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Miramichi Valley High School Markets On Sundays: Nov 20, Dec. 4, Dec. 11, Dec. 18 from 12pm to 4pm. Tables are \$25 each or \$20 for the space. Call or text 210-2097. Free admission. Come on out and support our many vendors! Packed with tables of local handmade and small business merchandise. Enjoy a tasty treat, find a handmade treasure, and stock up on your favourite products. Free admission!

Nov. 26: Blackville Holiday Market
Join us from 10am-1pm for handmade goods, drinks, maple treats, breakfast, sweets, woodworking, personalized custom items, fidgets, Scentsy, Avon and more. Blackville United church hall, 143 Main Street.

Nov. 26: A Handmade Christmas Craft Sale At the Nordin Rec Center, 10am-4pm. Stop by to see crafts and creation's by local vendors. Hope to see you there!

Nov. 26: Oil Painting Christmas Workshop with Edie Szabo from 1-5pm. Choose from winter and Christmas themes. Everything you need is supplied to create a 16x20 oil painting. Break with coffee, tea and homemade dessert. Must register in advance. \$65 per person. United Church Centre, 556 King George Hwy, Miramichi. Reserve your spot on the Facebook group, Paint with Edie, or email: ronedie.east@gmail.com



Nov. 26-27: Mrs Murphy-O'Malley's Christmas.
Another hilarious play in the Mrs Murphy series, presented by Betty Mutch at Miramichi Folklore Park in Renous. Call to reserve your ticket by Nov. 20, at 843-6244. See full details on page 16.

Dec. 2-4: Christmas at MacDonald Farm

Welcome to the 200-year-old majestic stone manor house decorated top to bottom in traditional heritage splendor. Warm yourself by the crackling open kitchen fireplace, sample our home baked cookies, and have a say with our hosts in period costumes. Don't miss this unique experience for the whole family. See pg. 25 for details.

Dec. 2: Parade of Lights – Historic Chatham Business District

Colourful floats lit up for the season will gather at James M Hill and the parade leaves at 6:30pm and heads to Water Street. Businesses and organizations will be open and many will have special treats and sales to welcome you to the downtown area. Registration forms to participate in judging of float can be picked up at Pizza Delight or All Decked Out - deadline is November 28. For info call 626-3145 Anne Bracken or 625-0155 Joan Blackmore.

Dec. 2-3: Winter Warmer at Seven Threads Studio

Drop by the studio at 242 Sweeney Lane, between 11am and 6pm to see art, crafts, gifts and handcrafted jewelry. Inquire about our new classes

Cover Photo: Christmas street scene, Water Street, Chatham. Photo by Bonnie Coughlan.

Giv'er is about enjoying your day, giving it your all, all the while staying true to good Miramichi values. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, articles and photos about what's up, what's new, and what's happening. Keep it upbeat, keep it positive, and we'll promote it.

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for 2023. Watch sewing demos. Get advice on art supply gifts. Enjoy a hot coca or tea. Special deals throughout the studio on fabric, beads, sewing notions and more!

Dec. 4: Annual Christmas to Remember in Memory of Gerry Cormier Hosted by Susan Butler, featuring various performers, soloists and choirs. Time: 2-4 pm at St. Mary's church, 360 Newcastle Blvd. Admission is a donation at the door. Donations may be made in advance in memory of a loved one to office@stmbparish.ca. All donations will be divided between Gerry's charities, Women's Transitional House, Miramichi Youth House and St. Mary's Christmas Hampers.



Dec. 4: Miramichi Local Helpers Christmas Market

Local vendors, homemade crafts, baked goods, sweets & treats and lots of fun! Sunday, 10am-3pm at the Exhibition Pavillion, 24 Church Street, Chatham. Tickets \$2 each, win a huge basket of crafts! Pictures with Santa by Kim Harris from 10am-12pm & 12:30-3pm. All proceeds raised for Miramichi Food Bank!

Dec. 4: Home for the Holidays Tree Auction - Hospice Miramichi Hospice Miramichi's Annual Fundraiser where you get to support a good cause and go home with a beautifully decorated tree. All Christmas trees will be on display at Towne Chrysler from Nov.14 to Dec.3, 8am to 6pm Monday to Friday, and 9am to 12pm on Saturdays. Tickets: \$10 each/ 5 for \$25 / 25 for

\$100. Tickets available at Towne Chrysler, The Hospice Shoppe and Country Floral until Dec.3rd. Draw Date is December 4th

Dec. 6: Lennie Gallant - The Innkeeper's Christmas 7:30 pm at Carrefour Beausoleil. Come join Lennie Gallant and his amazing band for some overdue Christmas Cheer! This holiday favorite is full of original seasonal songs, stories and exciting accompanying visuals on screen! Lennie released his first long awaited Christmas album in 2021 to much praise and critical acclaim. Purchase tickets at www.carbeau.ca. Explore his music at www.lenniegallant.com.

Dec. 10: Country Christmas Craft & Bake Sale – this popular annual event is held at Darlene's Country Cottage (formerly the TeaHouse), 186 Barnettville Rd, 10am to 2pm. Drop in for a cup of tea and a sweet treat. Find a variety of handmade crafts, Christmas ornaments and décor, knit socks, hats & mitts and more. Baked goods include: meat pies, apple pies, fruit cakes, sweet trays, raisin brown bread, donuts, pickles, jellies and more. For large baking orders call Darlene in advance at 843-7878.



Dec. 31: Island View Senior's New Year's Eve Dance Music by Family Sound. 9pm- 12:30 at Lion's Club Sunny Corner. \$15 per person. For tickets call Billy Hubbard 622-8862.



CARREFOUR BEAUSOLEIL
Carrefour Beausoleil Events

Salsa and Batchata classes, every Wednesday at 7 pm for beginners and 7:30 for regulars, in the Art Gallery. Free of charge, no registration is required, people can join in during any session, beginners or regulars. Instruction is given in English and French as required.

November 30: Board Game Night We have close to 200 board games that you can choose from. Come play in a friendly and relaxed atmosphere at Café Frikot. Everyone is welcome, whether you come alone, with family or friends. Children can also play accompanied in the library of the Carrefour Beausoleil community center. Free of charge.



French Conversation Circles Beginner class **every Thursday** 12-1 pm in person. Non-beginners conversation circle will be held online every Monday from 3:30 - 4:30 pm. Attendance in either group is free. If you plan on joining, contact Jonathan at the information below, so he can determine which group is best for you.

For information on any of these events, email Jonathan jduffaud@carbeau.ca or call 506 625 2627. All events take place at Carrefour Beausoleil, 300 Beaverbrook Rd., Miramichi.

List your event here!

Send an email to submit@mcgmedia.net with the details and we'll include it in the events section for free.

Submit Early! Send in your February and March events by Jan. 23, 2023.



Support the Rescue and Care of Animals And Get a Chance to Win!



Now it's easier than ever to support the **Miramichi SPCA** with **Kitty Kash** - Prepay Online!

The Miramichi SPCA is a registered charity that is a private and independently run not-for-profit organization that has been in operation for over 15 years. It is a common and damaging misconception that our SPCA receives government or municipal funding; we are primarily supported by local in-person and online fundraisers, donations from the community, and special events.

Our small but mighty shelter has been through some tough times over the last few years - most recently a ringworm outbreak that kept our doors closed for months. The shelter only has three full-time and three part-time staff members to keep things running 7 days a week. Our volunteer board currently has five members, all of whom have full-time jobs. **We are all so passionate about animal welfare** and know that our shelter can do so much for lost and abandoned animals in our area, but we cannot continue to do this important work without funds coming in.

The average monthly expenses for our shelter are \$18,000. The cost of everything has gone up in the last few years and we are struggling each month to make sure the bills are paid, and animals are cared for. We are often at max capacity with cats and our wait list for surrenders is lengthy. **We have a "wish list" of upgrades** and items we would like to see at our shelter, but we cannot afford to do them.

Fundraising takes a lot of manpower and volunteer hours, and we do our best with the small team we have but are so **grateful when our community rallies on our behalf** to help keep money coming in!

The quickest and easiest way the public can help us raise money is to play our weekly toonie draw, Kitty Kash! It's a



50/50 draw and if you play your number every week, you have a chance to win half of the weekly jackpot.

Our **Kitty Kash sign-up and pre-pay** is now available online through our website, www.spcamiramichi.com/kitty-kash-how-to-play.

You can also easily donate online through our website - www.spcamiramichi.com/donate-online.

Some employers provide the option to donate directly to us through your pay check, if you'd like to ask them how.

Through all the hard times we've had these past couple of years we have never once wavered in the knowledge that **what we do at the Miramichi SPCA makes an impact** - on the lives of the animals brought to us, the humans that get to take them home, and the community that gets to see how far kindness, caring, and compassion can truly take a small rescue organisation.



Stayin' Alive

Peter Gadd – Nature Miramichi

Winter Survival Strategies of Birds in the Miramichi Region – a very brief insight.

Bald Eagles will often scavenge dead animals.



The winter season sees a large, to be expected, drop in the bird population in the Miramichi region and elsewhere in the colder parts of the northern hemisphere... but many birds remain. Those that don't migrate further south where it is warmer and food easier to find, have adapted over many millennia to survive and even thrive in our snow-covered frozen winter land. Well, how do they do it?

Although many people provide food for birds in their backyard bird feeders this obviously is not the whole story. Indeed, providing food for birds, particularly the smaller ones, does help to improve survival rates. Black-capped Chickadees can only store enough energy to last a day for example. Birds have been able to survive for many years of course without our helping hand. Food from bird feeders only provides a small portion of daily dietary needs.

Here are some of the ways that birds protect and fend for themselves in the Miramichi area and elsewhere during the

winter.

Berries and other decaying fruit: Bohemian Waxwings are one of the species that actually do migrate south in the winter but from quite far north so for many of them the Miramichi area is "south". They can often be seen in nomadic flocks landing in fruit and other trees, often in the hundreds. Some of their food is rotting apples still on the tree, mountain ash, winterberries and the like. They are seldom seen at feeders but are a pleasure to watch wherever you come across them. Other birds, such as American Robins and Pine Grosbeaks, can also be found foraging on fruit.

Storing food for later use: Many birds recognize when food is more plentiful and will prepare for harsher times by storing seeds etc. under tree bark, perhaps in cavities in trees, in spots they think other birds and mammals might have a difficult time finding. Often at feeders you can see birds picking up a seed, flying off to a nearby tree, not stopping to



A female Purple Finch eating tree buds.



Snow Buntings will find seeds on wind swept fields.

eat but depositing it, and returning quickly to repeat the process. They would do this in the wild too of course. Birds that do this include Black-capped Chickadees, Red and White Breasted Nuthatches, Blue Jays, Crows, and many others.

Finding shelter: At night when it is colder, birds will find a place to roost that is out of the wind such as in a thick hedge or in a tree cavity. Some species even “cuddle together” on a particularly frosty night. Bird feathers provide wonderful insulation. Birds, like humans, can shiver, the contracting muscles producing warmth. Ruffed Grouse are known to dive into a soft snow drift to spend the night, which sometimes is dangerous if there is rain followed by freezing temperatures and the bird becomes trapped. Birds too dress warmly. Feathers make great insulation and can be “fluffed up” like a padded winter coat to retain warmth.

Available winter food: Many birds are ground feeders and they are more likely to migrate for the winter as the snow cover can make life difficult. There is plenty of food available however, in addition to the rotting fruit mentioned above. Windswept fields where the snow doesn’t accumulate can provide food for another northern visitor, the Snow Bunting, which is happy to find seeds of grasses and other low growing but exposed plants. Wind swept areas also reduce the cover for field mice and other small rodents which keeps the rare visiting Snowy Owl alive. The Snowy Owl also likes open coastal waters and can feed on sea ducks.

Gray birch have a type of reproductive structure called a



Ruffed Grouse will find berries and buds in the woods and will dive into a soft snow drift to spend the night.

catkin which another northern visitor, the Common Redpoll, thrives on. A more local bird, the Pine Siskin includes these catkins in its diet as well. Some birds such as the Ruffed Grouse and the Purple Finch find tree buds a suitable food during the winter month.

Birds too can find dormant insects perhaps in various life stages under tree bark and other crevices. One such species that depends on this approach in the Brown Creeper feeding on what it finds in tree bark. White-winged and Red Crossbills feed on readily available conifer cones.

Included in the “available winter food” is of course the birds themselves. Yet another winter visitor from the north, the Northern Shrike, is a relatively small bird but is carnivorous and will catch small birds such as Black-capped Chickadees and Dark-eyed Juncos amongst other things. Some local hawks will decide not to go south for the winter and take their chances finding winter prey. Busy bird feeders can attract Coopers and Sharp-shinned Hawks, throughout the winter.

Winter offers a chance to see visiting species as well as our non-migratory resident birds, and we can see how they increase their food consumption and stay warm, having resisted travelling to a warmer climate.

For more information on Nature Miramichi visit: www.miramichinaturalistclub.com

Reference: BIRDS IN WINTER, Roger F. Pasquier, Princeton University Press, 2019



A Bohemian Waxwing eating berries.



Common Redpolls will eat gray birch catkins.

Where is Heaven Does Anybody Know?

By M. A. Cook

My beloved went to heaven, so I was told one sad day,
It happened in late summer, before the smell of fresh
cut hay.

Where is heaven, does anybody know?
Is it a place where we can come and go?

Is it far beyond the stars above or just north of the
moon?

Is it possible to find it's coordinates all too soon?

Philosophers and prophets speak of a place so keen?
Can we know of these things, we have never seen?

Is heaven all around us as different theologies teach?
Or a place in an alternate dimension, just slightly out of
reach?

Is heaven a hopeful place our minds have created for
you and me?
Or a place that asleep in our dreams, we can only see.

Is heaven a myth from years gone by?
And nothing more than a wishful lie.

Perhaps heaven is a state of mind you see
If we are the thoughts we think, then maybe in heaven
we can be?

Is heaven watching the sun slide behind the ocean, on a
warm summer night?
Or a butterfly tasting the wildflowers in the bright
sunlight?

While sleeping can we feel heaven in our dreams?
When we get our wish and pure reality it seems.

Can meditation take you to heaven through a
thoughtless bliss?
Or the feeling you get from the touch of your true
Love's first kiss?

Perhaps reality is only a dream that we create each day
and heaven is never more than a happy thought away?

Where is heaven does anybody know?
Is it a place where we all want to go?

Can you get to heaven before you die?
Is it a place of beauty in the sky?

Is heaven the face of strangers that offer kindness to
those they meet?

Or when we focus on pleasant thoughts while walking
down the street?

Is heaven all around us or a place up above?
Is it when our hearts are full of unconditional love?

Where is heaven does anybody know?
Is it the thoughts we think, rather than the place we go?

Can we get a map to heaven to show us the way?
Is it our final destination and there we will stay?

Is it a place that is felt and not seen, inside you and me?
Living each moment as present as we can be.

Is heaven a peaceful feeling that we get, down deep
inside?
When with love, we fill our hearts and from ourselves,
we do not hide.

When we close our eyes is it heaven we feel close by?
Is it inside of us, to imagine, if we try?

Is heaven acceptance of the present day?
And with grateful hearts, will dividends pay?

Will the spirit that is within us, all knowing lead the
way?
If we ask for divine guidance and listen each day?

At last breath, when we close our eyes, will we then go,
To a realm that only God and the angels know.

Until we meet again in heaven wherever that may be,
I anticipate that moment, when again your sweet smile I
will see.

Oh, guardian Angel please guide us this day,
So we may know heaven somehow, someday.

Where is heaven does anybody know?
I pray that to heaven good thoughts will sow
and someday to heaven that we shall know...

The End.



Corned Beef Hash

by Doug Dolan

This story is from a collection of vignettes and essays, *Stories of Christmas on the River*, by Doug Dolan.

"The stories are loosely based on my family and our small village of Nelson. I have chosen not to use actual names but the reader who knows us will recognize each behind their name. The events presented for the most part occur at or near the season of Christmas. I hope you as the reader will enjoy the stories and they may help you better understand that love manifests itself in many forms"- Doug

Christmas as memory is a mixture of what was, what could have been and what is still possible. In the man's recollection, Christmas Eve mostly seems to break into a clear sky, cold and full of anticipation.

Father is up as usual before the family to rekindle the warmth of the furnace. The dog feels the difference in his step and ponders it for a moment to determine if he needs to hold back. Sensing no danger he continues astride the man who fills the strange breathing thing that both frightens the animal and brings him warmth.

For the man and his dog this day is different than others. He lets the dog out and watches as he shakes the night off and sniffs the cold air for possible adventure, the man goes to the kitchen. He is found here most often as a recipient of his wife's good cooking. Today he quietly seeks out items and utensils he needs. Potatoes and onions kept under the sink where they won't freeze. The corned beef tin is hidden away in the back of the cupboard beside the fridge. He pulls out the foot stool his wife regularly uses to accommodate her 5-foot 5 inch height. Even with his 6-foot frame he struggles to find the tin.

He turns the electric stove element on and quickly it glows orange. He throws in a dab of butter (he refuses to use that new margarine stuff). The man deftly peels a few potatoes and an onion and tosses them into the



warming frying pan. Immediately the aromas put him at ease. He tosses and flips the mixture to cook evenly while adding the corned beef with some pepper.

Father looks down the hall to see his son George who has smelled the aroma of the meager feast and has come to join him. George has willingly inherited his father's quiet nature where neither is given to idle chatter. He pulls a chair over to the cupboard climbs up and reaches for two plates together with ketchup, a necessary condiment for both. Father stirs the mixture a few more times and determines it is ready.

George spots Lucky looking in from outside and goes out to the porch to let him in. They have been fast friends since the young collie pup was given to them by a neighbor farmer. The dog, sensing an ally, scoots under the table awaiting his share he knows will come from the boy. The three eat in a comfortable silence.





Old-Fashioned Winter Fun in Miramichi

by Barbara MacIntosh, from the files of the Miramichi Historical Society.

Get out in the great outdoors! It's not only a 21st century admonition to enjoy our Canadian winter.

In the 1890s, when snow fell and the Miramichi River froze, the urge to get outdoors and enjoy the season was the same as it is today.

All ages skated, snowshoed, curled, sailed ice boats on the frozen river, slid down hills and generally embraced the winter season. The giant toboggan slide in Millerton was popular and impressive! A curving snow-covered run from the top of a large hill with a wooden launching platform drew crowds for the thrill of speeding down the snowy pathway.

Winter clothing in the 1890s featured heavy woolen Melton cloth in dark serviceable colours, elaborate fur coats, itchy woolen hats and scarves, and leather boots. These were a long way from the lightweight, warm, waterproof, windproof and colourful clothing of today. Imagine skating and

snowshoeing in a full-length skirt made of heavy wool weighted down by a snow laden hem. Exhausting! Men's clothing, at first glance, has not changed much in style: coat or jacket, trousers and sturdy boots topped off with a wool or fur hat. But so much bulkier and confining when made of wool rather than the synthetic fibres of 2022.



Look closely at the snowshoes in the photos, only slightly different from today's design but what a difference in material and weight. Bent wood and sinew lacings have been replaced by aluminum and nylon and quick release fastenings. The change in skates is more dramatic. In the 1890s detachable skate blades were strapped to ordinary boots, varying only in length according to the size of the boot, and were often homemade. Today a wide variety of warm and comfortable boot and blade combinations are available, designed for the ice sport played, be it an expert or novice, child, or adult and with a colour choice.

But what stays the same is the same the white snow, the same crisp cold air and the fun and pleasure to be had during a Miramichi winter.

The historical society meets five to six times a year and welcomes new members. For information email miramichihistoricalsociety@rogers.com



The giant toboggan slide in Millerton



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The Way I Feel - Vol. 1

Robbie Tucker talks about his new Emotionally Charged **Folk-Rock Album** and the magic of song writing.

The seed for this album was planted when a family member gifted me her son's old 12-string guitar. After minor repairs and a fresh set of strings, I was ready to test out my new friend. It was love at first strum! The freshly wound strings rang out with such full and harmonic brilliance that the new songs immediately began to form in my head. Song writing is magic.

For this new project, I wrote six new songs and used four older songs I'd previously written. These songs were either finished but never recorded or unfinished, in which case I finished them.

I spent the next two weeks cross-legged in the middle of my living room floor, fully immersed in the writing process. The new songs came quickly, only requiring a pencil, writing tablet, and pencil sharpener. Within a week, I completed the chords, lyrics and vocal melodies for the new tunes. Six songs, ready to record! Then I placed them to the side and started finishing the old ones.

It can take a moment to get back into the groove when working with an incomplete song, and in some cases, I have to ask myself, "where did I leave off?", "why didn't I finish this?". But, in the case of *Jesus Beatrice*, which ended up being the final track on this album, I immediately remembered why it remained incomplete. It's a monster! "When you need to pull out the scissors and a glue stick to finish a song, you know that it's going to be epic," I posted on social media while working on finishing this track. Here are the four old songs.

The Way I Feel: This is the oldest song on the album, written around 1996 when I was still pretty new to song writing. Having this song on the album is so cool for me but having it end up as the album title? Well, that feels magical.

Don't You Know - I bought a dulcimer one year for my birthday and soon after wrote this tune. I love the earthy vibes the dulcimer bleeds out.

Are You Struggling - My memory isn't great on this one. I only know the lyrics I'd already written previously, mixed

perfectly with the ones I added. It also fits the theme and message I'd hoped to infuse into this album.

Jesus Beatrice - I began writing this song in 2014 for my 4th album, *Acoustic Fudge*. However, I didn't get it finished.

Though it may have taken me some time to complete, I'm so proud of myself for finally conquering the beast!

I open up on this album and write about the problems I've experienced related to living with Parkinson's disease for the past 17 years, something I hadn't allowed myself to do before this project. I never want to come across as 'whiny' or 'poor me' because I understand that it can always be worse. However, the never-ending need for medication, combined with isolation, and the inability to work, have become significant factors in my life and are all topics expressed on *The Way I Feel Vol. 1*. Don't worry. It's not all doom and gloom. There's always a fun way to tell a story.

I will continue to make music for as long as possible in whatever capacity is available to me because there isn't anything I love more. I'm so excited for you to listen to this new album, and I encourage you to reach out to me with your feedback! Finally, I want to say thank you for listening, truly. It means the world to me. Making music is why I'm here; at least, that's the way I feel.

Musically yours, Robbie Tucker



Robbie Tucker is a singer, songwriter and producer from Miramichi, New Brunswick, continues to pump out true art rife with fantastical imagery. Next year marks the 20th anniversary of his debut album.

Seventeen years after being diagnosed with early onset Parkinson's, Robbie Tucker no longer performs live. But he's far from finished creating exciting new music, and nowhere is this more apparent than on his latest release, *The Way I Feel Vol. 1*.

Robbie Tucker's complete discography is available on Bandcamp at <https://robbietuckermusic.bandcamp.com> and on every major streaming platform.

Mrs. Murphy-O'Malley's Christmas

Miramichi Folklore Park - Christmas is just a little over a month away and if you need to have a good laugh, don't miss the hilarious play, *Mrs. Murphy-O'Malley's Christmas*.

This time of year can be difficult for a lot of people and Betty Mutch tries to lighten the mood by writing plays filled with music and comedy. She recently wrote the play, *Mrs. Murphy-O'Malley's Christmas* and if you haven't seen any of the Mrs. Murphy series and you enjoy a good laugh; you are really missing out. These shows contain adult content and the narrative is very light and funny, If you have seen the TV show Mrs. Brown's Boys, they are similar but with totally different story lines. Sadie Murphy-O'Malley (played by Greg Donovan) is the matriarch of the Murphy family and has no problem speaking her mind. You will get a kick out of the rest of the cast as well.

I am very fortunate to have such a fantastic cast and crew. We have so much fun doing these plays; what a great group of talented people to work with." says Betty Mutch.

There will be three shows at The Miramichi Folklore Park in Renous. Show times are:

Saturday, November 26th at 2:00 and 7:00 pm

Sunday, November 27th at 7:00pm.

The doors will open at 1:30 for the 2:00 pm show and at



Mrs. Murphy-O'Malley played by Greg Donovan

6:30 for the 7:00 pm shows. The doors will be locked until that time so that we have time to prepare. We have assigned seating so you don't have to come early to get your seat.

Your seats will be numbered and lettered so this should avoid any seating mistakes. Each show will have a different colour ticket, so that we will know as soon as we look at your ticket, which show your ticket is for.

Please double check your ticket to ensure you are attending the right show. Our shows are always sold out, so if you miss the show that you have a ticket for, there really isn't anything we can do.

The canteen will be open during intermission selling pop, chips, and snacks. We will be selling Mrs. Murphy-O'Malley Christmas themed products as well.

Tickets are \$15 each and will be sold in advance only. All sales are final.

Tickets go on sale on November 1st and must be purchased before November 20th. For tickets call Betty at 843-6244 or visit Betty at Sobey's in Douglastown on November 18th from 4 to 6 pm.

If you need a good laugh,
don't delay because the tickets go really fast.

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The Hay Babies

Celebrating Ten Years of Success

by Vanessa Hébert

What is it in the water of Rogersville that makes such successful musicians? This time we are talking about **Vivianne Roy**, the daughter of Lise and Robert Roy. She is one of the three Acadian women singers in the popular Indi-folk group **The Hay Babies**.

On their Facebook page, followed by 19,000 fans, we can learn how busy the group were this fall. They were performing at the **Reeperbahn Festival in Germany**, and they were also part of the **Americanafest in Nashville**. And it's not their first shows in those two countries or even on the European continent. From Rogersville to every province and territory of Canada, they have performed and received only positive reviews by the media.

After Vivianne and the other ladies each won the Accros de la Chanson singing competition, the three Acadian artists from Rogersville, Memramcook and Dalhousie became friends. They started touring in 2012, with only one guitar, one banjo and one ukulele, and two years later they were performing their 300th show. It was in July 2012 that their first EP was released: *Folio*. This was followed by the albums *My Homesick Heart* in 2014, *The 4ième dimension* in 2016 and *Boîte aux lettres* in 2020.



The Hay Babies. L to R: Julie Aubé, Vivianne Roy (of Rogersville), Katrine Noël. Photo Étienne Barry.

They accumulated other awards and nominations through the years including **Francophone Songwriter of the Year** at the Canadian Folk Music Awards. And in 2015, the album *My Homesick Heart* was awarded **Francophone Album of the Year at the East Coast Music Awards**.

This summer these three women, who have vibrant personalities, were the subject of an art exhibition in Moncton telling the story of their ten years since forming the group.

It was a retrospective that was presented in collaboration with the Galerie Sans Nom and the Acadie Rock festival.

Rogersville and the Miramichi region can be proud of Vivianne!

You can follow the group on Spotify with an average of 21,000 listeners every month. You can also follow them on Instagram, iTunes and on Bandcamp.

Visit their website www.leshaybabies.com to learn more about this dynamic Acadian group, and to purchase a cd or digital download as a holiday gift.

Vanessa Hébert is from Tracadie-Sheila and is passionate about promoting francophone and Acadian music and culture. She lives in Bartibog River and teaches students from 22 French New Brunswick schools and enjoys taking photos and exploring outdoors.



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Doing What You Love

The saying “Do what you love! Love what you do!” can be inspiring. For most people, doing what they love does not transfer into financial stability. For others, their passion is so strong for what they love to do, they find a way to create financial stability with their desire.

Doing and living are two very different variables. Doing consists of getting through life, following a list of tasks and goals. “Once I have this, once I do this, then I will be able to live the life I want.” This thought loop, can work for you or against you in your life.

When we use these thoughts as a means to an end, every moment presents itself as a problem to solve. Your life becomes a never-ending path of hurdles to overcome.

This same thought loop can work for you, if you are wanting to be a more solution-oriented person.

Future moments are just a version of the present moment, not to be confused with planning for your future. Planning is one thing, wishful thinking that what you are experiencing now wasn't so, is another. The key is to make the present moment your friend, engage with it as it presents itself with no emotional attachment to how it unfolds. Just be present with it.

The thought, “we create our own reality” can seem to be contradictive to acceptance of the present moment. “We create” suggests we are doing something, a course of action to force the moment.

Here is how that statement works to the fullest of our abilities to influence our lives, hence creating our own



realities.

When we take away the obligation of the present moment to be something to fulfill us emotionally, we experience the moment in its totality.

When we obligate the present moment to fulfill an emotion we desire, we are subject to struggle and disappointment. In both cases we are creating our own realities.

Acceptance of the present moment as it presents itself, is a direct reflection of your belief systems you have running. These

belief systems can empower you or make you a slave to them.

Acceptance has two perceptions, by definition. One, you feel you are giving your power away and you feel helpless. Two, you surrender to the events without attachment to them.

One can be a struggle and two can bring empowerment and clarity. Either way you are deciding the experience; creating your reality.

Pay attention to the obligations you put on the present moment. Ask yourself “Do I have an emotional attachment to this moment?” Your answer will help you shift your perception.

Here is a statement to tell yourself at the beginning of the day. “The present moment is my friend” whisper it to yourself after you have taken three deep breathes. Apply this in your life consistently and see what happens.

If you desire to dig into your belief systems and make a deeper change, email: cindytheta7@gmail.com

Sincerely Cindy Lou,

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Welcome to Miramichi 1955 and 2022

by Johannes Bosma

Just as the Bosma family had to adapt to new customs and ideas in 1955, so too the Maliarchuk Family, staying with Sherry and Lloyd Valliers in St. Margarets, is adapting in 2022.

For example, Sherry told me about a snap peas incident. Her husband had picked up a solidarity box (a very generous donation from La Ferme Terre Partagee) every Friday, leading to some interesting and amusing vegetable conversations.

"That first box with snap peas was a real hoot," Sherry said. "Lloyd and I each grabbed a couple and started crunching, while Mila (Maliarchuk) picked one

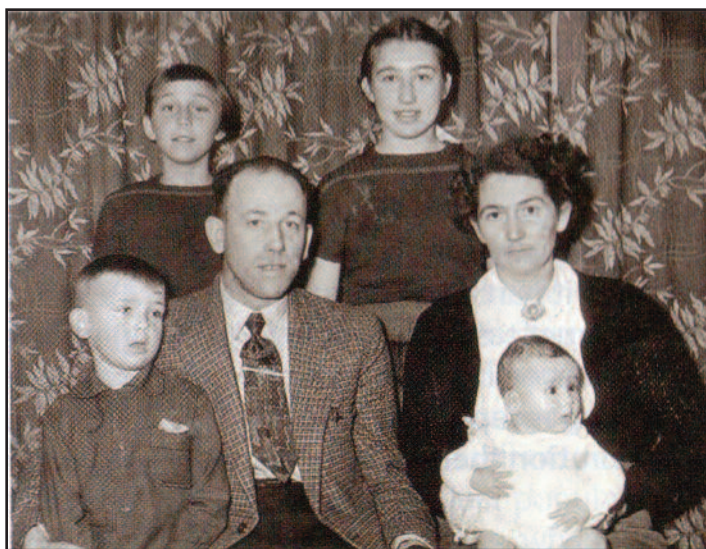
up, split it and picked out the tiny peas within. The look of utter amazement from her and everyone she called down to see us eat the pods, was priceless. They then carefully plucked the miniscule denizens from each pod and popped them in their mouths."

"Yellow beets were included one week and there was no way to convince Mila they were not little turnips at first. Once she believed us that they were indeed beets, she told us they used them as pig food in Ukraine."

I remember how my Dutch cousins refused to eat lobster because, according to them, they were bottom feeders and ate the garbage off the ocean floor. Some of them wouldn't eat corn either because they considered it to be cattle fodder.

"When the Maliarchuks arrived without any 220-110 V adaptors, we reached out to neighbours and were able to borrow a couple until they could order some online," Sherry continued. "The concept of asking neighbours for things in a pinch was new for them and still surprises them when folks come through to help out when asked - big city versus our neck of the woods."

The learning curve these past three months included many twists, hoops, appointments, phone calls, and a lot of paperwork, but according to Sherry, "It was well worth it. With all of the generous assistance from so many caring folks and organizations, you can walk by our yard, hear the Maliarchuk children laughing and playing, see lines of clean clothes blowing in the breeze



Johannes Bosma remembers the warm welcoming his family received when they arrived in Miramichi in 1955.



**May the beauty of the Christmas Season be
with you throughout the year.**

**Que la beauté du temps de Noël demeure
avec vous tout au long de l'année.**

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and feel the normalcy that builds daily with each new experience for our guest family. Would we do this again? Yes. Do I recommend it to others entertaining the thought? Yes.”

Sherry adds, “This is a family of seven Maliarchuks in our home and a family of seven welcoming reminders of Ukraine in our yard. Canada has many ways of welcoming newcomers and things are as they are meant to be.”

Having experienced the welcome the Bosma family has received since 1955, I couldn’t agree more. The Delano brothers, who would be my father’s employers, met us at the Newcastle train station, along with a minister, church volunteers and an interpreter, and we all felt a sincere warmth which extended into an instantaneous desire to stay in Miramichi as they ushered us into their vehicles and on to a rented home and a new life.

As we were leaving, Charlie Delano looked back and saw what appeared to be a food hamper. When he picked it up and looked inside, he saw my baby sister. Just like our new Ukrainian families, we were just as overwhelmed when we first arrived and almost left Maria (Mieke) behind.



Vitalii and Mila Maliarchuk with their family. They arrived from Ukraine and are staying with Sherry and Lloyd Valliers in St. Margarets.

“So much of the change for them has changed Lloyd and me,” says Sherry. “Each day it gives us a better perspective on how blessed we are to be Canadians. That first meeting at the airport, and the longest and tightest hug in my experience from Vitalii, was fraught with emotion and joy.”

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Happy Holidays!

The Tardy Boys Mystery



What really happened to local war heroes, the Tardy brothers?

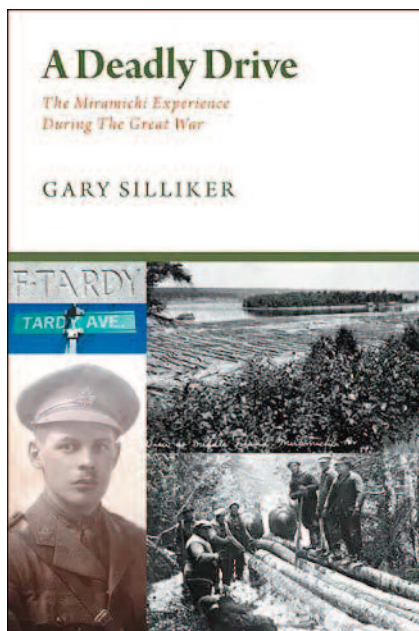
The Miramichi Genealogy Society are pleased to have as our guest presenter, retired military officer and author of the book *A Deadly Drive, the Miramichi experience during the Great War*, Gary Silliker at the **November 22** meeting.

In keeping with a veterans' theme for the month of November, the topic of his presentation is local war heroes, the Tardy brothers. He will join us on Zoom from his home in Nova Scotia.

Gary offers this overview of his talk:

When I was growing up in Newcastle (now Miramichi), NB, I was well aware of the names the four Tardy brothers (John, Robert, Joseph, and Frank) found on the town cenotaph. The accepted story was that the four were killed during the Great War and, that after the war, their widowed mother was evicted from their humble home for back taxes. That was the story I believed, as I had no reason to doubt it, until I started researching the war records for my book "A Deadly Drive: The Miramichi experience during the Great War."

In 2005 my research of the CWGC website showed only three war dead by the name of Tardy. Frank and Robert Tardy were recorded as being Canadian; however, the third name was that of a Joseph A Tardy of the Australian Imperial Force. In 2008 I was able to confirm, through Australian war



records, that Private Joe Tardy of the AIF was in fact one of the Tardy boys from Newcastle. But why wasn't John Tardy, the fourth and oldest brother, found amongst the CWGC list of war dead?

John and Mary Tardy had six sons (John Jr, Joe, Frank, Robert, Isadore, and Pius) and three daughters (Mary, Susan, and Gertrude). The family lived in a 'modest' dwelling beside the railway tracks in Newcastle. Mary died in October 1914. o what really happened?

Find out at the next meeting! All are welcome to attend on November 22 at 6:15 pm. This will be a hybrid meeting with the in-person portion held at the Chatham Public Library, King Street and streamed on Zoom.

The Miramichi Branch of the New Brunswick Genealogy Society meets on the 4th Tuesday of the month at 6:15pm at the Chatham Public Library, 24 King Street. No meetings are held in June, July, August and December.

For more information visit www.nbgsmiramichi.ca



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You are received at our welcome building. From there you can take the horse and wagon ride through the enchanted forest or stroll through the mystical torch lit trail to the magical MacDonald Farm Wonderland Village. Warm yourself by the inviting barnyard bon fire and enjoy the Christmas Music.

New this year:

- Winter Wonderland Walk
- Cash canteen featuring baked beans, brown bread, hotdogs and hot chocolate.
- Gift Shop will be open

When:

December 2nd 7-9 pm
Dec 3rd 1-4 pm 7-9 pm
Dec 4th 1-4 pm

Admission:

\$7.00 per person or
\$25.00 a family of four.

Where:

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Event is proudly sponsored by the Miramichi Highland Society and MacDonald Farm Committee

A Baby Changes Everything

Dessert Theatre

St. James and St. John United Church

Rehearsals are underway at St. James and St. John United Church Centre for the dessert theater production of *A Baby Changes Everything*, to be held **December 2, 3, 4, at the United Church Centre**, 556 King George Hwy. Show times are 7 pm each evening; doors open at 6:30 pm.

Set in the turn of the century, *A Baby Changes Everything*, written and directed by Kimberley Shaddick, is a comedic tale of a saloon owner and her 'girls', and a rag-tag band of regulars. Never a dull moment in the saloon with the ladies of the community and the new minister and his wife stirring up trouble. A funny, yet heartwarming story of the importance of not judging a book by its cover; we all have something to offer, imperfections and all!

A Baby Changes Everything follows a long line of sold-out performances by this drama troupe; be sure to get your tickets early!



The cast of characters include: Nancy Donald, Diane Forrest, Kathy Buckley, Ted Lynch, Kimberley Shaddick, Rev. Charlene Maguire MacKnight, Leah Holmes, Susan Watling, Megan Gallant, Gwen Baisley, Patty Fawkes, Greg Donovan, Joey Baisley, Art Young, Daniel Szemok, David Watling, Fred Holmes, Candace Marbach, Elisabeth Shaddick, Norah

Shaddick, Molly Gallant, Ava Gallant, Will Matchett and Brooklyn McLaughlin. There are a host of other volunteers who work behind the scenes as the production crew who manage the sound, set construction, costumes and props.

The price of admission is \$20 and includes dessert and beverage. Tickets are available at the United Church Office, Brookdale Flower Shop and Dickison's Pharmasave. For information call 506-622-1598 or email stjjuc@nbnet.nb.ca.

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Dark Fruit Cake - Recipe for Beginners

by Darlene Jardine

For beginners, the idea of making a fruit cake might sound complicated, but I'm here to tell you to not be afraid! You just need a little bit of time and patience. I have been baking since I was 12 years old and I made a lot of mistakes, but that just makes you a better baker overtime, if you keep trying.

This recipe will help you overcome any fears of making your own fruit cake. Have fun with it, and Merry Christmas!

Join me on December 10, as I host the annual Country Christmas Craft & Bake sale in Barnettville, where I operated a restaurant for many years - Darlene's Tea House. For details see the events listings on page four.



1) **Preheat oven** to 325° Fahrenheit.

2) **In a medium saucepan** mix:

1 cup brown sugar
2 cups water
1/2 cup vegetable oil
1 cup currants
1/2 cup Thompson raisins
5 tbsp. mince meat (the bottled kind)
1 tsp cinnamon
1 tsp ground cloves
1 tsp nutmeg
1 tsp vanilla

3) **Bring to a boil** over high heat, stirring constantly. Then turn it down to medium, or the temperature required to maintain a low simmering boil, for 10 minutes, stirring occasionally. Remove from heat and allow mixture to cool.

4) **In a large mixing bowl** combine:

1 egg, beaten
1 cup red candied cherries, chopped
1 cup green candied cherries, chopped
3 cups flour
2 tsp soda
1/2 tsp salt

5) **Add the cooled mixture** from the saucepan to the ingredients in the bowl and mix well to combine.

6) **Prepare the baking pan.**

This fruit cake can be baked in either a Bundt pan or a large loaf pan. Prepare your pan by either lining it with parchment paper or rubbing the inside with shortening or cooking oil and dusting with flour. Tap off excess flour.

7) **Pour mixture into pan** and bake in pre-heated (325°F) oven for 1 hour and 15 minutes on the middle rack.

8) **Check for doneness.**

Since oven temperatures and cooking pans may vary, it is important to not only rely on the cooking time, but to also check the appearance of the cake, and test for doneness.

To make sure the cake is baked through, remove it from the oven and insert a toothpick into the centre. If it comes out with wet batter on it then it needs to bake a little longer. If it comes out clean, it is cooked.

9) **Enjoy!** Allow to cool before slicing. It is delicious as is or spread it with butter. Store it in an airtight container or wrapped well in saran wrap. It will last for two to three months in the refrigerator and up to four weeks at room temperature.



Happy Holidays!

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Check us out on our Facebook page!



The Elves and The Shoemaker

by The Brothers Grimm, written in 1806

A shoemaker, by no fault of his own, had become so poor that at last he had nothing left but leather for one pair of shoes. So in the evening, he cut out the shoes which he wished to begin to make the next morning, and as he had a good conscience, he lay down quietly in his bed, commended himself to God, and fell asleep.

In the morning, after he had said his prayers, and was just going to sit down to work, the two shoes stood quite finished on his table. He was astounded and knew not what to say to it. He took the shoes in his hands to observe them closer, and they were so neatly made that there was not one bad stitch in them, just as if they were intended as a masterpiece.

Soon after, a buyer came in, and as the shoes pleased him so well, he paid more for them than was customary, and, with the money, the shoemaker was able to purchase leather for two pairs of shoes. He cut them out at night, and next morning was about to set to work with fresh courage; but he had no need to do so, for, when he got up, they were already made, and buyers also were not wanting, who gave him money enough



to buy leather for four pairs of shoes. The following morning, too, he found the four pairs made; and so it went on constantly, what he cut out in the evening was finished by the morning, so that he soon had his honest independence again, and at last became a wealthy man.

Now it befell that one evening not long before Christmas, when the man had been cutting out, he said to his wife, before going to bed, "What think you if we were to stay up to-night to see who it is that lends us this helping hand?" The woman liked the idea, and lighted

a candle, and then they hid themselves in a corner of the room, behind some clothes which were hanging up there, and watched. When it was midnight, two pretty little naked men came, sat down by the shoemaker's table, took all the work which was cut out before them and began to stitch, and sew, and hammer so skilfully and so quickly with their little fingers that the shoemaker could not turn away his eyes for astonishment. They did not stop until all was done, and stood finished on the table, and they ran quickly away.

Next morning the woman said, "The little men have made us rich, and



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we really must show that we are grateful for it. They run about so, and have nothing on, and must be cold. I'll tell thee what I'll do: I will make them little shirts, and coats, and vests, and trousers, and knit both of them a pair of stockings, and do thou, too, make them two little pairs of shoes." The man said, "I shall be very glad to do it;" and one night, when everything was ready, they laid their presents all together on the table instead of the cut-out work, and then concealed themselves to see how the little men would behave.

At midnight they came bounding in, and wanted to get to work at once, but as they did not find any leather cut out, but only the pretty little articles of clothing, they were at first astonished, and then they showed intense delight. They dressed themselves with the greatest rapidity, putting the pretty clothes on, and singing,

"Now we are boys so fine to see,
Why should we longer cobblers be?"

Then they danced and skipped and leapt over chairs and benches. At last they danced out of doors. From that time forth they came no more, but as long as the shoemaker lived all went well with him, and all his undertakings prospered.





Find Joy in the Snow at the MCCSC, entering its 48th Season by Deana Gadd – MCCSC Exec.

There's a popular quote that states "if you choose not to find joy in the snow, you will have less joy, but still the same amount of snow." **Find some joy in the snow this winter** at the Miramichi Cross Country Ski Club (MCCSC)!

Miramichi has had a cross country ski club since 1975; for 30 years it has been in the Nelson area of the city on route 126.

Traditional **cross-country skiing** is just one of the activities available at MCCSC. **Biathlon**, a sport combining skiing with target shooting, also takes place at the club using the target range located beside the clubhouse. There are also 6 km of dedicated **snowshoe trails** that wind through the woods, well protected from any possible winter wind.

MCCSC has a clubhouse with a lounge area, a kitchen, washrooms, and equipment rental room. It is open daily from 10 am until 9 pm, staffed by a lodgekeeper or volunteers.

We have snowshoes, classic skis, some skate skis, boots, and poles, all at a reasonable rental price. If you have a non-skiing toddler, there is a pulk, an enclosed sled you can tow behind you on the trail. Children ages 3 to 4 can make use of the gentle 0.3km Pink (Bunny Trail).

The **ski trails** vary from 0.3 km to 12 km in length. Some trails are for classic skiing, which is done following groomed tracks, others can accommodate both classic and skate skiing. Four kilometers of the trail are lit from dusk until 9 pm to allow us to be able to spend time outdoors during our long winter evenings. Some people enjoy other trails at night, including the snowshoe trails, with the use of a headlamp.

The ski club offers a number of programs for learning to ski. **Children's lessons**, (Jackrabbit program) are held weekly for 8 weeks during January and February. Free adult "learn to ski" sessions, featuring both classic and skate skiing techniques, are offered informally during the season. People can buy an annual membership which is the best option if you plan to go out frequently, and necessary for your child if they sign up for lessons. A ski membership includes use of the snowshoe trails, but a separate snowshoe only membership is also available. Day passes can also be bought for snowshoeing or skiing. All memberships and day fees have single and family prices.

The ski club is now sharing some of its trails with the Owl's Rest Disc Golf Course. During winter "golfing's off

season”, the “hole” targets will be in storage. You will see more about this new activity for Miramichi when the course has its official opening in June 2023.

Covid-19 has had an impact on social events at the club but has brought many new people out to discover the winter outdoor activities at the club. This year we do expect to hold our **annual Miramichi Ray Thibodeau Loppet** which is a mass participation event, as well as a provincial level set of ski races, a one-day event for mostly all ages.

More up to date information on trail conditions, programs and prices are available on our website www.skimiramichi.com or on our Facebook page.

We hope to see you on the trails.



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Miramichi Ground Search and Rescue

THE IMPORTANCE OF LOGISTICS

By Paulette Arsenault

In this issue of the Giv'er magazine, I wish to describe the important role played by the Logistics Chief.

Even though most MGSAR efforts revolve around the actions of the Searchers, no search effort can be activated without the help of the Logistics Chief. His/her task is paramount to the Miramichi Ground Search and Rescue capability of successfully launching a search. The Logistics Chief is responsible for the timely supply of all equipment and tools needed during a search from hauling the Command Post and Logistics trailers to the search site, to the supply of food, refreshments, ropes, goggles, gloves, sunscreen, mosquito repellent, flashlight, GPS, compass, snowshoes and much more.

The Command Post (CP) is where our mapping, computer systems and radio equipment is launched from and need to be maintained in permanent readiness condition. All the Planning and Operational decisions made by the Overhead Team during a search are done in the CP. If the generator does not supply electricity or the printer for the maps is out of toner or if our portable radios have dead batteries, not much will be achieved in terms of an organized and efficient search effort and all our volunteers will simply stand idle.

To maintain peak readiness, the Logistics Chief must maintain an up-to-date equipment inventory and comprehensive maintenance log of all equipment. This ensures a continuous follow-up with respect to the truck getting an oil change, tires inflated, and the winterizing of the trailers getting done in a timely fashion before the frost. It might look like a daunting task for most, but for John Glidden Sr., being the Logistics Chief, is a fulfilling challenge and a continuous mind game that keeps him young at heart and



Above: John Glidden Sr., Logistics Chief for Miramichi Ground Search and Rescue.

emergency ready.

John says that one of the most demanding parts of this volunteer job is to streamline the inventory process by computerizing every piece of equipment in a database; this is on-going on a weekly basis. He adds, "Having everything on a computer enables our organisation to have access to all the necessary equipment information for a search in real-time. If we need an ordinary or special type of equipment, it is easy to find it from a laptop."

Being of the school of pencil and paper, John says it

was fun to have computer help from other members. It's a great and interesting skill to acquire and easy to master. "The role of Logistics Chief is one of the many joys in my life and people looking for new ways to expand their horizon should have a look at what MGSAR has to offer. Not everybody can or wants to become a searcher and there are many other support roles available to potential members," John says.

Case in point, one recent new member preferred not to do forest searches so he asked to become assistant to the Logistics Chief, a new and welcome role. John now has much needed help from Randy McCormick. Evolving roles, great challenges, MGSAR offers something rewarding for everybody.



Miramichi Ground Search and Rescue membership is composed exclusively of volunteer women and men, of all ages. MGSAR is always looking for new recruits, if you're interested, please contact us at: join@mgsar.ca. Help us find lost people. www.mgsar.ca





Homemade Fudge

Ingredients

4 tbsp butter	1 cup white sugar
1 can evaporated milk	1 tsp vanilla
3 cups brown sugar	1 cup chopped peanuts (optional)

Instructions

- Grease a 9 x 13 glass or ceramic baking dish with butter.
- Add the butter to a medium size saucepan. Heat over medium heat (5 or 6 on the dial) and once it is melted, add the milk and sugars. Stir well.
- Bring the mixture to a rolling boil, stirring constantly. You can turn the heat up to medium high to get it boiling. Don't go away and leave the pot or it might burn.
- Once it is boiling vigorously you can turn it down to medium as long as the rolling boil can be maintained. Now you only have to stir it occasionally.
- Boil for 12 to 13 min. until soft-ball stage is reached. To test, drop a spoonful of the hot mixture into a glass of cold water. If it dissolves and falls apart, it needs to boil longer. It should form a soft ball that can be picked up, but easily flattened. If you have a candy thermometer, it should be at 235° F.

- remove the hot pot from the burner and allow to cool. To speed up the cooling, put a couple of inches of cold water in the sink, and set the pot in it. Do not get water into your fudge mixture. Continue to stir for a few minutes as it cools. Stir in the vanilla.
- Now its time to beat. You can beat it by hand until it starts to thicken and loses its gloss, or... Using an electric mixer, beat the fudge for 2-3 min. on a med-low setting. Stir in the peanuts when it thickens. It will harden faster using a mixer so be prepared to quickly get it in the pan.
- Use a buttered spatula to pat it down, and score with a knife before it hardens, to make it easier to cut later.



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John McKay Remembers Queen Elizabeth

John McKay, first met Queen Elizabeth II in 1976 when she came to Newcastle to open the newly renovated Queen Elizabeth Park. She and Mr. McKay had a short discussion on the fact that he was both a Member of the NB Legislature and Town Councillor at the same time.

McKay was among those invited to later join her Majesty for lunch at the Officer's Mess at CFB Chatham.

In March of 1998, as Speaker of the NB Legislature, McKay and his wife, Sandra were invited to join the Queen and Prince Phillip at Westminster Abbey in London to celebrate Commonwealth Day.

They later joined the Queen at Marlborough House for a reception for Commonwealth representatives. McKay



Speaker John McKay and his wife Sandra, meet with Her Majesty Queen Elizabeth II at Marlborough House, London in March 1998 on the occasion of Commonwealth Day.

was surprised that the Queen remembered her visit to the Miramichi in 1976.

In April of 1996, MLA McKay and his wife, Sandra, met with Prince Charles when he came to Miramichi. Their

discussion with the Prince of Wales related to their common love of horses. The Prince opened the new OSB Plant (now ARBEC) and he was given a collection of Miramichi salmon flies which he said he would put to use in the

salmon rivers near Balmoral, Scotland.

McKay was awarded the Queen's Jubilee Medal in 1977 and again in 2002.



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Before you speak ask
yourself if what you are
going to say
is true, is kind,
is necessary, is helpful.
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what you are about to say
should be left unsaid.

Bernard Meltzer



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Kelsey's Book Review

Kelsey Nowlan is an avid reader who works at the ARM Book Nook where she has access to many books. Her love of reading has led her to writing a book review on Facebook which you can find under the name, "Kelsey's Book Blog".

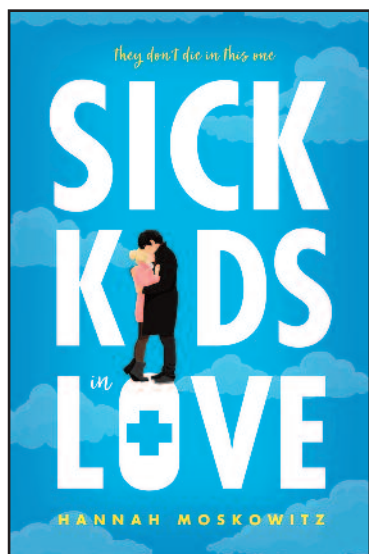
Sick Kids in Love

by Hannah Moskowitz

Page Count: 317

Book Review by Kelsey Nowlan

Rating: 5/5



This novel is about a girl name Isabel. She only has one rule: no dating. That is because she thinks it's easier, safer and better... for the other person. She's got issues, she's got secrets. She has Rheumatoid Arthritis.

But then she meets a boy named Sasha. He's got a chronic illness that Isabel has never heard of, something she can't pronounce. He understands her more than her healthy friends. He

even understands her more than her father, who is a doctor.

As someone who has been diagnosed with Rheumatoid Arthritis, I really appreciated the representation of the Illness on this book. I liked seeing how Isabel deals with the good and bad days of her illness.

Isabel's parents were not around much throughout the book. Her dad is a doctor at the hospital, and her mother left the family.

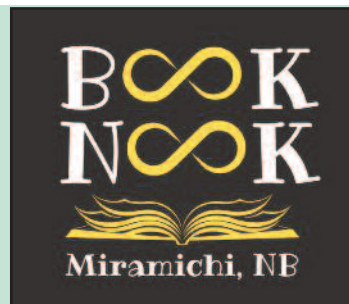
The setting in New York was great. The author mentions about the characters taking the Subway to where they need to go. And also some tourist spots which was nice.

This novel reminded me of "The Fault in Our Stars" and also "Five Feet Apart". Two books about teenagers who have Chronic Illness.

Between the chapters of the book, Isabel would ask some people that she knew a random question for her column which was a fun addition to the book.

Overall, I really enjoyed this book. It was a quick read. The romance was cute.

I would recommend this book for anyone who likes reading about chronic illness or anything medical.



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Photo Submissions

If you have photos, stories, tips or tidbits to share we always welcome your submissions. Send submissions to submit@mcgmedia.net. For photos, please send high resolution jpg's (not resized for email) and remember to include your name for the photo credit and the location where the photo was taken or description of the subject matter. Send your submissions for the Winter 2023 issue by January 16th, 2023.



Left: A Christmas scene with a view of the bridge.
Above: Keeping the soup warm by the fire at MacDonald Farm.



All the photos on this page, along with our cover photo, are by local photographer Bonnie Coughlan.

Above: A Bluejay posing for a Christmas portrait.
Right: City Hall in Miramichi at Christmas.



Bonnie Coughlan December 2022



Colourful water view submitted by Jason Langlois who is new to the area and exploring different sites.



Milkweed seeds getting ready to fly, by Stacy Underhill.



Fall colours at French Fort Cove by Carla Miller.



A chipmunk riding in a truck, by Stacy Underhill.



Eastern Phoebe by Edna Moorhouse.

Use those talents you have.
 You will make it.
 You will give joy to the world.
 Take this tip from nature:
 The woods would be a very
 silent place if no birds sang
 except those who sang best.

Bernard Meltzer



This sunset was taken from the middle of the river in Strathadam by Toby Russell Manuel.



The Centennial Bridge and wharf at night by Nav Bawa.



Silhouette photo taken at Middle Island By Har Har.



Scenic photos at left and above taken by Jason Langlois.



An autumn scene in Black River by Carla Miller.



St.Marys Early Morning Mist by Doug Kidd .



The rising moon by Edna Moorhouse



A beautiful bee on a thistle, by Stacy Underhill



A foggy morning in Neguac near Halloween makes for a spooky photo by Murielle Savage.

Merry Christmas & Happy New Year

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of the season, throughout the year.*



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Find 15 objects in the picture



Word Scramble

1. SLHGEI
2. EVSLE
3. GANEL
4. EHESPRHD
5. ENSRTOANM
6. LACRO
7. SNTCIGOK
8. NTUESTCH
9. AMGRNE
10. HRAWTE
11. ETRE
12. LDUHRPO
13. ECIOKO
14. LOLYJ
15. GERBNIDREGA
16. FTGIS
17. CFEURTIK
18. YRSFTO
19. STMEOELTI
20. TASAN

THAWED VOWELS

The vowels from the following words have melted away and in the mess, the spaces has been mesed up. Do you know what the original words were?

1. YLL G
2. DC R TN S
3. PN NGP RSN TS
4. WYN MN GR
5. SL GH B LLS
6. SG RPL MF RY



FIND 7 DIFFERENCES



Answers:

9	1	4	6	8	8	5	2	3	7
2	7	8	1	3	4	4	5	9	6
6	5	3	7	2	9	4	4	8	1
7	9	6	8	4	1	3	6	2	
4	8	2	3	5	6	7	1	9	
3	6	1	9	7	2	8	4	5	
1	2	7	4	9	8	6	5	3	
6	4	9	2	6	3	1	7	8	
8	3	6	5	1	7	9	2	4	

santa
fruticake, frosty, mistletoe,
cookie, jolly, gingerbread, gifts,
manger, wreath, tree, rudolph,
carol, stocking, chestnut,
angel, shepherd, ornaments,
sleigh, elves,
sugar plum fairy
away in a manger, sleigh bells,
decorations, opening presents,
Thawed Vowels: yule log.

Sudoku

		5		7				
	4		2	6	3			
1		7	4					
3	6						4	5
		2		5		7		
7	9						6	2
				9	4			1
		1	3	4		9		
		6		5				



BE CREATIVE! Colour this page and send a photo of your finished work of art to submit@mcgmedia.net and it might appear in the next issue of Giv'er magazine! Be creative with colours, adding patterns and your own unique ideas. Have fun!



Laura Lea Harrison

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