

# GIVER

## Miramichi

Published by MCG Media. [www.GiverMiramichi.com](http://www.GiverMiramichi.com)

**FREE!**  
Fall Issue 2021

**16,500**  
Copies  
Distributed!



photo by Derek Deredin

CHECK OUT THE NEWLY REDESIGNED  
2021 GRAND CHEROKEE L



Drew Hunter

Chris Savage

Rejean Savoie

Paddy Quinn

Wesley Parsons



1155 King George Hwy, Route 8, Miramichi, NB  
Tel: 506-622-3900 • 1-866-740-3900  
[www.townechrysler.ca](http://www.townechrysler.ca)

Text our sales team anytime at 506-300-3218







# Mortgage specialists

Where and when  
it suits you

• Accessible • Fast response time • Professional



**Lison Guignard**  
**506-397-5407**

**Steve Dugas**  
**506-655-8826**

[uni.ca/mortgage](http://uni.ca/mortgage)





For my design, I created a butterfly including the sacred Aboriginal colors; red, yellow, white, and black.

I chose to draw a **butterfly** to represent a child since they too are delicate and beautiful beings. Butterflies also represent hope and change, which is why I believe they are a great symbol to honour Indigenous children on Orange Shirt Day.

*Every Child Matters*



Winning Art Design by Brooklyn Krygsvelo.



School  
*Breakfast*  
Program

...at **23**  
Schools



[www.BGCMiramichi.com](http://www.BGCMiramichi.com)  
**(506)778-2444**



# Classifieds

## Sales & Service



### ARM & SONS NEW & USED TIRES LTD.

#### JUNK CARS WANTED

- Now Into Used Cars - Financing Available
- New & Used Tires
- Oil Change • Wipers

Mon-Fri 8am-5pm, Sat 9am-1pm

**506-776-5371** 1620 Route 11, Barryville, NB



### CASTLE SHEET METAL LTD.

622-7011 Fax: 622-0477  
148 Roger St, Miramichi  
Hours: Monday - Friday  
8:00am - 4:30pm

### CASTLE MACHINE WORKS LTD.

142 Roger St.  
Miramichi, NB  
E1V 1H1  
Tel: (506)622-0752



### Conroy Construction *Jimmy Conroy* Licensed Carpenter

Over 14 years of experience. Specializing in:  
• New builds • Renovations • Steps • Doors  
• Flooring • Decks • Siding • Windows

Tel: 506-210-5990 email:jimmyconroy@hotmail.com

**FOR SALE**  
**1 Stock Car**  
**Good running**  
**condition**  
**Roll cage, plus+**  
**\$875**

**Retiring**  
**Call 506 251 8853**



# Splash of greens

## FRESH PRODUCE DELIVERED YEAR ROUND



GET YOUR FRESH BUNDLE AT  
**SPLASHOFGREENS.COM**



## WE DELIVER

**TO THE MIRAMICHI REGION**  
GROCERIES - PARCELS - NECESSITIES

**506-210-1033**  
**WWW.DEBSDelivery.COM**



**WE'RE OPEN**  
By Appointment Only 622-0645  
Monday to Friday between 8-3  
**www.spcamiramichi.com**  
We appreciate all of your help!!

- Any donations may be left on the step.
- For valuable/cash donations, ring buzzer (Mon-Fri).
- Adoption applications available on our website.

**Add Your Classified. Only \$175 - business card size. Tel: 623-8711**



# 38th Anniversary

## New Brunswick Country Music Hall of Fame - October 16th



Ivan and Vivian Hicks, New Brunswick Country Music Hall of Fame members and this year's Official Host, Susan Butler, are pleased to celebrate the 38th Anniversary in Miramichi. It will be a double event with 2 seatings on the same day, to allow social distancing.

The Gala reception, banquet, induction ceremonies and concert, will be on **Saturday October 16** at Carrefour Beausoleil, 300 Beaverbrook Rd.

The **first sitting**: meet & greet at 11am, 12pm banquet, 2:30pm Gala Concert featuring Hall of Famers.

The **second sitting**: meet & greet 5pm, banquet 6pm, 8:30pm Gala Concert featuring Hall of Famers.

Tickets are \$65, by reservation only. Call Susan at 506-622-1780 or email [susanbutler@xplornet.com](mailto:susanbutler@xplornet.com). The evening gala is sold out with a few tickets left for the noon sitting.

This year's inductees include **Blaine Morrison** from Miramichi, A multi- talented musician, he plays guitar, bass, dobro. His bands were; The Limelighters, The Ranch Rockers, and the Morrison Big Iron. Blaine founded a full-service music store, the first of its kind in Miramichi to offer instrument repairs, music lessons and sales all under one roof. He headed the repair department when Miramichi Music was incorporated in 2002 and was manager for 6 years.



Flo Durelle



Blaine Morrison

He developed CowboyMusic.com (now the Cowboy Music Channel on YouTube), to ensure music, particularly

country, would survive by offering free lessons. He covered several sub-genres including Carter Family, Merle Haggard, Johnny Cash, Ernest Tubb, Alan Jackson, and Hank Williams. Much of the work for these 78 videos was done behind the scenes and he played lead guitar and bass on some of the tracks. Blaine is a true humanitarian, has a big heart and played countless benefits and fundraisers over the years.

**Other inductees** include Gary Hooper, formerly from St. Stephen now living in Ontario, Flo Durelle, formerly from Baie Ste- Anne, now living in Dieppe, Cheryl Ellis, Moncton and Elmo MacDonald (posthumously) from Fredericton Junction.

Events leading up to the Galas: **Wednesday, October 13th**, Jim Morrison, Susan Butler, Barb Somers, and Elmer MacDonald will be entertaining at Parkland Retirement Home in Douglastown, 2- 3pm.

**Thursday, October 14th**, 4 Dollar Bill will be performing at Riverside Entertainment Centre from 6pm to 10pm and **Friday, October 15th**, Steve Lyons and Friends will be at Mike's Bar & Grill from 6pm to 9pm.

This year's celebration is sponsored by City of Miramichi, Towne Chrysler, Travelodge, Province of New Brunswick, Days Inn, and WoodPecker Tree Care. This is the fifth time that the Miramichi has hosted this event.

**Cover Photo:** The lighthouse at Île-aux-foins Park (Hay Island) in Neguac. Photo by Derek Deredin.

*Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Our collaborative mindset is contagious. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and video links about what's up, what's new, what's happening. Keep it clean, keep it positive, and we'll promote it .*

**Submissions:** email to [submit@mcgmedia.net](mailto:submit@mcgmedia.net)

**Advertising:** [sales@mcgmedia.net](mailto:sales@mcgmedia.net) Tel: 506-352-7668

**Twitter:** @mightymiramichi

**Facebook:** [www.Facebook.com/mightymiramichi](http://www.Facebook.com/mightymiramichi)

**Web:** [www.GiverMiramichi.com](http://www.GiverMiramichi.com)

**Giv'er Miramichi is published and copyrighted by MCG Media (MightyMiramichi.com)**

Mighty Miramichi

PO Box 4166, Station D, Miramichi, NB, E1V 7K9

Web: [www.MightyMiramichi.com](http://www.MightyMiramichi.com)



# Events

**Find More Events**  
[www.mightymiramichi.com](http://www.mightymiramichi.com)

## **Oct. 9: Dare the Dark**

Something is stirring in the depths of French Fort Cove. A buried power is straining to break forth. On October 9th, it will be freed. Part of the City of Miramichi's Haunted Happenings, the challenge to Dare the Dark will once again be laid down, as the intrepid, and the careless, will journey into the midst of the Cove at 7pm and 9pm at a cost of \$10/ticket.

The Cove is known for its connection to local lore. Legends of a buried treasure, dating from the time of Boishébert, and guarded by a headless ghost, are well known. Folklore also speaks of a naval engagement in 1758 occurring near the site, some versions going so far as to state that the British ships involved had been blown off course when attempting to return the remains of General James Wolfe to Great Britain. In the fall of 1886, it was reported in the local press that human bones were unearthed in Fish's quarry and that, for several nights thereafter, lights were seen and the telephone at the office was ringing at odd hours. Local historian Louise Manny wrote in reply to a question, "is the Mill Cove Haunted?" that she had heard of a restless spirit who was known to slap trespassers. A trick of the mind, or perhaps something outside our everyday experience?

Join your guides, brave the darkness, and test your courage this October. Who can tell what may occur, and, with the usual gallery of rogues that are known to inhabit the Cove on nights like these, there is an even greater chance for mayhem. Do you possess the daring necessary to journey through the cove at night? The darkness beckons you to come and find out, because once you enter those woods, you may never leave the same!

For further information, and to

reserve your place (two tours: 7pm and 9pm - limited space) call 210-1830

**Oct. 9: Miramichi Zombie Walk** 12-3pm on Waterford Green in Chatham. \$5/zombie. Walk starts at 1pm and proceeds down the Water Street sidewalk. Also there will be a cash canteen plus free photo booth photos for anyone dressed as a zombie. All ages are invited to participate walking in the zombie horde while in costume. 100% of the profits are being donated to the volunteers group, Miramichi Ground Search & Rescue

## **Oct. 30: Rotary Halloween Dance**

Featuring The band Shaydid from Halifax, join us for a Halloween Dance at the Miramichi Civic Center on Saturday Oct. 30. Tickets are \$20 in advance at Kingston Fuel locations or \$25 on EventBrite or at the door. Only 1175 tickets available. There will be prizes for Best Costumes! Miramichi Timberwolves will host the bar. All net proceeds to Rotary projects.

## **Nov. 5 & 6: Christmas Craft Market at the Woodmen's Museum**

With over 30 vendors featuring products made here in the heart of NB, you are sure to find the perfect gift or item for yourself. Friday 4-8pm (Homemade Fudge Sale) Saturday 10am to 2pm (serving Pumpkin Spice Lattes). Admission is Free. Gift Shop items will be 10% off. To book a table contact [woodmen@nb.aibn.com](mailto:woodmen@nb.aibn.com) or 506-369-7214.

**November 13: Quilt Show & Craft Market** - At Seamen's Hospital from 10 am to 4 pm. The quilt show and crafts will feature work by the Craft Group members and this will be a good opportunity to do some Christmas shopping. Refreshments will be available.

## **Seamen's Hospital Events**

12 Vye Street in Douglastown



## **Annual Apple Pie Fundraiser**

We are now taking orders for apple pies which will be made with fresh Cortland apples from Belliveau Farms in Memramcook, NB. Call Seamen's Hospital at 778-2349 and leave a message or contact us through Seamen's Hospital Facebook page. Required: your name, phone number and the number of pies you want. We'll make them and you can take them home to bake or freeze right away. We will call you towards the end of October when pies are ready. The price of one pie is \$9. Get your orders in soon!

**Weekly Seniors' Card Games** have resumed on Tuesdays from 1 pm to 3 pm. Auction 45s is the game of choice. Masks are optional for fully vaccinated folks. Proof of two vaccinations is required to show at the door. Folks who are not fully vaccinated will not be admitted. This is due to the lack of social distancing which is experienced at card games, and the sharing of cards.

**The Craft Group** has resumed their weekly sessions on Wednesdays, 9:30 to 3:30pm. Everyone is welcome. Bring your lunch, \$3 for the day, your project, enthusiasm, and perhaps a plan to teach or learn something. As before, masks are optional for those fully vaccinated and mandatory for those who are not fully vaccinated.





CITY OF • VILLE DE  
**MIRAMICHI**

# **HAUNTED HAPPENINGS**

**SEPTEMBER 23<sup>RD</sup> TO OCTOBER 31<sup>ST</sup>, 2021**

**SEPTEMBER 23<sup>RD</sup> & 24<sup>TH</sup>: DOWNTOWN MUSIC FEST**

**SEPTEMBER 25<sup>TH</sup>: APEGNB PUMPKIN FLING**

**OCTOBER 1<sup>ST</sup> TO 24<sup>TH</sup>: DOWNTOWN NEWCASTLE PUB AND GRUB CRAWL**

**OCTOBER 9<sup>TH</sup>: ZOMBIE WALK**

**OCTOBER 9<sup>TH</sup>: DARE THE DARK: HEADLESS NUN TOUR**

**OCTOBER 9<sup>TH</sup>: SCARY LARRY GOLF TOURNAMENT**

**OCTOBER 15<sup>TH</sup> TO 31<sup>ST</sup>: THE GREAT PUMPKIN WALK**

**OCTOBER 15<sup>TH</sup>, 16<sup>TH</sup>, & 17<sup>TH</sup>: "THE HAUNTING OF NEWCASTLE MANOR" TOUR**

**OCTOBER 16<sup>TH</sup>, 22<sup>ND</sup>, 23<sup>RD</sup>, 29<sup>TH</sup> & 30<sup>TH</sup>: FLETCHER'S FARM HAUNTED MAZE**

**OCTOBER 23<sup>RD</sup>: WILSON'S POINT GRAVEYARD TOUR**

**OCTOBER 28<sup>TH</sup>, 29<sup>TH</sup>, 30<sup>TH</sup> & 31<sup>ST</sup>: RIVER TRAIL ORCHARD & FARM SPOOKY HAYRIDE**

**OCTOBER 30<sup>TH</sup>: TRUNK OR TREAT**

**OCTOBER 30<sup>TH</sup>: CHATHAM HEAD OLDTIMERS HALLOWEEN COSTUME PARTY**

**OCTOBER 30<sup>TH</sup>: ROTARY CLUB OF MIRAMICHI HALLOWEEN DANCE**

**VISIT [DISCOVERMIRAMICHI.COM](https://discovermiramichi.com)  
FOR MORE INFORMATION**





# A Walk Through Time

By Charlotte Loggie, Miramichi Historical Society | Photos by Brian Loggie

There are many beautiful, historic buildings in Miramichi that have stories to tell us if we take the time to listen. The idea for these historic walks was conceived in 2010 as an Enrichment Project for students at Dr. Losier Middle School. Students worked all year on identifying historic buildings, doing research, and creating recordings of the descriptions of each property. Lois Martin, a well-known personage and local historian, helped us immensely with this work. We researched the properties using her books *Historic Homes of Chatham*, Vols. I, II and III, and Lois was invited to our final presentation of the walking tour. The students developed a series of walks all through historic sections of Chatham.

This first walk began on Holy Hill and was printed in the annual Mighty Miramichi River Guide ([www.riverguide.ca](http://www.riverguide.ca)). Now the walk takes us down University Avenue in Chatham to view some of the historic homes in the neighbourhood.

## A Chatham Historic Walk - University Avenue



**47-51 University Avenue** - This is a small group of houses that all display traces of Italianate architectural influences. The houses all have hipped roofs, wide eaves, and a rather tall, rectangular look. Italianate architecture

was very popular from the mid-1860s to about 1885. 51 University Avenue was built by a prominent local builder, John McDonald. The Murdoch family lived here. Father Murdoch, a well-known priest and author grew up in this house.

**36 University Avenue** - This historic home was likely built prior to 1853 when there is a record of John Townley renting the property from Samuel Flemming. It came into the possession of the Maher family around the turn of the 20th century and at one time was the original location of Maher's Funeral Home (now located across the street). It is built in the vernacular style with a Gothic peak in the centre of the roofline.

**34 University Avenue** - This house was constructed sometime around 1881 by the Malachy Dwyer family. The Dwyers ran a general store in Chatham. An extensive description of the interior features and building materials used in the home's construction appears in *Historic Homes of Chatham Vol. III* (Lois Martin). A central dormer, typical of architecture of the period, breaks the roof line and features a triple pane of glass.



**39 University Avenue** - This house appears on a map of Chatham dated 1881 but is believed to have been built prior to that date. A detailed account of its construction may be found in "Historic Homes of Chatham" Volume II. The bricks used to construct the chimneys have "Glasgow Scotland" stamped on them. The glassed-in sun porch that extends across the entire second story is not original; it replaces a large central dormer window. This



house also functioned as an Alms House in the late 1890s.

**26 University Avenue** - This historic home was built by its first owner, Alexander Robinson, in 1896, after the original house was destroyed by fire in 1895. Alexander Robinson was a carriage builder and sold farm implements. He produced "Slovens" a kind of low wagon hauled by horses used by tradesmen to deliver goods. The home is built in true Victorian style with a steep roof, highly decorated window peaks, and a verandah on the side of the house where the entrance is also located.

**24 University Avenue** - The C.P. Hickey house was constructed in 1906. Clifford P. Hickey was a prominent pharmacist in Chatham and very active in community work, serving as mayor twice. The house is a very large, two and a half story design that is called "Foursquare". This means the shape of the house is boxy like a square, but the design allows for large rooms inside. This style of architecture was very popular at the beginning of the 20th Century. The house was built by John McDonald, who was Chatham's most prominent builder, responsible for many of the buildings in town. On the south wall of the home is a lovely stained glass window. Of particular interest is the front of the house facing University Avenue, with the balcony guarded by a low railing, and the diagonally placed square bay windows. This is called a "wedding cake" facade and is very unique to this magnificent historic home.



39 University Ave.



26 University Ave.



24 University Ave.



34 University Ave.







# Tips from a Reluctant (at first) Meditator

by Stacy Underhill

I never used to meditate. I didn't think I had time. I thought it was silly - I was wrong. Now I realize I don't have time NOT to! When I first started meditating, I could barely sit still for 5 minutes. I'd squint my eyes open to sneak a peak at the timer and realize only a few minutes had passed.

Now I can't go a day without meditating for 20 minutes. And when I do skip it, I feel "off", a general feeling of something missing, and being "out of whack". There's just something about quieting your mind, letting go, and plugging into the core of who you are, your source energy, that just makes the day go easier. And the more you do it, the easier it gets, and the positive effects it has on your life, and general well-being become very apparent.

There's a lot of advice out there about meditating, on how to sit, how to breathe, if you should say a mantra or listen to music, etc. I say just do what feels best for you. As long as you sit comfortably, take slow gentle breaths, and intend on quieting your mind, you'll be fine! First thing in the morning is best - before distractions.

Yes, I know. Quieting THIS mind sounded hilarious to me too at first. But over time it happened, slowly at first. Now there are times, especially when I sit out in nature, that I reach a whole

new level of awareness and calm, of being nothing and everything at the same time. That feeling of tapping into pure positive energy, source energy, your inner being, the universe,



whatever you want to call it, is the reason I was inspired to write this article and maybe inspire you to try it.

I like to sit in a comfy chair, feet on the floor, with pillows behind my back. I first started by listening to guided meditations, particularly those by Abraham Hicks (you can find them on YouTube). Now I prefer to just sit in silence. Thoughts will pop in, and that's okay. When you realize your sitting there making a grocery list or replaying a conversation in your head, just let it go and quiet your mind again. Focusing your mind on a simple mantra that you

repeat, or on your breathe, or just listening to a mundane sound like the refrigerator running can help to clear thoughts. Sometimes I repeat the words "in and out" in my mind as I breathe. Also I find that placing my hands on my heart helps me to get out of my head and go more within, to my quiet place.

In meditating we are releasing resistance and changing our frequency. The more you release resistance (worry, angst, overwhelm, fear, limiting beliefs, etc.) the better you feel. The better you feel, the more you allow. We are all vibrational beings. Sending out waves of energy, vibrations, through the thoughts we think, the words we speak and the way we feel. This vibration becomes our point of attraction,

As Abraham Hicks says, "When you quiet your mind you stop thought. When you stop thought you stop resistance. When you stop resistance, then you are in a state of allowing." Allowing what? Allowing the well-being that is naturally at our core, allowing inspiration, allowing answers, allowing opportunities and that which we often call "coincidences and luck" to cross our path.

In addition to editing Giv'er magazine, Stacy is a ThetaHealer and nature loving tree hugger, enjoying this spiritual journey. Learn more at [www.cleanspirit.com](http://www.cleanspirit.com)



**Oriental Arts N.B.**  
**Yang Tai Chi & QiGong**  
Dave Bucklow/Instructor  
506-622-7124  
[www.taichidave.ca](http://www.taichidave.ca)





**FRESH PRODUCE  
DELIVERED  
YEAR ROUND**



GET YOUR FRESH BUNDLE AT  
**SPLASHOFGREENS.COM**



# Living Dearly in Miramichi

By Dr. Terence Laverdure

As a new arrival to Miramichi I was happy to be called dear by so many friendly locals. It made me feel endeared and it reminded me of a program for health that I have been developing for a fair bit of time. I call this program the **DEAR System of Natural Living**. Its still in the works and as a dynamic system designed with individuality and the whole in mind, it will always be in the works per se. This model along with using energetic and physical treatments such as Acupuncture, Shiatsu and Magnetic Therapies compromise the base of my therapeutic strategies.

How do we hold ourselves Dearly? Let's call ourselves dear! Focus on our own well being with the DEAR system of natural living. For when we are well, all is well.

The **D** stands for diet. With a focus on whole and nutritious foods that are digestible and assimilable by the individual. The **E** is for exercise, which means different methods for different people. The **A** stands for attitude. Attitude colours, or greys, our worlds; it can be changed for the better and is fundamental for life. The **R** is recuperation, which means resting and recharging along with focused reengagement with ones Mind-Body-Emotional-Spiritual self.

Acupuncture places a special role in helping human



beings live dearly. Acupuncture can help the bodies energetic self healing functions by providing stimulation to key points. Sometimes it is effective in one or two treatments. Most often though with chronic conditions, multiple treatments in the 8-12 range are needed to see if a lasting effect can be had. The key to all recoveries is work on the individual's part and dearly living our own lives is the reward and the answer.

A special note on the attitude in DEAR. When we make the decision to make change our brains change. When we move into taking action our brains and our bodies change.

Right inside you...right now...there are millions of small miraculous displays where your own body is doing everything it can to help you. So make a decision. Move along a path of helping your body to help you, live a naturally wonderful life.

Natural living does not mean having to be an extremist with diet or exercise. It means finding out what is right for the individual and supporting them on their journey with good advice and kind words of encouragement.

Dr. Terence Laverdure DTCM, R.Ac., N.C., TTMP, Dipl. S.T. is a Doctor of Traditional Chinese Medicine and offers his services in acupuncture and naturopathic counselling at Peak Performance on the King George Highway in Miramichi.



**Please stay tuned and check our Facebook page for dates and times of our upcoming Seminar.**

**Acupuncture and Naturopath offered by Terence**

**We also offer:**

- Chiropractor
- Active release therapy
- Physiotherapist
- Bioflex Laser therapy
- Shockwave
- Traction
- Registered Massage Therapist



**PEAK PERFORMANCE**  
Health Center

1710 King George Hwy, Miramichi, NB  
Phone: (506) 778-9900  
[www.peakperformancehc.ca](http://www.peakperformancehc.ca)





# Favourite Nature Walks.

## By Nature Miramichi Members



Photo by Joan Manderson

### Ile-aux-Foins by Deana Gadd

A favourite walk of mine, about 35 minutes northeast of Miramichi, is a beach walk at Ile-aux-Foins park in Neguac. This municipal park, also known as Hay Island, is connected to the mainland by a one lane bridge. At one time a boardwalk led to a swimming beach, but storm surges have made this unusable. It is about a two kilometre walk around the northern tip of the island. At this time of year, you can see several species of shorebirds, stopping by on their migration from northern breeding grounds. Some can be small and well camouflaged, feeding among the

seaweed. Beachcombers will find a variety of shells and wildflowers such as seaside goldenrod in bloom. I enjoy looking at the views of the coastal communities of Burnt Church and Neguac and the islands that mark the division of the inner Miramichi Bay from the outer bay - the Neguac sandspit and Portage Island being the nearest.

### Beaubears Island by Ken Walker

I have been walking Beaubears Island for 6 years now and I have had my mind and my senses changed by the experience. I no longer experience a forest growing on an island but a series of interconnected micro-environments responding to one another and creating an ecological community. This begins under the surface with microbes and fungi, making the floral life possible on the surface. This, then, makes life possible for the fauna of the Island, which has given us many surprises as to what is there when we don't see it! This, in turn, has been and always will be affected by the climate -- which is undergoing change and will have an impact upon the Island. Thus, I and others, are engaged in a climate study to understand what the Island may look like in 2100.

### The Loggieville Trail by John Colborne

My fiancé and I are particularly fond of the trail that goes down the old rail line past Taintville to Loggieville. The abundance of birds and butterflies, the beaver and muskrat, all make us feel that we are truly in a nature preserve. It is a walk that can last for a few hours if you take time to observe what it has to offer.

It is a mixture of wetland, forest, and field amid human habitation. I am particularly excited at the presence of so many red-winged blackbirds. It also creates in me a desire to learn more about what I am seeing and enjoying. This trail is a dream for an avid photographer.



Photo by Deana Gadd

### French Fort Cove - Solitude by Sonya Hinds

Rain or shine  
The cove is the place  
To be when I need  
Time away

I have stood  
Mesmerized  
By a tiny mushroom  
Making its' way up  
Through a dried Maple leaf

For a brief time in  
Spring the Lady Slippers

Entertain me with  
Their beauty  
  
I often spend long  
Hours in May listening,  
Sometimes seeing  
Migrating birds  
Heading north

In winter snowshoeing  
On glistening snow  
Hearing the silent  
Melody of the forest

Beech trees  
Swaying in the  
Wind making  
Happy sounds  
I hug the nearest one  
  
All this and more is  
Good for the soul

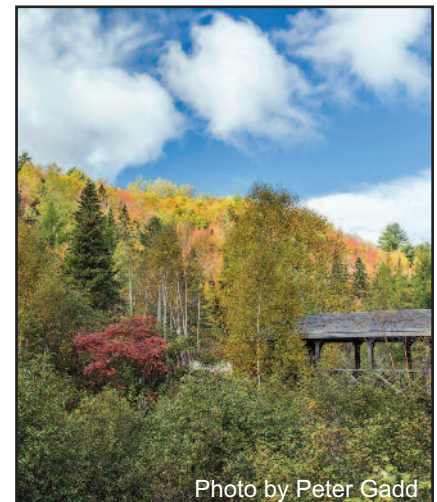
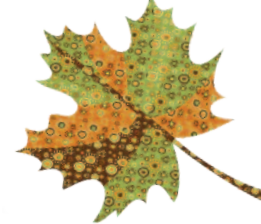


Photo by Peter Gadd



# What We Can't See in Nature



By Verna Shelden, M.Ed., MPH

"It was something amazing and beautiful, but I couldn't name what it was!" Many of us have had this experience while meandering through a wooded area or waterway. Some of us research sources and even contact experts to help us identify what we witnessed. But others of us simply accept that we have witnessed something extraordinary and can relish the moment without defining what it was. Our interactions with nature sway between the scientific modes of interaction and the artistic and spiritual.

Here in the Miramichi and most of New Brunswick, we are blessed with a rich bounty of forests, rivers and ocean environments. There are so many wonders surrounding us from the Bay of Fundy to the sightings of rare animals thought to be extinct in New Brunswick, to the new arrivals of plants, animals and fish as our climate continues to change. A simple outing to our preserved lands and waterways can be a source of adventure, learning and mystery.

Not so long ago, our forebears toiled to harvest the bounty of the forests, to farm food from the lands, to raise livestock, hunt for meat, fish the rivers and oceans, and harvest seaweed and mollusks. Their lives were interwoven with the cycles of nature as well as its unpredictable storms, draughts, and fires. Henry David Thoreau wrote: "Most men, ... through mere ignorance and mistake, are so preoccupied with the factitious cares and superfluously coarse labors of life that its finer fruits cannot be plucked by them." Who then had time for appreciating the sublime aspects of nature? Most transcendentalists of the time were armchair philosophers, not people who had worked on the lands and waters to survive. But today, the same could be said

about our current attitudes about nature. Though many of us are not so burdened by the "coarse labors of life", we are instead confined to indoor environmentally controlled work spaces. Our inattention has caused us to take for granted the relationship with nature that has sustained us.



Today, scientists and environmental specialists are making discoveries that are enabling us to better understand just how intricately we are a part of nature. When we walk through a forested area, we see only what is on the surface. What we don't see or appreciate is the complex community of microbes underground that nourish and support all that is above. And this is true of our oceans and waterways as well. Microbes on this earth make up about half the weight of all life on earth, but they are too small to see. They consist of bacteria, fungi, viruses (though not defined as a living organism), archaea (single celled organisms lacking a nucleus) and protists such as alga, amoebas, and diatoms. So many of nature's microbes live both on us and in us. Many of the microbes that help restore soil fertility are similar to the microbes in our gut that help reduce

modern chronic diseases. The tiniest creatures on earth have a vital role in the interconnected systems supporting all life on earth. And the atmosphere surrounding this beautiful earth makes this life possible.

What we know about all of life on earth can fill millions of volumes of books, but what we have yet to learn could fill many more millions. And as Thoreau once wrote, "I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived."



1454 rue Principale Neguac  
(506) 776-8230  
Check us out on our Facebook page! 





## Connie Doucet Discusses Volunteer Opportunities at Hospice Miramichi

# "I have been blessed with the privilege to sit at many a bedside over the years."

"I wish he would talk to me." These are the words that Hospice Miramichi's Executive Director Connie Doucet vividly remembers as she sat at the bedside with a dying patient. "Who?" she asked. "The angel over there in the corner" responded the patient as he stared intently at a corner to the right of the room Connie could have attributed the exchange as medication induced but in that moment she decided to go wherever the conversation would lead them. "You see an angel over there in the corner?" she asked. "Yes" responded the patient. "Does he frighten you?" she asked. "No" the patient answered weakly, "I just wish he would talk to me." "He will" Connie replied. Twenty-four hours later the patient died peacefully in his bed surrounded by loved ones.




"This is what the palliative approach to care is all about" states Doucet. "Palliative is not a word to be feared. If the individual has been diagnosed with a progressive illness no matter what the cause, at some point in the progression of the disease cure will not be an option and medications will no longer control the illness." The fear associated with the word palliative is related to the fact that the individual is labelled palliative by their care team in the late stages of their illness and as a result the patient hears "there is nothing more we can do so go home and get your affairs in order." What should take place however early in the illness trajectory, is to determine when the person would benefit from the

introduction of the palliative "approach" to care. The palliative approach to care can be introduced at the same time the individual is receiving care that is designed to control or cure the illness. If this occurs the individual will have the time to decide what their future health care will look like, what treatment options they will or will not want, open the lines of communication with family, friends, and their health care team, plus seek out community resources that would be of assistance to them.

One such resource is Hospice Miramichi. As many in the community are aware, Hospice Miramichi Inc. (HMI) with the assistance of the Losier Foundation is expanding their role in the

community with the construction of a **Residential Hospice**. Residential Hospice is a facility that will provide end of life care to individuals in the last weeks of their life. This care will be delivered in a home like environment by professional staff employed by Hospice Miramichi. The care of the patient will be under the direction of the individual's doctor or Nurse Practitioner along with Registered Nurses from the Extra Mural Program.

**Volunteers will play an integral part in Residential Hospice.** There will be opportunities to volunteer in housekeeping, the office, kitchen, reception, and the Café/Gift Shop. There will also be a need for volunteers with the **Day Hospice Program** as well as at the bedside in the **Nursing Unit** of the facility. HMI will be looking for




### PROBLEMS SLEEPING?

- Do you snore loudly?
- Do you stop breathing when you are sleeping?
- Do you have excessive daytime sleepiness?
- Do you fall asleep at inappropriate times?
- Do you have high blood pressure?
- Do you have diabetes?
- Do you have a BMI greater than 30?

If you answered **'yes'** to **TWO** of these questions, you might have **Obstructive Sleep Apnea (OSA)**.

Learn more about Obstructive Sleep Apnea and treatments on our website  
[www.vitalaire.ca](http://www.vitalaire.ca)

**FREE TESTING**  
 Call today for a free appointment to be tested for Obstructive Sleep Apnea.



8 Church St., Miramichi  
 breathe@nbnet.nb.ca **506-773-7001**



hairdressers, massage therapists, musicians, and artists who would want to volunteer monthly and share their talents with the participants of the Day Hospice Program.

HMI will also need volunteers to visit individuals in the community as part of the **Outreach Program**. “A visit

at home means the world to a person with a progressive illness” states Doucet. “The person will feel as if they matter because the volunteer has taken the time out of their busy schedule to visit them in their home.” Our volunteers act in the capacity of a friendly visitor. They aren’t there to do housework or personal care. They are there to be with the person, to go for a walk, take the person for a drive to the store or to an appointment, read to the person, look at pictures, play games and most importantly listen to the person as they talk about things too difficult to bring up with their family for fear of upsetting them” says Doucet. “The volunteer may be the only person with whom they feel comfortable talking about these things”. It’s humbling and rewarding to be with a person who is facing the uncertainty of a progressive life limiting illness.” states Doucet **“I have been blessed to have had the privilege to sit at many a**



New Residential Hospice facility currently under construction in Miramichi.

**bedside over the years and walk alongside the person and their family as they take this journey.** Everything I have learned from those living with a shortened life expectancy will help me when it’s my turn to go.”

For those who may be interested in volunteering with Hospice Miramichi there will

be a volunteer recruitment event at the Friendly Neighbor Senior Citizens Hall (the Little White School) located at 26 Sutton Rd in Nelson on **October 25th from 6-8 pm**. Doucet will be present to talk about Hospice Miramichi and what it means to be a volunteer with HMI. She will give out the volunteer application packages and will answer any questions from potential volunteers.

Except for those who wish to volunteer at the **Hospice Shoppe** it is mandatory for the individual to take part in a volunteer training program. This program will be offered in November. Exact date and time to be determined.

For more information on HMI please call (506) 773-7607, visit the website at [www.hospicemiramichi.com](http://www.hospicemiramichi.com) or on Facebook at Hospice Miramichi Inc. For more information on The Hospice Shoppe check out the Facebook page or drop in to the Shoppe at 139 Duke St, Miramichi.



## Live your best life

Make yourself at home with Parkland’s All-Inclusive Lifestyle. Chef prepared meals, premium accommodations and exclusive services designed to give you the freedom to maintain your active, healthy and independent lifestyle.

**Contact Brooke at 506-778-7275**



**Parkland**  
RETIREMENT LIVING  
ON THE RIVER

2386 King George Highway, Miramichi • [experienceparkland.com/ontheriver](http://experienceparkland.com/ontheriver)





# Book Review

## MIRAMICHI LADS & LADIES: We Will Remember Them! (Book 2)

Book Review by Robert McKay



As John Bosma writes at the beginning of this book, "This is a tribute to our brave Canadian Veterans of World War I and World War II." The book is dedicated to Morrison Jordan (World War I) and Robert Currie Sr. and Bill Weeks (World War II) and all their brave comrades who served Canada so honourably.

John obviously put a great deal of effort into this excellent anthology of information, photos and personal stories gleaned from many sources. Special mention is made of Gary Silliker, Bruce Morton, Harold Adams and Bob Currie Jr. for their contributions. These people, along with many other contributors, provided massive amounts of material without which a work such as this would not have been possible.

While reading through these



Above: Billy Dunnett

nearly 400 pages of great stories, I gained a greater understanding and appreciation for the sacrifices that were made by all who served in so many ways. Some of the veterans' names were very familiar to me, such as Morrison Jordan and Bob Currie Sr. Many of them paid the ultimate price, giving their lives for the cause of freedom.

If you have an opportunity to read this book, you surely will feel a renewed sense of love and respect for those who served to ensure that freedom prevails forever in Canada. WE WILL REMEMBER THEM!

### Book Launch November 6 and 13

*MIRAMICHI LADS & LADIES: We Will Remember Them! (Book 2)*, edited by Johannes Bosma, will be launched on **Saturday, November 6**, at Mill Cove Coffee Shop in Newcastle from 10am until noon. And later that same day at Creative Grounds in Chatham from 2-4pm.

Another launch of the book will be held in Sunny Corner on **November 13th** from 10am until noon and in Blackville from 2-4pm at locations to be named later.

The proceeds of the book will go to a \$1000 and \$500 scholarship to graduates from N.S.E.R. and Blackville high schools.

Books are for sale for \$20 and can also be obtained by contacting John Bosma 506-773-5174 or [bosmajo14@gmail.com](mailto:bosmajo14@gmail.com).



Above: Robert Currie Sr. one of the veterans to whom this book is dedicated.



Above: Ella Mountain Curtis





**Above:** King George VI is shown here speaking to former Lieutenant Morrison Jordan (1st left) of North West Boom, awarded the Distinguished Conduct Medal and bar (twice) and the Military Cross in World War I. With him is former Major Pierre Landry of Dorchester, NB who was awarded the Order of the British Empire, serving in the 3rd Canadian Pioneer Battalion and the R.C.A.F., son of Chief Justice Landry.



**Right:** Flight Lieutenant William "Bill" Weeks of Loggieville, NB, was a member of the 442 Squadron and completed 148 missions. Demonstrating great determination, enthusiasm and devotion to duty, he was awarded the DFC - Distinguished Flying Cross on March 2, 1945.

336 King George Hwy.  
Miramichi, NB  
**506 622-2900**  
www.townemazda.ca

**Kyle Tozer**  
Sales Manager

**Jimmy Lantin**  
Bilingual Sales

**Cody Doyle**  
Sales

**We will buy  
your vehicle.  
No trade necessary.**

**Windows & Doors • Vinyl Shutters  
Siding • Kitchen Cabinets  
Thermo Panes • Automatic Doors  
Aluminum Store Fronts  
Custom Glass Tabletops**

Residential & Commercial  
**We Supply & Install**

**FREE ESTIMATES**

**ALLSCO**  
Trust your family to ours.

Energy Plus Advantage.

**Ronald Kelly Thermo 2018 Inc. • 1411 Wellington St, Miramichi NB**  
Tel: 506-778-8338 | Fax: 506-778-8330 | rudy@ronaldkellythermo.com  
www.ronaldkellythermo.com

**EDDY**  
ELEGANT BATH & KITCHEN SHOWROOMS

*Proudly Maritime owned and operated*

**Basins • Bath & Showers  
Toilets • Accessories & more**

269 Dalton Ave, Miramichi  
(506) 622-1754  
www.eddyelegantbathware.com

**SHOWROOM  
NOW OPEN!**



# Dining & Entertainment



**Good Times,  
Good Friends,  
Great Food!**

**Pub981.com**

981 rue Principale, Neguac, NB  
(506) 776-8981  
Pub981@gmail.com

**FALL BACK**

Turn your  
clocks back  
one hour on  
November 7  
(2am).

**RIVERSIDE PUB  
& COASTERS LOUNGE**

**Dine-in • Take-out  
Delivery**

Thank you for respecting our  
Security, Servers and Managers  
We are following the rules in  
order to stay open.  
When you choose to visit,  
**Please Be Kind,**  
We are all anxious and frustrated,  
just trying to make a living.

Bingo - Mon, Tues and Wed  
Steak Night - Wed  
Bands Friday and Saturday Nights  
Starting at 6 pm, no cover  
Restaurant Open  
Wed-Fri at 11am, Sat & Sun 10 am

**Riverside PUB**

**STEAK NIGHT**

2546 King George Hwy  
506-773-6100  
Order Online at  
**www.riverside-pub.ca**

**Tim Hortons WE ARE HIRING!**

Health Benefits • In-store Employee Incentives • Employer Matched Savings Account

**Full-time Positions Available**  
Please apply at  
your local Tims

Try out our new  
Cold Brew and  
Pumpkin Latte!

Come join Amal and Jennifer at  
Downtown Chatham Tim Hortons!



# Why Start a Craft Distillery?

Well, liquor is fascinating. By Mathieu Carroll, Business Operator, Carroll's Distillery

A liquor store can seem like a strange place. Why are there so many bottles? Well, partially because there are many kinds and categories of liquor.

The way the alcohol is created has a drastic affect on how it turns out. For starters, alcohol can be made from most things sweet. Yeast is then used to break down the sugar into alcohol. From there, the sugar source, yeast strain, fermentation temperature and configuration of the still, will all affect the properties of a distilled spirit.

There are many bottles on the shelf because most of them are quite different from each other. The raw product the alcohol was made from mostly determines what category a spirit is in. Rum for example, is made from sugarcane. When making rum, the sugarcane is usually in a molasses state.

Reading about distilleries, we discover many of them have a rich history going back hundreds of years. This is particularly true for rum. Many West-Indian countries have traditions of producing unique styles of rum - a source of national pride to this day. In no other spirit category does there exist such a large variety of styles. There is, in fact, a rum for every occasion.

As a full-blown rum geek, I started small-batch distilling in 2016, to experience artisanal rum-making first-hand. A few years later, a section of Carroll's Bakery was renovated into the distillery. Today, Carroll's Distillery is open for business and has been selling liquor on-premise since March 2020.

The concept is to make light-bodied rums that are easy to appreciate while also creating full-bodied rums for the dedicated enthusiast. At the time of writing, the distillery carries four products. Gannet, a coffee liqueur, spiced rum and a vodka.

Gannet is a light-bodied spirit made from Crosby's Fancy Molasses. Think rum and cola, mojito. The name is inspired by the Northern Gannet, a species of seabird that nests in the Maritimes, and is associated with the beach and summertime



Carroll's Distillery

– the perfect time to enjoy this style of spirit.

Our coffee liqueur was created from a collaboration with Cali.co Café. Distillery produced alcohol is infused with Cali.co Café's proprietary blend of coffee beans. The result is sweet and perfect for white Russian cocktails.

The newest product is Fall Duck, a moderately spiced rum, barrel aged one year and infused with baking spices and flavourings. The base rum is the same light blend as Gannet.

Come in and try a sample! We are located at 2289 King George Hwy, Miramichi. Follow Carroll's Distillery on Facebook and Instagram for the latest news and visit our website for more information at [www.carrollsdistillery.ca](http://www.carrollsdistillery.ca)



Right: Mathieu Carroll

An advertisement banner for Carroll's Bakery and Distillery. On the left, there's a logo for "CARROLL'S BAKERY" with the tagline "Baked Fresh Daily" and an image of bread. In the center, there's a circular logo for "CARROLL'S DISTILLERY" featuring a bird. To the right of the distillery logo, the text reads "Distillery Now Open Rum and Vodka" and "2289 King George Hwy. (506) 778-1919". On the far right, there's a logo for "ED'S SUB PIZZA SHACK" and the address "Newcastle - 264 Pleasant St. (506) 627-1717" and "Chatham - 2 Johnson St. (506) 778-2390". The background of the banner shows various food items like bread, a pizza, and a drink.



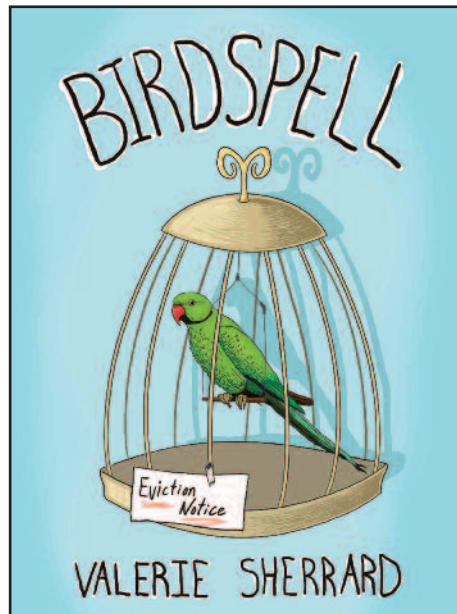
# Birdspell, a Novel by Valerie Sherrard

Book Review by James Fisher

Don't let the whimsical David Jardine cover art of *Birdspell* fool you into thinking this is one of Ms. Sherrard's "fun" YA novels like *The Rise and Fall of Derek Cowell* or *Random Acts*. No, *Birdspell* is more like *The Glory Wind* or *Driftwood* in that it deals with a mature subject wrapped in a young reader novel. Her writing excels at being relevant to issues that face young people and *Birdspell* is no exception as it deals with a Grade-sixer named Corbin Hayes that must deal with his mother Rhea's uncontrolled bipolar disorder.

Corbin has lived with his mother's issues so long that he is independent by necessity. His mother finds jobs, then gets fired. With no income, they eventually get evicted and they have to move. Corbin prefers to remain friendless and detached due to such an itinerant lifestyle.

One day, a schoolmate, Izelle, offers Corbin her pet parakeet Sitta, which she can no longer keep at home due to allergy concerns. Corbin jumps at the opportunity of having a pet, and a bird seems like a good choice for how they live, a "minimalist" lifestyle, as he



tells people. It makes it easier to move when you have no furniture. Sitta soon becomes his confidante as Corbin is reluctant to tell anyone anything about his life.

*"Don't get me wrong. I love my mother, but it's hard, the way life is with her. And I try to protect her, but there's only so much I can do, or hide. I know, for example, that old Mr. Zimbendal across the hall has been hearing things. And that old geezer has troublemaker*

*written all over him."*

*Sitta dropped an oystery splotch on the cushion and flew back down the hall.*

Eventually, the longer they stay at their present address, the more Corbin feels grounded enough to make some tentative steps towards friendships with Izelle, Mr. Zimbendal and Taylor, a young girl he babysits for in his building to make a few extra dollars. Things seem to be going well when Rhea crashes hard and requires hospitalization for an extended period in the psych ward. How will Corbin fare now?

An extremely good middle-grader read, *Birdspell* truly had me engrossed from page one. A serious mental health issue, a single-parent household and a young boy called upon to live by his wits during his mother's ups and downs, there is no shortage of drama in Corbin's life. A highly recommended read for middle-graders on up.

James Fisher is the Editor-in Chief of The Miramichi Reader, an online Canadian literary journal. He and his wife live in Douglastown with their tabby cat, Eddie.

## YOUR ALIGNMENT CENTER

### Free Wheel Alignment with Purchase of 4 New Tires

All makes and models welcome.

Nick Breau  
Service Advisor

Thomas Coughlan  
Service Manager

Mark Myles  
Parts Manager

349 King George Hwy, Miramichi, NB  
506 622-7091 • 1-855-256-7100  
service@rousselvw.ca • www.rousselvw.ca



# PROJECT



Be Prepared. Period.

Helping **PRE-TEEN** girls be ready!



MIRAMICHI



BIG BROTHERS BIG SISTERS  
BOYS & GIRLS CLUB



*I just won...*



[www.BGCMiramichi.com](http://www.BGCMiramichi.com)  
(506)778-2444

**PLAY TO WIN!**





# The 1st Miramichi BPSA Scouting Association is Looking for Volunteers.

Keeping the OUTING in SCOUTING is the main focus of BPSA Miramichi. The appeal of true scouting has been the fact that it caters to the outdoor curious, adventurer, pioneer, and explorer, which is part of our nature and is at its most evident in our youth.

**1st Miramichi BPSA Scouting** is a fun, safe and inclusive association that promotes good citizenship and wholesome physical and mental development for boys and girls by teaching useful life skills in the great outdoors. The activities include backwoods camping, trail hiking, canoeing trips, bushcraft, and campfires.

Brett Gallant, a leader for 7 years from another organization said, "The BPSA Traditional Scouting program offers a chance for our youth to learn practical skills, make new friends, and enjoy the wonder of nature. The youth of our community are more capable than they know; we just provide the backdrop for them to discover it."

Miramichi BPSA is starting their fall session Sept 13 for Explorers (Ages 11 to 15 years) and Sept 14 for Timberwolves (Ages 8 to 11 years). So, now is the time for you to **volunteer as a leader** or serve in a supporting role.

About volunteering, Brett said, "A lot of people hesitate to volunteer because they don't know if, or how, they can help. That's what makes it fun: volunteers learn too! Even if you've never put together a tent, built a campfire, or been in

a canoe, we can still use your help."

Even though Mr. Gallant is an IT guy, he encourages the youth of the community to disconnect from electronic devices and reconnect with nature. "A lot of behavioral issues stem from too much screen time. It is amazing to see the transformation of our BPSA youth after they've spent time hiking, cooking, and canoeing together. Add in campfires, a sky full of stars, and a little hot chocolate, and they forget all about electronics."

On a different note, Covid 19 has taken a toll on our connection to community. Volunteering for BPSA can help you forge new connections, create lasting memories, and experience a new level of meaning in your life.

Brett said, "Covid, has been a really isolating experience for most people. Getting out into nature, reconnecting with the community, and bringing joy to our youth does more than restore a sense of normalcy; it makes people happy."

BPSA encourages the Miramichi youth, parents, and volunteers to participate in programs that take advantage of being out-of-doors in a way that is challenging and fosters a sense of cooperation and mutual respect. They achieve that by encouraging observation, discipline, and self-reliance.

So, what are you waiting for? Volunteer today, by emailing Brett at [info@bpsascoutingmiramichi.com](mailto:info@bpsascoutingmiramichi.com). You'll be glad you did!



**BLIZZAK**

**FROM ICE STORMS  
TO WHITEOUTS,  
YOU'RE READY.**

Get up to  
**\$100**

BACK BY MAIL ON A  
BRIDGESTONE VISA®  
PREPAID CARD\* WITH  
PURCHASE OF 4  
ELIGIBLE BLIZZAK TIRES



**Casey Tire Ltd.**  
Serving the Miramichi since 1952  
49 Newcastle Blvd  
Miramichi, NB  
Tel: 506-622-0682  
Fax: 506-622-5554  
[www.CaseyTire.com](http://www.CaseyTire.com)  
**BRIDGESTONE**  
Solutions for your journey

**OFFER VALID OCTOBER 04-DECEMBER 12, 2021**

\*Eligible tires for the \$100 reward: Blizzak™ LM products. Eligible tires for the \$70 reward: Blizzak™ W665, Blizzak™ LT and Blizzak™ DM-V2 products. Eligible tires for the \$50 reward: Blizzak™ WS90 products. Claim form required. Certain restrictions and limitations apply. Limit 1 reward per each set of 4 tires purchased; limit 3 rewards per household, customer or address. For eligible tires and complete details, see your participating Bridgestone retailer or [BridgestoneTire.ca](http://BridgestoneTire.ca). Eligible tires must be purchased in store from a participating Bridgestone retailer's inventory October 04-December 12, 2021. EXCLUDES COSTCO AND CANADIAN TIRE PURCHASES, AS WELL AS THE GENERAL MOTORS ADDITIONAL INSTANT REBATE. Cannot be combined with any other offer.  
\*The Visa Prepaid Card is issued by Peoples Trust Company pursuant to a license by Visa Int. No cash access or recurring payments. Card valid for up to 6 months; unused funds will be forfeited at midnight EST the last day of the month of the valid thru date. Card terms and conditions apply: see [MyPrepaidCenter.com/visa-usvcn](http://MyPrepaidCenter.com/visa-usvcn).  
Trademark of Visa Int., used under license.  
©2021 Bridgestone Canada Inc. All rights reserved.





**MIRAMICHI  
FEEDS**

LOCALLY OWNED ... LOCALLY OPERATED

145 Dan Cripps St.  
Chatham Industrial Park  
miramichifeeds.ca

- Soft & Hardwood Pellets
- Ice Salt • All kinds of Bird Seed
- Any Kind of Animal Feed
  - Deer Baits Available
- Straw & Animal Bedding

Contact us for price  
**506-773-3070**



Northumberland  
**LeisureScapes**

POOL & HOT TUB LIFESTYLE

(506) 622-3555

northumberlandpools@gmail.com

[www.northumberlandpools.com](http://www.northumberlandpools.com)



**SHADCOMM**  
SYSTEMS INTEGRATOR

**Access Control  
Systems**

**Surveillance  
Systems**

**24/7 Customer  
Support**



271 Dalton Ave, Miramichi, NB E1V 3C4  
506-622-1101 • 1-888-388-8800  
support@shadcomm.com  
[www.shadcomm.com](http://www.shadcomm.com)

**SAMSUNG**

**SAMSUNG QLED TVS**  
BRING DRASTICALLY  
IMPROVED COLOR  
AND CONTRAST.



- Powerful picture quality
- See the picture, not the TV
- See stunning detail
- See more vivid colors
- Auto Game Mode (ALLM)
- Clean Cable Solution®
- OneRemote for total control
- Universal Guide
- Works seamlessly with Amazon Alexa, Google Assistant and AirPlay 2.



**BRANDSOURCE**  
*Renaud's*  
HOME FURNISHINGS  
**LOVE IT. LIVE IT.**

The important thing you need to know about QLED is it's a proprietary panel technology that's developed largely for the best Samsung TVs.

2351 King George Hwy, Miramichi, NB  
506-773-9400  
[WWW.RENAUDSFURNITURE.COM](http://WWW.RENAUDSFURNITURE.COM)





## **GARBAGE BY-LAW 2021**



**CITY OF MIRAMICHI WILL BE DISTRIBUTING 360-LITRE GARBAGE CONTAINERS TO INDIVIDUAL RESIDENCES AND SMALLER APARTMENT BUILDINGS. WE WILL ALSO BE DISTRIBUTING 8-YARD FRONT LOAD CONTAINERS TO LARGER APARTMENT BUILDINGS**

### **RESIDENTIAL - 360 LITRE CONTAINERS**

#### **INDIVIDUAL RESIDENCES AND APARTMENT BUILDINGS UP TO 6 UNITS**

- Starting August 30th, owners of individual residences and the owners of apartment buildings with 6 units or less can register for a City issued 360-litre container by phoning **625-7096** or by emailing: **garbagecontainer@miramichi.org**.
- Registration for the garbage bins must be submitted by the legal owner of the property (not tenants).
- Required information: PID number (if available), civic address, phone number and full name.
- Owner must indicate if pickup or delivery is preferred

#### **DISTRIBUTION OF RESIDENTIAL CONTAINERS**

- No containers will be issued unless the owner already registered as above. Registration will not be accepted at time of pick-up.
- Distribution or pick-up will take place starting September 20, 2021 from 8:00 am – 3:30 pm Monday to Friday.
- Pick up locations: North side - 147 Mitchell Street (Kenny Building) & South side - 94 General Manson Way (SALT SHED ZONE)
- One 360-liter container will be issued per household.



## **BY-LAW PROVISIONS RELATED TO 360-LITRE CONTAINERS**

- Garbage pick-up will be limited to one 360-liter rolling bin (either issued or approved by the City)
- Additional bags and yard waste will be picked up if approved stickers are affixed.
- Stickers will be sold for \$2.00 each and will be available for purchase at City Hall, Miramichi Police Station and Miratech.
- Yard waste will be picked up if tied in a bundle, measure no more than 2 feet by 2 feet and have a maximum weight of 20 pounds

## **RESIDENTS CURRENTLY OWNING AN APPROVED 360-LITER CONTAINER**

- If a resident currently owns an approved 360-liter container, they are eligible for 20 free coupons for additional bag collection.
- Owners will be responsible to ensure their current 360-litre container is approved by the City by providing details of type and model and, if necessary, a photograph.
- Owners of approved containers must still register their container, and provide the following: PID number (if available), civic address, full name of the owner of the property.
- Registrations will take place from November 1st to December 1st, 2021

## **LARGER APARTMENT BUILDINGS – 8-YARD FRONT LOAD CONTAINERS**

### **APARTMENT BUILDINGS OF MORE THAN 6 UNITS**

- Starting September 15th, the owners of apartment buildings with more than 6 units can register for a City issued 8-Yard front load container by phoning **625-7096** or by emailing: **garbagecontainer@miramichi.org**.
- Registration for the garbage bins must be submitted by the legal owner of the property (not tenants).
- Required information: PID number (if available), civic address, phone number, full name of owner and number of residential units in building.

### **DISTRIBUTION OF 8-YARD CONTAINER**

- Delivery of 8-yard containers will start October 1, 2021.
- The city will deliver containers to the apartment sites.
- The owner must be present at the delivery to indicate the area designated for the container.

## **BY-LAW PROVISIONS RELATED TO 8-YARD FRONT LOAD CONTAINERS**

- It will be the building owner's responsibility to provide safe access for the garbage truck and a screened area for the container.
- It will be the building owners responsibility to provide appropriate screening for the garbage container.



# Beaubears Island

## Off-season Ecological & Historical Programs

The 2021 Beaubears Island Season is coming to an end we want to thank everyone from near and far who came to the Interpretive Centre, attended one of our events, or took the ferry to the island.

Even though our centre and ferry will be closed for the winter, it doesn't mean we, the Friends of Beaubears Island, go into hibernation. We can still offer an array of services to our community throughout the fall, winter, and spring months.



Exploring mushrooms on the island.  
Photo by Laura Lea Comeau

We are available to partner with schools and other organizations to offer educational sessions on ecological and historical information about Beaubears Island. The island is rich in flora & fauna and has a diverse multicultural history.

We are more than happy to create meaningful and long lasting partnerships with different organizations throughout NB and Canada. Call 506-622-8526 anytime or visit our website at [www.beaubearsisland.com](http://www.beaubearsisland.com) for more information. We look forward to seeing everyone in the 2022 season.

**Last Poem**  
If I die here in Brooklyn  
May heaven protect me;  
Let no foreign sycamore  
Over me wave.  
I ask not to Greenwood's  
Cold shades to collect me,  
Or grim chiselled marble  
Pillared over my grave.  
  
But carry me back to the  
Few friends that love me;  
Where the memories of boyhood  
Flow scared and free;  
And the angel-voiced zephyrs  
Shall whisper above me,  
Shall mourn o'er the waters  
of Miramichi.  
  
Hedley Parker  
Miramichi Poet (1856 - 1935)

Submitted by Bonnie Coughlan

**Investia Miramichi...**  
**INVESTED IN YOU**

Helping People Make Smart  
Decisions About Their Money

13 Henderson Street  
Miramichi, NB E1N 0G3  
Phone: 506-778-8446  
Fax: 506-778-8459

**iA**  
Investia  
Financial Services Inc.

**MIGHTYSHOP.ca**

E-Commerce Made Simple  
Sell your Products Online!

**MCG**  
MARKETING & WEB DEVELOPMENT

MCGMedia.net  
506-352-7668  
sales@mcgmedia.net

**Time For Seasonal Tire Changes**

We also do light repairs, wheel alignments and MVI.  
We sell all the popular brands of new winter tires.

**Terry & Son Tires**

117 Roger St, Miramichi NB • Tel: 506-622-0454



**New Fall Arrivals!**

Gift Certificates Available



*Fantastique*  
Ladies Fashions

117 Jail St, Miramichi, NB • 506-622-8338  
[www.FantastiqueFashion.com](http://www.FantastiqueFashion.com)

**WHITE LIGHTNING**  
AUTO CENTER

MVI • Full Service • Auto Sales

**SNOW REMOVAL**  
(RESIDENTIAL & COMMERCIAL)

Seasonal Rates or By Storm  
Newcastle Area  
622-4826 • 625-1560

**NEW Fall ARRIVALS**



**Global Styles**  
*Be dressed for less*

16 University Ave, Miramichi, NB  
506-773-7595  
[www.globalstylesmiramichi.com](http://www.globalstylesmiramichi.com)

 **ACCORD RENOVATIONS & SIDING INC.**

Vinyl Siding • Windows  
Doors • Roofing  
Interior Renovations

**SAME QUALITY  
NEW OWNERS**  
506-622-5560



**TRASH AWAY**



 **UNBEATABLE SERVICE AT A BETTER PRICE!**

- Flat Deck • Dump Box
- Roll Off Containers

**623-8859**  
[www.TrashAwayMiramichi.ca](http://www.TrashAwayMiramichi.ca)

**BOAT WINTERIZING!  
BOOK NOW!**

Insurance companies will back our service!



 **Miramichi Marine**

199 King St, Miramichi | (506) 778-8386  
[miramichimarine.com](http://miramichimarine.com)



**This Ad Could Be Yours!**

Call 506-623-8711  
[sales@mcmgmedia.net](mailto:sales@mcmgmedia.net)

**L&A Goldsmith**  
MIRAMICHI'S DIAMOND STORE

Financing Now Available!



Shop Locally Online at  
**[www.LAGoldsmith.ca](http://www.LAGoldsmith.ca)**

108 Ellen Street, Miramichi NB  
(506) 622-3020



**2 FOR \$9 WHOPPERS**

 For more great offers visit **[burgerking.ca](http://burgerking.ca)**

Limited time only.  
\*PLUS APPLICABLE TAXES. PRICE AND PARTICIPATION VARY. TM & © 2019 BURGER KING CORPORATION USED UNDER LICENSE. ALL RIGHTS RESERVED. ®COCA-COLA LTD., USED UNDER LICENSE.





# Photo Submissions

If you have photos, stories, tips or tidbits to share we always welcome your submissions. Send submissions to [submit@mcgmedia.net](mailto:submit@mcgmedia.net). For photos, please send high resolution jpg's (not resized for email) and remember to include your name for the photo credit and the location where the photo was taken or description of the subject matter. Next deadline is Oct.25 for Christmas.



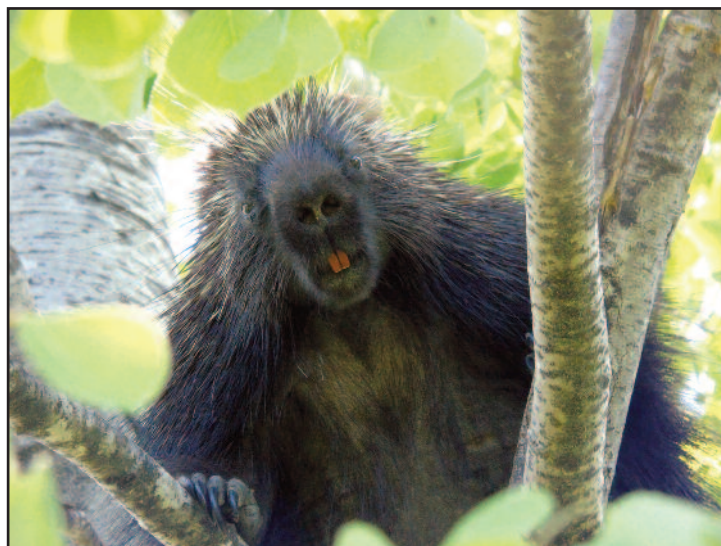
Photo by Edna Moorhouse



Photo by Lylla Adams



Photo by Verica LeBlanc



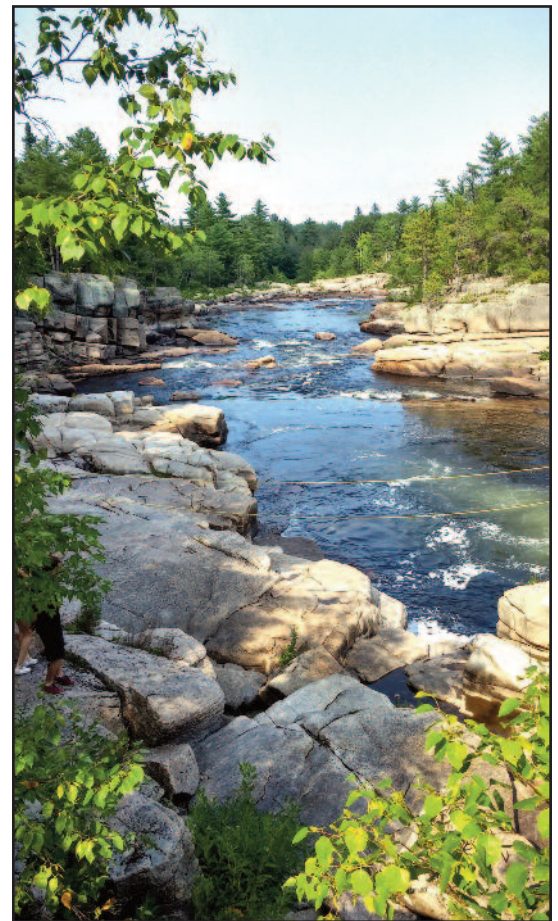
**Above:** Sunlight on the water. Photo was taken by Anne Woods in early august in South Nelson.

**Left:** This porcupine looks to be caught in the act! Photo was taken by 14yr old Luke Stewart of Lockstead.





Photo by Gihyon Lee



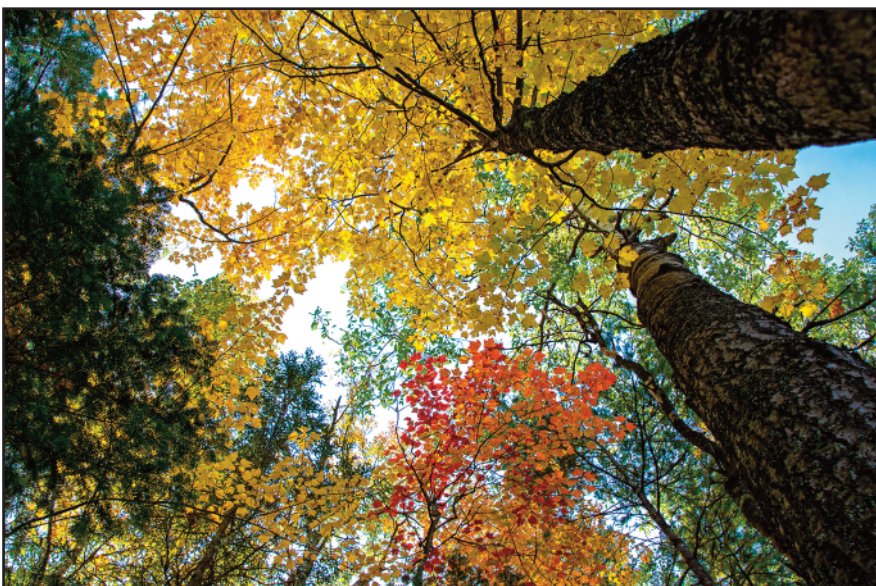
Above: A Summer day at Pabineau Falls by Barb Parent.



Photo taken by Les McLaughlin in Blackville



Above: A beautiful lime Luna Moth, photo by Dave Bucklow.



Left: Colourful forest canopy, by Bonnie Coughlan.



# GIV'ER WEAR

Variety of styles, colors and sizes  
for men and women

t-shirts • hoodies • ball caps • toques

**GREAT GIFTS!  
ORDER NOW  
FOR CHRISTMAS!**

**shop.GiverMiramichi.com**

Order Online – Have it shipped or  
pick-up locally.



# KROWN

MIRAMICHI  
HIGHWAY 11

Your #1 Choice For **Rust Protection**

Call Wade or Evan Hamilton at  
**(506) 624-9509**

Starting at  
**\$129**



# October is Cyber Security Awareness Month

## Why Does Your Business Need a Cyber Security Risk Assessment

Cybercrime is so common these days, hackers attack a computer every 39 seconds. This is an average of 2,244 cyberattacks per day!



The average cost of a cyberattack is \$3.86 million with worldwide cybercrime costs hitting \$6 TRILLION in 2021.\*

Since the COVID-19 Pandemic, the FBI has reported a 300% increase in reported cybercrime across the world.

The advances in technology throughout the years have caused a surge in cybercrime. With advanced technology comes the ability for cybercriminals to automate their cyberattacks, artificial intelligence is being used to counteract your current cybersecurity plan. Even the strongest cybersecurity protocols can be breached, and improving your security is not going to be enough to keep out cyber-threats. **It is not IF but WHEN your business is breached.** Your business needs a team of experts, a more resilient cybersecurity plan with a combination of offensive and defensive cybersecurity methods to keep cybercriminals from wreaking havoc on your company.



**20% OF BREACHES ARE CAUSED BY REMOTE WORKERS**

On average, every employee has access to 11 million files and the average cost per lost or stolen record per individual is \$146. Given these stats above, the costs that remote workers have on businesses across the world is upwards of \$1.6 trillion. Are your employees a risk to your company? The Answer is YES.



**77% OF ORGANIZATIONS DO NOT HAVE A CYBERSECURITY INCIDENT RESPONSE PLAN WHEN THEY ARE HACKED**

Worldwide, cybercrime costs will hit \$6 trillion in 2021. The cost of cybercrime is increasing daily, and is expected to get much worse by the end of this year. With recent cyberattacks like the Zoom and Kaseya breaches that affected millions of users worldwide. Were you affected?

Cybercrime has reached an all time high, with data breaches exposing 72 billion records in 2020. **It is important to ensure your business is protected!**  
**Contact us today for your Cyber Security Risk Assessment!**

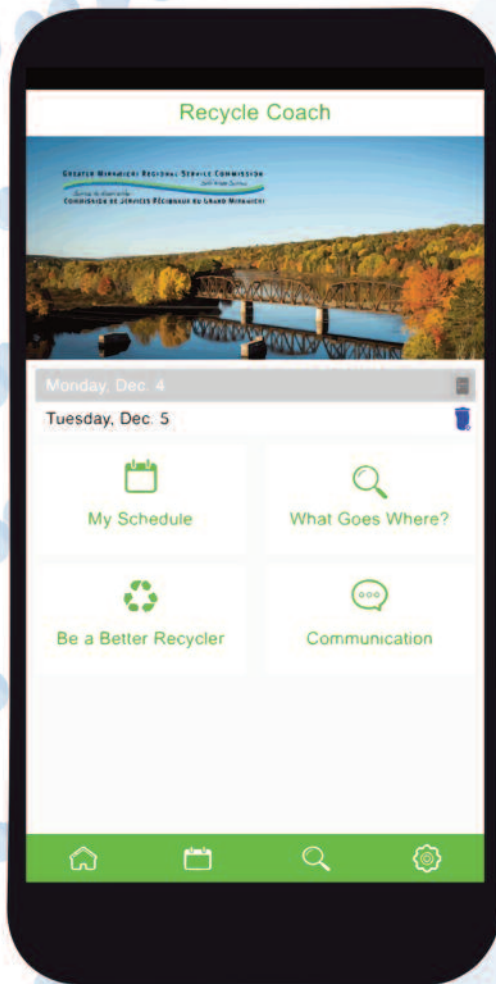


**Adaptive  
Office Solutions**

www.adaptiveoffice.ca  
170 Wellington Street  
506-624-9480



# Download Recycle Coach



**Custom Collection  
Schedule**



**Collection  
Reminders**



**What Goes Where  
Search Tool**



**Notification Alerts  
(i.e. schedule changes)**



**Report-A-Problem**




**Don't have a Smartphone or tablet? Contact us to register for telephone notifications of special events, schedule changes, etc.**

**Don't delay, download the FREE Recycle Coach App today!**



**GREATER MIRAMICHI REGIONAL SERVICE COMMISSION**  
*Solid Waste Services*  
*Services des déchets solides*  
**COMMISSION DE SERVICES RÉGIONAUX DU GRAND MIRAMICHI**

**Recycling Hotline: 778.CART (2278)**  
 **GMRSC - Solid Waste Services**  
**[www.greatermiramichirsc.ca](http://www.greatermiramichirsc.ca)**