

GIVER

Miramichi

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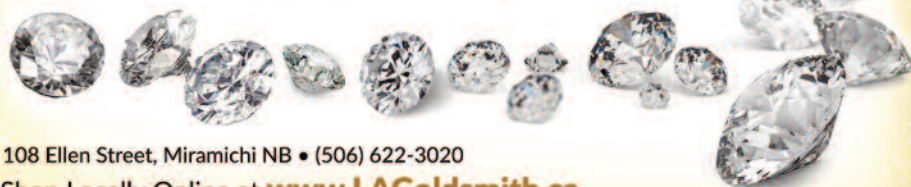
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Cover Photo: St. Michael's Basilica in Miramichi at Christmas. Photo by Bonnie Coughlan.

Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Our collaborative mindset is contagious. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and video links about what's up, what's new, what's happening. Keep it clean, keep it positive, and we'll promote it.

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Find More Events
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Nov. 16th to 22nd: Hospice Miramichi Home for the Holidays

This year's event will be held online, where you can bid on a beautifully decorated Christmas tree or one of the other outstanding auction items. Over a dozen Christmas trees will be on display at local businesses around Miramichi and surrounding areas. 100% of funds raised will go directly to support the programs and services offered by Hospice Miramichi. Details on pg. 26.

Nov. 21st and 28th – Saturday Christmas Market at the Newcastle Farmer's Market

Two special Christmas markets are planned this year to be held on Saturday from 10am to 2pm at the Lindon Recreation Centre, adjacent to



the Miramichi Civic Centre in Newcastle. Featuring your favorite as well as new vendors and local products. These are in addition to the regular Friday markets.

Nov. 21st – Christmas Market at the Nordin Recreation Centre

We will have a wide selection of vendors under one roof with everything from delicious home cooking, crafts, woodworking, wreaths, scents for your home, food storage, cleaning products, makeup/skincare, and more! Come out and support local small businesses and have a jolly good time. Happening from 11 am to 3 pm. **Also on Saturday, Dec. 12th from 10 am to 2 pm!**



Nov. 25th – Atlantic Salmon Museum Last Luncheon for 2020

Year Vera's Kitchen is cooking up one last luncheon for the 2020 year – Take-out only. There are some deliveries available – please ask about them when placing your order. This delicious lunch consists of stuffed chicken breast with mashed potatoes, vegetables and dessert. Pre-order for just \$15 by calling 506-365-7787.

Nov. 28th –Merchandise Bingo in Doaktown

Our Lady of the Annunciation Roman Catholic Church will be hosting this bingo. The doors of the church hall open at 7pm and there will be canteen services



available. Note: Please bring your dabbers, wear your masks and respect the social distancing requirement. Located at 714 Main Street.

Nov. 28th – A Handmade Christmas Craft Sale

Come out to the Nordin Recreational Centre to stop by and see crafts and creations by many local vendors from 10am to 4pm! For more information, contact Shelley LeBlanc at 506-622-3360 or email: shelleblanc@gmail.com.

Nov. 28 – Rogersville Christmas Parade

The Village of Rogersville will be hosting their annual Christmas parade again this year! The parade begins at the UNI Cooperative and will end at the Ecole Etoile



d'Acadie. They are presently looking for participants. If interested, contact the Village of Rogersville at 506-775-2080 or by email at rogervil@nbnet.nb.ca. The deadline is Tuesday, Nov. 24th!

Nov. 29 – Miramichi Presents Santa's Little Helpers Market

Come out to the Miramichi Agricultural Exhibition Association, 24 Church Street in Chatham from 10am to 3pm. Admission is FREE, and stop in and support our local vendors and you will find something for everyone on your gift list here. Please wear a mask. There will be photographs with Santa from 10am to 12noon and 12:30 pm to 3pm. Tickets will also be on sale for a basket of crafts with all proceeds going to the Miramichi Multiple Sclerosis Society. For rental information email: margaret.teslenko5@gmail.com.



Nov. 29 – Annual Tiny Art Works Show The 2nd Annual Miramichi Art Core's Tiny Picture Show will be held from 9 am to 5 pm at the Knights of Columbus Hall, 345 Campbell Street in Newcastle. All work for sale is 8 x 10 or smaller and \$50 or less. This is a cash only event. Limited 10 patrons at a time and masks must be worn.

Hand Sanitizer at the door, direction arrows and distancing markers. www.miramichiartcore.ca

Dec. 12 – Country Christmas Craft and Bake Sale



Join us for the annual Country Christmas Craft & Bake sale at Darlene's Country Cottage, 186 Barnettville Road, from 10am to 2pm. There will be a variety of crafts and baking, including: meat pies, fruit cakes, apple pies, sweet trays, raisin brown bread, donuts, pickles, jams, jellies, christmas ornaments, wreaths and decorations, knit socks, hats, mitts, beaded christmas spiders, assorted crafts and gift ideas! For large baking orders please call in advance at 843-7878.

Dec. 12- Walking Tour of Nelson

The Friends of Beaubears Island and their community partners will raise awareness of the history in the former village of Nelson-Miramichi, when they stage a Walking Tour of Historic Nelson on Dec. 12 from noon until 3pm. The experience will feature commentary on several historic sites in the Nelson area. Details on pg. 20.



Thursday Night Bingo and Chase the Ace Draw

Bingo is held every Thursday night at the Newcastle Lions club, 324 Morrison Lane. Doors open at 5pm, early bird game at 6:30pm, regular games at 7pm.

Riverside Treasures Gift Shop

Now open for the Christmas season at the **Atlantic Salmon Museum**. Open Wed. to Sat. 10 am– 4 pm. We have new items in our gift shop to help with your Christmas shopping; Tickets for Chase the Ace and our Salmon Museum and Friends lottery will continue to be on sale; and some very special baskets will be raffled off right up until Christmas week. Check our Facebook page at Riverside Treasures for regular updates. 263 Main Street, Doaktown

Seaman's Hospital Craft Group meets at 12 Vye Street, Douglastown on Wednesdays from 9:30 to 3 pm. Come and join us! Bring your craft project, lunch, \$3 dues, as well as hand sanitizer and mask.



Warm wishes for a safe and healthy holiday season.

Des vœux chaleureux pour un temps des fêtes sain et sécuritaire.

Pat Finnigan

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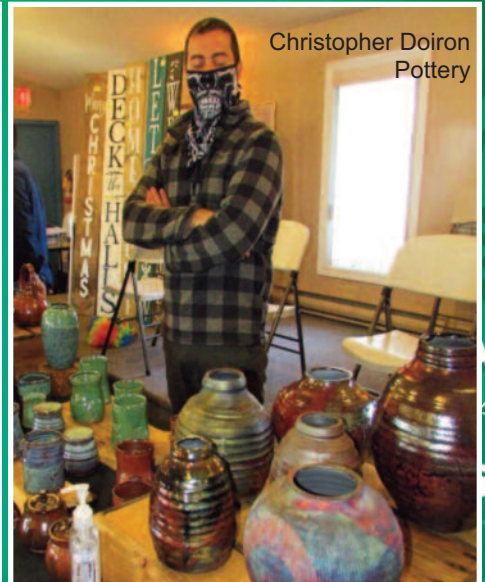
We stopped by the local Farmer's Markets recently to see what's new - turns out there's a lot! Both locations were hustling and bustling with shoppers and many vendors had dressed for Halloween. Pictured here are just a few of the many vendors, and yes they are all smiling behind their masks!

Water Street Farmers Market

Open Saturdays 9am to 1pm and breakfast is served starting at 8am. The upstairs is now open too! The last market before Christmas is Sat Dec 19 and it will reopen Saturday March 6th. Located at 1 Ellis Street, (Chatham).



Glass
Ornaments



Christopher Doiron
Pottery



Evelyn Rigley Fletcher



Newcastle Farmers Market

Open Fridays 10am to 2pm, and also on Saturday Nov. 21 and Nov. 28 for two special Christmas Markets. Three vendors are onsite serving lunch. Located at 487 King George Hwy, (Newcastle). Open 'til Dec. 18 and then again next February.



Blair Carter, John Harper,
Tanya Marsh



Carol Singletary

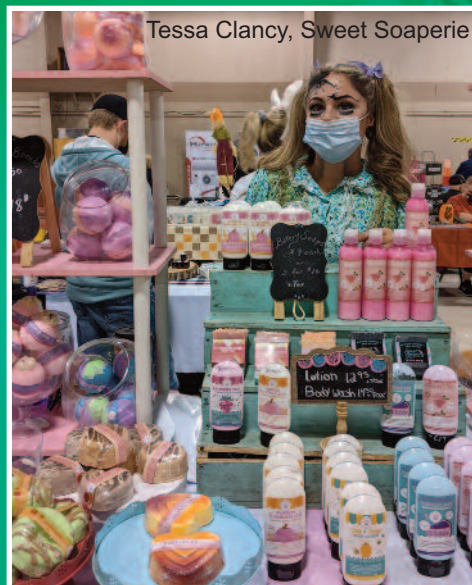


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Tessa Clancy, Sweet Soaperie





Jingle Bells



This popular holiday classic was written by James Lord Pierpont (1822–1893) and published under the title "One Horse Open Sleigh" in 1857.

Dashing thro' the snow,
In a one-horse open sleigh,
O'er the hills we go,
Laughing all the way;
Bells on bob tail ring,
Making spirits bright,
Oh what sport to ride and sing
A sleighing song tonight.

Jingle bells, jingle bells,
Jingle all the way;
Oh! what joy it is to ride
In a one-horse open sleigh.

A day or two ago
I tho't I'd take a ride
And soon Miss Fannie Bright
Was seated by my side.
The horse was lean and lank
Misfortune seemed his lot
He got into a drifted bank
And we—we got upsot.

A day or two ago,
The story I must tell
I went out on the snow,
And on my back I fell;

A gent was riding by
In a one-horse open sleigh,
He laughed as there I sprawling lie,
But quickly drove away.

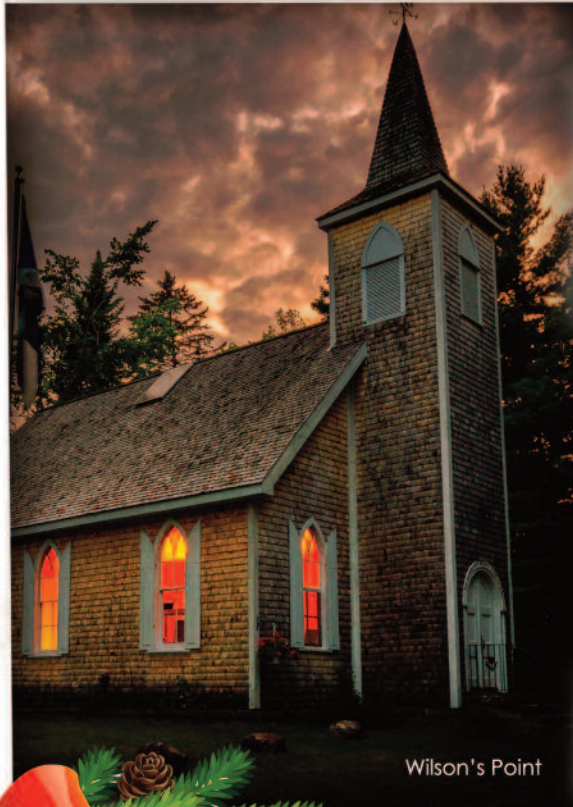
Jingle bells, jingle bells,
Jingle all the way;
Oh! what joy it is to ride
In a one-horse open sleigh.

Now the ground is white
Go it while you're young,
Take the girls tonight
and sing this sleighing song;
Just get a bobtailed bay
Two forty as his speed
Hitch him to an open sleigh
And crack! you'll take the lead.

Jingle bells, jingle bells,
Jingle all the way;
Oh! what joy it is to ride
In a one-horse open sleigh.

Season's Greetings

from MacDonald Farm Heritage Site and Wilson's Point.



Looking forward to seeing you at our Christmas events in December 2021.



Searching for Roots

New Brunswick Genealogical Society - Miramichi

The Miramichi Branch of the New Brunswick Genealogical Society (NBGS) often receives inquiries from individuals researching their family roots.

If you can provide this person with any further information, please contact them directly at the email address at the end of this article.

DOYLE - I am looking for information on my great great aunt, Mary Doyle who was born in 1843 in Armstrong's Brook, the daughter of Patrick Doyle and Bridget Daly.

In 1849, the family moved to Jacquet River where Patrick and his third son James set up a lumber mill.

Mary Doyle was last 'seen' in the 1881 census. I haven't been able to find her in subsequent censuses but recently saw an entry for her on Ancestry that stated she died in the Miramichi in 1929. The reason why this might be possible is that Mary had two first cousins in the Miramichi at that time – they were sisters and both nuns – one was Sr. St. Ignatius (Catherine Jane Doyle) who belonged to the Congregation Notre Dame and Sr. Carroll (Emily Doyle) who belonged to the Religious Hospitallers of Saint Joseph.

Mary was born with 'learning difficulties' and lived with



her parents all her life. In 1875, the youngest of the family, Catherine Doyle married Hugh Salter and her father signed over the house to Catherine and Hugh with the stipulation that they look after him and Mary for the rest of their lives. Mary's mother, Bridget Daly, died in 1862.

In 1880, Catherine died after giving birth to twins. In the 1881 census, Hugh Salter is head of the household and with him are his four children, his father-in-law and sister-in-law, Patrick and Mary Doyle.

Before the 1891 census, Hugh Salter has moved to the USA, Patrick has died as well as one of the twins, the two older children are being looked after by their aunt, Margaret Doyle Lawlor and one of the twins is with their uncle's family in Pokeshaw.

Until I saw this entry in Ancestry, I assumed that Mary must have died but I can't find any record to prove that. Also, there is a mistake on Ancestry where someone claims that this Mary Doyle is married to Joseph Poirier and living in Charlo – this is definitely a mistake as the years they're talking about, Mary was at home in Jacquet River. Please contact me if any of this sounds familiar.

– Carole Doyle Roberts doylec40@yahoo.ca



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The Miramichi Fire - A History



The Miramichi Fire - A History
by Alan McEachern

Book Review by Faye Baisley,
NBGS - Miramichi Branch

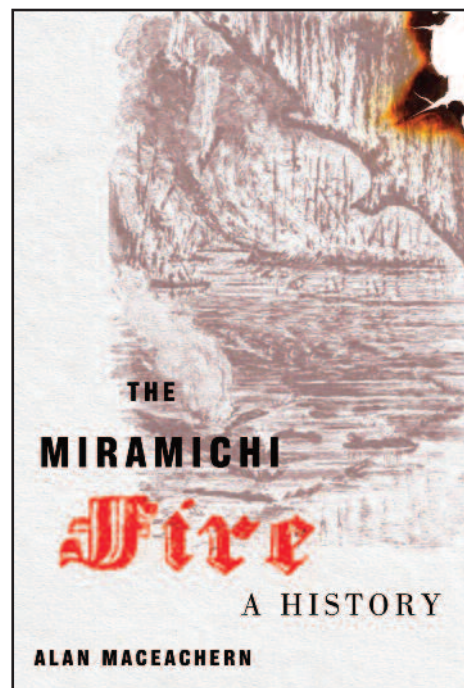
The Miramichi Fire occurred on October 7, 1825, destroying approximately 6,000 square miles and devastating entire communities along the river. It was the largest wildfire ever to occur within the British Empire and one of the largest in North American history.

In spite of the historical significance of this event, little has been written about it. This publication helps to fill that void. The description from Amazon reads: "As an exercise in digital history, this book takes advantage of the proliferation of online tools and sources in the twenty-first century to posit an entirely new reading

of the past. Resurrecting one of Canada's most famous and yet unexamined natural disasters, *The Miramichi Fire* traverses a wide range of historical and scientific literatures to bring a more complete story into the light."

I just finished reading the book and thoroughly enjoyed it. It contains a wealth of information from a wide variety of sources. During the course of my undergrad degree in history, I took a number of Canadian and New Brunswick History courses – none included any mention of the Miramichi Fire. Despite the importance of the event, it has been virtually excluded from our history. This book sheds light on this important event and serves as a valuable resource/reference book.

The Miramichi Fire is available locally at the Mill Cove coffee shop in



Miramichi or through Amazon.ca and the McGill-Queen's University Press.

Wishing all a Merry Christmas!

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Stay Fit and Have Fun this Winter

By Deana Gadd
for Miramichi Cross Country Ski Club

Youth Ski Program

This winter many people will be looking for outdoor activities for fun and fitness. We at the **Miramichi Cross Country Ski Club (MCCSC)** recommend that you check us out!

The MCCSC is located in the Nelson area of the city on Route 126. We offer three winter activities, cross-country skiing (also called Nordic skiing), biathlon and snowshoeing. Last season saw the opening of a new clubhouse and biathlon range and trail upgrades.

Nordic skiers have 25 km of trails to ski on, some used for both classic and skate style skiing and some dedicated to classic alone. The trails range from 0.3km (the Pink or Bunny trail) to 12 km.

For evening use there are 4 km of lit trails, which makes it easy to ski after work or supper. This trail received a new shale base so will be the first trail to open after the first significant snowfall of the season.

The Miramichi Biathlon Club operates out of the ski club. Biathlon is a sport, especially popular in Europe, which combines skate skiing with target shooting. A new biathlon range opened last year.

Snowshoeing has become increasingly popular over the last few seasons. Although it is possible to

snowshoe just about anywhere, people enjoy having a clubhouse to meet at and head out on the trails together or enjoy the safety of going out alone on dedicated trails. The snowshoe trails follow winding loops in the woods, with distances of 1 to 6 km.

The ski club has developed a Covid-19 operational plan for the fall



Head of the Snowshoeing Trail

and will have an updated one for the winter season. As of the writing of this article we are not certain what the season will look like. **Traditionally we offer** a children's learn to ski program for eight weeks on Sunday afternoons, free adult learn to ski lessons, a waxing clinic, skate ski lessons and have ski and snowshoe rental equipment for all ages. We hope to offer these programs following pandemic guidelines.

Skiing and snowshoeing are activities that can follow physical distancing guidelines and take place outdoors. You may want to consider buying your own equipment this year, new or used. Miramichi is fortunate to enjoy many sunny days during winter but with the proper layers of clothing you can ski or snowshoe almost every day.

We invite you to embrace winter along with us at the ski

club. **More details and program updates** will be on our website www.skimiramichi.com and we also have a Facebook page.



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'Tis the Season... to give a Garden Gift!

by Terri Cormier
for Roots to Table



Patsy and Pam enjoy a beautiful fall afternoon at the Mount Gardens.
Photo by Terri Cormier.

As we honour the service of our great Canadians who gave all this month, we remember, our attention now moving on to gift-giving and Christmas trees. This year, there are more ways to honour and remember in our community while supporting a wonderful community gardens project located at the Mount Saint Joseph Sensory Garden grounds, 51 Lobban Avenue, Miramichi East.

The Mount St. Joseph Sensory Gardens were created for the benefit of its former residents, and with the help of Roots to Table Good Food Collective volunteers, two vegetable gardens followed. Now, the addition of The **Community Food Forest** adds a beautiful, natural and edible urban

environment where we can grow and foster community well-being through education, good food access and local food growing skills. All this while bringing unlikely spaces alive with fresh fruit and vegetables, in big and small ways.

The Gardens are maintained by volunteers and the **Garden Donations Program** will pay for purchasing, planting and caring for many different edible trees and shrubs, and supports regular maintenance and ongoing stewardship by the Gardens' volunteers.

Sponsor a Plant



We are starting with two easy ways to donate that beautify both our gardens and our community. The first is to

sponsor a plant in honour of an event, to celebrate a birth, graduating class, acknowledge service club members, organizations or businesses along with family members, pets or friends. Or just because you like to see things grow.

We are thrilled to acknowledge Mr. Dennis Sullivan of Miramichi for our first official donation of \$100 in memory of his brother and former Mount Saint Joseph resident, Father Leo Sullivan. Pleased to see the Gardens being maintained after the Mount closure, he offered the donation having no idea this program was in the works. Thank you! It's going right to our fall 2020 plant, as will every donation invested in sustaining the gardens.

JOHN DEERE

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Community Bottle Box

The second neat way to support the Garden Donation Program is by dropping your recyclable plastic bottles in The **Community Bottle Box** located at the Food Forest at Mount St. Joseph, north-side parking lot. Local radio station CKMA 97.3 has built a bottle trailer with a special door for storing large bags of empty bottles, made possible by contributions from Uni Financial Cooperation, Assurance Manuel, River Signs, Carrefour Beausoleil and Radio Ma 93. The Community Bottle Box will be on-site until the end of November. Thanks to Radio MirAcadie Inc. and sponsors for this great opportunity.



The Roots to Table Regional Good Food Collective exists to inspire, celebrate and help create good food experiences growing and sharing fresh, healthy food for all in our region. We look forward to expanding our community gardens project and the network in 2021.

To donate, volunteer or find out how you or your group, school or club can participate, email thegardens@gmx.com or call 506-210-2748.

Right: Diagram of the Community Food Forest located at Mount St. Joseph - a self-regenerating system of edible and medicinal plants.





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Home-made Hot Chocolate



INGREDIENTS

- 2 cups whole milk
- 1 to 2 tbsp sugar (depending on sweetness of chocolate and your taste buds)
- 4 oz (about 1 cup) chopped chocolate (use bitter, semisweet or milk chocolate - your preference)
- 1 tsp vanilla extract (optional)

Garnish options: whipped cream, marshmallows, cinnamon sticks, candy canes.

INSTRUCTIONS

Scald the milk: Combine milk and sugar in a small saucepan and place on the stovetop over medium heat. Stir frequently with a wooden spoon (metal can react to the milk proteins) to avoid a film from forming. The milk should be scalded and not boiled. If you have a cooking thermometer, heat it to 180 degrees. If not, you can tell it is scalded when it begins to steam and small bubbles form along the sides, and it begins to coat the wooden spoon.

Melt the chocolate: While the milk is heating, place the chopped chocolate in the microwave and heat for 30 seconds. Take the chocolate out and stir it. Return to microwave and heat for another thirty seconds, remove and stir. Continue to heat and stir the chocolate in 30



second intervals until just melted.

Combine: When the milk reaches the scalding point turn off the heat and add the melted chocolate, whisking to combine. Add the vanilla extract now, if desired.

Top with whipped cream or marshmallows for garnish.

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Dining & Entertainment

Origins of Turkey Dinner

The turkey appeared on Christmas tables in England in the 16th century, and popular history tells of King Henry VIII being the first English monarch to have turkey for Christmas. The 16th century farmer Thomas Tusser noted that by 1573 turkeys were commonly served at English Christmas dinners. The tradition of turkey at Christmas rapidly spread throughout England in the 17th century, and it also became common to serve goose which remained the predominant roast until the Victorian era. It was quite common for Goose "Clubs" to be set up, allowing working-class families to save up over the year towards a goose. *Source: Wikipedia*



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Walking Tour of Historic Nelson

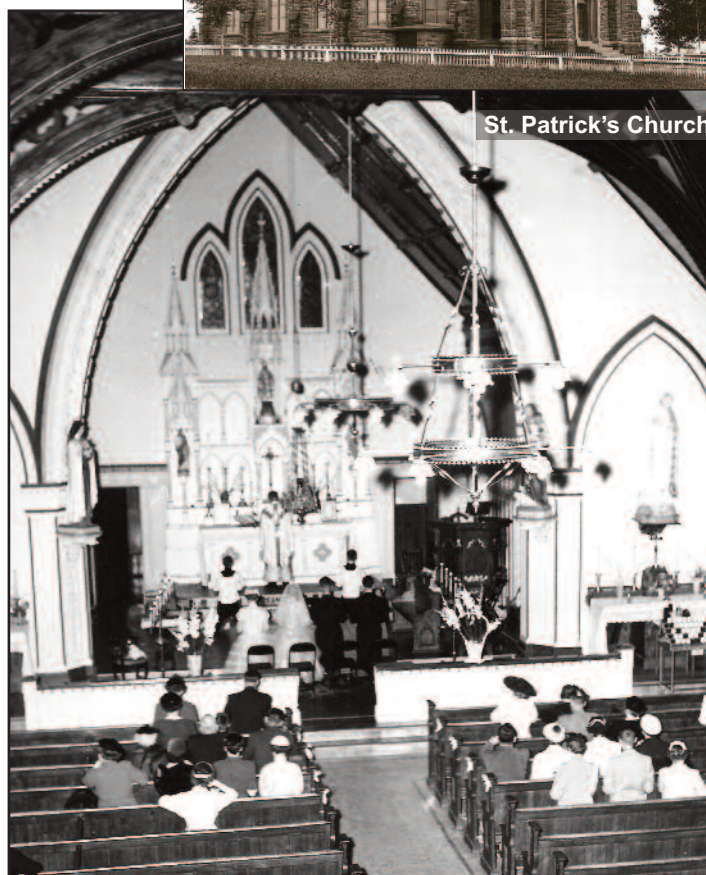
The Friends of Beaubears Island and their community partners will raise awareness of the history in the former village of Nelson-Miramichi, when they stage a **Walking Tour of Historic Nelson on December 12** from noon until 3pm. The tour will begin at the Beaubears Island Interpretive Centre (35 St. Patrick's Drive) and incorporate St. Patrick's Drive, sections of Sutton Road, and Rodney Green Street. Local guides will lead the outdoor tour for individually bubbled groups, to ensure a safe, social distanced event.

The experience will feature commentary on **several historic sites** in the Nelson area, including St. Patrick's Church (pictured here), the Nelson Post Office, Nelson Rural School, Governor's Mansion, the Nelson Senior Citizens Centre, and a good deal more.

In 1814 the Parish of Nelson was created when Northumberland County was further divided to include six parishes instead of two. With that in mind, the tour is sure to be filled with **a myriad of character profiles** and episodes from the past 200 years, from the pioneering cleric Fr. Michael Eagan, shipbuilders Joseph Russell & John Harley, industrialists George Burchill & John O'Brien, the ladies of Brown's Woolen Mill, labour advocate John H. Wallace, educators Josephine Sullivan & Hannah Stewart, the St. Patrick's Boy Scout Troop, and the Nelson Softball Association.



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Above: Students outside of Nelson School House, one of the historic sites along the tour.



It is doubly pleasing then that, with a community history so varied, this tour has the support of a number of local businesses and institutions, each of which has added its own character to the presentation. The Friends of Beaubears Island extend their thanks to them for their partnership and support, and hope that this combined venture may only be the most recent of many more to come.

For more information visit our website www.beaubearsisland.com, Facebook page /beaubearsisland or call the Interpretive Centre at 622-8526.



Above: Prominent citizen and Industrialist, John O'Brien

Left: The Riverside Inn. The man with the moustache is the innkeeper, Daniel McEacheron. He was born on Beaubears Island in the 1850's.



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Aunt Kay's Memories of Growing up in a Simpler Time

By Cathy Carnahan

"It doesn't matter who you are, where you come from. The ability to triumph begins with you. Always." – Oprah Winfrey

Kathleen Quayle agrees. The Williamstown woman is to celebrate her 90th birthday on Dec. 16. She is one of 11 kids born to Murdock and Catherine (Mullin) Sutherland on the Northwest Miramichi. I am privileged to have grown up with my "Sweet Aunt Kay" who taught me a lot about life and a lot about love and faith. Several years ago, Kay, with just a Grade 3 education, jotted down a bit of her life story and I believe faithful readers of "The Giver" magazine, like her, will enjoy reading highlights about an earlier way of life, where nothing was taken for granted.

"We had to go to school to get the family allowance ... I was 14 at the time."

By Kathleen Quayle

I was born in Hilltop in a log hut.

That was our happiest time, or for me, it was as a family. Dad worked in the woods all day. None of us went to school, as it was too far to go. School



Kathleen Quayle (Sutherland), also known as "Sweet Aunt Kay".

was out in Sevogle or Trout Brook.

We trapped mink, weasels and rabbit with traps set by the brook. It was my brother Perley's job to skin them, but we'd all share the money and Mom would make rabbit stew.

We would sell the mink and weasel skins and buy our clothes for the winter. We only got 50 cents a pelt, but we

could buy a ski suit for \$2.50 at that time. There was also a 50 cent bounty on porcupines back in the '40s, because they ate the bark off the pine trees so bad that the trees would die and the Government wanted to save the trees.

I also remember Dad and Mom would get old King, our white horse, into the wagon or sleigh, and take us out to Minto Harris's in Sevogle – and out to our grandmother's nearby, for a visit. Then, we would go to the Sevogle School at Christmas time (it was next door) to see Santa and the Christmas play.

It would be pretty cold sometimes. I remember Mrs. Minto Harris – Greta McAllister – took the coat off her daughter's back and gave it to me. She thought I would be cold on the trip back to our cabin, and she told her girl she would send to Eaton's catalogue and get her a new one. What a heart that woman had! She was so good to us and everyone, a great lady.

When we got home Dad would get the wood stove going, and sometimes water would be frozen on the table.

We had to be tough. We were never sick, and there was always a small baby



Merry Christmas / Joyeux Noel
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Michelle Conroy
MLA Miramichi



Office:
635 Water Street, Unit 3
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among us. But Mom made nearly all our clothes, and kept us warm.

Our Log Cabin

Our cabin had two bedrooms: Mom and Dad and baby in their room; five of us in the other room, three at the head of the bed and two at the foot of the bed, with lots of toes in your face all night.

The two older boys slept up in the attic on straw mattresses on the floor, only crawling room up there. But they were happy, not like the young boys now that have everything and are not happy.

We only had straw mattresses. Mom would make them with 100 pound Robin Hood flour bags. They were strong with a lot of red and green writing, and Mr. Robin Hood with his red and green hat on, a pretty jolly looking fellow. Mom would take the bags and wash them in Gillis Lye soap she made from beef tallow. Most of the time, she got out nearly all the markings on the bags.

Mom would ravel out the bags. She knew how to do that. At one end of the bag, she would cut the string and, if you cut the right end, it would ravel right around the whole bag.

It would take nine or 10 bags to make one mattress. So she would sew them all together and fill them with straw. The straw is an oat plant that has oats on top of it, that men feed their horses with and we make oatmeal out of. Older people know all this stuff, but lots of young people do not. Well, after the oats are taken off the straw by the big machines, only straw is left – a big long piece of grass I will call it. So Mom



The Sutherland home, a log hut in Hilltop, where Aunt Kay was born in 1930 and lived until she was 14 years old.

would fill that big bag with straw and there was the mattress.

It made a good bed as long as you kept it shook up every morning. When it got old and didn't keep its shape, out went the straw to the cow stable, or to the pigs, or to whatever needed it.

Mom would wash the big tick, as we called it, and fill it with new straw. Dad said it was better than tree boughs they used in the woods to make a bed for the men to sleep on.

For pillows, she did the same thing. After killing her

roosters and hens, she would take the feathers off of them, wash the feathers and fill the Robin Hood bags. Those were our pillows, and good ones at that.

In 1944, Dad and Mom moved out to the George Estey Place, down by the river in Sevogle. We had to go to school to get the family allowance. The government gave the oldest ones \$5 a month and the small ones a lot less. You could only get the allowance, if you went to school. I was 14 at that time.

Kathleen Jennie Sutherland was born Dec. 16, 1930 in Hilltop, NB. She married Perley Quayle, a school principal and farmer from Williamstown, on Sept. 14, 1950. He died in 1975 and Kay was left a young widow. Their only child, Audrey, and her husband, James Whitney, have three children. Kay is also Great-grandmother to six. Kay has led a humble life, working hard and touching lives everywhere with her kindness, generosity, wisdom and faith.

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New Christmas Arrivals!

Be Happy, Be Positive, Be Mighty!

By 2001 a community portal website, www.MightyMiramichi.com was launched to promote the region and give a “home” to the websites we had

The screenshot shows the homepage of the Miramichi website. At the top, there's a banner with the text "The Mighty Miramichi" and "The heart of the Maritimes". Below this, there are images of outdoor activities like fishing and kayaking, and a URL: www.governorriver.com. The main content area features a large map of the Miramichi region with various locations labeled. To the left of the map, there are several menu categories: "Tourism" (Outdoor Travel, Accommodation, Adventure Travel, Transportation, Travel Tips), "Shopping" (Miramichi City, Miramichi Region, Miramichi Shopping, Miramichi Dining, Miramichi Entertainment, Miramichi Events, Miramichi Festivals, Miramichi Museums, Miramichi Parks, Miramichi Recreation), "Services" (Delivery Services, Financial Services, Health Services, Insurance Services, Legal Services, Real Estate Services, Travel Services), and "Info" (About Miramichi, The Miramichi Region, Contact Us, Privacy Policy, Terms of Use). Below the map, there's a section titled "Guests of the Day" with a quote: "Keep your feet to yourself, but share your choices with others." - Robert Lewis Stevenson. At the bottom, there are several buttons: "Tennis Field", "The Tide", "Bike & Golf/ Auto Care", "Miramichi Following Festival Aug 5 - Aug 9th", "Angler's Road Restaurant", "Raffles Lounge", and "Caterers".

In the years following we also created community portal websites for Grand Falls, Moncton, Fredericton, Saint John and even Armagh County Ireland, under the banner of Mighty Community Group. The portals are designed to be self-sustaining, revenue

Just this year we heard from a local

24 www.GiverMiramichi.com Christmas 2020

business person who remembered taking the course at NBCC and the positive impact it had on their life.

Bread'n Molasses

Where most magazines started out in print format and then moved online, we did it backwards. Bread 'n Molasses (BnM) was originally an email newsletter and website before we began publishing the printed magazine in 2006.

BnM printed positive, uplifting stories from our region and welcomed submissions of poetry, essays, fiction and non-fiction from writers. The magazine featured writers from across the Atlantic provinces, often publishing people for the first time, helping them

to gain the confidence and credits needed to go on to pursue careers in writing.

What Does "Be Mighty" Mean?

There's always been an underlying Mighty Philosophy to everything we do. When we interview a new employee we ask, Are they Mighty? Before partnering with another business we ask, Are they Mighty?

Being Mighty means approaching life in a more positive and productive way. Enjoy the day. Find the bright side. Be optimistic! Lift people up, don't tear them down. Tell me what you can do, not what you can't do. Don't engage in gossip and negative conversations - say "have a nice day" and keep walking!

Turn off the negative chatter from the news and social media, say goodbye to negative self-talk and turn your attention to what inspires and uplifts you! Having a positive outlook not only makes you feel better, it helps relieve stress and the harmful effects it has on your body, and boosts your immune system. Just be Mighty!

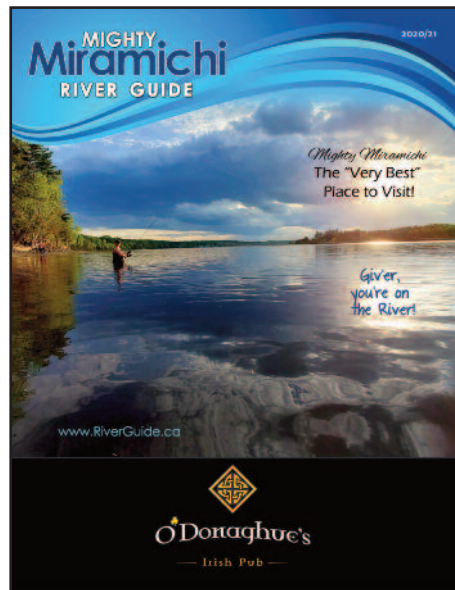
MCG Media

Through the years we've also developed Internet Basics and E-Commerce courses for businesses, offered Lunch & Learn sessions, started the Miramichi's Biggest Loser program, and was very involved with local Tourism Associations, the Chamber of Commerce, Downtowns Miramichi and Rotary Clubs.

Today we publish the *Mighty Miramichi River Guide* and *Giv'er Miramichi* magazines and call ourselves MCG Media, which stands for Mighty Community Group. Our flagship site www.mightymiramichi.com is still going strong.

We build websites and custom applications, and offer hosting, search engine optimization and online marketing and help businesses make sense of the many advertising and e-commerce opportunities available today.

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HOSPICE Miramichi presents

Home for the Holidays & Angels Remembered



Hospice Miramichi is thrilled to announce the return of two incredible holiday campaigns, Angels Remembered and Home for the Holidays. 100% of funds raised will go directly to support the programs and services offered by Hospice Miramichi.

Home for the Holidays

will look a little different this year but still offers you a chance to take home a beautiful, professionally decorated Christmas tree. Over a dozen Christmas Trees will be on display at local businesses around Miramichi and surrounding areas. All sponsored trees will be up for auction online **November 16th to November 22nd**. Everyone is encouraged to bid on your tree of choice or one of the other outstanding auction items. Additional auction items include gift cards, stay-cation packages, backyard comedy show with Jimmy MacKinley, a private session with psychic medium Michelle Russell and many more! To register to participate in the auction, visit www.32auctions.com/homefortheholidays



Angels Remembered is a wonderful opportunity for community members to show their love, honour their friends and family, and support Hospice Miramichi.

Starting at just \$5, you can purchase a ribbon adorned with a loved one's name. Ribbons will be used to decorate the Angels Remembered Tree at The Hospice Shoppe this holiday season. Available right up until Christmas. For donations of \$10 or more you will receive the ribbon and a tax receipt; plus, you will receive a handcrafted angel ornament that you can pick up at Hospice Shoppe

or have mailed right to you.

To honour a loved one and donate to the Angels Remembered campaign or for more information visit The Hospice Shoppe at 139 Duke St. It is open Tuesday-Saturday: 11am-4pm. You can also call 506-773-3811 or order from the website at

www.HospiceMiramichi.com/Angels-Remembered



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Best wishes for a wonderful holiday season and a new year filled with peace and happiness.



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Miramichi Archery Club

Offers Training for all Skill Levels

The Miramichi Archery Club is locally run with between 20 to 50 members, depending on the year, where certified coaching and information on the sport of Archery is available to all.

They welcome all levels of athletes for membership, from the novice to high performance.

The club works closely with Archery New Brunswick and Archery Canada to provide as much information and the highest level of training possible. They offer One-on-One Training for beginners and intermediates, Canbow, Bow Tuning, Long Term Development Camps, Canada Winter Games Camps, Nutrition, Physical Development as well as Psychology of Competition.

On the fun side of archery, there are numerous fun shoots for youth and young at heart athletes where arrows are popping balloons, carving pumpkins, and trying to find out the mysterious innards of "Frosty the Snowman" pinata.

Members and hardworking volunteers have been growing the club to now include an outdoor target range, and with future plans of an outdoor 3-D course to be enjoyed by the members of the Miramichi club and also the province. They were proud to host the Outdoor Target Provincials on Sept. 19



L to R: Maurice Levesque, NB Provincial Coach and Joshua Richardson, Canada Winter Games hopeful, during a Canada Winter Games Clinic hosted by the Miramichi Archery Club earlier this year.

here in Miramichi.

The club is also working hard around COVID to provide a safe environment to continue practicing the sport of archery and we appreciate our guidelines being followed by members and visitors.

There is an annual membership fee to join the Miramichi Archery Club. For more information contact Tracey at t_baisley@hotmail.com or 506-210-0566 or miramichiarchery@hotmail.com

Archery Training in Miramichi

The Miramichi Archery Club offers **Beginners Archery Training** every Sunday at 1pm and **Intermediates / Competitive Training** on Sundays at 2:15pm.

Location: Goldenhawk Recreation Centre, 8 Pollard Ave in Miramichi.

You must register before-hand due to health protocols.




The club's new outdoor target range where they hosted the Outdoor Target Provincials this fall.

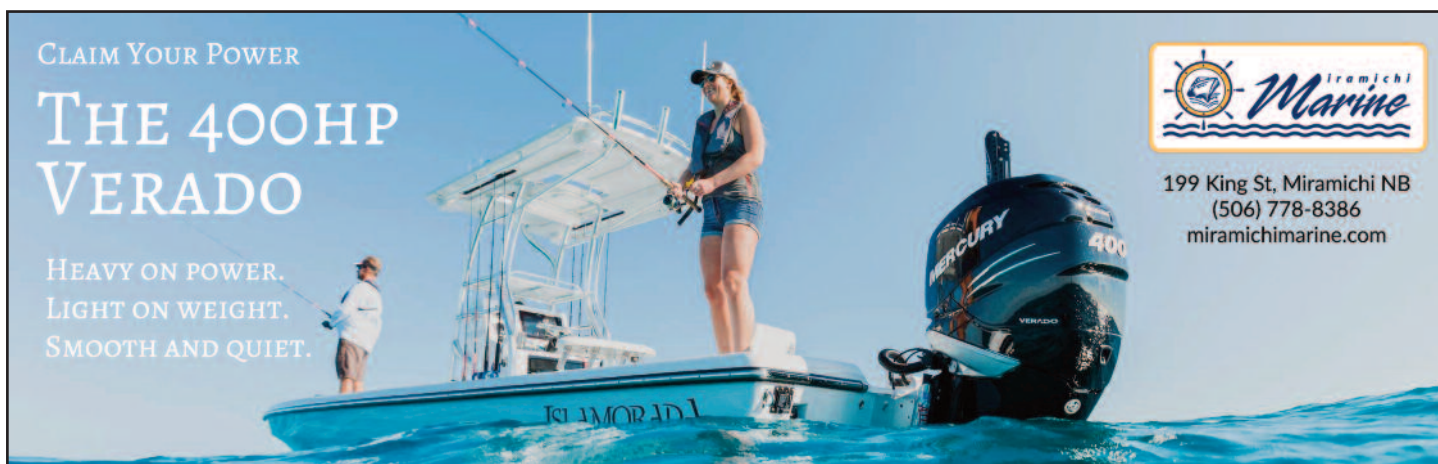
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Miramichi White Caps Swim Club

New Members Welcome!

The Miramichi White Caps have restarted and are getting ready for their Winter Program.

They offer affordable training out of the Miramichi Valley High School Pool and have a program for swimmers of all ages, from beginners to novice.

Swimming is an important life skill, but when practiced as a sport, it offers many benefits. Swimming can positively affect many aspects of life, including physical, mental, and emotional well-being.

Deemed as the ultimate fitness activity, swimming works most muscles in the body with every stroke, improving muscle endurance and enhancing core strength. Furthermore, whether looking to swim leisurely or competitively, swimming improves self-esteem, instills confidence and inspires dedication. Participating in a team environment helps

social development, and offers the opportunity to create lifelong friends.

Nationally certified coaching and lifeguarding staff make the swimming environment fun and safe while offering programs for swimmers of all ages and abilities. There is also a para-swimming and Special Olympics Program for swimmers with disabilities.

The Miramichi Whitecaps Swim Club would love to help your child explore their interest for swimming! Ask about our family discounts.

To become a member, volunteer or if you have any questions, email whitecapswimming@gmail.com, visit www.miramichiwhitecaps.ca or find them on Facebook @ Miramichi Whitecaps Swim Club.

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Swedish Tea Ring Recipe

This recipe comes from a small Betty Crocker Holiday Cookbook, 1967 and is described as “A festive wreath of tender, cinnamon-swirled pastry.”

Prep time: 2 hours 45 mins

Cook time: 30 mins

Serves: 12-14

Ingredients

FOR THE DOUGH:

2 packages active dry yeast

½ cup warm water (105 to 115°F)

½ cup lukewarm milk (scalded then cooled)

½ cup sugar

1 tsp salt

2 eggs

½ cup unsalted butter, softened

4½ to 5 cups all-purpose flour

FOR THE FILLING:

5 tbsp unsalted butter, softened

¾ cup sugar

4 tsp ground cinnamon

1 cup raisins

FOR THE GLAZE:

3 cups confectioners sugar

3 tbsp milk

1½ tsp vanilla

FOR DECOR (optional):

½ to 1 cup candied cherries

½ to 1 cup whole pecans or sliced almonds



INSTRUCTIONS

1. Make the dough: Dissolve yeast in warm water. Stir in milk, sugar, salt, eggs, butter, and 2½ cups of the flour. Beat until smooth. Mix in enough remaining flour to make dough easy to handle. Turn dough onto lightly floured board; knead until smooth and elastic, about 5 minutes. Place in greased bowl; turn greased side up. (At this point, dough can be refrigerated 3 to 4 days.) Cover; let rise in warm place until doubled in size, about 1½ hours. (Dough is ready if impression remains when touched.) Punch dough down. Roll the dough into rectangle, 15 x 9 inches, on lightly floured surface.

2. Add the cinnamon-raisin filling: Spread dough with the 5 tablespoons softened butter; sprinkle with sugar, cinnamon and raisins. Roll up tightly, beginning at 15-inch side. Pinch edge of dough into roll to seal well. Stretch roll to make even. With sealed edge

down, shape into ring on lightly greased cookie sheet. Pinch ends together. With scissors, make cuts ⅔ of the way through ring at 1-inch intervals. Turn each section on its side. (some prefer to not turn the sections, creating a more uniform look). Cover; let rise until double, about 30-40 minutes. Heat oven to 375°F. Bake until golden brown, 25 to 30 minutes. (If tea ring browns too quickly, cover loosely with aluminum foil.)

3. While the tea ring is baking, prepare the glaze: Mix together the powdered sugar, milk and vanilla until glaze is smooth and of desired consistency. When the tea ring is done, remove from oven. Spread with glaze (you may not end up using all of it depending on how much glaze you like, but I hate not having enough!) and, if desired, decorate with nuts or candied cherries while still warm. Enjoy!



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Losier Family Foundation Supports New Residential Hospice Facility

The new Residential Hospice is expected to open in January 2021, announced Hospice Miramichi at their Annual General Meeting on Oct. 28.

The opening of this facility would not be made possible without the extraordinary efforts and contribution of the Losier Family Foundation who is coordinating the project and covering the cost of the construction. Along with the new building comes a new organizational structure for Hospice Miramichi to accommodate the increased services.

Paul McGraw, Chair of the Board of Directors, described the new 6 bed facility, designed to Hospice Miramichi specifications by local architect Francis Malley of the firm Des-Tek Inc., It will also include a dedicated centre to operate the day hospice program, administrative offices, a gift shop/cafe, family room with a children's play area, a non-denominational oasis room for prayer and spiritual support as well as many other additional amenities.

"This is a really exciting time for us to see this building and this dream becoming a reality, thanks to the Losier Family Foundation." McGraw stated.

Moving into the new facility, the cost of the health care providers will be largely funded by the provincial government. Supplementary programs and services such as the Hospice Outreach Program, Grief and Bereavement Program and the Day Hospice Program, along with necessary expenses operational and administrative costs will need to be



Conceptual drawing of Hospice Miramichi's new Residential Hospice facility, funded by the Losier Family Foundation.

raised on an annual basis by the organisation. These costs add up to an annual fundraising target of approximately \$500,000.

The new expansion of services into the residential hospice facility will highlight the two crucial facets for success for Hospice Miramichi. Medical care, programs, and services will be led by a nursing professional. This new role will ensure a continuing excellence of

comfort, care and compassion provided by Hospice Miramichi.

The second facet will focus on sustainability and facility management. Led by the Executive Director; this individual will manage the administrative aspects, oversee the development of funding initiatives, policy creation and employee relations and succession planning; among other duties related to the strategic efforts for financial and community sustainability for Hospice Miramichi.

Hospice Miramichi seeks to raise the awareness of the unique needs of those living with life limiting illnesses where cure is not an option and medications are no longer controlling the condition. Hospice Miramichi works within the community to provide care and support for clients and families during the end stages of life.



For more information visit www.hospicemiramichi.com and www.losierfoundation.com.

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Buzzie McKay receives the Bob Walsh Memorial Award

The **Miramichi Valley Snowmobile Club (MVSC)** would like to congratulate Arnold "Buzzy" McKay on being awarded the Bob Walsh Memorial Award for his many years of loyal dedication to the club.

The Bob Walsh award is an award given out every year by the MVSC in honour of individual who has contributed to organized snowmobiling on the Miramichi.

Buzzy started with the club when we didn't have much for machinery and the going was tough but he kept coming back to help because of his love for the sport. This club was built by members like Buzzy, who donated countless hours and over 30 years in the sport. He was always willing to help out, and we thank you for all you've done.

L to R: Ron Kierstead presenting the award to Buzzy McKay



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Splash of Greens

A New Way to Be Healthy



By Tyler Matchett

Microgreens - what started as an element of high-class dining is now quickly taking the health world by storm. If you haven't heard of these tiny plant superstars yet, it's time to say hello. Even if you are not a huge fan of veggies, we're pretty sure you're about to jump on the microgreen bandwagon — they're just that good.

What Are Microgreens?

Don't be fooled by their cute size — microgreens pack a surprising punch when it comes to flavour, texture, and nutrients. These little plants are making a big name for themselves, and for good reason!

Microgreens are simply the young version of the vegetables and herbs you buy from the grocery store. And don't get them confused with sprouts — microgreens are usually grown in soil and harvested above the soil line after their first set of true leaves, while sprouts are germinated in water and eaten (root and all) after only a few days of growth.

"Microgreen" is actually an all-encompassing name for vegetable, herb, flower, and other seedlings that are harvested 10-14 days after planting. Popular microgreens include veggies like peas, broccoli, radishes, carrots, cauliflower, spinach, and celery; herbs such as basil, cilantro, and dill; and other plants such as amaranth and sunflowers.

The Benefits of Microgreens

Microgreens offer a variety of benefits, making them an excellent addition to a healthy diet.

Here are five reasons to love microgreens.

1. *They're sustainable.* Not only do most microgreen crops mature in only a few weeks, but they also don't require the use of acres of land, making them an environmentally friendly crop.

2. *They're incredibly versatile.* From pizza toppings to pesto, salad green to burger relish, when we say versatile, we mean versatile. Use them as a garnish or an accent for your favourite dish, pulse them in a smoothie, or even turn them into soup — your imagination is the limit.

3. *There are options to please even the pickiest eaters.* There



Microgreens being grown by Splash of Greens, a Miramichi Urban Farm, growing fresh organic microgreens for chefs and locals all over New Brunswick.

are so many colours, textures, and flavours of microgreens, making it easier to find something that everyone will love. Who can say no to something as fun as “vegetable confetti”?

4. *The flavours are out of this world.* Microgreens offer complex flavour profiles and can be described as a concentrated form of their final vegetable or herb. There are tons of flavours to explore — whether you're looking for a

sweet, spicy, peppery, or bitter taste, there's a microgreen for you.

5. *They're so healthy for you* (without tasting like it). A study completed at the University of Maryland found that some microgreens can contain up to 40 times the nutrition content of their full-grown counterpart. That means pound for pound, most microgreens offer more nutrients than the mature plant does!

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Book Review

by Johannes Bosma

Yorkshire Lass:

An English War Bride's Story

by Dorothy Staniford Kelly

Edited by: Sandra Kelly O'Hara

Born in 1912 and surviving the London Blitzkrieg as a nurse and midwife and later becoming a war bride in Douglstown, NB after the war, Dorothy Staniford Kelly has many stories to tell. She does it in a simple, almost diary-type style which I found fascinating to read.

Raised in Clapham, Yorkshire, England, young Dorothy loved the study of geography in school and, in later life, became an adventuresome world traveller. Clapham was predominately owned by a squire and Dorothy's father served as a butler and maintenance man and her mother, upon the squire's death in 1925, was hired as the cook. Like a mini Downton Abbey, the Staniford family went from a cold and damp cottage with oil lamps to live in the 55-room estate house in luxury with electric lights and central heating.

Dorothy goes on to become a Registered Nurse in 1936 and a midwife in 1939. Her detailed accounts of living through the horrific Luftwaffe bombings, spending nights in a waist-high bomb shelter which was only a hole in the backyard reinforced with

sheet metal. She gives detailed accounts of travelling by bike during the blackout on pitch black rural roads, bike headlight covered, to deliver babies during the war.

After the war, Dorothy describes how she meets a young Royal Canadian Air Force Sargent by the name of Percy Kelly on a holiday with a friend in Torquay. Percy would be honoured by his home village of Douglstown which named one of its streets Percy Kelly Drive.

Before Kelly was shipped back to Canada, he asked Dorothy for her hand in marriage. He would send for her after he was employed and could acquire a home for them. On November 12, 1946, the soon-to-be Dorothy Staniford Kelly takes the SS Samaria on an eventful trip to Canada. As she described it "... leaving the land of my birth, going to a country I knew very little about."

After marrying Percy Kelly, she becomes a farm girl with very little knowledge of farming. In her first encounter with a skunk she writes that it looked like "a pretty little black and white furry animal trotting across the



Dorothy Staniford Kelly as a nurse in London, 1939.

lawn...". Percy quickly educated her.

Dorothy goes on to become a maternity nurse at the old Miramichi Hospital where the new Court House is now. There she becomes great friends





Happy Holidays!

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with Lois Grady who helped care for the birth of my two children and nearly all other Miramichi babies. Lois and Dorothy both offered such professional, personal care.

Despite the tragedy of losing her eldest daughter, Susan, in 1969 and her husband, Percy, in 1977, Dorothy continued on. After she retired from nursing, she lived with her daughter, Sandy, in Almonte, Ontario, outside Ottawa and travelled to see the world visiting places she read about in her geography lessons in grade school. Sandy, who edited and arranged her mother's accounts in this book, accompanied her to the Holy Land, Greece, Egypt, Turkey, Hawaii and back to her hometown of Clapham. Dorothy wrote wonderful accounts of those adventures, complemented by colourful photos. Dorothy Staniford Kelly passed away in Almonte, Ontario, on October 14, 2009. She was in her 98th year.

Yorkshire Lass: An English War



Above: the back cover of Dorothy's book.

Bride's Story is now available at the Mill Cove Coffee shop in Newcastle. I've read it twice now and have included some of Dorothy's accounts of the war years, along with a story on



Above: RCAF Sargent Percy Kelly of Douglastown, who proposed to Dorothy after the war.

Percy Kelly, in the second edition of *Miramichi Lads & Ladies: We Will Remember Them!*, also available at Mill Cove Coffee.

- Johannes Bosma

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Life a Gift Passed On

An Anthology of Elders' Stories

Words on Water Miramichi announces the launch of the book *Life a Gift Passed On, An Anthology of Elders' Stories*, a Words on Water Legacy Project.

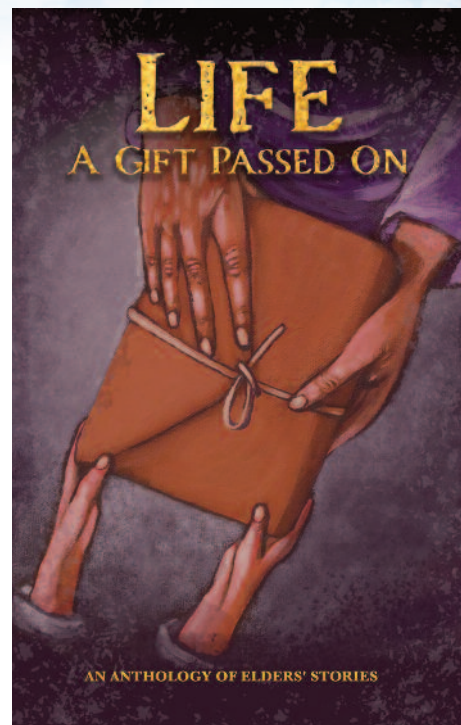
The collection represents diverse voices from all regions in the Miramichi and includes newcomers to Canada, Indigenous people, veterans and other unique men and women of the Miramichi. Eight of the stories are in French (no translation) and were contributed by the grades 5,6, and 7 students at Ecole Régionale de Baie-Sainte-Anne.

"I am grateful to so many people for their talents and their voices who helped bring this long-cherished project into print: the youth, the

elders, and the family members who shared their stories in this book and in intergenerational story circles. Nor could this have happened without the teachers and volunteers in each community. I also thank the Government of Canada. This project was partially funded by the Government of Canada New Horizons for Seniors Project."

- Judy Bowman President, Words on Water.

Books will be available at the Napan Bakery on Water Street in Chatham and at Millcove Coffee in Newcastle. Or, call Judy Bowman at 773-4733 for other options. Proceeds from the sale of this book will be used to continue the legacy project.



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The NB Aviation Museum is home to the largest collection of RCAF Golden Hawks memorabilia in Canada. The legendary aerobatic team was formed at RCAF Station Chatham, New Brunswick in 1959 to commemorate the 50th anniversary of powered flight in Canada and the 35th anniversary of the RCAF.

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Above: Pleasant Street in Miramichi, by Rose Thériault.
Above Left: Queen Elizabeth Park in Newcastle, by Bonnie Coughlan
Left: This Great Heron was feeding in Miramichi Bay, Oak Point at sunrise, by Fernand Maltais.



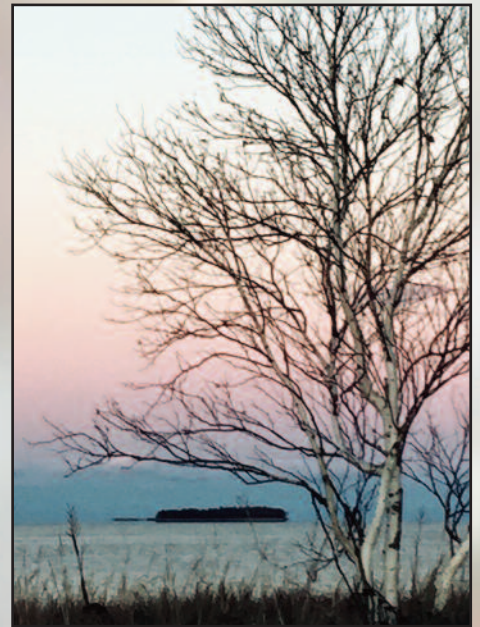
Summer time in Millbank, by Matt Ellsworth



My country kitchen at Christmas,
by Darlene Jardine



Storm on the Miramichi River,
by Robbie Stewart



Looking out to Sheldrake Island,
by Edna Dennison



These three bottom photos are by Les McLaughlin of Blackville

Above: Piebald Deer. A Piebald animal is born with a spotting pattern of white and dark patches. Piebaldness occurs due to genetic variations in less than 2% of whitetail deer.

Above left: Blackville park after a snowfall
Left: Mourning Dove



Autumn reflections on the Miramichi River in Derby, by Laura Lea Comeau.



Morning Glow, by Cathleen Richards-Green



Miramichi sunset by Chandler Martin



Merry Christmas



Illustration by Laura Lea Comeau



Matt Ellsworth

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