

# GIVER

Miramichi

Published by MCG Media. [www.GiverMiramichi.com](http://www.GiverMiramichi.com)

**FREE!**  
Christmas Issue 2021

*Merry Christmas*



Painting by Edie Szabo



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# Merry Christmas

from all of  
the staff at  
Northumberland  
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Paul

Susie

Joanne

Franky

Sheri

Amanda

Tyler

Tyson

Joe

Kevin

Noah

Pauline

Terry



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GRADES K-5 / STARTS: DEC. 6

[www.BGCMiramichi.com](http://www.BGCMiramichi.com)

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Miramichi Club

Boys & Girls Club  
**CHRISTMAS**  
*Village*

Walk around our  
Christmas Village outdoors!

**STARTS: DEC. 15**

115 Maher Street





# EVENTS

**Find More Events**  
[www.mightymiramichi.com](http://www.mightymiramichi.com)



**Nov. 16-19: Christmas Sale at GBRC**  
 The Greater Blackville Resource Centre will be hosting their annual sale of gently used Christmas items. There will be several tables of "like new" gifts, and Christmas decorations, ornaments, dishes, linens, clothing and more! Open Tues to Friday, 10am to 3pm, 12073 Route 8, Upper Blackville. 843-9024.

**Nov. 18-21: Home for the Holidays**  
 Beautifully decorated Christmas trees will be on display at Towne Chrysler and available through an online auction starting on the 18th. See page 22 for details



**Nov. 20 and 27: Newcastle Farmers Market** - Open for two special Saturday Christmas Markets from 10am to 2pm. Also open every Friday as usual from 10-2. We have vendors serving lunch and there's a large variety of crafters, artists and makers with local products. 487 King George Hwy (Newcastle).

**Nov. 26: Rotary Club of Miramichi's 9th Annual Purse Auction**  
 Feelin' Merry 'bout a Burberry! Auction starts online on Friday morning at 10am. See page 31 for details.

**Nov. 27: Miramichi Market at the EX.** - Join us for our Christmas Craft + so much more Market at the Miramichi Exhibition Centre on Saturday Nov. 27th from 9am - 2pm. Many local vendors and artisans. Door prizes and admission are free. Please come out and support the Miramichi Woman's Shelter and do some Christmas Shopping! 24 Church St., Miramichi.

**Nov. 27: Oil Painting Class**  
 Local artist, Edie Szabo, hosts this monthly class at the United Church Centre in Newcastle from 1-5pm. Pre-registration is required. See page 20 for details. Find Edie Szabo Oil Painting Classes on Facebook.

**Nov. 27: A Handmade Christmas Craft Sale** - At the Nordin Rec Center, Nordin 10am - 4pm. Call 506-622-3360 for info.



**Nov. 28: Miramichi Local Helpers Christmas Market** - The market will be at the Rodd Miramichi from 10am to 3pm. Tickets will be sold on a basket of crafts and all proceeds go to Autism Resources Miramichi.



**Dec. 11: Country Christmas Craft & Bake Sale** - Its almost time for our annual sale at Darlene's Country Cottage. Join us at 186 Barnettville Rd. (Blackville) from 10am to 2pm. There will be a variety of crafts and baking, including: meat pies, apple pies, fruit cakes, sweet trays, raisin brown bread, donuts, pickles & jellies, christmas ornaments, wreaths and decorations, knit socks, hats & mitts, beaded Christmas spiders, and more! For large baking orders please call in advance at 843-7878.

**Dec. 11: Christmas Craft Sale**  
 There will be a variety of vendors, crafters and Bakers at the United Church Hall, 143 Main St. Blackville from 10 am to 1pm.







# Everyone Deserves a Christmas

## Opportunities to Give with the Salvation Army



### Christmas – *The Most Wonderful Time of the Year.*

This statement may be true for many; however, it can often be the most stressful time of the year for those who are struggling to make ends meet. Purchasing gifts to put under the tree and a turkey for Christmas dinner is challenging for many families in Miramichi who regularly rely on help from The Salvation Army and other churches and organizations. Christmas **sometimes feels like the worse time of the year** for those who are struggling financially, especially this year with the increase prices for groceries and utilities.



**For well over a hundred years**, families struggling to make ends meet have turned to The Salvation Army. This year will be no different, but due to the COVID-19 pandemic, things have become even more stressful. We are now into the dreaded fourth wave of the pandemic and are heading into the second Christmas where we are forced to do things differently. Our toy drives, kettles, hampers, and outreach activities will come with strict safety measures. However, we are here to help alleviate the stress and give hope because

everyone deserves a Christmas. This is only possible through the generous support given by the residents, churches, service organizations, and businesses of Miramichi.

As in previous years, Christmas assistance will be provided to families or individuals who have registered through our family services. On Nov. 1 & 2, we will begin registration and people need to provide proof of income and expenses. We will then provide gifts for children, a turkey and grocery cards where families can shop for the foods they prefer.

### Many Opportunities to Give this year:

**Christmas Kettle Campaign** – give the gift of your time by volunteering for a shift at various kettle locations. Call our office to volunteer at 506-622-7826. Drop in any spare money you have into the kettles.

**Sponsor a Family** – provide toys and gift cards for groceries to help families. Call our office to register. 506-622-7826

**Make a Donation** – New toys for children, gift cards for groceries from Sobeys/Superstore/Walmart or make a monetary donation. We also accept new toiletries, hats, scarves & mittens. This can be dropped off at The Salvation Army Community Resource Centre – 231 Pleasant Street.

**Truck of Trunk Toy Drive** – Drop off new toys at local participating car dealerships.

Last year, there were 205 families registered in Miramichi for the Christmas Hampers which included 161 children and 276 adults. We anticipate the need to be great again this year. The need to continue serving those who experience poverty, hunger, homelessness, and other vulnerabilities is as important as ever.

As The Salvation Army, we would not be able to do what we do without your help. Every donation is appreciated and will go a long way to make a difference in giving hope today.

**Cover Photo:** Cardinals, oil on canvas painting by Edie Szabo. Learn more about Edie's oil painting classes on pg. 21.

*Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Our collaborative mindset is contagious. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and video links about what's up, what's new, what's happening. Keep it clean, keep it positive, and we'll promote it.*

**Submissions:** email to [submit@mcgmedia.net](mailto:submit@mcgmedia.net)

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Mighty Miramichi

PO Box 4166, Station D, Miramichi, NB, E1V 7K9

Web: [www.MightyMiramichi.com](http://www.MightyMiramichi.com)



# Snow Buntings

Snow buntings  
Camouflaged against the  
White glistening snow  
True there are fragments  
Of brown upon your wings  
When you fly.

But otherwise you are  
Just like the snow  
When you are flitting  
From timothy to clover.

Today I heard your sweet  
Bubbly song coming from  
The Boreal tree tops.  
The whole group was  
Resting after major foraging.

I saw the evidence of the  
Feeding frenzy – little

Seeds on the diamond  
Snow banks.

Something new –  
Twice I saw wing and  
Footprints gathered  
Round frozen cliffs of  
Soil. Major chattering  
Goes on here no doubt.

Instinct is reality  
For a bird that  
Summers in the arctic air.  
That is the sum of  
Your existence.

SONYA HINDS  
Miramichi NB



Snow buntings at Oak Point. Photo by Peter Gadd





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Option 2: Online: [www.BGCMiramichi.com](http://www.BGCMiramichi.com)

Option 3: Go to the Boys & Girls Club  
115 Maher St., Miramichi, NB



Big Brothers Big Sisters



Boys & Girls Club

[www.BGCMiramichi.com/gold-rush](http://www.BGCMiramichi.com/gold-rush)  
**778-2444**



# Three Dog Distilling - 1 Year Anniversary

This November, Three Dog Distilling Company will celebrate its first anniversary of being open. Owners Cheryl Brown and Francis Malley opened their doors to the public on October 31, 2020.

**Why open a distillery?** Well, many circumstances aligned, and they decided opening a distillery would be the perfect solution. Cheryl had retired after 35+ years with the federal government and was interested in pursuing something entirely different and challenging. Francis had enjoyed making wine and beer as a hobby and had developed a great admiration and respect for Irish whiskeys. They have toured most of Ireland's distilleries and

enjoyed the joyful atmosphere of many of their pubs. Where Francis is an architect, why not use their experiences to design a distillery and incorporate all the necessary components: a boutique; a "pub" (Tasting Room); and a working distillery.

Once they decided to start on this adventure in 2018, there was a plan. They would begin with a small still, producing test spirits and if this went well, they would move on. The second step involved doing research and

development in small batches on a 100L still; again, this being successful, they made the decision to proceed. Before moving to the construction of a purpose-built craft distillery, it was essential to understand the processes, the functions of the equipment, and the regulations and licenses involved.

In June 2020, construction finished



on the distillery portion of the building, which meant that they would move to full production to prepare for opening in fall 2020. Focus quickly changed from research and development to full-scale production by adding a 500L pot still and a 500L hybrid still to their inventory.

When their doors opened a year ago, they started with five products for sale. Over the past year, they have added thirteen additional, and many more are in the works. Currently, the

product list includes vodkas, flavoured vodkas (Apple Pie, Bog Juice, Lemonade and Wayerton Thunder), rums, gins and Durty Dog spirits (similar to whiskeys). Francis is quick to elaborate that he is always learning and improving the processes/techniques and exploring new products.

In July 2021, the distillery took another big step and opened **The Durty Dog**, a 50 seat, pub-style, community gathering place, and eventually a tasting room catering to the tourism industry. The room is also being used for public and private events with live music almost every weekend.

Currently, Three Dog Distilling Company has seven part-time employees and one full-time. As their plans unfold and we all return to a more normal existence, the distillery will continue to grow.

Are you interested in learning more about Three Dog Distilling Company, The Durty Dog, or sampling their products? Find them on Facebook, Instagram, at [www.threedogdistilling.ca](http://www.threedogdistilling.ca) or in-person at 279 Newcastle Blvd, Miramichi. Your visit to Three Dog Distilling will be a lasting and enjoyable experience!



The  
**DURTY DOG**



The Durty Dog Bar at Three Dog Distilling Co.  
279 Newcastle Boulevard, Miramichi NB

**NOW OPEN**

to the public Friday and Saturday.  
Available for special events and  
private functions. Seats 50.

Follow us on Instagram and Facebook





Photo by Bonnie Coughlan

## WorkSafeNB's Farming Sector Health and Safety Initiative

WorkSafeNB knows how vital agriculture is to New Brunswick's economy. We also know that agriculture can be a dangerous industry.

Too often we hear or read of preventable incidents where a farm worker or family member was seriously injured or killed.

We know employers care about their employees' well-being...and so do we. That's why we are committed to keeping New Brunswick workers healthy and safe through safety leadership, prevention initiatives and compliance activities.

To continue to drive a safety-first culture in New Brunswick's agriculture sector, WorkSafeNB is preparing a farming sector health and safety initiative. WorkSafeNB has a wealth of resources to help farmers improve health and safety, including inspection checklists to help employers prepare for future visits from our health and safety officers.

WorkSafeNB recommends that farm operators regularly review operations, ensuring that proper training and safe working procedures are in place.

Learn more: [worksafenb.ca/safety-topics/farming/](https://worksafenb.ca/safety-topics/farming/)

*Happy Holidays and  
best wishes for a healthy  
and safe New Year!*





# The William Murray Project

## Miramichi Historical Society

By Charlotte Loggie and Barbara MacIntosh,

As we drive or walk around Miramichi, we pass by pieces of history. These sites have stories to tell if we take the time to listen, and give us a sense of place, and a sense of our roots. For the past year, we have been engaged in a project that aims to **tell the stories of a remarkable Scottish immigrant** who came to Miramichi over 200 years ago, and who has left us a legacy in wood and stone that lives on, giving us a vision of his talent and excellent craftsmanship.

**The project is in three parts:** firstly, we were asked to write an article about William Murray for the Borders Family History Society Magazine which publishes out of Scotland, in the Peeblesshire area where Murray was born. The editor felt their readers would be interested in the story of the young man from Peeblesshire who emigrated to the Miramichi area and left such a mark. The article was published in June 2021.

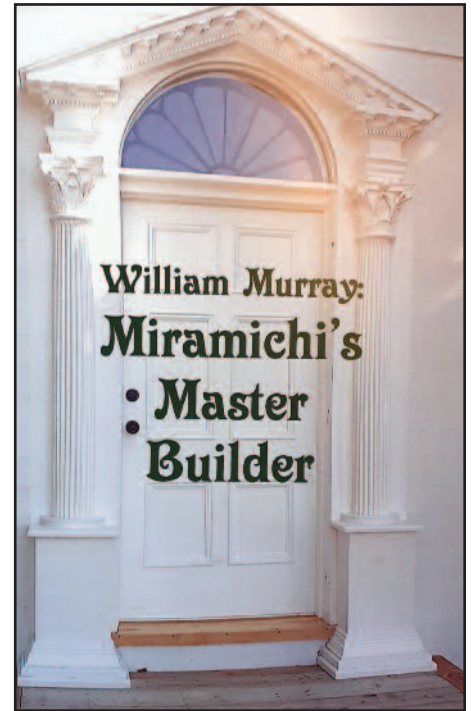
The second part of our project was to **highlight six important buildings that were designed and built by Murray in Miramichi.** The result is

the tourist booklet: *William Murray: Miramichi's Master Builder* produced by the Miramichi Historical Society. It will be available at the two Visitors' Centres, both Public Libraries, Historic Beaverbrook House, Beaubear's Island, Middle Island, the Miramichi Natural History Museum, St. Paul's Anglican church, and St. Peter's and St. Paul's church, Wilson's Point, and St. Michael's Museum and Genealogical Centre.

**The six buildings highlighted are:**

- Murray Cottage (located at Ritchie Wharf Municipal Park)
- St. James & St. John church (King George Highway)
- Old Northumberland County Courthouse (Campbell Street)
- St. Paul's Anglican Church (Bushville)
- Judge Peters' Home (Miramichi Golf and Country Club, Bushville)
- St. Peter's and St. Paul's Roman Catholic Church, Bartibog Bridge

The booklet also acknowledges the work of the Highland Society of New Brunswick at Miramichi, an organization to which Murray belonged



in its earliest days. We continue to work on the history of Murray's life and work in Miramichi, and hope to have a book produced in the next year.



St. Peter's and St. Paul's Roman Catholic Church, Bartibog Bridge



Judge Peters' Home in Bushville, now the Miramichi Golf & Country Club

**The Miramichi Historical Society** meets six times a year during the fall and winter, on the second Monday of the month and focuses on speakers and presentations pertaining to local history. Meetings will be advertised on local radio and in local newspapers. All are welcome to attend!





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# Parkland: The Art of Friendship

by Daphne Colepaugh

Approaching a blank canvas can be as exciting as it is challenging to decide how to begin. Bob and Daphne will tell you the best way to get started is by jumping right in – and that’s exactly when they first discovered a shared passion for art.

Since 1989, Bob Stephens has been a fixture in the local community, teaching art to hundreds of people. “Seeing them grow, never having painted in their life and then going on to have their own displays, I just loved it,” he says. “It’s very fulfilling.”

Known for featuring boats and water scenes in his art, Bob draws inspiration from time spent fishing with his father. In addition to stunning oil and watercolor paintings, he can often be found spending hours whittling intricate wood carvings of birds.

When Bob decided to downsize, he wasn’t sure how he’d settle into life at Parkland. Like any true artist, he approached a new canvas with an open mind. What he didn’t know was that Daphne Colepaugh, a Wellness Coach at Parkland and professional artist, was already thinking about ways to help

Bob feel at home.

A Fine Arts graduate from the University of Ottawa, Daphne finds inspiration from both the natural and unnatural world around her.

Known for featuring highly realistic animal portraits and creatures from fantasy and mythology, Daphne loves being able to create images that spur a reaction from her viewers. Daphne was



Daphne and Bob created an art program and a friendship, thanks to their love of art.

already a fan of Bob’s work. “When I heard he was coming to Parkland I got very excited to have a gentleman with his talent in our community,” she says.

Bob and Daphne’s conversation



Bob Stephens enjoys sharing his artistic talents with fellow residents at Parkland on the River.

landed squarely on a shared love of art, which led to a collaborative art program for the residents of Parkland on the River. “Seeing residents get involved with an activity I’ve created is so rewarding, I really look forward to coming to work every day,” she says.

Life at Parkland has allowed Bob to spend more time doing what he loves. “Having your own apartment with meals, cleaning, and a shuttle to take you to appointments is a plus,” he says.

For Bob, leading art classes is more about helping his fellow residents. “As long as we get together as a group and have fun with it, that’s what we want,” he says. “Daphne is very easy to work with—she enjoys my company and I enjoy hers.”

Amazing connections are made each day at Parkland. Contact Brooke to learn more.



## See yourself at Parkland.

At Parkland on the River, you can enjoy an active and carefree lifestyle at a place you'll be proud to call home. With exceptional service, unparalleled amenities and unlimited social activities, Parkland is where you can live your best life.

**Contact Brooke to book your visit**  
506-625-5892 or [bhamilton@shannex.com](mailto:bhamilton@shannex.com)

**Parkland**  
RETIREMENT LIVING  
ON THE RIVER



2386 King George Highway  
Miramichi, New Brunswick  
[experienceparkland.com/ontheriver](http://experienceparkland.com/ontheriver)





CITY OF • VILLE DE  
**MIRAMICHI**

# WINTER REMINDERS

**MOTORIST & HOMEOWNERS SHOULD BE PREPARED.**

## **MOTORISTS**

- Allow extra time to arrive at your destination.
- Check local radio station for warning or advisories
- Be prepared in case of an emergency
- Equip your car with Winter tires.
- Slow down and drive accordingly to conditions of the road
- Allow slow moving plow equipment the right-of-way
- During a major snow event stay off the roads if at all possible
- After a storm has stopped allow 4 hours for staff to clear the streets
- Complete Storm clean up takes approximately 7 days after a storm.
- Major roadways will be maintained to bare surface weather permitting
- Residential street will be snow packed and sanded as required

## **FLOODING CONCERNS**

- Residence should be prepared for flooding as weather changes from snow to rain
- Adopt a catch basin and keep it cleaned out when an event is announced
- Foundation drains should be kept clear and ensure you know its location
- Do not push snow into ditches as it freezes and creates flooding issue for you and your neighbor
- Make sure you check your sump pump is operating properly

## **POWER OUTAGES**

- Be prepared for power outages
- Monitor local radio stations, social media, cell phone for update of a major event
- During a major event, be prepared for at least 72 hours: Generator, Gas, candle, Flashlight, Radio, Food & Water
- Ensure your generator connection is installed properly (prior to event) as per code.
- Never operate a generator inside a building

## **HUMAN RESOURCES - SUMMER STUDENT OPPORTUNITIES**

**Beginning December 13, 2021**, the City will be accepting applications for summer student positions - Please check the City web site at [www.miramichi.org](http://www.miramichi.org) for details.

During any weather event that may occur, please contact the appropriate departments directly to address a question, concern or complaint, they will be logged and responded to in a timely fashion.

**Emergency: 24/7 - 911**

**Public Works Department: 24/7 - 8am to 5pm - 623-2020 After hours: 623-2241**



# Hope Café: Miramichi's Best Charity

By Avery Fitzpatrick

More than 235,000 people in Canada experience homelessness. To fix this, the volunteers at the Hope Café soup kitchen are doing their part to help our community by feeding people in need of a warm meal and helping others get through tough times of Covid. Also, they show how great Miramichi is at coming together as a community. Miramichi's soup kitchen is the best local charity I know and here is why.

To start, I've seen firsthand how many people in Miramichi need a warm meal, and it's more than you might think. Miramichi Hope Café serves free meals to the community every Friday from 12pm noon to 1pm year-round at the Saint Andrews Anglican Church Hall at 214 Pleasant Street in Newcastle. It all started when Rev. Richard Steeves and Deacon Rose Steeves opened Hope Café for the first time 12 years ago, four people came. Now, up to 70 people show up. The first meal ever served was a bowl of soup, currently they serve a full plate of food that comes with a bottle of water and dessert!

The teams at Hope Café must have been very nervous when COVID-19 hit New Brunswick in 2020. The Canadian food system has been stretched by the impacts of COVID-19. Consequently, Miramichi's soup kitchen changed the way they operated things by handing out packaged meals. Therefore, reducing the amount of contact they have with the



people receiving these meals. They have done a great job of doing their part to help flatten the curve!

The soup kitchen is run entirely by volunteers from churches across the Miramichi community. Along with some help from family members of the volunteers, like me! The food they use at Hope Café comes from donations from places like Walmart and

Carroll's Bakery. Another organization that donates funds is the Rotary Club of Chatham. As a result of these great acts of kindness, Hope Café is a perfect example of how the Miramichi community can come together!

In my opinion, Hope Café is Miramichi's best charity. They give people in need a warm meal, bring the community together and are helping people get through Covid. In the long run, Miramichi's soup kitchen will always be there for you if you need them.

*Avery Fitzpatrick* is the 16-year-old grand-daughter of Anne Hebert, Co-ordinator at the Hope Café. Anne organizes four teams of five volunteers who prepare and serve the meals each week. By 9am on Friday they are busy in the kitchen cooking the hot meals from scratch and getting them ready for take-out. Donations are always welcome, in the form of cash, food, or grocery store gift cards.

An advertisement for the Mercury Verado 400HP outboard motor. The background is a photograph of a blue boat on the water with two people fishing. The text on the left reads: "THE NEW 400HP VERADO", "THE HIGHEST-HORSEPOWER VERADO", and "CLAIM YOUR POWER". On the right, the Mercury logo is shown above the text: "PRE-ORDER YOURS TODAY!", "(506) 778-8386", and "199 King St Miramichi NB miramichimarine.com". At the bottom right is the Miramichi Marine logo.

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THE HIGHEST-HORSEPOWER VERADO  
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miramichimarine.com

Miramichi Marine





# Miramichi Author Releases Book on his Hometown's History

Woodstock-born journalist and historian Nathan DeLong launched his first book in October with a virtual presentation on Facebook and YouTube.

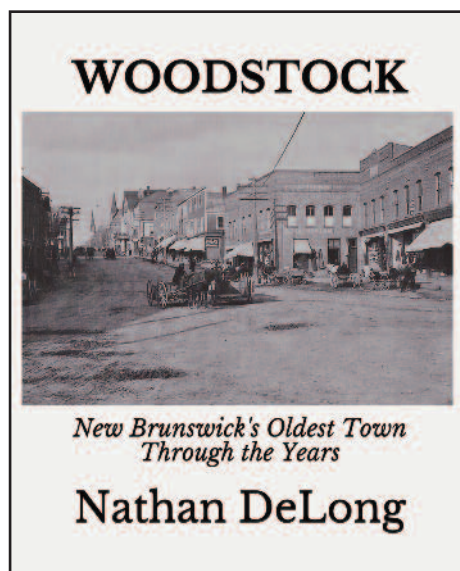
DeLong began calling Miramichi home after moving to the city in 2018 to accept a job as a reporter and photographer at the Miramichi Leader following internships at the Telegraph-Journal in Saint John and his hometown publication, the Bugle-Observer.

Many locals would recognize DeLong as a byline in the Leader and as someone who covers city council and reports on the Miramichi Timberwolves and other initiatives and events in the region. He is also an active member of The Point Church.

DeLong's self-published book, *Woodstock: New Brunswick's Oldest Town Through the Years*, covers the history of the Woodstock area from the late-1600s to the present day. It highlights how the town came to be and got where it is today, starting with the Fort Meductic Indigenous village and leading up to the Wolastoqiyik (Maliseet) peoples' contact with Loyalist settlers following the United States Revolutionary War.

DeLong's book also touches on the

formation of Carleton County, the town's 1856 incorporation, and a few large fires that nearly halted the town's growth in its tracks, along with an 1847



riot between religious denominations, a railway hub, a park on an island, and a man who was hanged twice for murder in the early 1900s.

DeLong's interest in local history began in 2007 with a heritage fair project at school. His curiosity was influenced by anecdotes from his grandparents, relatives, and friends who shared their lived experiences from

days gone by, and these recollections inspired him to pursue a project on Woodstock.

DeLong, who became a published writer at age 14, began working on a book in 2016 while studying journalism at St. Thomas University in Fredericton. He was surprised by the lack of recent editions published on the town's heritage, although it has a rich history and prides itself on its status as New Brunswick's oldest incorporated town.

*Woodstock: New Brunswick's Oldest Town Through the Years* is topically organized around multiple themes and provides a chronological description of the town's early years, the post-war era, and the present day. It includes essays on both widely known and rarely discussed stories, while also incorporating vintage and recent photographs.

The 246-page, paperback book is available for purchase for \$30 on Amazon and at Mill Cove Coffee. An e-book is currently being developed, and distribution at other retailers is being arranged. Books can also be purchased by contacting DeLong at [anathandelong@gmail.com](mailto:anathandelong@gmail.com).

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# Miramichi Spca - Available For Adoption



## Meet Mya



Born: 2009  
Color: White & Orange  
Breed: DLH  
Gender: Female  
Neutered./Spayed: Yes  
Adoption fee: \$40

**Mya** came to us after jumping to multiple houses. She was fully matted and looked "off". After a vet visit, we found out she is a 12-year-old year with a heart murmur and hyperthyroidism. Mya can be found lying in the Office in her many different beds, she will come up to you looking for love and attention but 70% of the time she is sleeping. She will require to have a pill twice a day for the rest of her life but other than that she can look after herself. She is always looking for a new place to curl up and sleep, so if you have a couch, she will curl up with you and watch TV.



## Meet Serita



Born: 2018  
Color: Calico  
Breed: DSH  
Gender: Female  
Neutered./Spayed: Yes  
Adoption fee: \$40

**Serita** is our model at the Miramichi SPCA. She loves to show off and pose for pictures. She is on a weight loss journey and is making progress! She is looking for a forever home where they will continue her weight loss journey with no other female cats

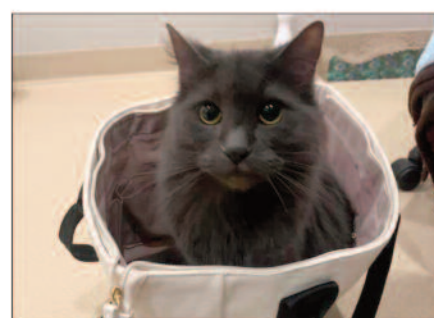


## Meet Rebel



Born: 2015  
Color: Black  
Breed: DSH  
Gender: Female  
Neutered./Spayed: Yes  
Adoption fee: \$40

**Rebel** was originally adopted from us in 2017, but sadly was returned in 2021 due to having food allergies. After a serious treatment of antibiotics and a food change, Rebel's skin cleared up! She would have to stay on a special food diet to avoid any more flare ups, and the new owners would have to be prepared to take Rebel to a vet and do a steroid treatment if need be. Rebel is now 6 years old and needs a home that will love her and look after her. She is a sweet girl, who likes to give hugs, and demand attention but she does not like to be held.



## Meet Suzie



Born: 2015  
Color: Grey  
Breed: DLH  
Gender: Female  
Neutered./Spayed: Yes  
Adoption fee: \$40

**Suzie** is a 6 year old sweetheart but there is one thing that makes her different. She is in stage 2 of kidney failure. She came to us at the beginning of 2021 by her owner. They could only keep one cat and unfortunately for Suzie she was the one that had to leave her home to join us at the shelter. There's no way of knowing how long Suzie has. She will have to be kept on a kidney friendly diet and be taken to the vet if symptoms begin to proceed. Suzie deserves to live out the rest of her days in a real home, safe with no stress. She loves to drink bottled water and lay in the sun for naps. She also knows her name and will chirp if you yell out "Suzie" to let you know where she is.

If you are interested in adopting one of these special furry friends, please fill out an adoption form found on our website at [www.spcamiramichi.com](http://www.spcamiramichi.com). Once approved, you will be booked by appointment for the adoption. For more information please call 506-622-0645.



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# Peanut Butter Grape Bites

Available into January, California grapes offer a way to make the season special as an ingredient in your favourite recipes or as decoration for a festive centerpiece. Pops of red, green and black provide a seasonal touch and they're perfect as an easy, fresh, healthy snack.

Prep time: 10 minutes

Cook time: 5 minutes

Yield: 12 pieces



- 12 California grapes, chilled
- 1/3 cup natural peanut or almond butter
- 1/4 cup shredded coconut
- 1/4 cup chopped dark chocolate
- 1/4 cup chopped almonds

Place sheet of wax paper on baking sheet. Dip each grape in nut butter to coat half then dip in either coconut, dark chocolate or chopped almonds. Transfer to sheet then chill until ready to serve.

**Nutritional analysis per serving:** 70 calories; 2 g protein; 4 g carbohydrates; 5 g fat (64% calories from fat); 1.5 g saturated fat (19% calories from saturated fat); 0 mg cholesterol; 25 mg sodium; 1 g fiber.

Visit [grapesfromcalifornia.com](http://grapesfromcalifornia.com) to find more holiday recipe inspiration.

Source: California Table Grape Commission

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# Dining & Entertainment

My neighbor texted me, "I just made synonym buns!"  
I texted back, "You mean like grammar use to make?" I haven't heard from her since.

Q: What did the hot dog say when his friend passed him in the race?  
A: Wow, I relish the fact that you've mustard the strength to ketchup to me.

**Ha ha ha!**

A guy just threw a glass of milk at me. How dairy!

A man went to his doctor and said, "I think somethings wrong with me! Every time I drink my coffee, I get a stabbing pain in my right eye," The doctor said, "Well, have you tried taking the spoon out?"

Q: What do you call it when you walk into a cafe you're sure you've been to before?  
A: Déjà brew



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# Oil Painting Classes Beginners Welcome!

Winter Silence, Oil Painting by Edie Szabo

**Edie Szabo**, the artist who painted our cover photo for this issue of Giv'er magazine, has a passion for teaching and encouraging young artists. Her and her husband Ron host monthly oil painting classes in Miramichi.

"My students are at all different skill levels, and some come for the social aspect and "therapy" that painting provides, while others are serious about becoming artists," says Edie. She encourages her students to not copy her work,



Palette knife painting by student,  
Stacy Underhill

but to learn the basic techniques and find their own style. "I teach them about using colour and contrast, how to create shadows and light, and give them the freedom to be creative with brushes or palette knives.

Everyone puts their

own feelings into the painting, so they all come out different."

Edie describes her style as romantic realism, and she loves painting with lots of colour. She paints everything from memory, or her imagination, and she likes to put a little bit of

mystery in a painting in the form of not showing something. "The hope of any artist is for their work to evoke emotions from people. I want them to feel something and to keep looking for what is, or maybe isn't there in a painting – to wonder what is behind the foggy mist, or where does that path lead."

**Monthly oil painting classes** are held at the United Church Centre in Newcastle (556 King George Hwy) from 1pm to 5pm. For \$65 you take home a completed 16 x 20 stretched canvas painting. All set-up, clean-up, and supplies are provided, along with refreshments at breaktime – coffee, tea and dessert.

**The next class is on November 27**, featuring the painting on the right. To sign-up find Edie Szabo Oil Painting Classes on Facebook, or call Edie at 622-3260 or email [ronedie.east@gmail.com](mailto:ronedie.east@gmail.com).



Edie will demonstrate how to paint this picture at the Nov. 27 class.

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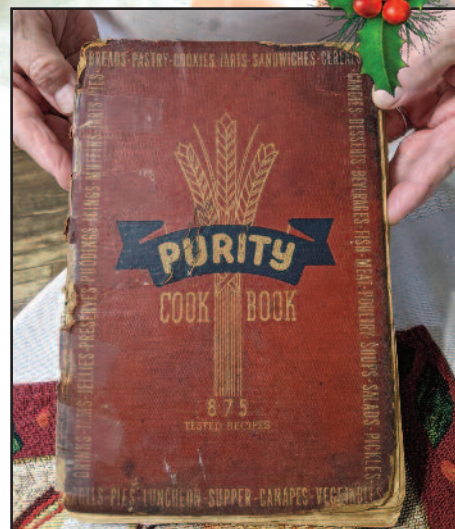


# Old-time Christmas Favourites

By Darlene Jardine

I love looking through cookbooks, especially the old ones. These recipes come from an old Purity Cook book that my mother and father gave to my grandmother as a Christmas present in 1946. It has been well-used over the years and I remember Gram and my mother making many of the recipes. The pages of the favourite ones are worn and stained with flour and love.

Below are a couple of our family favourites, often enjoyed at Christmas when dad would come from the store with a bag of dried raisins. They are presented here exactly as they are written in the book, and as you can see, they didn't give many directions back then. You either knew what to do, or you didn't. I've added a note at the end of each recipe.



## Raisin Pie Filling

1 cup brown sugar  
2 tbsls purity flour  
a few grains of salt  
1 cup water  
zest of 1 lemon  
juice of 1 lemon  
1 cup raisins (dark sultana)

Mix together sugar, flour and salt. Add water and lemon juice and mix well. Stir in lemon rind and raisins. Cook over hot water for 15 min. Cool and pour into a pastry shell. Cover with top crust. Bake at 350 for 45 minutes.

*Note:* Cook over hot water refers to using a double boiler. I used 1/8 tsp salt for "a few grains".



## Egg Nogg

1 egg  
2tsp sugar  
a few grains of salt  
3/4 cup of milk  
flavouring

Beat egg. Add sugar and salt, milk and flavouring. Blend thoroughly and serve.

*Note:* This recipe is also delicious warmed in a pot over medium heat, stirring constantly, until hot, steamy and bubbles form around edges (not boiling). For the flavouring I suggest using in 1/4 tsp of vanilla extract, a sprinkle of cinnamon or nutmeg, and you could even top it with whipped cream. This recipe was actually in the section of the book called invalid recipes. And I do remember when I was younger if someone was sick, they were given egg nog to help bring them around.

Editors Note: According to the Egg Farmers of Ontario website ([getcracking.ca](http://getcracking.ca)) it is safe to consume raw eggs in Canada due to strict inspection protocols, and the chances of finding salmonella in store bought Canadian eggs is next to nothing. Use fresh, refrigerated, Grade A stamped eggs, well before the best before date.





# Home for the Holidays: Nov 18-21

Hospice Miramichi's 7th Annual Home for the Holidays event is occurring Thursday, **November 18** to Sunday **November 21**.

This annual holiday campaign gives you the chance to take home a beautiful, professionally decorated tree. The trees will be on display at Towne Chrysler, Dodge, Jeep Ltd at 1155 King George Hwy, Miramichi for viewing.

The trees, along with other outstanding auction items, will be available to bid on starting November 18 at 9am and ending November 21 at 7pm.

**To register to participate in the auction** visit [www.32auctions.com/homefortheholidays2021](http://www.32auctions.com/homefortheholidays2021)

In the week leading up, Nov 15-18th, we are going to be **selling tickets on an artificial decorated tree** with matching wreath and table centrepiece. \$5 per ticket. Tickets can be purchased online at [www.hospicemiramichi.com](http://www.hospicemiramichi.com) or at The Hospice Shoppe at 139 Duke St., Miramichi.

Thank you to our incredible decorator Angie MacColl of Country Floral, and to our assisting decorators at The



Little Rugged Barn, Tara Drisdelle-Marlin Travel, L&A Goldsmith, and Donna's Wedding Decor.

Visit [www.hospicemiramichi.com](http://www.hospicemiramichi.com) and find Hospice Miramichi on Instagram and Facebook for updated informatin and announcements.

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# Angels Remembered

Honour a loved one and donate to the Angels Remembered Campaign, an annual fundraiser for Hospice Miramichi.

With a minimum \$5 donation, a ribbon will be placed on the Angels Remembered Tree in memory of your loved ones.

For donations of \$10 or more a ribbon will be placed on the tree, as well you will receive a handcrafted ANGEL ORNAMENT that can be picked up at the Hospice Shoppe or mailed to you (You will receive a charitable tax receipt).

Donations will be accepted until December 21 at **The Hospice Shoppe** (139 Duke St) Monday-Saturday 11am-4pm and **Saltwater Sounds**, 1738 Water St. on Thursday and Friday evenings 6-8pm and Saturdays 10am-5pm.

The Angels Remembered Tree will be at The Hospice Shoppe (139 Duke St) this holiday season, starting Thursday, **November 18 until December 22** when the Shoppe closes for the holidays.

Donations can also be made online from our website at: [www.hospicemiramichi.com/angels-remembered.html](http://www.hospicemiramichi.com/angels-remembered.html) All donations are appreciated.



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# Winter Time at the

# Miramichi Cross Country Ski Club

by Deanna Gadd, Publicity Chair MCCSC

The cat is out of the bag - Miramichi's best kept secret winter spot has become more well known! Perhaps it was the move to the new clubhouse right beside route 126 in the Nelson area of the city, but certainly the challenge of finding something to do during the COVID-19 restrictions was also a factor in having a full club parking lot on many weekends last season.

We hope that many of the people who visited the Miramichi Cross Country Ski Club (MCCSC) last year will return again. The club has been part of the Miramichi landscape for **almost 50 years**.

We maintain a variety of trails for three sports: **cross-country skiing (Nordic), biathlon and snowshoeing**. Our trails wind through a mixed woodland that surrounds Carding Mill Brook. Some of our ski trails are for the traditional classic technique, others are wider and allow for **both classic and skate skiing**. The shortest trail is just 0.3km, suitable for skiers as young as 3 years old. The longest trail is the 12 km classic Silver Trail. There is also 4 km of lighted trail which allows for evening skiing during our long winter nights.

We are fortunate to have **one of the few biathlon ranges in the province**. Biathlon is a popular sport in Europe which combines shooting at a target and skate skiing. You can imagine that it is difficult to shoot cleanly after a strenuous ski. If you see the red flag flying at the shooting range, then



Enjoying the snowshoe trails.

it is in use. Anyone interested in biathlon can stop by to watch on Saturday mornings when the biathletes are in training at the range.

**Snowshoeing** has become increasingly popular at the club. The snowshoe trails are separate from the ski trails and are well protected from the wind. Six km of trails are in successive loops of 1 km so one can easily choose a distance to cover. Snowshoes are available for rent at the clubhouse



Biathletes training at the club's shooting range.

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The Jackrabbit Program for youth learning to ski.



Our ski trails allow for both classic technique and skate skiing.

for adults and children.

Ski rentals are also available at the club for adults and children. The ski club offers **seasonal memberships** for those who anticipate using the trails often but also **daily trail passes** are also available.



You can choose to get a snowshoe only membership or a ski membership, which includes use of the snowshoe trails. Introductory adults ski lessons are offered early in the season.

**Youth programs** for learning to ski and for the biathlon club take place every year.

Full details about the MCCSC are found on our website [www.skimiramichi.com](http://www.skimiramichi.com) and we also keep our Facebook page up to date. Enjoy winter with us this year at the ski club.



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# Wishbook

Written by Robbie Tucker, from his 2020 Christmas album, *Peppermints*.

When I was a boy and Jason was too  
Before this present day was a thought  
Long before YouTubes, Facebooks or Apps  
Long before screen time induced headaches and naps

A time that isn't now at least not the same  
Before being quarantined and standing 6 feet away  
Before social distancing jammed a candy cane in our gears  
This story goes back a many number of years

Yes a story of pages all gifted and bound  
Packaged and ready for true eyes to be found  
Some lift up illusions this time of year  
But this story is true  
Of Wishbook you're all going to hear

There was no set day or set month or set week  
Though by December it'd be here for sure  
Sure as Lassie's bark was high pitched and squeaked  
Sure as Sparky's ears were not brown but blond bleached

Wishbook would come in one of two ways  
Only one of which did I ever see  
The legend arrived almost right to our door  
Or as close as our mailbox could be

And what a gift to be the one to be the first one to see  
All the things on its pages throughout  
Surprise filled my eyes as I opened and felt  
Xmas was coming no doubt

All kids tall and all kids small  
All kids blue and all kids true  
All so excited cause Santa was coming  
Wishbook brought out the Xmas in you

And of course there were boring things for our parents to see  
Stuff you could wear and some stuff you could eat  
Stuff that mom loved and even stuff for dad's feet

But for Jason and me  
Being brothers both lovers of things  
So shiny and cool  
That Santa could bring

They were all tucked away at the back near the end  
Far from the hats and the shoes  
Flip, flip, flip, umbrellas?  
Flip, flip, ahh come on!  
Flip, flip, flip and finally!

The toys! Ahh the toys!

The widest of smiles became cracks in our faces  
No kids ever had this much fun while standing in two places  
But it wasn't because of all the things we could get  
No it was because of the pages we hadn't seen yet

Oh what is that? It looks like... Not there on page 562  
Well it says it makes flavoured ice cream  
That it also keeps it cool!

Okay, what about this? Right here! It's green and points down  
I dunno but it says below in small print  
This toy operates best on flat solid ground

Meanwhile...  
Far from the shovels and beveled romantic rings  
Farther from gloves, dark fruit cakes and even more boring things  
Strategically placed well hidden from eyes  
Santa was prepping to take to the skies

A Claus like no other  
A mystery unseen  
A man made out purely of thought  
That could some how deliver  
Close to 5 billion gifts  
With no worries he'd ever get caught

And as all kids we knew started making their lists  
For tumblers, and capes  
Not socks Mom I said capes!  
For Gremlins, Stinkores, Transformers  
Our fate was all left to that big man in red

A Claus like no other  
A mystery unseen  
Wishbook he'd sent as a guide  
Now I know mom and dad probably said it was from Sears  
But your mom and your dad they both lied

No, Sears was merely a distraction you see  
A quite cleverly cloaked acronym  
Okay then you say for what does the word stand  
Thinking I'll have no response  
Thinking this stories untrue  
Thinking your question might cause my derailment  
How about this  
SEARS  
Santa's Elves And Reindeer Surveillance





**Above:** Robbie Tucker (left) and his brother Jason eager to find out which Wishbook treasures were under the tree.

That's right! Wishbook had come straight from the North Pole

Not from some once upon a used to be store  
Wishbook connected the magic of Santa  
Which helped map his quest to your door

When Xmas Eve came we both jumped in our beds  
Mom and dad said you two get to sleep  
We knew that we had to so Santa could come  
But the night always seemed like a week

The next morning Jason and I emptied our socks  
Which had been filled by that magical man  
As Mom and Dad sat with orange pekoe in cups  
I noticed on our living room stand

Wishbook

Tattered and dog-eared in so many places  
From all of our wishes and wants  
Ketchup on permanently circled marked pages  
Sticky fingered prints laced with sugary traces

Wishbook had given to all who had looked  
But it felt kind of strange like now it was just a book

Like somehow after Xmas the magic had gone

How could this be  
How could the feeling just disappear  
The same way it seemed to, to me every year  
I decided not to give it too much more thought  
When dad said hey Robbie finish emptying your sock  
I gave him the gesture that I already did  
And he gestured back like he was being a kid  
Look again he said weirdly while making a face  
Dig deep said mom looking comfy in her place

So I reached back in my sock and then felt in my hand  
A rolled up lined small piece of paper  
I looked at my dad then he looked at my mom  
My dad is still here but my mom is long gone  
Santa Claus had written a message for me  
A message still found to be true  
And it read...

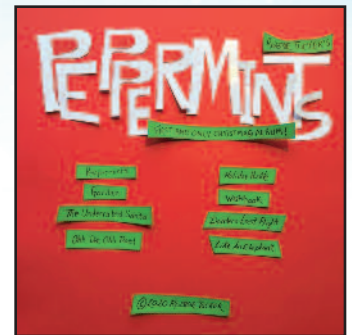
*Every gift you'll ever need will always be here  
In the Wishbook that's inside of you.*

- Robbie Tucker

**Watch the lyric video:** <https://youtu.be/DsYERxg5GT4>

**Official Website:** [www.robrietuckermusic.com](http://www.robrietuckermusic.com)

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# People Helping People... One Drive at a Time

by Stéphanie Caissie, Transportation Coordinator, Northumberland CIN

Limited transportation is a hard reality for some individuals and families living in Northumberland County, especially for those with a low income or living in a rural setting where taxi services or public transit do not operate.

The impacts of limited transportation are significant: increase risk of isolation, missed medical appointments; reduced community and workforce participation; and barriers to access basic needs such as food and medication. This in return affects the health and well-being of our community members.

## Addressing Transportation Gaps

Transportation challenges are not a new problem, nor are they unique to our region. In Charlotte County, the alternative transportation service called Dial-A-Ride has been operating since 2005 to help address transportation gaps. The program relies on volunteer drivers who provide an affordable door-to-door ride-home service. The volunteer-base model has since been adopted by different regions of the province.

In 2021, The Northumberland Community Inclusion Network (CIN), who identifies affordable and inclusive transportation as one of its priorities, initiated a dial-a-ride

program for its serviced communities: Miramichi, Sunny Corner, Baie Ste Anne, Neguac, Rogersville, Blackville, Renous- Quarryville and the surrounding areas. Northumberland Community Transportation was created to oversee the program, and a Transportation Coordinator was hired to coordinate the services.

## The Northumberland Volunteer Driver Program

The Northumberland Volunteer Driver Program has been created to provide a reliable, safe, affordable, and inclusive transportation service for the residents of Northumberland.

Volunteers, who undergo a prior screening process, are responsible for transporting clients from their home to their destination. Medical appointments are the priority bookings, followed by basic needs such as food provision, prescriptions, work, and education.

The service is available during hours of operation Monday to Friday and depending on volunteers' availabilities. Clients must reserve their rides in advance by phone. The program does not cover emergency travel requests.





### The 'Heart and Soul' of our Operation

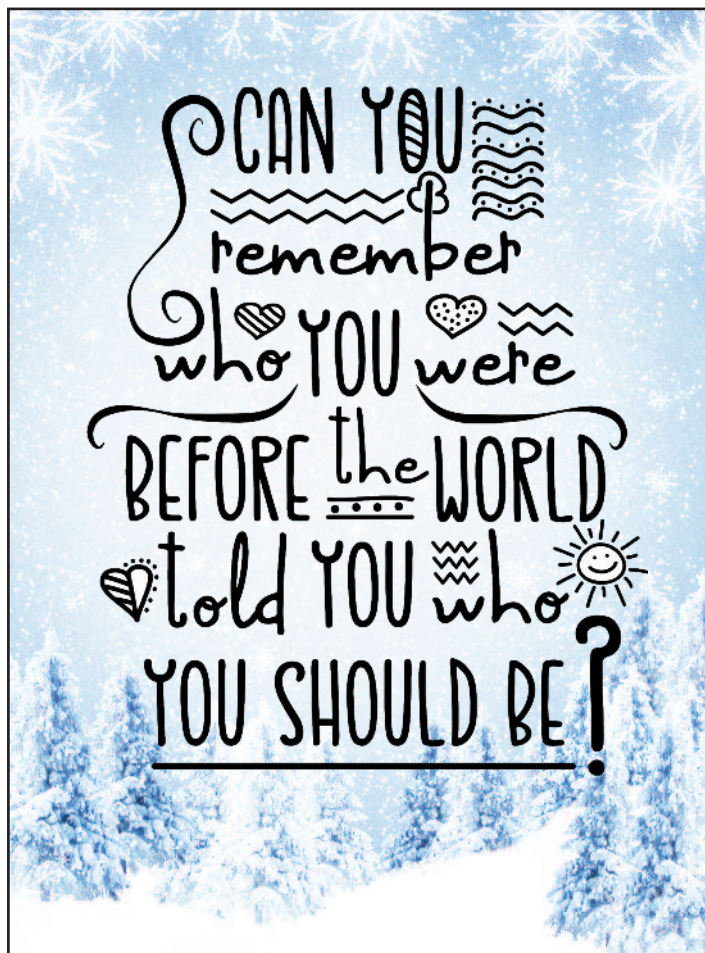
Volunteer drivers are the "heart and soul" of our operation. We recognize that without volunteers donating their time and usage of their personal vehicle, this essential service would not be possible. For this reason, we provide reimbursement for their mileage as well as cover other program registration fees that may occur, such as insurance premium difference and drivers' abstract expenses.

We also work around our volunteers' availabilities. We appreciate any personal time that they may provide; be it a few hours a week or a few hours a month. Most importantly, we prioritize the safety of our volunteers and clients. Consequently, COVID-19 public health guidelines are followed during the pandemic.

One of our dedicated volunteers named Phil made this key observation about how he sees our service: "it's people helping people." A meaningful statement that perfectly describes what we are trying to achieve with the Northumberland Volunteer Driving Program: people helping people ... One drive at a time.

### Want to get involved?

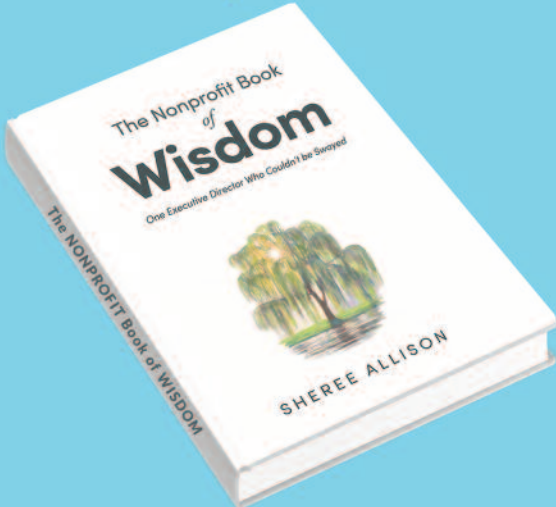
If you are interested in becoming a volunteer driver or would like to know more about our program, contact us at: (506) 251-7334 or [tenorthumberlandct@gmail.com](mailto:tenorthumberlandct@gmail.com).



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# How I Became Addicted to Stained Glass (part 1)

By Paulette Arsenault

In this issue of the Giv'er, I wish to share with you my addiction to the wonderful world of stained glass. My journey started more than 45 years ago when I left Miramichi to find my way in the world. At 17, I didn't know what I wanted in life or how to achieve it. My journey took some unexpected twists and turns, and ended full circle back in Miramichi.

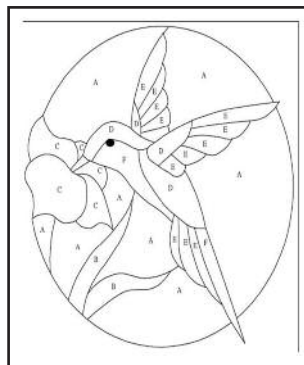
I started my journey in Campbellton where I became a registered nursing assistant (RNA). After working in hospitals in both New Brunswick and Ontario, I joined my brother Daniel, in Montreal and returned to school. Big cities offer big opportunities and I embarked in a social work career after completing a Bachelors and Masters in Social Work at McGill University. All of this while working evenings and nights as an RNA. I had a wonderful 30-year career at the Montreal Association for the Blind where I retired at 60.

My husband and I bought a house in Miramichi in 2012 with a plan to return back home in 2017. We both fell in love with the beauty of the region. I could not see myself sitting around doing nothing after an exciting career and lifestyle in Montreal, so I prepared for retirement by taking lessons in guitar, Tai Chi, yoga and stained glass.

Throughout my career I was never very artistically oriented but started slowly developing an affinity to stained glass. I now understand that all good artists require a good technique, same with stained glass. To work with stained glass, you need a small space with a workbench and some tools, the most expensive being the grinder. I work in my basement in winter and the garage in the summer.

## The stained glass process:

**First**, I find a design on the internet. **Second**, I decide on the size of the finished piece, add a colour code and print the design on my laser printer using available free software. This Hummingbird (see photo), found on the internet was modified by adding the corner diamond shaped glass and surrounding solid glass colour. **Third**, using the paper print-out, I place a cut out or piece of paper on the glass and draw an outline with a permanent marker. I then cut the outline with a special glass cutter. **Fourth**, I use a special grinder with a diamond dust head to shape the piece of glass to the desired and precise contour. **Fifth**, once all the pieces are cut and shaped (like a puzzle), I clean the glass, apply copper foil and solder the pieces together,



**Above:** 12" x14" Hummingbird, from paper cutout to finished piece.

on both sides, with a soldering iron. **Sixth**, I wash the piece, apply a patina or special finish to the solder and wax it with a liquid wax. **Seventh**, I hang the finished piece in a window and enjoy the colours in all their glory.

During the pandemic I went through a butterfly phase that morphed into an archway in my living room. The Maritime scene below was designed to be hung on a wall, hence the use of opaque glass.

If you are interested in doing stained glass, I would be happy to share information and offer my support. You can also find free training videos on YouTube and support groups on Facebook. All supplies can be ordered on-line and delivered to your doorstep. I can be reached at [paulettearsenault@hotmail.ca](mailto:paulettearsenault@hotmail.ca).



**Above:** Maritime Scene, 42 x24 inch in a wood frame.

**Below:** Six 12 x12 inch Butterflies in a wood frame.





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# The Four Agreements

In *The Four Agreements*, don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on **ancient Toltec wisdom**, *The Four Agreements* offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love. Below is a summary from the book.

## Be Impeccable With Your Word

Speak with integrity. Say only what you mean. Avoid using words to speak against yourself or to gossip about others. Use the power of your word in the direction of truth, love and appreciation. It sounds very simple, but it is very powerful.

## Don't Take Anything Personally

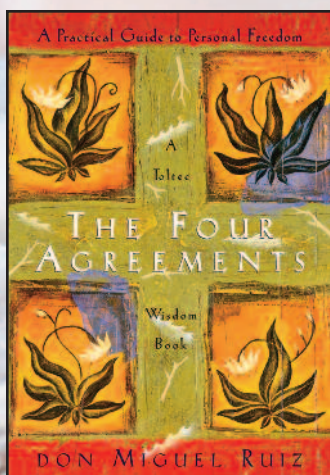
Nothing others do is because of you. What others say and do is a projection of their own reality. When you are immune to the opinions and actions of others you won't be the victim of needless suffering.

## Don't Make Assumption

Find the courage to ask questions and to express what you really want. Communicate with others as clearly as you can to avoid misunderstandings, sadness and drama. With just this one agreement, you can completely transform your life.

## Always Do Your Best

Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick. Under any circumstance, simply do your best, and you will avoid self-judgement, self-abuse, and regret.



The Four Agreements©, was published in 1997 and has sold around 10 million copies. It has been on the New York Times Bestselling list for almost a decade.

don Miguel Ruiz is a renowned spiritual teacher and internationally bestselling author. He has spent the past three decades guiding people to personal freedom through his profound insights regarding the nature of human reality.

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“Don Miguel Ruiz’s book is a roadmap to enlightenment and freedom.” — Deepak Chopra



# Why This Ontarian Now Calls Miramichi “Home”

by James M Fisher

Recently, there has been an influx of people from Ontario moving to Atlantic Canada for a change of lifestyle. With many now working from home, “home” can be anywhere as long as there is good Internet service.

Why are so many choosing the Miramichi area to settle in? In the following interview, I’ll be speaking with Stacey Tremblay, who moved from Ontario to Miramichi with her family (and adding one more since settling here!) in July of 2019. She has quickly integrated into the community through her work at the Miramichi Hospital and her popular “side gig” (more on that later).

**Stacey, please tell me a little of your background: birthplace, places you’ve lived, etc.**

I was born and raised on a chicken farm in Sarnia, Ontario with my mom, Dad and younger brother Jeff. I chose the path of an x-ray technologist with the help of my mom's friend in grade 9 and pursued my career by attending Cambrian College in Sudbury, Ontario. I completed my clinical placement in Trenton, Ontario and landed my first job as an x-ray technologist with Lakeridge Health in Bowmanville, Ontario. Before moving to New Brunswick, I lived and worked in Windsor, Barry's Bay, Ottawa and Sarnia.

**Why did you decide to move, and how did you come to choose Miramichi?**

Out of the blue I received a job offer to Miramichi from a recruitment officer for Horizon Health. I had to ask my husband where exactly it was and how to say it. We decided



we would give it a shot to have an opportunity to be closer to my husband's daughter who lives in the province.

**What do you like about living in NB, and in Miramichi in particular?**

New Brunswick reminds me of my time spent in Northern Ontario which I enjoyed a lot. I enjoy 'The River' and being close to water. My husband enjoys the outdoors with the hopes of our children sharing the same passion as him. It is a slower pace than what we are used to and we find comfort in that.

**What do you see as Miramichi’s strengths as a community, from the perspective of a young family?**

The moment we moved to Miramichi we felt a strong community vibe. Everyone has helped us transition smoothly and we have grown to love our new town. It is a wonderful place to raise children and we are thankful for our relationships with our neighbours, co-workers, day-care and everyone we meet.

**Tell me a little about your “side gig”, Dooryard Cards. How did this begin, and what has been the response?**

I ordered a 'yard greeting' for my husband's 30th birthday before we moved to Miramichi. The surprise was exciting for both of us and everyone involved. With extensive research on the concept, I decided to give it a shot in Miramichi. The feedback I receive is priceless and it is such a great feeling to spread good vibes around Miramichi.

James M. Fisher is the Editor-in-Chief of The Miramichi Reader, an online literary magazine. He works at the Miramichi Hospital (with Stacey) and lives in Douglastown with his wife and Tabby cat, Eddie.



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# Enviroporta: Radon Fighters

November is **National Radon Awareness month**, and Enviroporta is encouraging you to test indoor air for radon.

Many Canadians are unaware of the health risks of exposure to radon gas which is, in fact, the leading cause of cancer in non-smokers.

A cross Canada radon survey tested about 14 000 random houses across Canada - about 100 homes in each health region. New Brunswick leads the country with a higher percentage of home with too high radon risk. Radon seeps un-noticed in homes and lungs and kills an average of nine Canadians per day.

With free training available to medical doctors by Health Canada, free resources such as the 100 Radon Test Kits Challenge available to science teachers and community leaders, radon awareness is making its way into households, towards a safer indoor air to breathe. The fall/winter heating season is the best time to test indoor radon levels.

## Radon Mitigation Saves Lives.

Water from a roof leak is undesirable and so is radon seeping indoors from the ground upward. Radon mitigation consists of reducing radon gas concentrations in the air we breathe at homes or at work. Each of our radon mitigation systems is customized for your needs. As an added benefit, a lot of moisture is routed out while evicting radon and many clients have discarded their dehumidifiers. We have noticed that radon testing is often only done at the request of a buyer when someone is selling their home. They realize that their family have spent years exposed to radon and they then have to pay for the radon mitigation as per Canadian CARST protocol, as a buyer expects a home to be safe.

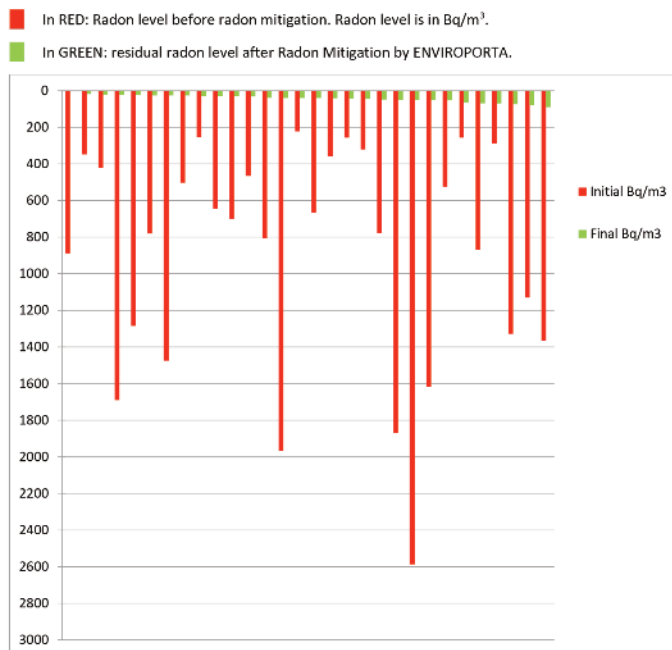
## The guideline is 200 Bq/m3.

For homes between 200 Bq/m3 and 600 Bq/m3, Health Canada recommends radon mitigation within two years and within one year for levels over 600 Bq/m3. More than 30% of Canadian houses presenting more that 900 Bq/m3 in the above-mentioned Cross Canada Radon Survey were in NB, but only 6% of the homes surveyed were in New Brunswick!


## 10 Years of Bilingual Service offered here in Miramichi.

Jean Dallaporta is a certified radon professional celebrating over 10 years in service in Bathurst and the Miramichi. Over 3,500 homeowners from Rivière Verte to Pointe Verte and Baie Verte have received energy consults, home inspections or radon services, including testing and mitigation installations by Enviroporta. To learn more about radon testing and mitigation, see the ad on this page for contact information.

The graph below shows the before and after results of radon mitigation, done in 30 homes.



Source: ENVIROPORTA



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*Keeping homes safe from Radon*

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# Friends of Seamen's Hospital

## Quilts, Apple Pies and Many Thanks!

Recently the friends of Seamen's Hospital Craft Group made a visit to Losier Hall on Water Street in Miramichi, to make a **donation of four quilts**. The quilts will be given to residents of the hall.

Pictured here are Robert MacDonald (resident), Darryl Fountain (staff), Judy Vautour, representing the Friends Group, Germaine Stewart (resident) and Jeff Swaine, administrator of Losier Hall. Many residents and staff members attended the presentation to look at the quilts and a pleasant visit followed.



We also wish to **thank everyone who purchased our apple pies**. Without your support we would be challenged to keep the building viable for community use and the preservation of our Heritage Building.

We are grateful for the support of all our product suppliers and to Oscar for delivering the apples to our door. Thank you our volunteers, those apple washers, corers, slicers, mixers and pie assemblers, without you we would not have been successful in meeting our orders. Thank you also to the ladies who took messages and



called you when your pies were ready. Everyone had a job to do and did it well.

What we have learned this year is that we have a large community support in this fundraiser and that you seem to be satisfied with the product we have produced. Next year we will again look for your support, and based on the demand this year, we will likely have to increase our capacity to deliver more pies. Thanks again for your support!

- Friends of Seaman's Hospital, Miramichi Heritage Inc.



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# Churro Popcorn

Servings: 2-3



- 2 tablespoons granulated sugar
- 1 tablespoon powdered sugar
- 1 teaspoon ground cinnamon
- 2 tablespoons butter
- 6 cups popped popcorn

In small bowl, mix granulated sugar, powdered sugar and cinnamon.

In small saucepan, melt butter; stir in 1 tablespoon cinnamon sugar.

In large bowl, toss popcorn with cinnamon butter until well coated. Sprinkle evenly with remaining cinnamon sugar; toss to coat well.

**Tips:** For spicy variation, add 1 teaspoon spicy chipotle seasoning. Serve with hot chocolate.

*Source: Popcorn Board*



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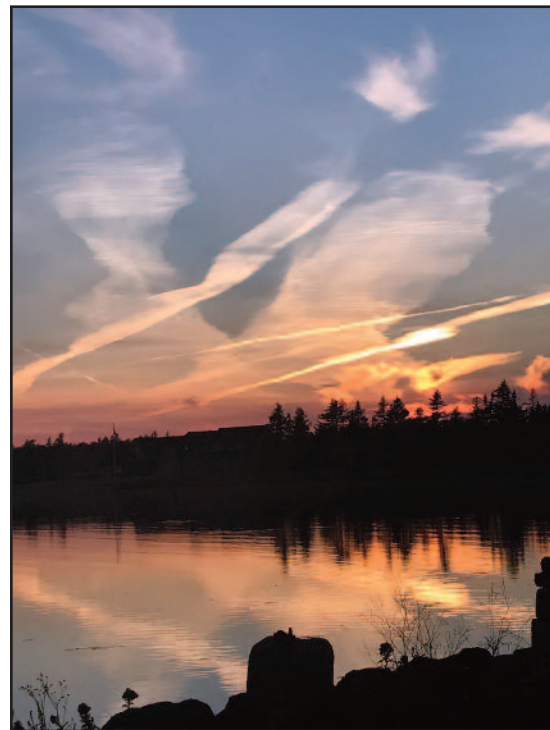


If you have photos, stories, tips or tidbits to share we always welcome your submissions. Send submissions to [submit@mcgmedia.net](mailto:submit@mcgmedia.net). For photos, please send high resolution jpg's (not resized for email) and remember to include your name for the photo credit and the location where the photo was taken or description of the subject matter. Deadline for the Winter 2022 Issue is January 14.



**Above:** The Sproul House in Miramichi. Photo by Bonnie Coughlan.

**Right:** Anne Marie O'Hearn took this photo at sunset from the Neguac Wharf.



These photos were taken by Margery Power last winter in Miramichi.

**Above:** Male Cardinal **Right:** Female Cardinal



"We cannot direct the wind, but we can adjust the sails." - Dolly Parton,





**Above:** Milky Way over MacDonald farm  
**Right:** The moon. Photos by Mathew Despres



**Above:** Kaitlyn Jardine snapped this surprising photo at Way-Joy Farm in Napan.  
**Left:** A family of deer in Blackville. Photo by Les McLaughlin



**Above:** A heron gliding by in Oak Point by Fernand Maltais  
**Left:** Sunset at Mill Stream, Whitney by Jacques La Fontaine





**Above:** Photo by Fernand Maltais of the sun rising over fog on Miramichi Bay at Oak Point.

**Right:** Beautiful fall colours reflected in the water at Oak Point, by Kim Wickholm.



**Above:** Sunset on Northwest Miramichi River at Red Bank by Anthony McLean

**Left:** A frosty sunny morning, by Edna Moorhouse.



Luke Stewart, 14, enjoys taking photos outside where he lives in Lockstead, in the Blackville area, and sent in a few of his favourites.

**Above** (L to R): Hummingbird, Tree Swallow, Eastern Bluebird



# LET US CREATE YOUR WEBSITE WHILE YOU RUN YOUR BUSINESS

The image shows a man and a woman standing in front of a flower shop. The man is wearing a white polo shirt and the woman is wearing a white long-sleeved shirt and a black apron. They are both smiling. In front of them is a laptop and a smartphone, both displaying the website for 'Bayside Natural Health Centre'. The website features a header with navigation links: HOME, ABOUT, BODY CLEANSE, YOUR HEALTH, TIPS, DONATIONS, VIRTUAL CLEANSE, and CONTACT. The main content area has a large banner for 'TAKE PART IN OUR NEW VIRTUAL CLEANSE PROGRAM!' with the text 'Thrive! Reduce! Revive. Restore. Repair. Renew. Rebuild.' and a 'GET STARTED' button. Below the banner are three sections: 'Live Blood Analysis', 'Body Cleanse and Virtual Retreats', and 'Health Tips', each with a small image and a 'Learn More' button. The smartphone displays the 'Health Tips' section, which includes text about thyroid health and a 'Read More' button.

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			4	8		2		9
				7			5	1
	8	3		2				
		4						
7	6							2
	5		7		9			
		7			5	9		4
					5			
4			8			6	7	

## Word Scramble

1. lelbs \_ \_ \_ \_ \_
2. cleand \_ \_ \_ \_ \_
3. tewhar \_ \_ \_ \_ \_
4. scralo \_ \_ \_ \_ \_
5. gostinck \_ \_ \_ \_ \_
6. fitg \_ \_ \_ \_
7. dranlag \_ \_ \_ \_ \_
8. isentpiota \_ \_ \_ \_ \_
9. esokoci \_ \_ \_ \_ \_
10. yalohid \_ \_ \_ \_ \_

## Word Search

F J O L L Y P F K V G T S V F D C Z  
E I Y O E F S R C T I J M E A C A B  
S T T S L A T U E P N R U X M M R S  
T I I N V T O I L S G E I K I T O C  
I D N O E R C T E L E I R J L U L R  
V I S W S E K C B E R N H C Y R I O  
E N E B C E I A R I B D T R Y K N O  
I G L A U E N K A G R E D S S E G G  
K S D L X J G E T H E E Q G Q Y E E  
N U G L U F K S E Q A R F M M Z K E  
S N O W M A N L M T D Y R R F J Z L  
E Q V G J Q N T I W A E G G N O G L

CAROLING  
CELEBRATE  
EGGNOG  
ELVES  
FAMILY  
FESTIVE  
FRUITCAKE

GINGERBREAD  
JOLLY  
PRESENTS  
REINDEER  
SCROOGE  
SLEIGH  
SNOWBALL

SNOWMAN  
STOCKING  
TIDINGS  
TINSEL  
TREE  
TURKEY

## Cryptogram

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
																			7						

10 14 15 9 14 10 21 11 11 8 6 21 11 11 8  
24 10 4 19 17 7 2 14 17 19 7 17 7 10 9  
1 9 17 7 7 19 2 9 21 20 7 10 9 8 9 14 4

## Word Ladders

RED

GOLD

BELL

CANDY

BOW

BELL

MAIL

CANES

Have a holly jolly Christmas. It's the best time of the year.

**Word Scramble**

1. bells 2. candle 3. wreath 4. carols 5. stocking  
6. gift 7. garland 8. poinsettia 9. cookies 10. holiday

**Word Ladders**

Red, Rod, Row, Bow  
Gold, Told, Toll, Bell  
Bell, Tell, Tail, Mail  
Candy, Sandy, Sands, Lands, Lanes, Canes

**Sudoku**

4	1	5	8	9	2	6	7	3
3	9	6	1	4	7	5	2	8
8	2	7	6	3	5	9	1	4
2	5	8	7	1	9	3	4	6
7	6	9	3	5	4	1	8	2
1	3	4	2	6	8	7	9	5
6	8	3	5	2	1	4	6	7
9	4	2	9	7	3	8	5	1
5	7	1	4	8	6	2	3	9

**Word Search**

Horizontal: L, T, Z, E, K, N, G, U, D, I, V, A, W, I, M, J, P, C, B, D, Z  
Vertical: L, T, Z, E, K, N, G, U, D, I, V, A, W, I, M, J, P, C, B, D, Z





# Merry Christmas



Illustration by Laura Lea Comeau



# Classifieds

## Sales & Service



**Conroy Construction**  
**Jimmy Conroy**  
 Licensed Carpenter

Over 14 years of experience. Specializing in:  
 • New builds • Renovations • Steps • Doors  
 • Flooring • Decks • Siding • Windows

Tel: 506-210-5990 email: jimmyconroy@hotmail.com



**Pressure Wash & Steam Wash Specialist**  
**Open 24/7 for emergency needs**

"It ALL comes out in the wash"

**KEN BOYLE**  
**506-778-0328**  
 jkenboyle@gmail.com

- Frozen drain lines
- Washing heavy equipment, transport trucks & snow removal equipment

*Happy Holidays!*



**Happy Holidays!**

190 Jane St.  
 Miramichi, NB  
 E1V 2T4

**Specializing in**

Bolts - Metric & Stainless  
 Rivets, Ready Rods, Washers,  
 Plough Bolts, Screws, Cap Screws  
**Locally Owned & Operated**

Tel: (506) 622-1042  
 Fax: (506) 622-1062  
**NEIL SHAW, Owner**



**Art supplies for many types of creatives!**

**Christmas Sale December 3rd & 4th**  
 242 Sweeney Lane, Miramichi • 625-6877

**Ron's Appliance**  
 PARTS AND SERVICE



SERVING MIRAMICHI CITY & SURROUNDING AREAS  
 LICENSED TECHNICIAN

563 Old King George Hwy.  
 Email: ronsappl@nbnet.nb.ca  
 Tel: 622-1515 | Fax: 622-2837

**Happy Holidays!**

## JOB OPPORTUNITIES

**General Manager Miramichi Boat & Yacht Club**

A working managers position to manage, coordinate and facilitate all operations of the MBYC marina.

- Seasonal May to October.
- Now accepting resumes.

Email to MBYC@miramichiboatclub.com



Miramichi Crafters is a Facebook Group for crafters and artisans to sell their art & crafts, post upcoming craft sales, and sell or swap craft supplies.

Over 1000 members, come check us out!  
[www.facebook.com/groups/miramichicrafters](http://www.facebook.com/groups/miramichicrafters)



**Free & Confidential Services**

**Play chi' BUCKS!**

Domestic Violence Outreach Coordinator Lisa McNeil  
 778-6496, 625-6496 - Call or Text

Miramichi Emergency Centre For Women  
 622-8865 (24 hour support line)

Indigenous Outreach Jeannie Taylor 625-0561

[www.emergencycentreforwomen.com](http://www.emergencycentreforwomen.com)

**Add Your Classified. Only \$175 - business card size. Tel: 623-8711**



# 100% CYBER SECURITY

## The Silent Killer -

### Don't let your data get kidnapped

Cybercrime is so common these days, hackers attack a computer every 39 seconds. This is an average of 2,244 cyberattacks per day!



The average cost of a cyberattack is \$3.86 million with worldwide cybercrime costs hitting \$6 TRILLION in 2021.\*

Since the COVID-19 Pandemic, the FBI has reported a 300% increase in reported cybercrime across the world.

The advances in technology throughout the years have caused a surge in cybercrime. With advanced technology comes the ability for cybercriminals to automate their cyberattacks, artificial intelligence is being used to counteract your current cybersecurity plan. Even the strongest cybersecurity protocols can be breached, and improving your security is not going to be enough to keep out cyber-threats. **It is not IF but WHEN your business is breached.** Your business needs a team of experts, a more resilient cybersecurity plan with a combination of offensive and defensive cybersecurity methods to keep cybercriminals from wreaking havoc on your company.



**20% OF BREACHES ARE CAUSED BY REMOTE WORKERS**

On average, every employee has access to 11 million files and the average cost per lost or stolen record per individual is \$146. Given these stats above, the costs that remote workers have on businesses across the world is upwards of \$1.6 trillion. Are your employees a risk to your company? The Answer is YES.



**77% OF ORGANIZATIONS DO NOT HAVE A CYBERSECURITY INCIDENT RESPONSE PLAN WHEN THEY ARE HACKED**

Worldwide, cybercrime costs will hit \$6 trillion in 2021. The cost of cybercrime is increasing daily, and is expected to get much worse by the end of this year. With recent cyberattacks like the Zoom and Kaseya breaches that affected millions of users worldwide. Were you affected?

Cybercrime has reached an all time high, with data breaches exposing 72 billion records in 2020. **It is important to ensure your business is protected!**  
**Contact us today for your Cyber Security Risk Assessment!**

[www.adaptiveoffice.ca](http://www.adaptiveoffice.ca)  
170 Wellington Street  
506-624-9480



# Season's Greetings from the Greater Miramichi Regional Service Commission - Solid Waste Services

Holiday

Recycling

Reminder

✓ Yes



✗ No



Reduce Reuse Recycle

Rethink

Refuse



Recycling Hotline:  
778.CART (2278)

Toll Free: 1.844.307.CART (2278)

[www.greatermiramichirsc.ca](http://www.greatermiramichirsc.ca)



GMRSC - Solid Waste Services

GREATER MIRAMICHI REGIONAL SERVICE COMMISSION  
Solid Waste Services

Services des déchets solides  
COMMISSION DE SERVICES RÉGIONAUX DU GRAND MIRAMICHI

