

# GIVER

## Miramichi

Published by MCG Media [www.GiverMiramichi.com](http://www.GiverMiramichi.com)

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**Harvest Issue 2023**

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View over Beaubears Island  
with the Main Southwest Miramichi River on the left,  
and the Northwest Miramichi River on the right.

*Photo by Doug Kidd*



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Connect with nature by experiencing outdoor recreational opportunities at the magnificent and historical French Fort Cove. Enjoy a peaceful walk on the hiking trails, bike the extensive mountain bike trail system, followed by a canoe, kayak or paddle boat rental. Thrill seekers can experience French Fort Cove from a breathtaking bird's eye view as they soar from one end of the park to the other on the Maritimes Longest Zipline. Get out with family and friends and explore what nature has to offer!

**Over the Cove Zipline will be open for the Summer/Fall season for 2023**

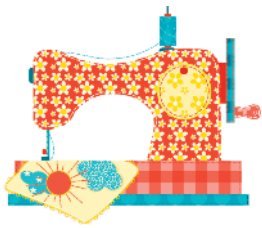
Opening Hours: June 24th - September 4th Open Daily 12pm - 7pm

September 9th - October 9th Weekends/Holidays 12pm - 6pm

Costs: \$20/Adult, \$15/18 years and younger, \$15/55 and over



**For more information contact Miramichi Community Wellness and Recreation at 623-2300.**



# Miramichi Quilt Guild's Annual Quilt and Craft Show: Sept 29-30

The Miramichi Quilt Guild's much-anticipated quilt and craft show promises to be a delightful celebration of craftsmanship and creativity, showcasing the remarkable talents of local artisans.

Mark your calendars for this event, taking place on Friday, **September 29**, from 10am to 5pm, and Saturday, **September 30**, from 10am to 4pm at St. Andrew's United Church, located at 188 Wellington Street, Miramichi (in Chatham). Admission is \$5 per person.

Indulge in the ambiance of the **Tea Room**, where delightful treats await those with a sweet tooth.

In addition to the stunning quilts on display, several talented guild members will be offering a wide selection of quilted items, including place mats, wall hangings, and more. You'll also find a tempting variety of homemade jams, jellies, baked goods, pickled delicacies, and other home-made treats available for purchase.

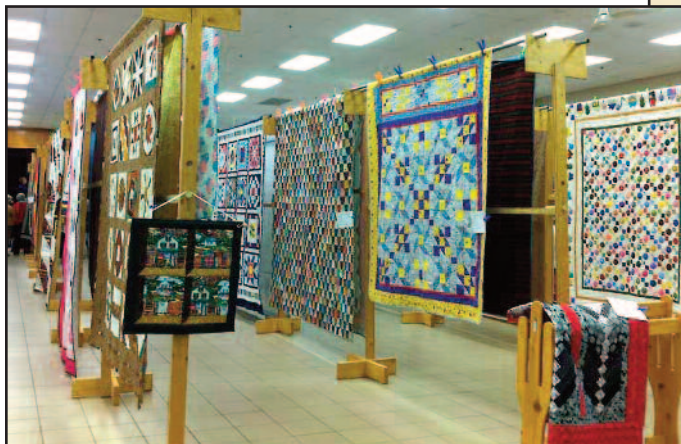
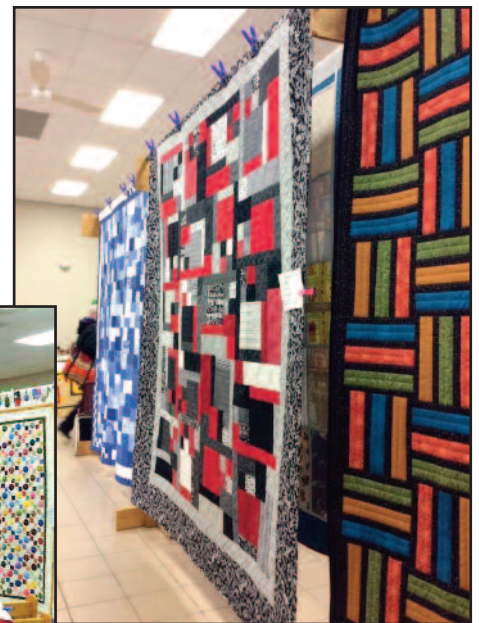
For a chance to take home an exquisite

**"Chandelier" Quilt**, be sure to grab your **raffle tickets**. At just \$2 each or 3 for \$5, you'll have a shot at owning a true work of art while supporting the guild's endeavors.

For those with a passion for quilting or sewing, **local fabric vendors** will be present, offering a splendid selection of fabrics and supplies.

Whether you're a seasoned quilter, a craft enthusiast, or simply someone who appreciates the beauty of handcrafted masterpieces, this event has something for everyone.

There's no better way to spend a September weekend than surrounded by stunning quilts and fellow craft lovers.



Photos from previous quilt shows provided by Laura Lea Harrison and Lorraine Underhill.

**Cover Photo:** View over Beaubears Island with the Main Southwest Miramichi River on the left, and the Northwest Miramichi River on the right. Photo by Doug Kidd.

*Giv'er is about enjoying your day, giving it your all, putting some muscle behind it, giving it some gas, all the while staying true to good Miramichi values. Send us your good stuff to talk about on the river! We're looking for events, stories, celebrations, pictures and articles about what's up, what's new, what's happening. Keep it positive, and we'll promote it.*

**Editor/Layout Design:** Stacy Underhill **Ad Design:** Cindy MacLean

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# EVENTS

Find more local events at  
[www.mightymiramichi.com](http://www.mightymiramichi.com)

**August 17-20: CM Productions Presents Ken Ludwig's smash hit Leading Ladies** 7pm nightly at the MVHS Theatre. In this hilarious comedy by the author of Lend Me A Tenor and Moon Over Buffalo, two down-on-their-luck English Shakespearean actors masquerade as "Maxine and Stephanie" to claim an old American lady's fortune. Tickets are \$20 and can be purchased at the door or reserved by calling/texting 625-2398.

**Aug. 24 & 31 and more: Thursday Night Kitchen Party** - at the Miramichi Folklore Park in Renous every Thursday from 7pm to 10pm. Enjoy local music, complimentary tea and coffee, and a light lunch during intermission. Half and half tickets are sold for a chance to win cash. Admission is by donation at the door. Located at 46 Memory Lane in Renous.

**August 26-27: Burnt Church Powwow** Participate in this celebration of Aboriginal culture and heritage through prayers, chants, dances, feasts and songs.

**August 25-27: Bluegrass Music Festival** - Featuring The Grascals, Authentic Unlimited, and many more bands. 825 Chemin St. Pierre, Rogersville. Camping available. Tel:

506-775-2200 or visit website for info [www.rogersvillebluegrass.com](http://www.rogersvillebluegrass.com)

**August 27: Mayor's Welcome BBQ**  
 Elm Park, Chatham

**Sept. 2: Miramichi Folklore Park Monthly Breakfast** - The Miramichi Folklore Park's monthly breakfast is held the first Saturday of each month from 8:00am until 11:00am at 46 Memory Lane in Renous. Breakfast is



\$10 per person and includes bacon, eggs, toast, homemade beans, tea/coffee, and a variety of juices. Everyone welcome.

**Sept. 4: St. Stephen's United Church's Annual Harvest Home Supper** - \*Take-out only. Turkey Dinner includes: turkey, potatoes, carrots, peas, dressing, gravy, a roll and a slice of pie for \$20. Salmon Dinner includes: salmon, potatoes, carrots, peas, a roll and a slice of pie for \$25. Pick-ups from 1-4pm at the Black River Centennial Hall, 7919



Route 117, Black River Bridge. Advance orders only. Deadline for reserving dinners is Sunday, August 27. Order by contacting Chrissy by: phone/text: (506) 210-1499 or email [cghamlyn@gmail.com](mailto:cghamlyn@gmail.com)

**Sept 9: Clothing Yard Sale** by St. Vincent-de-Paul Society in Miramichi from 9am-12pm in St. Michael's Basilica basement in Chatham. Winter Coats, Sweaters, Shirts, Pants and more in very good condition for women, men, and children. Pay only what you can afford.

**October 1: Giant Pumpkin Festival**  
 10am-5pm at Club de L'Age D'or, 135 Fair Isle St, Neguac, [www.neguac.com](http://www.neguac.com)

**October 7: Food Truck Feastival**  
 There will be food trucks, live entertainment, vendors and lots of activities for kids from 11am to 6pm on Water Street in the Historic Downtown Business District.



## Crafts, Markets, Art, and Workshops

### Aug. 23 & Sept. 6: Blackville Night Market & Live Entertainment

Discover the Blackville Night Market at Blackville Park this summer held bi-weekly on Wednesday evenings. Featuring handmade crafts, homemade goods and treats, delicious food, live entertainment by local musicians, and more! Next dates are August 23rd, and September 6th, from 6pm – 9pm. To be a vendor contact Brooklynn Phillips.

### Sept. 2: Central N.B Artisan Market

You'll find this talented group of local artisans on Saturday from 10am – 2pm on Main St. (hwy 8) in Doaktown, across from the Village Family Restaurant. On **Aug. 19** they will be in Boiestown across from the Woodmen's Museum. Weather permitting. Find the group on Facebook: Central NB Artisan Market for updates.

**Elm Park Night Market** – Every Thursday until September 28 (weather permitting) in Elm Park in Chatham, 171 Duke St.

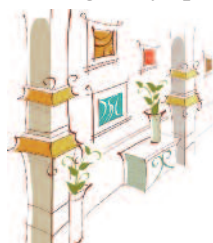
### Crafts at Seamen's Hospital



Following our summer vacation, the Friends of Seamen's Hospital Craft Group will resume weekly activities at our get-togethers on Wednesdays at Seamen's Hospital, 12 Vye St, Douglastown. We will be doing all sorts of crafts, some quilting, stitching and planning other activities. Our hours are 9:30am to 3pm and new members are always welcome. Bring your project, your lunch and \$3 for the day. Come visit and check it out.

### Art Exhibits at Chatham Public Library

The library will be exhibiting works from local artists in their gallery space throughout the fall.



**August** – Terry Power

**September** – Helen Godfrey

**October** – Dolores Deredin / Dolores Landry / Mary Phyllis

**November** – Plein Air Miramichi

**December** – Heather Johnston

View the exhibits during library hours at 24 King St. Miramichi. Hours: Tuesday and Thursdays 1pm–5pm and 6pm–8pm; Wednesdays, Fridays, and Saturdays 10am– 12:30pm and 1:30pm – 5pm. Closed on Sunday and Monday.

Contact the library 506-773-6274 for more information or visit [www.facebook.com/chathampubliclibrary](http://www.facebook.com/chathampubliclibrary).

If you are an artist or photographer interested in exhibiting at the library, please contact Jennifer Wilcox at 506-773-6274 or by email at [BiblioChathamLib@gnb.ca](mailto:BiblioChathamLib@gnb.ca).

## Adult Workshop Wednesdays at Wilson's Point

Come craft with us under the pines. Workshops provide supplies and a light lunch by Goodness Gracious and most will run 11am-1pm. Seating is limited and can be reserved by calling 506-627-0162 and sending an etransfer. Prices vary depending on materials used.

**Aug. 23:** Beeswax Sheet Candles

**Aug. 30:** Tartan and embroidered hoops tree ornaments

**Sept. 6:** Water coloring painting with Cathleen Richards-Green

**Sept. 13:** Hook Rug Banners with Leslie Lewington

**Sept. 20:** Fancy Felt Birds and Animals

**Sept. 27:** Tin Punch Lanterns and ornaments

**Oct. 11:** Tartan Pillows with Celtic embroidery

**Oct. 18:** Needle Felted Funky Pumpkins

### Summer Concert Series

**Sept. 16:** Mike Bravener will be here. Tickets are \$15/person. Concert starts at 7pm.

**Sept. 30:** Jim Lahey will be here. Tickets are \$15/person. Concert starts at 7pm.

For more information on Wilson's Point or any of these events, call us at 506-627-0162, visit [www.wilsonspoint.com](http://www.wilsonspoint.com) and [www.facebook.com/WilsonsPointHistoricSite](http://www.facebook.com/WilsonsPointHistoricSite).

**6th Annual Mayor's Welcome BBQ**  
*New Brunswick's Largest Welcome Event*  
**Sunday 27<sup>th</sup> August**  
**Elm Park  
Downtown Chatham**  
Rain Location: Miramichi Curling Club, 21 Cove Rd  
**1 pm to 3 pm**

*Featuring:*  
Cultural Performances  
Information Expo  
Multiculturalism Awards  
Free BBQ  
Mini Job Fair

MIRAMICHI Regional Multicultural Association  
NBCC  
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# CITY HALL UPDATES



## PUBLIC WORKS



**The City of Miramichi enacted By-law 144 in January 2022 that changed the way waste is collected. Since the new by-law went into effect, over 6,000 tonnes of waste have been collected and 820 tonnes of recyclables have been diverted from the landfill.**

Residential waste is only picked up from city approved 360 litre garbage containers. Additional bags of garbage can be disposed by affixing a sticker to it. Stickers can be purchased for \$2 each at City Hall, Miramichi Police Station, and Public Works office.

**Here are a few reminders and frequently asked questions to help residents.**

### FAQS



**Q. Can the City refuse to accept an item for disposal?**

A. Yes, the City can refuse to accept items if not sorted, packaged or placed properly for collection.

**Q. How much garbage am I allowed to dispose on my scheduled garbage day?**

A. You are permitted one 360 litre city approved garbage bin and/or up to 4 medium garbage bags with stickers. The contents of any individual bag shall not exceed 50lbs.

**Q: What if I have large items such as a couch or chair. Can I leave those on the side of the road for collection?**

A: Bulky items (couches, chairs, etc.) and white goods (stoves, fridges or freezers) will be picked up the first full week of the month. You do not have to schedule or register the pickup. Limit of 1 item per pickup.

**Q: What do I do with items such as a sink, toilet, door? Do I leave those on the side of the road for collection?**

A: Please affix a sticker to the item and it will be picked up the first full week of the month. Limit of 1 item per pickup.

**Q: Is there somewhere that a person can drop off waste during the week outside of the normal pickup times?**

A: Outside of curb-side pick-up, surplus bags of garbage can also be dropped off at Fero's compound at 108 Whalen St. during regular business hours. These bags must be tagged with a sticker.

**Q. What time should I have my garbage can or blue bin at the curb?**

A. You should have your bins at the curb by 6 a.m. All waste/recyclables not collected have to be removed by 10 p.m. the same day.

**Q. Can I be fined for not complying with any provision of By-law 144?**

A. Yes, you can be fined anywhere from \$140 to \$2,100.

**Q: What is the benefit of these changes to the way garbage is collected in the City of Miramichi?**

A: The City of Miramichi pays for the collection and disposal of waste by the weight of the waste. By limiting the amount of waste a resident is allowed to dispose of through the collection process, the City of Miramichi is able to control the cost of collecting and disposing of waste. Additional anticipated benefits are: (1) Help the City of Miramichi to reduce costs; (2) Help protect the environment for years to come; (3) Help to encourage recycling; (4) Help to reduce landfills; and (5) helps put all garbage where it belongs.

# Celebrating Aviation History: New Brunswick's Aviation Museum in Miramichi to Become Centre of Excellence

by Kevin N. Anderson, CD, Captain (Retired), Executive Director, New Brunswick Aviation Museum



*Stalk and Strike* by artist Peter J. Robichaud. The painting was commissioned in 2022 for the 50th anniversary of the 403 Squadron being in New Brunswick.

The **New Brunswick Aviation Museum** is presently located in a hangar at the Miramichi Airport, but plans are underway to build a **world-class destination** as well as a **Centre of Excellence** for learning through exhibits, experiences, and educational activities that will celebrate the exciting aviation and aerospace history of our province.

Although our artifact and aircraft collection are both national and international in scope, our exhibits, programs, and activities place special emphasis on the story of New Brunswick's sons and daughters, and their contributions, both at home and on the global stage.

In its first year of activities (2021-22), the New Brunswick Aviation Museum hosted many local schools and organizations. We established an ongoing elective class option for 17 and 18-year-old students from the four local public high schools. The first semester was a big success and this year (2022-23) we conducted three Introduction to Aviation/Aerospace training sessions to encourage careers in this sector. We also provide this training to home-schooled children.

The New Brunswick Aviation Museum is introducing a **Memorial Stone project** for the Museum's Aviation Heritage Park. We received permission to use the RCAF 100th anniversary logo for anyone who purchases a stone before

March 31, 2025. The cost of a Memorial Stone is \$500 and is available to anyone with ties to aviation or aerospace in New Brunswick or No. 1 Canadian Air Division in Europe. This includes anyone from across the country who worked or served in New Brunswick, whether civilian or military. A tax receipt for \$225 will be issued for each stone purchased. We encourage everyone to support this commemorative project and show how proud we are of those that keep us safe.

Our vision is to become the leading aviation/aerospace museum in Eastern Canada by emphasizing the military and civilian aviation history of New Brunswick, by sharing the experiences of those who served with No. 1 Air Division, and, of course by encouraging our young people to pursue careers in the aviation/aerospace sector. In our efforts to "Honour Our Past," the museum at the Miramichi airport offers interpretation of New Brunswick's involvement in military and civilian aviation history. We "Inspire Our Future" by offering sessions to students to introduce them to the career possibilities in the aviation and aerospace sectors.

For more information on our programs and projects, please contact Carol Alderdice, President of the Board of Directors, at 506-998-5040 or Kevin Anderson, Executive Director, at nbamdirector@outlook.com.



# MIRAMICHI GROUND SEARCH AND RESCUE And then came the Search Dogs

By Paulette Arsenault



In this issue I will describe the important role played by Specialized Resources.

Recently, the Miramichi Police Force requested assistance from the Massachusetts, Maine and New Hampshire canine response teams in finding a missing person, who was last seen April 29th in the Nelson area of Nowlanville. **Miramichi Ground Search And Rescue (MGSAR)** was assigned the coordination and support of all search efforts during the 3-day extensive search on June 7-8 and 9. Working with cadaver dog units was a new experience for MGSAR. A large number of MGSAR members responded to the challenge by taking days off work. The six teams from the United States

more than 40 years experience in training specialized dogs and mentoring their handlers. She remarked that MGSAR was one of the most professional organisations with whom she has worked. The support and professionalism of the MGSAR members is rarely seen in volunteer groups.

This kind of search is physically demanding on everybody since handlers and flankers (the searchers situated on both sides) must follow a free running dog in all kinds of terrain: wood, open field, marshes etc. The dogs are going fast forward and don't slow down.



Handlers top row: Elizabeth, Nikki, Jeremy, Pascale, Kristine, Jay, Deborah, Leslie and MGSAR members.  
MGSAR members: Jerry, Nathalie, Diane, Michel, Roger, Jamie.

were all volunteers dedicated to help find lost people after all other means have been exhausted. The canine unit members acquire expensive dog breeds and they pay out-of-pocket money for the specialized training and expensive tracking equipment, responding to all calls for help. Out of the six dog teams, five handlers were women, an extraordinary achievement. It was outstanding to see how dedicated and compassionate the dog handlers were in trying to find the lost person; 12-hour day searches were the norm. The science behind tracking for a presumed deceased person is quite extensive and comprehensive. Nothing is left to chance, weather records, wind, and terrain conditions are all analysed and evaluated.

Deborah Palman, the dog handler's coordinator, has

It's up to the handlers and the MGSAR flankers to keep up. Technology helps to monitor the dog's tracks since they all have GPS collars that enables MGSAR Command Post to map all areas searched, an area of more than 2045 acres.

Unknown to most people, MGSAR is activated and deactivated only by law enforcement authorities. After 3 days of finding no clues as to the direction the subject took, MGSAR was ordered to stand-down.

Miramichi Ground Search and Rescue membership is composed exclusively of volunteers of all ages. MGSAR is always looking for new recruits, if you are interested, please contact us at: [join@mgsar.ca](mailto:join@mgsar.ca)

*Help us find lost people.*

# Blueberry and Cranberry Scones

by Darlene Jardine

## Ingredients

2 cups all-purpose flour  
½ cup sugar  
2 ½ tsp baking powder  
1 tsp ground cinnamon  
½ tsp salt  
½ cup butter, frozen  
½ cup heavy cream  
1 egg  
1 ½ tsp pure vanilla extract  
1 heaping cup fresh blueberries  
2/3 cup dried cranberries (optional)



## Directions

- Whisk together flour, sugar, baking powder, cinnamon and salt in a small bowl.
- Grate the frozen butter into the flour mixture and combine well with a pastry cutter or your fingers, until the mixture comes together in pea-sized crumbs.
- In a separate bowl whisk together the cream, egg, and vanilla. Drizzle it over the flour mixture.
- Add the blueberries and cranberries and mix it all together until everything is moist.
- Pour onto the countertop and with floured hands, work the dough into a ball. If the dough is too sticky, add a little bit of flour and work it in. If the dough seems too dry, add 1 to 2 more tablespoons of the heavy cream.
- Form the dough into an 8-inch disc. With a sharp knife cut it into 8 wedges. Brush them with heavy cream and sprinkle with sugar. Place these 8 scone wedges on a plate or dish lined with parchment paper and set them in the fridge for 15 minutes.
- While they are cooling, preheat the oven to 400 F. Line a baking sheet with parchment paper.
- After refrigerating, arrange the scones 2-3 inches apart on the prepared baking sheet.
- Bake for 22-25 minutes until golden brown.

## Vanilla Icing (optional)

Whisk together: 1 cup icing sugar, 2-3 tblsp milk or heavy cream, 1/2 tsp pure vanilla extract, and a pinch of salt. Add more milk/cream as needed to thin it out. The consistency should be just so you can drizzle it over the scones, once they have cooled.



# Late Summer and Fall Activities at the Miramichi Cross Country Ski Club (MCCSC)

Deana Gadd on behalf of the Miramichi Cross Country Ski Club

Fall is a favourite time for many outdoor enthusiasts. The hot, humid days of summer will have been replaced by cooler temperatures and the woods will have colourful fall-foliage.

With changes to our climate, to have a three-month skiing season may be a thing of the past, so the Miramichi Cross Country Ski Club (MCCSC) is embracing the other seasons.

An **independent disc golf course**, the Owl's Rest, now shares some of our trails. We also have a **4 km trail** open for the public to use, for a small fee. This recently rebuilt trail section is very suitable for **walking, running, dog walking and cycling**.

The daily fee for the trail is \$2 per person, or \$4 per family. A season pass (which excludes winter) is \$20 per person, or \$40 for a family. Current ski club members can use the trail at no charge as it is included in their annual ski membership. The club accepts e-transfers to [skimiramichi@gmail.com](mailto:skimiramichi@gmail.com) or the trail fee can be put in an envelope marked ski club and deposited in a slot at the end of the old clubhouse building at the trail head.

Follow our Facebook page or website [www.skimiramichi.com](http://www.skimiramichi.com) for special events. The Miramichi River Runners will have a cross-country running race on Sunday, September 24 on the trail.



Above and below: Trailhead for the Miramichi Cross Country Ski Club Multi-use Trail (Non-motorized activity)



## Quilt Donation

The quilters of the Friends of Seamen's Hospital Craft Group were pleased to be able to send a big parcel of quilts we made to Halifax in aid of the victims who lost homes and belongings in the recent forest fires there. Our contact in Halifax will distribute our gifts to those in need.

Left to right are members: Judy Vautour, Dianne Buggie, Lima Hallihan and Christel Pond. Several other members were unable to attend this meeting.



# Milestone for Toastmasters on the Miramichi - Celebrating 50 Years!

**Miramichi Toastmasters**, also known as **The Very Best Toastmasters**, is celebrating their 50th year on the river this summer!

From humble beginnings with business-oriented members in management at the Heath Steele Mine, our club has managed to fill our banner with numerous ribbons for accomplishments in the Education Program and Club Excellence. We have been awarded **President's Distinguished Club** status a few times in the past ten years, which is proof that the club is still vibrant, and members are engaged. We have members of all ages and walks of life, so we are truly a community club.

Members are drawn to Toastmasters for various reasons: the opportunity for improving speaking ability, and following pathways to enhance business and job opportunities. Mary Haché joined The Very Best Toastmasters a year ago. "At first, I was unsure what Toastmasters was about," she said. "My first impression was the group was relaxed, supportive, and friendly. They, like me, were there to improve their confidence to speak in public. After attending subsequent meetings as a guest, I felt quite comfortable in becoming a full-fledged member. Several people have joined since myself and I see improvement weekly in their speaking skills and confidence. I am looking forward to seeing how far the Toastmaster Pathways can take me."

The mission of Toastmasters International, which is celebrating its 99th Anniversary this October, is to be a world leader in providing training for building strong communication and leadership skills. There are over 14,000 clubs in 144 countries around the world. Toastmasters clubs provide a safe and supportive environment with fun and educational meetings, including an opportunity for everyone to make a short impromptu speech during Table Topics. Members are encouraged to work through the Pathways Education Program to build their confidence and communication



**Members left to right:** Kathleen Harris, Judy Bowman, Jason Tucker, Linda Rummenie, Rachele Hachey, Sofiya Chuyanova, Mary Hache, Ray Arsenault, Patti McLean, Alison Hogan. **Absent members:** Layne Wyatt, Richard Sutherland, Subbi Mathur.

skills, which will enhance their leadership skills along the way.

We will have a **50th Anniversary Gala in September!** All former members are encouraged to contact us as soon as possible for details. There are many plans in the works for the coming year to keep the celebration going. Announcements will be made on the local radio stations and Facebook. More historical and current information will also be shared through this magazine's next few issues.

**Our meetings are held** alternate Mondays (August 21, September 4 & 18, October 2 & 16) at 7pm in the Fellowship Hall at Skyway to Heaven Church (on the former CFB Chatham Base) at 125 Maher Street, Miramichi. It is wheelchair accessible and provides state-of-the-art technology for online meetings and training.

Contact us on Facebook (The Very Best Toastmasters) or by email at [toastmastersmiramichi@gmail.com](mailto:toastmastersmiramichi@gmail.com) or leave a message for Linda on 506-352-3587.



# Volunteer as a Guider

## It's Worth your Time



Your local Girl Guides need you: if you have a couple hours a week to spare, please consider volunteering with us. To continue to deliver this amazing program in our community we need volunteers like you!

Girl Guides of Canada has volunteer opportunities for you to help create a better world, by girls. You'll become an influential part of girls' lives as you share their laughter, help them believe in themselves and watch their confidence grow. Create a space where girls can just be.

### Volunteering with Girl Guides is:

- **Fun** – fill your cup with laughter, smiles and happy chaos.
- **Rewarding** – when you create a space for girls to just be, you'll see their confidence grow week after week.
- **Life-changing** – develop marketable skills such as communication, event planning and leadership
- **Unforgettable** – meet some of your new favourite people and build unbreakable bonds

### Volunteer opportunities include:

- Volunteering with girls in a unit – as a Guider you'll facilitate empowering, hands-on activities for girls ages 5-17 in your community, in weekly meetings which run from fall until spring.
- Volunteering with other adults to support Guiding –



volunteer as a treasurer or assist at special events, camps and more.

### Volunteers support girls ages 5-17 as they:

- Share new adventures and real-life experiences.
- Explore their curiosity and creativity together with friends.
- Gain confidence and build leadership skills.
- Try DIY projects, science experiments, and explore the outdoors.

If you know other women who are looking to make a difference in their community, share this opportunity with them!

Learn more at [www.girlguides.ca/volunteer](http://www.girlguides.ca/volunteer) or locally you can contact [nb-coastalshoreac@girlguides.ca](mailto:nb-coastalshoreac@girlguides.ca) with any questions.

\*All volunteers must be the age of majority in their province or territory.

### Local Girl Guide leaders share what they love about volunteering as a Guider.

I remember how much I looked up to my Guide leaders as a kid and I now get to be that figure for my group of girls. Being a safe space for them to be themselves, is my ultimate goal. - *Chelsea Dedam, 1st Millbank Guides*



As a Guider, it's the making of new friends, attending training sessions and knowing that I am part of the world's largest organization for Girls and Women. Most of all I love to go on outings and camping is my favourite!

- Marilyn Briggs, 1st Nelson Embers & 1st Nelson Guides

I have been a Guider for 53 years. The girls have challenged me to do things that I wouldn't do without their enthusiasm for learning new things. I have done many things with the help and support of other Guiders where we have learned and grew together. Guiding is the place for making new forever friends.

- Aldora Carruthers, 1st Miramichi River Rangers & 1st Gretna Green Sparks

I love being a guider. I love watching children learning new skills and having fun and also the friendships with other guiders, we all learn from each other.

- Mary MacTavish, 1st Gretna Green Sparks

Best thing about being a guider is that I made so many friends along the way with girls and adults.

- Fern Matchett, 1st Miramichi River Rangers & Coastal Shore Area Camping Advisor

The opportunities I have had during the 35 years that I have been a member of Girl Guides have been unbelievable. Time spent with girls travelling all over Canada and Europe has been extraordinary. Seeing girls enjoying all these new opportunities has been so satisfying.

- Nicky Jardine, 1st Blackville Sparks, 1st Blackville Embers, 1st Blackville Girl Guides & 1st Miramichi River Rangers



**Integrity**  
Home Health Services  
Soins et Services à Domicile

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# Lesson Learned

By Doug Dolan

In the summer of 1971, I was conscripted into my dad's work gang of two. Dad was 51, and I was 18 and no stranger to hard work.

The mill where my dad was a bookkeeper shut down for a few months in late spring, and start-up was uncertain. My parents were not ones to let an opportunity for worry slip by. They furrowed their collective brows in anticipation of a lean winter. Dad always maintained a big garden and spent hours coaxing

young plants from the warm soil while inflicting maximum damage to errant weeds. I didn't shower the plants with the same enthusiasm. The only redeeming feature of the job was working on my tan. I was looking forward to polishing my metallic green '69 Chevy Beaumont while ignoring the ribbing of my neighbouring uncles about the paint wearing off.

High school was finally over. In my liberated mind, I was a racehorse restless for the greener fields, anywhere but here. That refrain was shared by most of my generation. I thought my perspective, being a young gay male, isolated me, but teenage angst in ads, songs and movies was everywhere every day. The powerful but illusive marketing messages were focused on straight youth. Maybe for that reason, most didn't resonate with me. I didn't see realistic opportunities in them. I was a product of my home environment, where hard work and education were the mantra. While my vision was of a thoroughbred, my dad's view of me was slightly different; he saw something closer to a Clydesdale—able, solid, and ready for the harness.

During supper one evening, Dad announced the grand scheme in his usual taciturn fashion. He planned to cut pilings from an abandoned wharf near our home. Hindsight would suggest that it was time for me to bolt, but Mom was complicit in the scheme and had made my favourite meal. As Dad laid out his strategy, it became clear I was a lamb ready for the shears.

In the early '40s, sawmills were strung like confetti



The family home in Nelson where Doug Dolan grew up.

along the Miramichi riverbanks. They often ended their good years by collapsing or burning. In the case of the ruins at the end of Rodney Green Lane, all that remained was the skeleton of a shipping wharf. Dad planned to cut timber from it to supplement our winter firewood. Like many of my father's outdoor projects, it could have used more thought.

Before I go further, I want to tell you about my dad. He was a man with some "book learning," as

the locals would say. A whiz with a pen, he lacked the calloused hands of his older brothers and all the practical knowledge that went with it. Dad was also a thoughtful but stubborn fellow. Once his mind was set, there was no course correction. He was a leader in our village because he had a high school diploma. The collective thought was that if you were fortunate enough to get an education, you were expected to "pay it back" to the community with what skill set you had.

Dad could write and speak well, so he was chosen to represent the community on several committees and organizations. The arrangement generally worked well until his views on a topic clashed with other folks.

In one case, the same summer of his grand cutting scheme, a group of like-minded persons announced they wanted to see a volunteer fire department in our small village. They argued that it would provide more safety and security for property owners. It would also allow opportunities for the group to socialize, but that was conveniently left out of their promotional campaign. Dad studied the idea, consulted other communities and governing bodies, and then spoke against the proposal. He felt it was too expensive for our hamlet. His position was a cause for some lively and some not-so-friendly public debate. He lost the argument and the first municipal election. The fire department became a fixture in the community shortly after. He was not disappointed or bitter. He saw his job as presenting facts as they were. My dad loved politics and was

active in the back rooms but was no politician; principles and honesty mattered a lot to him.

Let me connect the parts of this story. Dad and I spent a week in the summer of 1971 struggling with the remains of hundred-year-old sun-blached pilings semi-submerged in sludge. It wasn't a pretty picture, and the smell was worse.

Every day of that long, sweltering week, he teetered on a rickety platform of his construction. He reminded me of a stork, standing on one leg with his tongue hanging out the corner of his mouth; for balance, maybe? Each day at 8 am, Dad would yank the starter cord of the old power saw, followed by a few choice curses when it refused to start. After some carburetor adjustments, the motor would wheeze and cough into action with a plume of blue smoke announcing we were in business.

I was the wheelbarrow operator. A relic from Dad's father, it was falling apart. I would load several fossilized pieces of wood onto the shaky carrier. It featured a steel wheel forged by a sadistic blacksmith. The weld, joining the two metal bands that held the spokes together, left a lump, just enough to constantly throw me off balance. The wheel fought to slip out of its bracket. I staggered down the street like the village drunk trying to prevent the load from spilling. I looked a greater fool than I felt. We kept a steady pace of cutting and hauling from sunrise to sunset for six solid days. The only respite was to devour Mom's tasty meals. A huge load of firewood sat like bleached dinosaur bones in the backyard at the end of our labours. We split the works with a sledgehammer and a wedge. Safety glasses were deemed an unnecessary luxury.

Fast forward to a brutally cold night in mid-December. I was at the local community hall, where the village fire department held a family Christmas party. The volunteer members were dressed as Christmas characters. At one point, Santa and the elves, the chief and crew, were called out to a fire during the celebration. I felt bad for them as the fire truck pulled out of the station beneath the hall into the frigid night.

Afterwards, as I drove into my parent's driveway, I was met by a small crowd watching tongues of flame shooting



Doug Dolan (standing) and his parents, in 2008.

from the chimney of our hundred-year-old house. In the middle was my father, gazing up as though lost in profound thought. The fire chief, dressed as Santa, was standing beside him. Other firefighters dressed in elfin costumes professionally went about their work extinguishing the chimney fire.

Dad hadn't considered that while the pilings were old and dry, they had also been treated with creosote to extend their use. That made them highly flammable. I wondered if he was contemplating that fact as the remnants burned like Roman candles from the chimney top. In retrospect, my learning to accept myself and the value I had equalled my dad's. Lesson learned.



# Book Review

By Ella Breau

## Standing on Neptune by Valerie Sherrard

*Standing on Neptune* introduces the reader to the main character of this story, 17-year-old Brooke Palinder. The book provides us with an up close and personal look at Brooke's life, over the span of a week.

This story begins on a Monday morning. Everything was normal. Brooke was getting ready for school, when she heard the announcer on the radio say the number -5. For any other person, that probably would have just slipped by them, but for Brooke, it made her aware that she was five days late for her period.

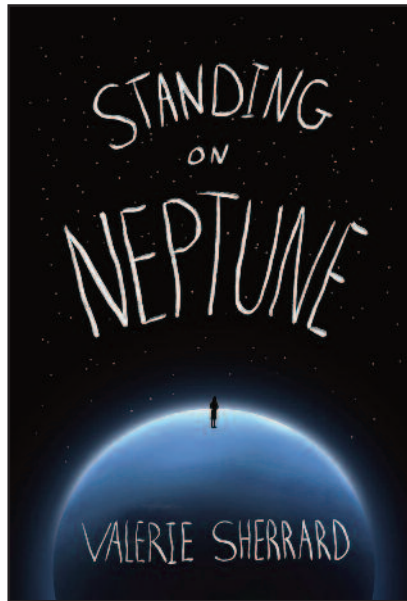
A simple calculation  
that sucked the air  
from my lungs  
and turned my feet to roots.  
 $x + y = -5$

Am I pregnant? The question haunted her. The only person she confides in, is her boyfriend Ryan, who does not take the news very well. In an attempt to distract herself, she throws herself into a school science project on the planet Neptune. The more Brooke learns about Neptune, the more she feels a sense of connection with the planet.

Over the course of the week, we learn a bit about Brooke's life and the important people in it. As each day comes, and her period doesn't, she begins to worry more. The whole week has been a wreck, but by Saturday, Brooke decides she needs to find the answer to the question that has been haunting her since Monday.

Although this book had a bit of a different layout, it was still an amazing read! Instead of chapters, this book was divided by the days of the week, Monday through Saturday.

The emotions Brooke felt really came through the pages. Each day you could sense the frustration, worry and loneliness growing.



Valerie Sherrard is a Canadian author of books for children and young adults. She was born in Saskatchewan but grew up all around Canada and Germany. Now she lives with her husband in Miramichi. Valerie has written many fantastic novels including *The Glory Wind*, *Kate*, *Speechless* and the *Shelby Belgarden mystery series*. This is the second book of hers I have reviewed, the first being "*A Bend in The Breeze*". I always find her books interesting and I'm very fond of her work.

*Standing On Neptune* has 152 pages. This novel is recommended for those aged 13-18 years old. If you are considering giving this book a try, don't wait any longer! It is truly an amazing novel. The

book is full of short but powerful messages, that left me with something to think about. I would definitely recommend getting yourself a copy of this novel, you won't regret it!

About the reviewer: Ella Breau is from Miramichi, New Brunswick. She enjoys being outside and playing softball. Ella is always up for a challenge and loves taking on all sorts of jobs. Ella is a middle school student who loves to read and write. Some of her favourite genres include mystery and non-fiction. Ella likes to learn more about her passion for commerce through reading.



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# Baby Barn Draw in support of Miramichi SPCA

The Miramichi SPCA is selling tickets on this beautiful Baby Barn donated by Real Advantages Homes and Baie Ste Anne Home Building Centre! All proceeds will be donated to our shelter!

The barn is 12' x 16' with vinyl siding and asphalt roofing. Free delivery within 100km of Miramichi and an added fee can be arranged for delivery outside 100km.

Tickets are \$10 each or 3/\$25. The winner will be drawn on September 5th.

The barn will be at City Limits Convenience in Napan for the summer, so you can stop by and see how great it is in person!

## Ways to buy tickets:

- **on our website** by scanning the QR code on this page or go to [www.spcamiramichi.com/events-baby-barn-draw](http://www.spcamiramichi.com/events-baby-barn-draw)

- **send an e-transfer** with your name, phone number, email, and "baby barn" in the memo section to our email: [kittykashdonations@outlook.com](mailto:kittykashdonations@outlook.com)

- **call us** at 506-622-0645 or stop by the shelter at 128 Dan Cripps St., Miramichi, Monday to Friday between 9am-3pm.

- **in-person** at City Limits Convenience



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### August 30: Full Blue Moon

This is the second full moon in August this year, making it a Blue Moon. It is also a supermoon and will be the closest, biggest, and brightest full supermoon of 2023. It's exceptionally close in Moon miles from Earth, 222,043 miles. (Almanac.com)

### September 4: Labour Day

**September 30: National Day for Truth and Reconciliation and Orange Shirt Day** - Orange Shirt Day is an Indigenous-led grassroots commemorative day intended to raise awareness of the individual, family and community inter-generational impacts of residential schools, and to promote the concept of "Every Child Matters". The orange shirt is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations.

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Ann Patchett, *Truth & Beauty*


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# Age, MS, and a Fishing Rod

by Kent Manno

*"Fishing is not an escape from life, but often a deeper immersion into it."*

– Harry Middleton

As we leave the dock in Cherokee Sound, The Bahamas (Abaco - birthplace of my mother), for yet another day of fishing, I can't help but reflect on the sight and sound of the sea, the sea that evokes a oneness with the universe with a rhythm unchanged since the earth was young. We were heading out from a coast unblemished by man with voices only of waves, sea birds, and trees wind driven by salt spray.

My mentor for the day is my Uncle Kenneth, the former Auditor General of the Bahamas and four-time Olympian as a sailor in the Finn Dinghy. As we leave the harbor, I am on the outboard and my uncle takes his normal position as "captain" on the bow. I am awaiting minor course adjustments via hand signals from him. We are heading for what my uncle called a "blue hole." These large caverns are the underwater home of many species of fish.

I should note that our boat is not outfitted with any fancy electronics or expensive fishing tackle. We have a couple of spinning rods and my equipment for the day, a coffee can with



Kent Manno fishing the Pequest River, NJ.

fishing line rolled on for an easy drop and retrieve at the blue hole.

Changes in course continue until my uncle barks out, "cut the engine, we are here."

Here I say, "Where exactly is here?" My uncle tells me to look under

the boat. To my astonishment, we are right on top of the blue hole. I am amazed. How did he do it? How did he navigate to the blue hole with no GPS? He later would explain...triangulation. He used three onshore sites to align us properly. Hmmmm...I guess my uncle might know something about linear perspective or size to depict distance.

We all have our fishing stories – what a great narrative to pass on to our children or anyone who is willing to listen. I'll never forget one of the greatest fishing narratives I read in the 11th grade: "Moby Dick" by Herman Melville. The hunt for the whale, in the words of biographer Laurie Robertson-Lorant, is "man's search for meaning in a world of deceptive appearances and fatal delusions." Perhaps we all have a bit of Ishmael in us – the searching for meaning and the ability to form a narrative around our experiences.

Throughout our lives we experience an increasing number of major life changes, including career transitions and retirement, children leaving home, the loss of loved ones, physical and health challenges - and even a loss of independence. How we handle and grow from these changes is



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often the key to healthy aging.

At age 63, I am in this transitional period after several health challenges - a heart attack and being diagnosed with Multiple Sclerosis. Fishing can be seen as a way to handle these stress-related life events. What is better for your psyche than a day fishing on a river or in a boat.

Successful aging has traditionally focused on the avoidance of physical, social, and cognitive loss. You can certainly try to avoid these things, but life and the condition of your body might tell you different. The narrative created by a day of fishing is a critical mechanism through which humans make sense of life's experiences.

Why is fishing so beneficial for seniors? Fishing reduces stress, provides socialization, lowers risk of falling, improves cognitive and planning abilities, and allows seniors to stay healthy through humor, laughter and play.

There's no doubt that nature has an impact on our mental and physical health. Seniors can be served well by the camaraderie of fishing trips and sharing the fun of the catch. Older adults, veterans and the disabled can benefit from the positive aspects of fishing.

Aging doesn't have to slow you down or stop your days of fishing or enjoying a boat trip with your friends and family. My MS has limited the use of my legs and I am sure other seniors have some issues to contend with on a daily basis. But there are several options to continue doing what you love without compromising health, safety, or comfort..

1. **Look for easy access points** – almost every state has a list of easy access points on fishable bodies of water. You can also talk with experienced anglers for information.

2. **Fish from a boat**, although there might be an access issue for some with mobility issues.

3. **Find a nearby pier**. There's great access, but at times you have to fight the crowds.

4. **Kayak fishing** – sounds like an interesting avenue... I really don't know that much about this one.



The dock where Kent fished as a boy, known as the Long Pier in Abaco Bahamas.

While I am relegated to the shoreline of rivers, ponds, and lakes, I still enjoy being outside for a day of fishing.

Fishing is actually a recommended activity for those who suffer from high stress, inflammation and depression. This is because numerous studies have shown that spending time outdoors and performing an activity that requires mental focus actually causes your blood pressure to decrease and boosts the immune system.


Additionally, most lifelong fisherman will tell you, the best reason to go fishing is because you can. Whether you're retired, on vacation, or just sitting around the house, getting out on the water or the shore and engaging in the act of fishing needs no true reasoning at all.

The thrill of fishing lies in the challenge. But there are many who will be quick to profess that it's not the catching of fish that's important, but the immeasurable life lessons that you will experience along the way.

For the moment, I will continue to seek out spots to meet this challenge knowing that I am relegated to the shore while others can wade out to pursue and catch.

One thing is for sure, however: At day's end I can enjoy a meal from the Denny's Senior Menu.


Tight Lines! Happy Fishing!



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# The Benefits of BPSA Traditional Scouting for Children and Adult Volunteers

In a world dominated by technology and fast-paced living, the Baden-Powell Service Association (BPSA) traditional scouting program offers a holistic approach to youth development and delivers numerous benefits for children and adult volunteers.

## Benefits for Children

BPSA stays true to the original principles laid out by Lord Baden-Powell, emphasizing respect for nature, self-reliance, community service, and moral values. By participating in BPSA, children are encouraged to build strong characters, learn ethical decision-making, and develop into responsible citizens.

Unlike many modern activities that involve passive screen time, BPSA offers real-world, hands-on learning experiences. Through camping, knot-tying, fire-building, and other practical skills, children develop resourcefulness, problem-solving abilities, and a sense of accomplishment.

Traditional scouting encourages children to explore and appreciate the great outdoors. Nature-based activities foster an understanding of environmental conservation while spending time in nature promotes physical health, mental well-being, and a connection with the natural world.

BPSA welcomes children from all backgrounds and does not discriminate based on gender, race, or religious beliefs. This inclusive approach fosters a sense of belonging, tolerance, and understanding, promoting a rich and diverse scouting experience.

Young scouts learn to take on leadership roles within their patrols. Through guiding and leading their peers, children develop valuable leadership skills, self-confidence, and the ability to work as part of a team.



BPSA provides a ton of unforgettable memories for both children and adult leaders. From exciting campouts and outdoor adventures to engaging community service projects, each scouting experience becomes a cherished part of a child's journey through life.

As children face challenges and step out of their comfort zones during scouting activities, they develop resilience and learn to overcome obstacles. These experiences build character and teach them that perseverance leads to success.

## Benefits for Adult Volunteers WE NEED VOLUNTEERS!

Volunteering as an adult guide for BPSA traditional scouting offers countless enriching and transformative experiences. Whether you have children in the scouting program or not, becoming a leader opens doors to personal growth, community impact, and a sense of purpose that few other volunteer opportunities offer.

Scouting is a continuous learning journey, and volunteers are not exempt from this process. You'll have the opportunity to learn new skills, broaden your horizons, and gain fresh perspectives through collaboration with fellow volunteers and interactions with

scouts.

Engaging in outdoor activities with young scouts brings a sense of joy and wonder. Whether it's camping, hiking, canoeing, or exploring nature, you'll experience the rejuvenating effects of spending time in the great outdoors.

If you have a passion for outdoor skills, nature, or scouting principles, becoming an adult leader provides an outlet to share your expertise with enthusiastic young minds. Witnessing the growth and development of the scouts under your guidance and knowing that you played a part in shaping their character and skills is deeply fulfilling.

By embracing the opportunities BPSA provides, both children and adult volunteers embark on an exciting journey, enjoying nature, nurturing lifelong friendships, and making a positive impact on their communities. BPSA traditional scouting stands as a beacon of tradition, wisdom, and values, igniting the flame of learning and service in the hearts of all who dare to be a part of this remarkable journey.

To register a child or to volunteer, visit [www.bpsascoutingmiramichi.com](http://www.bpsascoutingmiramichi.com)

For more info, contact Brett Gallant, Group Scoutmaster at [info@bpsascoutingmiramichi.com](mailto:info@bpsascoutingmiramichi.com)

# MHL Regular Season 2023-24

The Maritime Junior Hockey League (MHL) has released the regular season schedule for the 2023-24 season. The league's twelve teams will play a 52-game, balanced schedule. Teams will play eight games against each of their divisional opponents and two games against each of the teams in the opposite division. The top four teams in each division will qualify for the Metalfab MHL Cup Playoffs.

The season begins for the **Miramichi Timberwolves** on Saturday, September 16th as they host Grand Falls Rapids at the Miramichi Civic Centre.

The Miramichi Timberwolves are excited to announce that Ross Martin will undertake the General Managers position. Ross currently works for the organization in a scouting role for the New Brunswick and PEI region. GM Martin has already begun work in acquiring and securing

high talent players for the upcoming season. The previous GM, David Liffiton, received an unexpected coaching opportunity and had to relocate and resign from our organization.

In addition to the restructuring, Patrick Yetman will undertake the Assistant General Manager role while maintaining his current scouting position for the Newfoundland region. Both GM Martin and AGM Yetman have eagerly stepped up and look forward to a bright future within their respective roles.



[www.themhl.ca](http://www.themhl.ca)



## Home & Away Games in September

Date	Visiting	Home	Venue	Time
Sat, Sep 16	Grand Falls	Miramichi	Miramichi Civic Centre	7 pm
Fri, Sep 22	Fredericton	Miramichi	Miramichi Civic Centre	7 pm
Sun, Sep 24	Miramichi	Edmundston	Centre Jean Daigle	3 pm
Sat, Sep 30	Miramichi	Amherst	Amherst Stadium	7 pm

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# How Does Your Garden Grow?

**It's time to show off your garden!** In the Fall (October) issue of *Giver* magazine we'll also have a section called "How Does Your Garden Grow?" and will be accepting submissions up until September 15.

Whether you have a tiny balcony garden, a sprawling backyard oasis, or a community garden bursting with life, we want to see it all. Photos may be of your entire garden, or a close-up of your favorite bloom. Vegetable and fruit gardens are welcome too!

**How to submit:** Send your photos to [submit@mcgmedia.net](mailto:submit@mcgmedia.net) with "garden photos" in the subject line. Include your name, and any other details you want to provide such as where you live, or a brief description of the photo, flowers, and garden. Photos should be high



resolution meaning not re-sized or reduced for emailing (choose "send original size" if prompted from your device). If you're not sure, email us a question.

  
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# Photo Submissions

If you have photos, stories, tips or tidbits to share we always welcome your submissions. Send submissions to [submit@mcgmedia.net](mailto:submit@mcgmedia.net). For photos, please send high resolution jpg's (not resized for email) and remember to include your name for the photo credit and the location where the photo was taken or description of the subject matter. Send in submissions to the **fall issue by September 11th**.



All photos on this page are of dancers at the Fishermen Powwow held on July 1st, taken by Leslie Mackeen.





Mother Fisher bringing home supper. To see a video of her and three kits, and other wildlife photos and videos, visit [www.facebook.com/brian.donovan.505](https://www.facebook.com/brian.donovan.505)



Canada Day weekend sunset, by Andrew Sullivan.



Robin, taken in the spring, fresh from winter vacation by Luke Stewart.



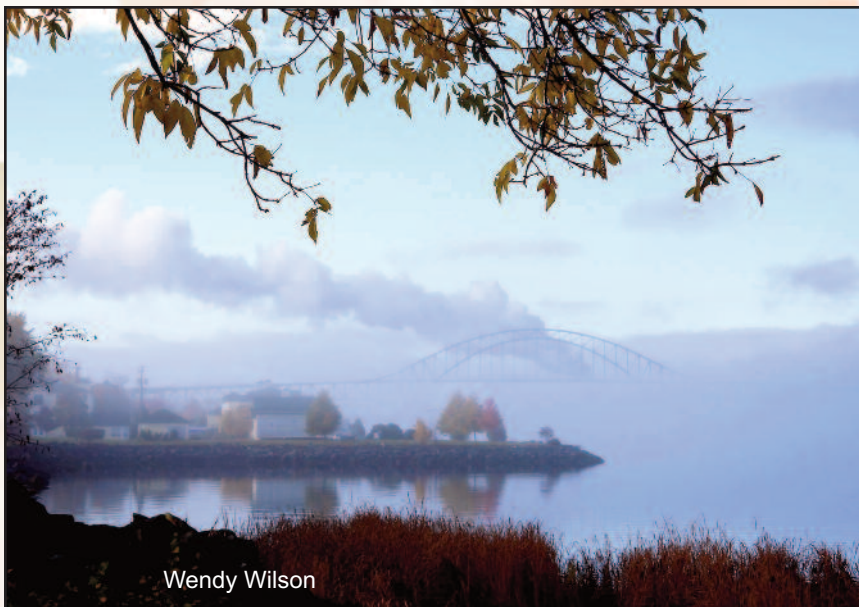
Bull Moose in fall colours by Wendy Wilson.



Waterford Green decorated for the Irish Festival by Edna Trevors Moorhouse.



Ritchie Wharf Park taken from the river, by Krista Dixon.



Wendy Wilson



Centennial Bridge and Moon  
by Edna Trevors Moorhouse.



Aerial photos over Miramichi by Doug Kidd.

**Above:** Sunrise looking downriver

**Above Left:** Newcastle

**Left:** Chatham



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