs, shadow roots, warm-cool tones in the same palette for dimension, peek a boo and more!

Communication with your colourist is key to achieving



quality results with a cutcolour, grey coverage, and after-colour care routine that will nourish and protect your hair.

To give you, the client, the best advice for your hair transformation, your colourist must take into consideration your likes & dislikes, lifestyle, personality, skin pigmentation, face and body shape and low verses high maintenance colour. These are the things to be discussed and planned with the client to

create their personal canvas.

The colour that will define the year ahead with all four fashion seasons will embody fun, energy spirit and nature. Think vibrant colour, tone on tone, runway coral, warm to cool silver, brunette, pastel amber and platinum! What tends to be the trend are things that make us happy!

Considering a new colour?

Talk to your colourist and JUST DO IT!



Mary Mitchell is a proud Miramichier who has worked for over 30 years in the beauty industry as an educator, consultant, art team member and successful salon owner of Studio M Hair in Newcastle. Mary is passionate about educating her clients and working with them to achieve the best results for their individual needs. Visit: www.mstudiohair.com



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# Miramichi Art Core Upcoming Events and Exhibits

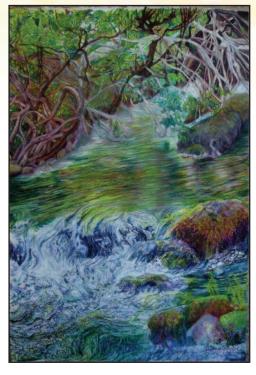
# Dueling Artists at the Rodd. Saturday May 25th, 2019, 5pm- 9pm Admission \$10/person or \$20/Family

Come out for an evening of music and fun while observing local artists quickly produce improvised paintings. Each artist will compete in two timed rounds of 20 minutes, six artists per round. One final winner will win \$150.

The audience will vote for their favorite artwork and can also bid for the on-site paintings in a Silent Auction.

Artists wishing to participate must register online at www.miramichiartcore.ca and submit two jpg photo samples of your artwork to qualify. Send jpgs to Jayshree Rai at alvarai2@hotmail.com

Everyone 18 and over welcome. Free coffee available. Cash only ATM on site. Restaurant & bar available.



# Art Tells Stories Exhibit May 29th to June 6th.

At the Newcastle Library, Miramichi

As in previous years this event is shared with our colleagues from the Bay Breeze Art Gallery in Bathurst. Our theme this year is Ghosts, legends and folklore of Northern New Brunswick. The hours for this event are the same as those of the Newcastle Library. Tuesday & Wednesday: 1pm-8pm and Thursday to Saturday: 10am to 5pm. We hope to see you there, bring a friend or two, it is free to the public and all artwork is for sale.

Left: Painting by Gloria Savoie, member of the Miramichi Art Core.







## **Annual Plein Air Festival**

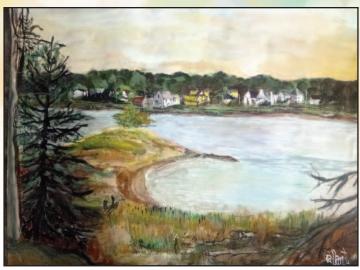
## July 19th and the 20th, in Bathurst

Held in conjunction with the Bathurst Hospitality Days, many of us will be set up along Main Street in the downtown area. Main Street will be cordoned off for the public to meander about to view the old cars and perhaps lounge outside in the sidewalk cafes and outdoor bistros. The Show and Shine is Saturday for this event. All artists will display their finished work outside the Bay Breeze Gallery at 82 Douglas Avenue, for direct sales. This is a change from prior years when we had displayed new works for a Silent Auction. This year we will price each work separately to be sold and taken rather than displayed and picked up at the end of the Festival.

Many in the Miramichi Art Core like to paint outdoors

so you may see us painting during the Irish Festival in Chatham or later in August at MacDonald Farm. If you see any of us, don't be shy. Come talk to us. We are very approachable and are happy to talk about our work.





Above painting by Linda Gallant, Miramichi Art Core President

## Join the Group!

The Miramichi Art Core meets on the last Sunday of every month at Carrefour Beausoleil from 3pm to 4:30 pm. Those meetings give us the opportunity to share new work or ongoing projects. We discuss what is happening in the art world throughout the province and encourage each other through our artwork. You are welcome to join us, no experience necessary. We are always looking for new members to share with and inspire us. For more information contact: info@miramichiartcore.ca







# The Friends of Seamen's Hospital Craft Group

As a crafter myself, I was curious when I heard there were ladies quilting and crafting at the Seaman's Hospital on Wednesday's, so I popped in for an unexpected visit! They were all very welcoming and eager to show me all the beautiful and interesting projects they were working on. Here are a few photos from that day - from the ones who weren't camera shy! New members and curious visitors are welcome to attend! - Stacy Underhill



L to R: Mary Lou Clark (in the back on sewing machine), Anna Kingston, Lima Hallihan, Carol Mae Matchett, Blanche Roach, Judy Vautour, Dorval Giberson, Georgia Halavrezos.



A darling baby quilt made by Lima Hallihan.



Dorval Giberson is shown here making fussy cuts for a quilt project. A fussy cut is a piece of fabric that's been cut to target a specific area of a print.



This delicate, but sturdy, tatted bowl and earrings were made by Judy Vautour. Tatting is an old thread weaving technique for handcrafting lace from a series of knots and loops using cotton or linen thread.



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These are a few of the quilt blocks made by Blanche Roach depicting the different seasons. This is an example of an appliqué quilt made from sewing cut-out fabric shapes to a background.



This beautiful cross stitch deer is a work in progress by Elsie Stefanyk of Burnt Church.



The above pillow is an example of Swedish Weaving, made by Mary Lou Clark. The weaving is done by hand and the pillow was sewn together on her vintage Singer sewing machine.

## Join the Group!

The Friends of Seamen's Hospital Craft Group have weekly get-togethers on Wednesdays at Seamen's Hospital, 12 Vye St, Douglastown. The doors open at 9:30am and close at 3pm. Everyone is welcome. Bring your project, your lunch and \$3 for the day. Everyone shares their interests and learns from each other, so no matter what your skill level or age, the ladies will welcome you in and maybe teach you a thing or two! And you'll definately make new friends.



# Miramichi's newest retirement living community opening in spring 2020

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# **SNAP® - Stop Now and Plan**

# Teaching Children to Make Better Choices.

SNAP® is a simple technique that causes children to stop and think before they act and make better choices in the moment.

This 13-week program is delivered in local schools by Boys & Girls Club staff to boys and girls ages 6 to 11.

## **SELF-CONTROL:** The Heart of the Matter

SNAP® concepts are taught through discussion, role play, activities and relaxation techniques.

## **Program Goals:**

- Learn how to make their problems smaller not bigger.
- Start to feel better about themselves.
- Avoid trouble and become GREAT problem solvers!



Stopping themselves (e.g., by counting to 10 or taking a deep breath) as soon as their body begins to react (e.g., throbbing head, tension, feeling hot). We call these reactions body cues.



Identifying any hard thoughts (e.g., "he's doing that to make me mad") and replacing them with helpful/realistic coping statements, or cool thoughts (e.g., "I can handle this").



Picking a plan that meets these three criteria: 1) makes the problem smaller instead of bigger, 2) doesn't hurt anyone or anything, and 3) makes them feel okay.

What if we told you that SNAP® can actually 'reset' a child's brain in just 13 weeks?

Well, it's true.

In a study jointly conducted by The Hospital for Sick Children and the University of Toronto, leading researchers found that as children learn to use SNAP® and develop self-control and problem-solving skills, there is increased activity in the regions of the brain responsible for monitoring self-control.

### **About SNAP®**

SNAP® was developed by Child Development Institute, an accredited children's mental health organization in Toronto, in 1985. Since then, the program has grown and evolved into an internationally recognized model for teaching



Students in the SNAP® program at Nelson Rural School.

children effective emotion-regulation, self-control and problem-solving.

Boys & Girls Club of Miramichi is a Licensed Affiliate of the Child Development Institute (Toronto). Staff are trained by the Child Development Institute and deliver SNAP® in local schools.

Miramichi is the only community in NB with a SNAP® program for children.

This school year, over 400 children will get the SNAP® Program delivered by Boys & Girls Club at five participating schools: Nelson Rural, Max Aitken, King St., Gretna Green and Millerton.



Free! SNAP® is one of the many programs offered by Big Brothers Big Sisters/Boys & Girls Club in our community.



**Inquiries welcome:** Tel: 778-2444

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# Here We Grow Again!



Harvey's® & Swiss Chalet®, two of Canada's most recognized and loved brands opened under one roof in Miramichi in late 2017 by local Miramichier, Mark Donnelly. The new modern building is designed by Recipe Unlimited® to offer dine-in, take-out or drive-thru while mixing menu items from both Harvey's® & Swiss Chalet®. Since opening, a few new services have been added. Full table service is now offered Friday to Sunday to give guests a full experience. An off-premise catering service is now available and Swiss Chalet® has served as few as 8 meals up to 75 meals at one time. Guests can also use Swiss Chalet's® online app to place their order and specify the time they will pick it up, and choose to pay online or when then arrive at the restaurant. Guests can also come through the drive-thru to pick up their online order. Delivery is also available. Mark and his team invite you in to experience Harvey's® & Swiss Chalet® in Miramichi, at 2470 King George Highway beside Cineplex. Better Together!



George's Pizza & Subs has made some changes this year, they've moved to a new location and have a new owner, Cole Theriault. Cole is a 21 year old who loves to cook and is enjoying serving the same great food and recipes that everyone has come to love from previous owner George White. Formerly at 33 Johnson Avenue, George's Pizza has moved to 41 Cunard Street (former Hollywood Hair Location) in Chatham – Miramichi East. Customers are raving about their light and crispy crust, and Trip Advisor comments are calling George's pizza the best pizza in not only New Brunswick, but in Canada as well. Their menu is small but it focuses on what they do best - Pizza, Subs, and Garlic Fingers. All home-made and the dough is made fresh daily and their prices are very reasonable. Customers can Eat-in or take-out. Visit them online at www.facebook.com/georgespizzaandsub. Open Tuesday to Saturday from 11 am to 7 pm.











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# Submissions

If you have photos, stories, tips or tidbits to share we always welcome your submissions. Send submissions to submit@mightymiramichi.com. For photos please send high resolution jpg's (not resized for email) and remember to include your name for the photo credit and the location where the photo was taken or description of the subject matter. Deadline to submit to the Summer 2019 issue is **May 31st**.





Jean Joudry submitted the above photos which were taken in May 2018, only one week apart, at the same location!



Vicki Mahabir captured the beauty of these new buds covered in frost from a surprise spring snowstorm.



Colourful flowers with the Miramichi River in the background. Photo by Sharon Stewart.



This gorgeous crabapple in full bloom at Ritchie Wharf gives us hope that summer will soon be here! Photo by Bonnie Coughlan.

# Bird photos submitted by Peter Gadd



**Gray Catbirds** are quite common. They are named for the quite loud "meow" like call they make. Photo taken at Miramichi Marsh.



Above: Eastern Wood-Pewee

Right: Chestnut-sided Warbler, female, after a bath.

Photos taken at Miramichi Marsh.



This Carolina Wren was at our feeders in the fall and stayed until the end of January. Its feathers are a little ruffled! It has been found recently to breed in New Brunswick but even so, it is somewhat rare. It is really at the northern most reach of its range. It is not migratory. It was very dependent in the winter on peanuts but also able to find insects in various life stages, even in the winter. I don't know why it left our feeders, it was doing well it seemed. It might be that it gave up trying to find a mate here and moved on. Too, it might have been taken by a Sharp-shined Hawk, a Cooper's Hawk, a Merlin or a Northern Shrike, all of which have come by our feeders this winter looking for such a meal!





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*Time:* 6:30 p.m.

**Location: St-Wilfred Golden Age Club** 

1270 Route 450, St-Wilfred

# Blackville

**Date:** April 29th, 2019

*Time:* 6:30 p.m.

Location: Blackville Municipal Office,

12 South Bartholomew Rd, Blackville





# **Upper Miramichi**

**Date:** April 25th, 2019

*Time:* 6:30 p.m.

**Location:** Upper Miramichi Community

Centre, 6094 Route 8, Boiestown

# Miramichi

**Date:** April 30th, 2019

*Time:* 6:30 p.m.

Location: Miramichi Kin Centre

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