

# GIVER

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photo by Peter Gadd

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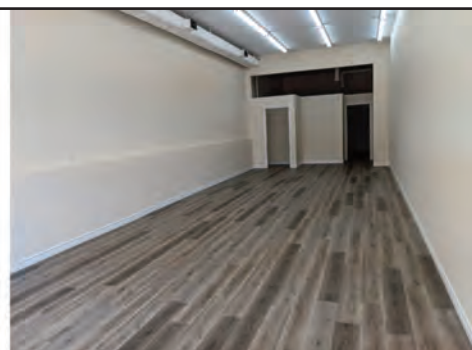
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# ARM Medical Equipment - New Business Supports Autism and Non-profit Partnership

**Mount St. Joseph's Nursing Home and Autism Resources Miramichi Inc.** have joined forces to offer the community of Miramichi a new business while supporting individuals with autism. The renting of various medical equipment to individuals and organizations located within the area of Miramichi City is available immediately. The Chief Executive Officer of Mount St. Joseph's Nursing Home approached the Executive Director of Autism Resources Miramichi, with the purpose of "using the existing equipment to support employment needs for individuals with autism while forming a strong partnership with Autism Resources Miramichi."

Located at 51 Lobban Ave, Miramichi, the new business of **ARM Medical Equipment** is now ready for the community to rent equipment and will make the process easy and simple. Equipment consists of wheelchairs, bed tables, electric beds, commodes and many others.

An individual with autism, whose strengths include paying attention to detail, and staying on task, has been employed, with support from an Autism Supervisor. While Mount St. Joseph's supplies the equipment and space, Autism Resources Miramichi provides the wages and autism coaching.

Autism Resources Miramichi and Mount St. Joseph's Nursing home are hopeful business will increase enough to offer further employment opportunities for individuals with an autism spectrum disorder. The Executive Director of Autism Resources Miramichi sees this as **"an incredible opportunity to create new jobs for an underserved population in our**



**own city."**

**Mount St. Joseph's Nursing Home** has been in existence for over 70 years and has a long history of pursuing excellence in long term care. Its priority is to respect the wholeness and dignity of each person. **Autism Resources Miramichi** has existed for over 14 years and provides many programs and services for those living with autism in the community. This is a newly formed collaboration and both organizations look forward to many successful years working together.

Find photos of available equipment to rent at: [www.facebook.com/ARMMedicalEquipmentRentals](http://www.facebook.com/ARMMedicalEquipmentRentals)

**Cover Photo:** A female monarch butterfly nectaring on goldenrod. Photo by Peter Gadd. See more on page 10.

*Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Our collaborative mindset is contagious. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and video links about what's up, what's new, what's happening. Keep it clean, keep it positive, and we'll promote it.*

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# Events



**Find More Events**  
[www.mightymiramichi.com](http://www.mightymiramichi.com)

## Aug. 29: Piper at the Point

Do the sound of bagpipes give you chills and make you long for a place you've never been? We have the fix for you, join us under the pines at Wilson's Point for Piper at the Point. This week Piper Cynthia Babineau will be on hand for your entertainment from 2-4pm.



Nature's acoustics are phenomenal at the Point so there won't be a bad seat in the house. Bring your lawn chair and picnic and make an afternoon of it.

**September 5:** this Sunday's piper will be David McDougall.

## Aug. 29: Miramichi Duck Race - a Camp Sheldrake Fundraiser

The ducks are lining up and jockeying for position in preparation for the Miramichi Duck Race to be held at Beaubear's Interpretive Centre on Saint Patrick's Drive in



Miramichi. Races start at 2pm. The first duck to cross the finish line will win \$3000! Eleven more prizes will be awarded including 2-night getaways and gift cards. The unsold ducks are restless and ready to compete! **Got your duck yet?** Thank you Andrew Patterson of Maurie's Ice Cream and Mini Putt for the \$2000 donation. He has been a major supporter of the camp for the past few years, enabling many

kids to experience the joy of camp life.

[www.campsheldrake.ca](http://www.campsheldrake.ca)



## Sept 3-5: Miramichi Buskerfest

The inaugural Miramichi Buskerfest presents amazing, free family fun with some of Canada's top outdoor busker acts including hula hoop, acrobats, jugglers, the Silver Starlets aerial show and more! From noon every day, Friday to Sunday, on Labour Day weekend, at the Waterford Green performance stage. Leaving tips for performers after the shows is welcomed and appreciated. Festival also features music and seating in the Chatham Town Centre courtyard. Stay tuned for updates at: [www.facebook.com/chathambusinessdistrict](http://www.facebook.com/chathambusinessdistrict)

## Sept. 6: St. Stephen's United Church Annual Harvest Home Supper

Join us for a take-out dinner on Labour Day. Choose from Turkey Dinner (\$18) or Salmon Dinner (\$25), each with all the fixings and a piece of pie for dessert.



Tickets can ONLY be bought in ADVANCE and must be reserved by August 29 by contacting Grant at 773-9312, Leah at 773-3634, John at 228-3524 or Chrissy at [cghamlyn@gmail.com](mailto:cghamlyn@gmail.com). Pick-ups from 1 to 4pm at the Black River Centennial Hall, 7919 Route 117, Black River Bridge.

## Seamen's Hospital Updates

**Sept. 7:** The Friends of the Seamen's Hospital **Craft Group** will resume normal operations every Wednesday from 9:30 to 3pm. The cost is \$3 per day and all crafting folks are welcome, quilting, knitting, hooking, etc. Bring your lunch and join us!

**Sept. 17:** We are pleased to announce that our **Card Games** will resume on this day and every Tuesday from 1 pm to 3pm.

**Rentals -** The Seamen's Hospital is a great place to host events like: weddings, birthday, graduation and retirement parties, baby showers, anniversaries, and more! Find us on Facebook

for photos of the space and to send a message.

Or call 773-6996 or

778-8081 for available dates.



## Oct. 2: Doaktown Fall Fibre Fair

Do you knit, crochet or simply create?

Then you don't want to miss this exciting event! Legacy Knits and Notions along with the Doak Provincial Heritage Site will



be hosting a day event showcasing fibre arts, fibre animals and other small farming ventures with a focus on fibre products. Open 10 am to 3 pm. Admission to vendor marketplace by donation. Admission to demonstrations \$5/person. At the Doak Provincial Heritage Site, 386 Main St. Doaktown. Find event on Facebook for details.







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# I am an Old Soul with Good Bones

## An Old Building Writes from the Heart

By Darlene Jardine

I am an old soul.

I started out as a **country store** built in 1896 and run by Mr. & Mrs. British Nathaniel Underhill in the small community of **Barnettville NB**. I stood by a railway station where the Whooper train came and brought supplies for me, and bags of mail for the community.

People also travelled from Newcastle up to Barnettville on this train, visiting relatives who greeted them with hugs and smiles.

I carried the necessities, as every good store does. In the cellar I had barrels of molasses, and 100 lb sacks of flour and sugar which were weighed out on scales and sold by the pound. The shoppers would come with their containers from home, to fill with molasses. Baskets of apples and oranges sat on the counter tops, and we sold butter, yeast, salt pork, corned beef, beans, raisins, lamp oil, soap, rabbit wire, school supplies, chocolates, and hard candy – to name a few. Back then most everyone had a garden for their vegetables, and cows and chickens for their fresh eggs and milk.

**My how I came to life** when they all arrived to shop for supplies and stayed to share stories of their fishing trips and talk about how their vegetable gardens were growing. The ladies would buy yarn and knitting needles and pretty material for dresses and aprons. I listened as they talked about church and their sewing projects and how many pairs of socks they would knit for their children for Christmas. My walls still hold the whispers of their laughs and conversations.

Those were good days.

Years went by and then Mr. Neil Crawford bought me in the 1970's and I served the community as a **post office**. The lovely Crawford family built a

house attached to me and lived there until the late 80's, until the road needed to be widened and I had to be sold and moved. But I was not worried. I stood strong, and waited.

Then, Darlene Jardine who takes care of me now, bought me and the house for one dollar. She saw the value in me right away and knew I had good bones. For a few years I stored wood and was used for tying Christmas wreaths. Oh how I loved the smell of the fir boughs!

One day Darlene had an idea. Or was it my idea... I can't be sure. She had a dream to start a **Tea House Restaurant and bakery** and before long I was shined up and filled with the smell of fresh baked bread and apple



The Underhill family in front of the old store.

dumplings. I was delighted to once again be welcoming in the community.

For 16 years I served as a restaurant. People from all over the world crossed through my doors. They came from Scotland, Germany, England, Switzerland, Spain, Italy and all across North America to have a home-cooked meal before continuing



Present day: Darlene's Country Cottage



on their travels. Many returned year after year, especially the fishermen, and those with summer homes in the area and we made a lot of friends. Locals celebrated their anniversaries and birthdays here, and we hosted fancy tea parties with music in the garden, Christmas dinners and a wedding. I'd listen with pride as Darlene served customers and told them my story, pointing out where the old store counter used to be and praising the original woodwork on my floors, walls and ceilings.

**Today I am living a new life once again**, this time as a cottage for rent on AirBnb. Years ago, an extension was built on for a dining room, and now that has been converted into bedrooms for guests. For the past couple of years people from all over Canada, and the world have been coming to


visit and enjoy my hospitality. I send a little warmth and comfort home with every guest who stays here, and they say they love my "rustic vibe". They know I am an old soul.

So here I am, old and rustic, still standing, strong and warm, with many years of memories within my walls, and many more to come.

**Darlene's Country Cottage** is on the Barnettville Rd, just outside of Blackville. It can be found on Airbnb and is available for rent seasonally, from June to October.



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# Monarch Butterflies Visiting Miramichi

by Peter Gadd, Nature Miramichi  
Photos by Laura Comeau and Peter Gadd



A fresh monarch butterfly recently emerged in late summer, therefore a member of the southward migrating super generation. (P.Gadd photo)

**Monarchs (*Danaus plexippus*)** are often found in the Miramichi region through the summer months as well as most of the rest of southern Canada. They are easy to pick out with their bright orange wings with black veins, floating and flying easily even in the strongest of breezes. We should welcome these visitors because that is exactly what they are. They are one of a handful of butterfly species that migrate north every year. They are not able to survive as eggs, larvae (caterpillars) or adults in our cold winter conditions. The adults need an ambient air temperature of at least 13 C to fly!

Amongst the largest of our butterflies, they are probably one of the best known and they are hard to miss as they travel from flower to flower of native plants drinking up nectar to power their wing muscles and support their bodily functions. They can be confused at times with the very similar but smaller non-migratory viceroy butterfly which in its various life cycle stages is able to live here all year around. Like all insects the monarch has six legs but only four are easily seen.

**In fall, the adult monarch carries out an amazing feat of endurance.** Adults that emerge from their chrysalis

(cocoon) in late August and early September embark on a southerly trip of several thousand kilometers, most ending up in central Mexico to a small highland location. There, they roost by the millions for three months or so before starting the return northern journey in March. It is at this point that this late summer population reaches reproductive maturity and before travelling too far north, will produce the next generation of monarchs that will continue the northern migration. The reproductive cycle happens

approximately two or three more times, taking about a month to complete, before adult Monarchs reach southern Canada by late June or July. **Adults seen at this time are the great, great grandchildren of the individuals that headed south the previous fall!**

Once the northern migration begins, the adult monarchs live only for two to five weeks, unlike the southward traveling migrant that can live for seven or eight months. The adult female, attracted to milkweed plants, can lay between several hundred to more than a



Swamp Milkweed



Common Milkweed



thousand individual eggs. The normal survival rate, despite its defensive mechanism is about 10% however. There are two North American populations, separated by the Rocky Mountains. Our eastern population is by far the larger.

**The monarch butterfly is considered a species at risk.**

Threats to its survival include industrial agricultural practices, herbicide and pesticide use, habitat destruction and climate change. Although they will feed on the flowers of most native plants its caterpillars hatch from small cream-coloured egg, laid individually on the underside of a young milkweed leaf, as the milkweed leaf is the only plant it on which it can survive.

As the caterpillar continues to eat milkweed leaves over the next 2 weeks or so it will undergo five molts, maturing physically each time. Finally, as a large black, yellow, and white striped caterpillar it will find a safe camouflaged spot away from its host plant, milkweed, to establish its chrysalis, emerging about 14 days later as a fully formed adult.

We can help the monarch survive by preserving suitable habitat including the planting of milkweed which is easy to grow. Here in Miramichi the two suitable varieties are **Common and Swamp Milkweed**, the latter in particular is an attractive garden plant.

The milkweed consumed by the caterpillar provides it with a toxin (cardenolides) that make it unpalatable to many of its possible predators. This toxin remains with the individual for life. It seems that this defensive mechanism is well known in the natural world and the monarch can afford to be large and “showy”. In fact, the previously mentioned similar looking viceroy butterfly survives because it mimics the monarch and thus fools some of its predators.

The monarch’s flight is described as slow and sailing, travelling about 9 km an hour, stopping to feed and rest along the way as it migrates. It navigates southward by instinct and relies on the polarizing characteristics of natural light. When



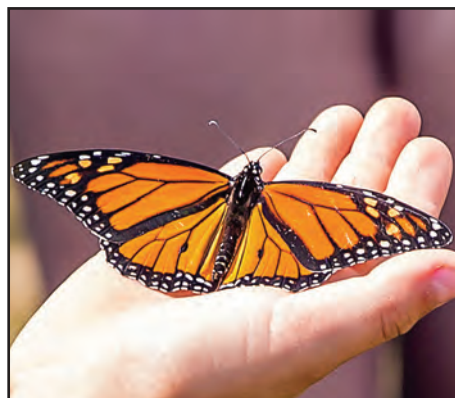
Monarch larvae on a Common Milkweed leaf.  
(photo by Laura Comeau)

we see a freshly emerged monarch (not worn or damaged) in the late summer one can admire this super generation and wish it well on the long journey ahead.

**The Miramichi Naturalists’ Club** is made up of members who enjoy the natural environment and meet on a regular basis to share experiences, ideas and programs. New members are welcome. For additional information visit their website at [www.miramichinaturalistclub.com](http://www.miramichinaturalistclub.com).



**Above:** A female monarch, no enlarged black spots on veins of hindwing. It is nectaring on Goldenrod. (P.Gadd Photo)



**Above:** A male monarch, slightly worn, tagged and about to be released for its onward journey south. Males have the black vein enlargements seen here on the hind wings. (P.Gadd photo)



Monarchs are well studied by scientists. One strategy is to capture individuals as they start their southward migration and apply a small tag which can be later recovered usually at its destination. (P.Gadd)



# Breathing New Life into the Old Courthouse

By Vincent Prager

May 1, 2017: I am visiting Miramichi for the first time. I am a director of the Beaverbrook Canadian Foundation, set up by Lord Beaverbrook in the early 1960's, and have come to visit the Queen Elizabeth Park downtown. It was given to Lord Beaverbrook in the 1950's, he gave it to Lady Beaverbrook who then gave it to the foundation. As a result of that visit we now have an agreement with the city - we own it, they operate it and insure it.

Mayor Lordon drove me to visit Beaverbrook House, and on the way I saw a large for sale sign on the old courthouse on King George Highway, which had been vacant for about 15 years. We stopped to visit. I

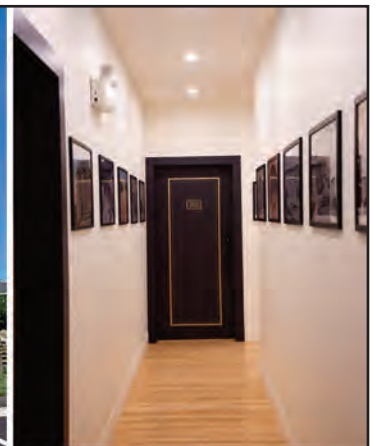


was enthralled with the possibilities. I came back a couple of weeks later with my interior architect partner, Roberto Menegati. Several months later in winter 2018, Roberto and I became owners of this gorgeous piece of Miramichi history.

Cleaning up the interior mess while preserving as much as

possible of the original features of the old courthouse was a herculean task. We hired the heads of three Syrian refugee families to do this and help them out. They were great. Dozens of dumpsters were filled.

Local architect/engineers, general contractors, electricians, plumbers, roofers, painting contractors, - you name them, we hired them! Incredible help was



The Old Courthouse on King George Highway has just completed a multi-year total designer renovation, and now boasts 8 one and two bedroom luxury apartments and loft as well as 4 offices. A very small number of apartments and offices are still available for immediate or future rental.

All apartments feature luxury designer kitchens and high-end appliances, including washers/dryers, and are all fully climate controlled. They vary in size between 600 and 1430 square feet, while the offices are approximately 375 square feet each. Parking is included in the rent as are basement lockers for the apartments. There is an elevator. All the wiring, plumbing, insulation, heating and a/c is new, but many of the original design features such as the turrets, woodwork, floors, high ceilings and large windows remain. Even the corridors, featuring pictures of Old Miramichi, are a pleasure to use, and they reflect the high quality of design that has been incorporated throughout the Old Courthouse.

The views are amazing from many of the apartments in this heritage building.



For information, viewing and rental please contact Brian Morris at Allied Realty [bmorris2@nb.sympatico.ca](mailto:bmorris2@nb.sympatico.ca) or at 506-627-6500.



welcomingly received from Brian Morris at Allied Realty who, against his own possible gain, suggested we rent the units when finished, rather than sell them as condos. Norman Roy of Roy Bros, the contractor, was there day and night and gave invaluable advice to ensure the huge cost overruns were minimized. Every single window and all the wiring and piping was replaced. As much of the gorgeous woodwork was retained as possible. So too the old safes - one is now the mail room, another safe door is hanging on a wall. The apartment entrances are painted to resemble the safe doors. The old prison bars from the cell adorns the main entrance.

Bit by bit the building was transformed into eight, one- and two-bedroom apartments, each one unique, one a loft, and four unique offices. Even an elevator was installed.

Endless permits had to be sought and rules and regulations followed - and finally all was finished, and the first tenants moved in in early February.

No one believed we would actually go ahead, but we did, and the result is truly outstanding. Each unit has features from the original courthouse - in one unit the door to the bathroom is the interior safe door from one

of the safes. The turrets create warm and unique living space. Each kitchen has top of line appliances in a slate stainless steel finish. The corridors are graced by dozens of historic old photos of the courthouse and of old Newcastle and Chatham. A new parking area has sufficient space for tenants' and guests' cars.

The chance passing by 4 ½ years ago has really led to the rebirth of a beautiful and historic part of Miramichi and I am proud to have made this possible. This is however not my only connection with the beautiful Province of New Brunswick - I live most of the year in Montreal, but in 1995 I purchased the former home in St. Andrews of Lady Beaverbrook, which I first lived in and then turned into a museum for the works of art painted by my mother, Eva Prager O.C. and my grandfather, Joseph Oppenheimer. Apart from 300 paintings there is jewelry, hundreds of toys, interesting memorabilia, classic cars - including the Land Rover Lady Beaverbrook [who was then Lady Dunn] bought for Sir James Dunn in 1956. And of course the house itself! Please come and visit if you are in St. Andrews. We love welcoming Miramichiers. I've made the trip dozens of times back and forth over the last 3 years - it's easy! The website is [www.museumatdayspring.org](http://www.museumatdayspring.org).



## FRENCH FORT COVE

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[www.miramichi.org](http://www.miramichi.org)







# Miramichi Senior Sawdustmakers Inc

## Women Wood Carvers

by Paulette Arsenault

At the **Miramichi Senior Sawdustmakers Inc. (MSSI)**, we have been keeping our creative spirit alive.

In addition to the morning workshop period, we added carving classes in the afternoon, to give more people access to the shop and offer an opportunity for members to develop new skills. These classes were held every Thursday afternoon until June 30, the shop closure date for the summer.

Since the founding of MSSI, women have played an important role in the group. Here is a **profile of three women who joined the carving classes** with no prior carving experience but were eager to learn.

**Rose** wanted to carve a sign for a not-for-profit organization in PEI that she is involved with, collecting donations for a project in Ethiopia Africa. She had no prior experience in carving. After following the introductory course, understanding the basic concept of carving with the grain, how to use a gouge and practicing on the letter R, she embarked on the desired sign. While being coached by carving instructor Philippe Gauthier, sanding and painting, she produced her first ever sign. She was so pleased with the experience that she carved a cat for one of her grandchildren.



**Above:** For Rose's first project she took on the challenge of carving lettering for a sign, for a not-for-profit organization.

**Luce** also had no experience with carving. She is a master at building small intricate wooden boxes and wanted to add a certain finesse to her multiple projects. She too followed the carving class courses and developed a unique technique of using the specialized carving gouges and a Dremel grinder. She was extremely at ease



with the miniature router bits since she was a dentist in a prior life. She loves the buzzing sound of the Dremel. Her skill enables her to make very fine detailed elements to add to the boxes like the above maple leaf. Her approach opened the class to new carving techniques and possibilities.

**Right:** Luce carved decorative elements to add to her wooden boxes.



**Daphne** had mixed feelings about carving because she thought people needed strong wrists to carve wood successfully. She was proven wrong after the first carving class. Using the proper technique, she enthusiastically went for a project that she never thought she could do: a dragon. As always while carving wood, it takes patience and determination. This combined with gentle coaxing by Philippe, and wood chip by wood chip removal, led to the final



**Above:** Daphne completed a large detailed piece as her first carving project.

creation of Spitfire the Dragon. At first, Daphne called it Spot, but after adding the fire breath that was not part of the original design, the name came naturally. Notice that the fire breath was designed with yellow, red, and blue stained glass incorporated into the wood, a first at MSSI. After 80 hours of work, the finished product is simply outstanding. What's next Daphne?

MSSI is always looking for new members. Contact us at: [miramichiseniorswoodworking@gmail.com](mailto:miramichiseniorswoodworking@gmail.com) to join us.



# WorkSafeNB's Farming Sector Health and Safety Initiative

WorkSafeNB knows how vital agriculture and the food processing industry is to New Brunswick's economy. We also know that agriculture can be a dangerous industry.

Too often we hear or read of farm incidents where a farm worker or family member was seriously injured or killed by injuries that were preventable.

We know employers care about their employees' well-being...and so do we. That's why we are committed to keeping New Brunswick workers healthy and safe through safety leadership, prevention initiatives, and compliance activities.

To continue to drive a safety-first culture in New Brunswick's agriculture sector, WorkSafeNB is preparing for a farming sector health and safety initiative this fall. WorkSafeNB has a wealth of resources to help workplaces improve health and safety, including inspection checklists to help employers prepare for future visits from our health and safety officers. These resources will be shared through our industry partners, including the Agriculture Alliance of New Brunswick, Dairy Farmers of New Brunswick and the National Farmers Union of New Brunswick.

WorkSafeNB recommends that farm operators regularly review operations, ensuring that proper training and safe working procedures are in place. For helpful resources, visit [worksafenb.ca](http://worksafenb.ca).



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# Miramichi Shooting Sports

Miramichi Shooting Sports hosted 27 shooters from across the Maritimes and have three more events planned for this year. Next up is the **100 Sporting Clay Shoot on August 21**.

Miramichi Shooting Sports shotgun faction hosted their second shoot of the year on July 24. This shoot was a **100 Sporting Clay Shoot** with 12 stations set up and a wide array of shot presentations.



The weather was perfect and we ended up with 27 shooters that attended. We hosted shooters from Nova Scotia, Pei, Moncton and Fredericton. The course was a challenging one for sure but everyone had a great day and left with smiles on their faces. Seen here are photos from the event.



There are three more shoots upcoming this season. On **August 21** is the **100 Sporting Clay**

**Shoot** and then in **October a Hunter Warm-up Shoot** (date to be determined). The final shoot of the year will be the annual **Chili Shoot**, held in December.

The shotgun faction shoots every Wednesday evening starting at 6 pm and Sundays at 10 am. The club currently has 293 members. If you are interested in trying it out or becoming a member please contact us at [info@miramichishootingsports.com](mailto:info@miramichishootingsports.com) or check out our website [www.miramichishootingsports.com](http://www.miramichishootingsports.com) or find us on Facebook.



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# Why Does Your Business Need a Cybersecurity Risk Assessment

Cybercrime is so common these days, hackers attack a computer every 39 seconds. This is an average of 2,244 cyberattacks per day!



The average cost of a cyberattack is \$3.86 million with worldwide cybercrime costs hitting \$6 TRILLION in 2021.\*

Since the COVID-19 Pandemic, the FBI has reported a 300% increase in reported cybercrime across the world.

The advances in technology throughout the years have caused a surge in cybercrime. With advanced technology comes the ability for cybercriminals to automate their cyberattacks, artificial intelligence is being used to counteract your current cybersecurity plan. Even the strongest cybersecurity protocols can be breached, and improving your security is not going to be enough to keep out cyber-threats. It is not IF but WHEN your business is breached. Your business needs a team of experts, a more resilient cybersecurity plan with a combination of offensive and defensive cybersecurity methods to keep cybercriminals from wreaking havoc on your company.



**20% OF BREACHES ARE CAUSED BY REMOTE WORKERS**

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**77% OF ORGANIZATIONS DO NOT HAVE A CYBERSECURITY INCIDENT RESPONSE PLAN WHEN THEY ARE HACKED**

Worldwide, cybercrime costs will hit \$6 trillion in 2021. The cost of cybercrime is increasing daily, and is expected to get much worse by the end of this year. With recent cyberattacks like the Zoom and Kaseya breaches that affected millions of users worldwide. Were you affected?

Cybercrime has reached an all time high, with data breaches exposing 72 billion records in 2020. **It is important to ensure your business is protected!**  
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# Miramichi Sport Compact & Bike Weekend 2021

## August 20 to 22 at Miramichi Dragway Park

Miramichi Dragway Park is excited to be back at the track, after having to cancel events last year due to the pandemic. But this year it's on and they have an exciting weekend of racing coming up!

Pricing reflects camping for the weekend unless you are just coming for the day. Camping is on-site with rest rooms. Plans are to have a food truck available.

Pricing: \$80 for racers, \$40 for spectators, \$20 for a day pass.

Tech inspection will be Friday until dark and will reopen Saturday morning at 8:30 am.

Time trials will be Friday evening from 6-9ish. Saturday and Sunday will be a 10am start.

Time Trials, Bike Class, Bracket, Heads-up all motor, Heads-up Turbo, Heads-up Open Class, Eliminations.

[www.facebook.com/miramichidragwayinc](http://www.facebook.com/miramichidragwayinc)



Miramichi Dragway Park at North Napan Rd. Photo by Tyler Jeffrey

### More Race Dates:

September 10-12: Miramichi Fall Brawl

October 2-3: Bracket Race

October 9-10: Bracket Race/Battle of the Corporations



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In this article I wish to break away from misconceptions and beliefs often heard about the Miramichi Ground Search and Rescue organisation (MGSAR) and its membership. Here is a portrait of four women who encompass its new reality.

# Miramichi Ground Search and Rescue Women in Action

by Paulette Arsenault

**Julie « AKA the Frog »** She likes to tackle the most difficult search areas i.e.: bogs, swamps and marshes where men often shy away.

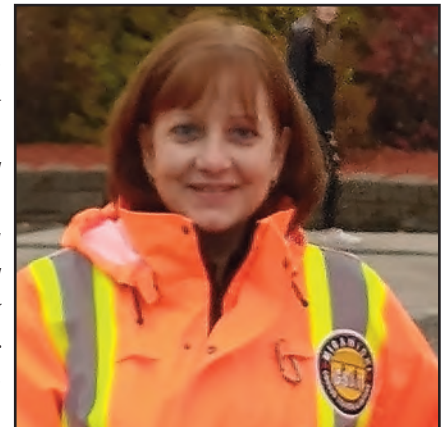
*I have joined MGSAR to give back to the community of Miramichi while doing something that I enjoy; being outdoors. In MGSAR, I found a great team of people putting our individual skills and interests together to achieve a common goal; finding a missing person to reunite with their loved ones.*



*In MGSAR you do not need to have all the skills, you are part of a team. If you love the outdoors, want to be involved in the community and be part of an amazing team; MGSAR is waiting for you. Thanks to the wonderful MGSAR team.*

**Teresa « AKA the Director »** The youngest female Team Leader in MGSAR, she knows how to support, direct and focus her teammates during chaotic and complex situations.

*While many people may feel the role of a searcher is primarily for men, that is not how it is with Miramichi Ground Search and Rescue. Women are able to fill every role and outnumber the men. I have been a member for almost three years and am eager to learn*



*more. Training has covered a broad range of topics held indoors and outdoors and all activities have improved my search skills. The search types I have participated in have been just as broad and have tested my physical and mental limits. Knowing my personal limits is important. I don't want*

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to become a distraction to my teammates on a search. The outcome of the searches has varied but helping others is rewarding. The support is always positive and encouraging and the friendships created are a wonderful bonus.

**Dianne « AKA the Queen Bee »** Give her a task to accomplish and it will be done efficiently, professionally and quickly no matter how difficult, complicated or arduous it is.

*I had thought about joining the MGSAR but I wasn't sure if I would be a good candidate. I have a son with Autism who used to wander as a child; I am in a leadership role in my full-time job; and I stay active by hiking, walking, running, spinning, and paddle-boarding. I love nature but I don't go deep off-trail into the woods for fun. The turning point for*



*me was when I was on vacation in 2018. A woman my age had gone missing while out hiking and, at the time, I wished I had the experience to help search. Thankfully, she was later found alive by a group of experienced volunteers after 17 days in the woods. I met the MGSAR team at a family fun day event and I decided to try it out. Since then, this diverse group has taught me all about using maps, compasses, and GPS. I have participated in two mock searches and five searches and I love being able to help my community when needed.*

**Chantal « AKA the Whisperer »** A recruit for only three months, it took her 17 minutes on a search to find a person suffering from dementia lost in the woods for two days. Her voice compelled the person to answer and come out of their hiding place.

*MGSAR has been the most rewarding volunteer experience. Upon relocating to the Miramichi and reading an article in the Giv'er magazine I knew this was an all-*

*encompassing opportunity I wished to dedicate my time towards. MGSAR provides me with a sense of purpose, pride, genuine connection to our community, invaluable skills and endless personal growth opportunities both physical and mental, that are all self paced. I would recommend that every individual (regardless of gender) with an interest in GSAR join our team! The MGSAR is a professional, respectful, all inclusive, supportive team building environment which recognizes and promotes an individual's strengths and also highly encourages exploring and building upon weaknesses.*



Miramichi Ground Search and Rescue membership is composed exclusively of volunteer women and men, of all ages. MGSAR is always looking for new recruits, if you're interested, please contact us at: [join@mgsar.ca](mailto:join@mgsar.ca) Help us find lost people.



We would like to take this opportunity to express our appreciation to Michelle Conroy MLA for Miramichi for answering our call for financial help. (See Summer issue of Giv'er page 22)





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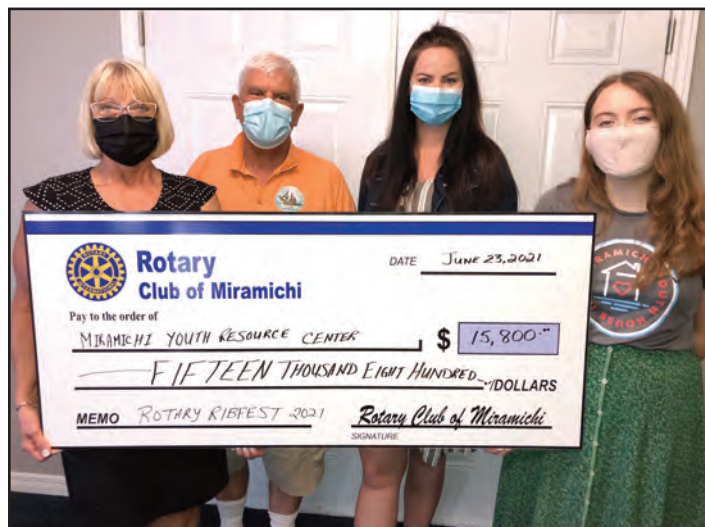


# Rotary Club of Miramichi Donates \$15,800 for new Youth Resource Centre

The Rotary Club of Miramichi recently presented a cheque for \$15,800 to Miramichi Youth House Inc., as the main beneficiary from this year's RibFest. These funds will be used to get the Youth Resource Center, located in the former St Andrews School, off the ground.

This community-based and community-raised project will be an accessible, holistic and safe space for youth aged 13-25 to create, exercise and design community. The space will address the conditions that create community exclusion and outmigration of our youth. This project has been identified as an important resource for youth mental health. Rotary appreciates the support of our sponsors and the public for RibFest.

Miramichi Youth House Inc. is a local community-based not-for-profit providing housing solutions to adults and youth in the Miramichi area. They believe



**LtoR** Catherine Flett (Rotarian RibFest Chair), Michael Mersereau (Rotary Club President), Samantha Fairweather (MYH Executive Director), and Lindsey Fanjoy (MYH Manager)

action is needed to create safe and secure environments for all youth, by providing opportunities to grow positively within their family, their community, and their school.

For more information about Miramichi Youth House visit: [www.miramichiyouthhouse.com](http://www.miramichiyouthhouse.com)  
[www.facebook.com/MiramichiYouthHouse](https://www.facebook.com/MiramichiYouthHouse)



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# Take a Book, Leave a Book - at your local Tiny Library

By Les McLaughlin



Two and a half years ago, a **community-based tiny library** was installed in Blackville. What started as an idea to get more people to read, the project grew into an astounding success - an estimated 2500 books have passed through its shelves. Donations of books from individuals and local groups play a major part in the success of the project.

Although not an official member, the library is based on the "Little Free Library" project. Books are free to take, and no sign-out is required. If you see a book you would like to read, take it and return it when you are finished. Or if you want to keep it, you can return a different title in its place.

The library contains a variety of

books for children and adults - fiction and non-fiction.

If your community is looking to start a tiny library, all you need is a bookcase and a location to house it. Some communities place small weather-proof boxes outside along their streets, while others place them inside using bookcases at local businesses or community centres.

The **Blackville Community Library** is located inside **Foodland** and was brought to fruition by Les McLaughlin and Foodland managers Naomi and Clem Savoie. Local carpenter Roland Sturgeon donated his time and materials to build the custom bookcase.

For more information about starting your own community



library or if you would like to donate books, send an email to:

[library@villageofblackville.com](mailto:library@villageofblackville.com)

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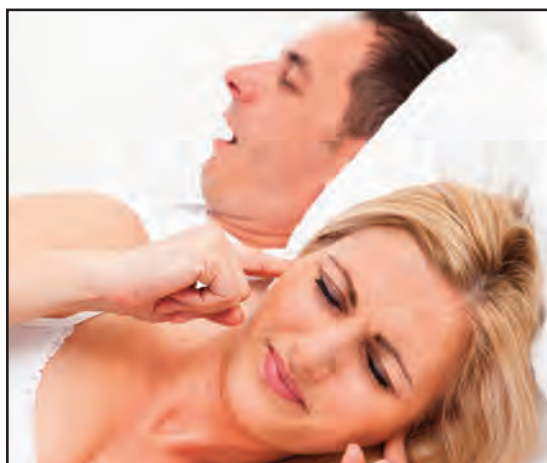
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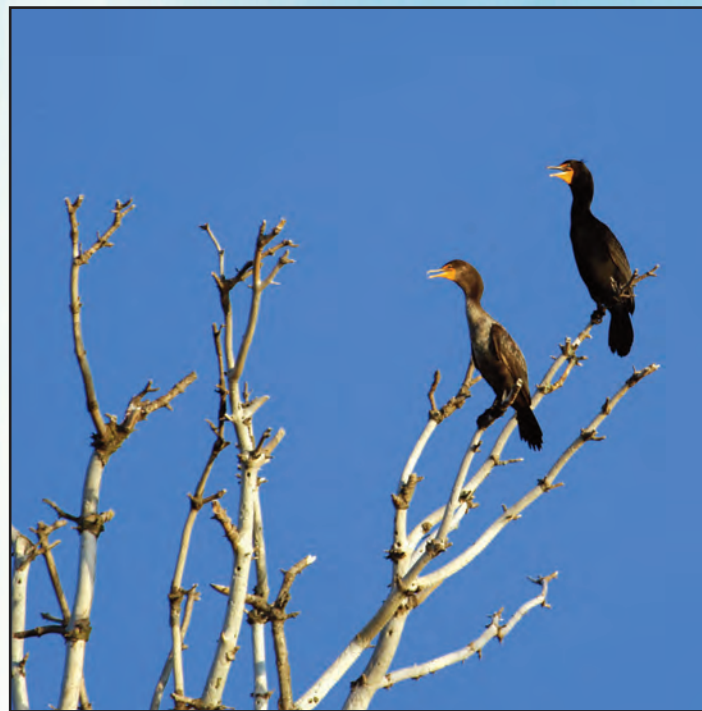


**Left:** Ducks in Nelson, photo by Bonnie Coughlan.  
**Above:** Escuminac Wharf, photo by Bonnie Coughlan.



**Left:** Beautiful blooms outside Mr. Tomato in Rogersville, photo by Bonnie Coughlan.  
**Above:** Dragonflies mingled together, photo by Bernie Colepaugh.





**Above:** Flying past the moon, photo by Edna Moorhouse.  
**Right:** Cormorants “shags” striking a pose, photo by Edna Moorhouse.



**Above:** Looking for supper at Burnt Church Wharf, photo by Cynthia Joe.

**Above right:** A bald eagle flying overhead in Oak Point. photo by Fernand Maltais.

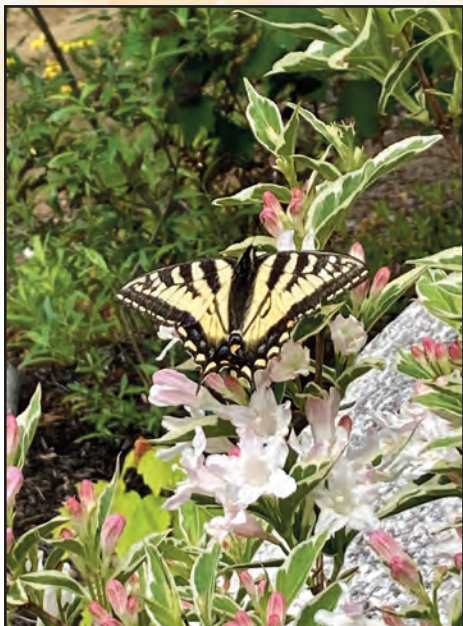
**Right:** The Milky Way, photo by Matthew Despres.



*Look to the Sky*



# How Does Your Garden Grow?



Above photos of Sylvie Lagace -Doiron's garden in Tabusintac.

**Above left:** Swallowtail butterfly in the garden, **Above middle:** Bearded iris.



**Above:** Gale Campbell's Peony Rose  
This peony rose is at least 50 years old. It has been transplanted over the years at least three times on the property and still managed to thrive with, dare I say it, very little care and attention. This peony holds sentimental value because my mother planted it originally in the early 1970's, here in Centre Napan. Photo by Lylla Adams.



**Above:** A portion of Laura Lea Comeau's garden in Derby. **Above right:** Laura's hollyhocks.



**Left:** A hummingbird moth and lilacs in Edna Moorhouse's garden. **Above:** Edna's peony rose.



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- ♻️ Encouraging the three R's in the community,
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***Please submit the completed nomination form by September 30<sup>th</sup>, 2021.  
Awards will be announced October 22<sup>nd</sup>, during Waste Reduction Week.***

